BOOKLETS

Sicknesses and Diseases Manual



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email: Bethesda Healing Oas is @gmail.com

Table of Contents

ABORTION1
ABSCESSES1
ABSENCE SEIZURES/PETIT MAL1
ACATHISIA2
ACCIDENTS2
ACID REFLUX/HEARTBURN3
ACIDOSIS3
ACNE4
ACROMEGALY4
ADDICTIONS/PORNOGRAPHY/ALCOHOLISM5
ADENOID GLANDS7
AEROGASTRIA/INTESTINAL GASES/FLATULENCE7
AEROPHAGIA (SEE INTESTINAL GASES/FLATULENCE)7
AGEUSIA8
AIDS8
ALKALOSIS8
ALLERGIES9
ALOPECIA/BALDNESS10
ALZHEIMER'S10
AMENORRHEA11
AMNESIA

AMPUTATION12
ANAEMIA (SEE BLOOD)12
ANAPHALACTIC SHOCK13
ANEURYSM (SEE ARTERIES)14
ANGINA14
ANIMAL BITES15
ANKLES
ANKYLOSING SPONDYLITIS (SEE AUTOIMMUNE DISEASES)16
ANOREXIA17
<u>ANUS17</u>
ANXIETY/ANGUISH18
<u>APHASIA19</u>
APHONIA/LARYNGITIS19
<u>APNOEA20</u>
APPENDICITIS20
<u>ARMS21</u>
<u>ARTERIES22</u>
ARTERIOSCLEROSIS23
<u>ARTHRITIS</u> 23
ARTICULATIONS/JOINTS24
ASCITES25
ASTHMA (SEE LUNGS)25

ASTIGMATISM (SEE EYES)26
ATRESIA (SEE CONGENITAL DISEASE)27
AUTISM27
AUTOIMMUNE DISEASES/IMMUNE SYSTEM29
BACK PAIN31
BALDNESS (SEE ALOPECIA)32
BLADDER32
BLEEDING32
BLEPHARITIS33
BLINDNESS (SEE EYE PROBLEMS)34
BLISTERS34
BLOOD34
BONE FRACTURE/BONES35
BONE MARROW36
BOREDOM37
BRAIN/BRAIN TUMOUR37
BREASTS38
BREAST CANCER39
BROMHIDROSIS40
BRONCHIAL TUBES (SEE LUNGS)40
BULIMIA41
BURNOUT42

BURNS
BUST/CHEST (SEE BREASTS)43
BUTTOCKS43
BUZZES (SEE EARS/TINNITUS)
CALLOSITIES/CORNS/BUNIONS (SEE FEET/TOES)44
<u>CANCER44</u>
CARIES (SEE TEETH AND MOLARS)47
CARPAL TUNNEL SYNDROME (SEE WRISTS)47
CATARACTS/BLURRED VISION48
CAVUM/NASOPHARYNX48
CELIAC DISEASE, GLUTEN ALLERGY AND INTOLERANCE (SEE AUTOIMMUNE DISEASES)49
CELLULITE49
CEREBELLUM50
CERVICITIS (SEE UTERUS)50
CERVIX/NECK OF THE UTERUS (SEE UTERUS)50
CHICKEN POX50
CHILBLAINS51
CHIN51
CHLAMYDIA (SEE SEXUALLY TRANSMITTED DISEASES)51
CHLOASMA52
CHOLESTEROL52
CHRONIC DISEASE53

CIRRHOSIS (SEE LIVER)53
CLAUSTROPHOBIA53
CLAVICLE/COLLARBONE54
COCCYX54
COLD/CATARRH55
COLIBACILLOSIS (SEE INTESTINES)55
COLITIS (SEE COLON)55
COLON56
COLON CANCER57
COLOUR BLINDNESS59
CONCUSSION59
CONGENITAL DISEASE/DISABILITY59
CONJUNCTIVITIS/PINK EYES60
CONSTIPATION61
CONTUSION/BRUISING/ECCHYMOSIS62
COR PULMONALE62
COUGHING63
CRAMPS/MUSCLES63
CROHN'S DISEASE (SEE AUTOIMMUNE DISEASES)63
CRURALGIA/FRONT SCIATICA64
CUSHING'S SYNDROME/HYPOKALAEMIA64
CUTANEOUS PAPILLOMA65

<u>CYST</u> 66
CYSTIC FIBROSIS66
CYSTITIS (SEE BLADDER)67
DANDRUFF67
DEAFNESS
DEMENTIA/SENILITY68
DEPRESSION68
DEPRESSION - BIPOLAR/MANIC DEPRESSION69
DIABETES (SEE PANCREAS AND AUTOIMMUNE DISEASES)72
DIARRHEA
DOWN SYNDROME (SEE CONGENITAL DISEASE)74
DUPUYTREN DISEASE (SEE HANDS)74
DYSLEXIA74
DYSMENORRHEA (SEE MENSTRUATION)75
EARS
EARWAX (SEE EARS)80
ECCHYMOSIS (SEE CONTUSION)80
ECZEMA
ELBOWS82
EMPHYSEMA (SEE LUNGS)82
ENDOMETRIOSIS82
ENURESIS83

EPIDEMIC84
EPILEPSY84
EQUILIBRIUM/BALANCE85
ERUCTATION/BURPING86
ERYTHEMA86
ESOPHAGUS86
EXOPHTHALMOS/BULGING EYES (SEE EYE PROBLEMS)87
EYE PROBLEMS87
FACE89
FAINTS90
FALLOPIAN TUBES90
FEET91
FEMORAL HERNIA (SEE HERNIA)91
FEVER
FIBROMYALGIA (SEE AUTOIMMUNE DISEASES)92
FINGERS94
FLUID RETENTION/OEDEMA97
FOREARM/RADIUS98
FOREHEAD (SEE FACE)98
FRIGIDITY99
GALLBLADDER99
GALLSTONES99

GANGRENE
GASTRITIS100
GASTROENTERITIS (SEE STOMACH, DIARRHOEA)101
GENITALIA
GLAUCOMA102
GLOSSITIS (SEE TONGUE)
GOITER (SEE THYROID)
GONORRHEA (SEE SEXUALLY TRANSMITTED DISEASES)
GOUT
GRINDING
GYNAECOLOGICAL LOSSES
HAEMORRHOIDS (SEE ANUS)
HAIR
HALITOSIS
HANDS
HASHIMOTO DISEASE (SEE HYPOTHYROIDISM)
HEAD/HEADACHES108
HEART/HEART ATTACK110
HEMATURIA (SEE BLADDER)111
HEMITHORAX111
HEPATITIS (SEE LIVER)111
HEREDITARY DISEASE

<u>HERNIA</u> 112
HERNIATED DISK
HERPES/COLD SORES114
HICCUPS
HIPS115
HODGKIN LYMPHOMA (SEE LYMPHATIC SYSTEM AND CANCER)116
HORMONES116
HYPERACTIVITY/ADHD117
HYPERGLYCEMIA/HIGH BLOOD SUGAR117
HYPERHIDROSIS118
HYPEROPIA (SEE EYE PROBLEMS)118
HYPERTENSION/HIGH BLOOD PRESSURE119
HYPERTHYROIDISM/GRAVE'S DISEASE (SEE AUTOIMMUNE DISEASES)
HYPOGLYCAEMIA (SEE PANCREAS)
HYPOKALAEMIA/CUSHING'S SYNDROME122
HYPOPHYSIS/PITUITARY GLAND124
HYPOTENSION125
HYPOTHYROIDISM/HASHIMOTO'S DISEASE (SEE THYROID AND AUTOIMMUNE DISEASES)
ICHTYOSIS (SEE SKIN)
ILIAC CREST (SEE HIPS)
IMPATIENCE

IMPETIGO (SEE SKIN)
IMPOTENCE127
INCONTINENCE (SEE BLADDER)128
INDIGESTION128
INFECTION
INFERTILITY
INFLUENZA/FLU130
INJURIES
INSOMNIA130
INTERMITTENT CLAUDICATION132
INTESTINAL GASSES/FLATULENCES/AEROGASTRIA132
INTESTINES133
IRRITABLE BOWEL SYNDROME (SEE INTESTINES AND STOMACH)135
ITCHING
JAUNDICE (SEE LIVER)135
JAW136
KIDNEYS
KNEES
KYPHOSIS139
LACHRYMAL GLANDS/TEAR GLANDS (SEE EYE PROBLEMS)140
LARYNX140
LEGS

LEUKEMIA (SEE BLOOD AND CANCER)	142
LEUKORRHEA	143
LIGAMENTS	143
LIPOMA	144
LIPS/MOUTH	144
LIVER	146
LORDOSIS	148
LOUSES/PEDICULOSES (SEE PARYSITIC)	149
LUMBAGO	150
LUNGS	150
LUPUS (SEE AUTOIMMUNE DISEASES)	151
LYMPH NODES/LYMPHATIC SYSTEM/LYMPHOMA (SEE HODGKIN LYMPHOMA)	152
MACULAR RETINOPATHY	153
MEASLES	154
MELANOMA (SEE CANCER)	154
MENINGITIS (SEE BRAIN)	155
MENOPAUSE	155
MENSTRUATION (SEE AMENORRHEA AND DYSMENORRHEA)	156
MIGRAINE (SEE HEAD)	156
MISCARRIAGES (SEE GYNAECOLOGICAL LOSSES)	158
MOLARS (SEE TEETH AND MOLARS)	158
MONONUCLEOSIS (SEE LYMPH NODES)	158

MOSQUITO BITES (SEE PARASITIC)	158
MOUTH/MOUTH SORES (SEE LIPS/MOUTH)	
MULTIPLE SCLEROSIS (SEE AUTOIMMUNE DISEASES)	159
MUMPS	160
MUSCLES	160
MYCOSIS	161
MYOPIA (SEE EYES PROBLEMS)	162
NAILS	162
NARCOLEPSY (SEE AUTOIMMUNE DISEASES)	164
NAUSEA/VOMITS	164
NECK	164
NEPHRITIC COLIC (SEE KIDNEYS)	165
NEPHRITIS (SEE KIDNEYS)	165
NERVOUS BREAKDOWN	165
NEURALGIA	165
NIGHTMARES	166
NODULES (SEE THYROIDS)	166
NOSE/SINUSITIS	166
OSTEOARTHRITIS (SEE RHEUMATOID ARTHRITIS) (SEE THE PART OF THE I	
OSTEOPOROSIS	168
OTITIS (SEE EARS)	169
OVARIES	169

OVERWEIGHT/OBESITY170
<u>PAIN17</u>
PALATE17
PANCREAS17
PARALYSIS17-
PARASITIC
PARKINSON'S DISEASE
PELVIS (SEE UTERUS)
PENIS
PERITONEUM
PHARYNX/THROAT17
PHLEBITIS (SEE BLOOD, THROMBOSIS, VARICOSE VEINS)
PIMPLES
PNEUMONIA (SEE LUNGS)17
POLIOMYELITIS (POLIO)
POLYMYALGIA RHEUMATICA (SEE SHOULDERS, NECK AND HIPS)18
PREGNANCY18
PREMATURE EJACULATION
PRESBYOPIA (SEE EYE PROBLEMS)18
PROSTATE
PSORIASIS (SEE AUTOIMMUNE DISEASES AND SKIN)
PUBIS/PUBALGIA/SPORTS HERNIA18

PURPURA (SEE AUTOIMMUNE DISEASES AND CONTUSION)187
PYORRHEA (SEE JAW)187
RADIUS (SEE FOREARM)187
RASH187
RESTLESS LEGS188
RHEUMATISM (SEE ARTHRITIS)188
RHEUMATOID ARTHRITIS/OSTEOARTHRITIS (SEE ARTHRITIS AND AUTOIMMUNE DISEASES)188
RHEUMATOID ARTHRITIS/ARTHRITIS/OSTHEOARTHRITIS (SEE AUTOIMMUNE DISEASES)192
RIBS199
SALPINGITIS (SEE FALLOPIAN TUBES)199
SCHIZOPHRENIA (PARANOIA)200
SCIATICA200
SCLERODERMA (SEE AUTOIMMUNE DISEASES)202
SCOLIOSIS (SEE SPINE)202
SEBACEUS GLANDS204
SENILITY (SEE DEMENTIA)204
SEXUAL PERVERSIONS204
SEXUALLY TRANSMITTED DISEASES205
SHIVERS205
SHOULDERS205
SINUSITIS (SEE NOSE)

SKIN/ICHTYOSIS/ECZEMA207
<u>SPINE</u>
<u>SPLEEN209</u>
<u>SPRAIN210</u>
<u>STERNUM210</u>
<u>STOMACH210</u>
STOMATITIS (SEE MOUTH)212
STRABISMUS/DIPLOPIA (SEE EYES PROBLEMS)
STRESS
STROKE
STULTIFICATION
STUTTERING214
SUPRARENAL GLANDS
TEETH AND MOLARS216
TENDONS
TENSION CEPHALEA
TESTICLES
TETANUS
THIGHS223
THROAT (SEE PHARYNX)223
THROMBOSIS223
THYMUS224

THYROID (SEE AUTOIMMUNE DISEASES)22	4
TICS22	· E
11.5	<u>. 3</u>
TOES22	6
TONGUE22	: 7
TONSILS (SEE PHARYNX)22	. 7
TORTICOLLIS (SEE NECK)22	8.
TRANSPIRATION (SEE HYPERHIDROSIS)22	8
TRANSVERSE MYELITIS (SEE SPINE)22	
TRIGLYCERIDES (SEE CHOLESTEROL)23	
	_
TUBERCULOSIS23	5
TWINS23	6
ULCERS	6
UMBILICAL HERNIA23	7
URETHRITIS (SEE BLADDER)23	7
URINARY INFECTIONS (SEE BLADDER)23	7
URTICARIA/HIVES (SEE ALLERGIES)23	8
UTERINE FIBROIDS (SEE UTERUS)23	9
UTERUS/UTERINE FIBROIDS23	9
VAGINAL YEAST INFECTION24	0-
VAGINITIS/VULVITIS/VULVOVAGINITIS24	1
VARICELLA (SEE CHICKENPOX)24	
VARICOCELE (SEE TESTICLES)24	2

VARICOSE ULCER	12
VARICOSE VEINS24	<u>13</u>
VEINS24	<u>14</u>
VERSICOLOR PITYRIASIS (SEE SKIN AND MYCOSIS)24	<u>15</u>
VERTEBRAE (SEE SPINE, SACRUM, COCCYX)24	<u>15</u>
VERTIGO24	<u>15</u>
VITILIGO (SEE AUTOIMMUNE DISEASE)24	<u>16</u>
VOCAL CORDS (SEE LARYNX)24	<u>17</u>
WARTS24	<u>17</u>
WRINKLES24	<u>17</u>
WRISTS24	18
ZOSTER <i>(SEE VARICELLA)</i> 24	19

ALPHABETICAL LIST OF SICKNESSES AND DISEASES

NAME	ABORTION								
DESCRIPTION	Not a normal miscarriage, but chemical or otherwise.								
GENERAL	 Apparently one of the factors, or results, of abortion is endometriosis because it has to do with the hormonal interruption. Abortion is not a normal miscarriage, so there is a lot of factors that come into play. It seems a lot of women who have had an abortion, whether chemical or otherwise, wind up with endometriosis. Abortion leaves an open door for the enemy. 								
ROOTS	•								
RECOMMENDATIONS	• Repent to the Lord for the action taken and accept His loving forgiveness.								

NAME	ABSCESSES										
DESCRIPTION	Accumulated puss in a bag.										
GENERAL	Shows that emotions are fermented, infected, and inflamed.										
	I have been hurt in the depth of my being by an offence or										
	shame that forces me to live in a deep state of bitterness.										
	Refusal to recognize and handle fears and emotions, resulting										
	in damage to my own body with an abscess.										
	Suppressed, rejected and latent emotions.										
	houghts of revenge.										
ROOTS	Anger.										
	Bitterness.										
	Resentment.										
	Revenge.										
RECOMMENDATIONS	Realize that everyone is responsible for himself.										
	We cannot blame others for events or circumstances.										
	My reaction to stimuli shows the latent emotions I already had										
	that were now brought to the conscious level.										
	Release the negative emotions.										

	ABSENCE SEIZURES/PETIT MAL									
DESCRIPTION	Absence/loss of consciousness or unawareness.									
	• Gives the impression the person has 'gone'/is not there.									
GENERAL	More common in children than adults.									
	I am scared. I'm lonely.									

	•	Feel separated from someone or something. The world, my life, events around me do not interest me.							
ROOTS	•	Fear.							
	•	Loneliness.							
RECOMMENDATIONS	•	As the parents of a child suffering from this condition, assure the child of your love, presence and protection and prove it by appropriate actions.							

NAME	ACATHISIA							
DESCRIPTION	Movement disorder.							
GENERAL	 Muscle quivering, inner restlessness, inability to sit or stand still, moving of legs, mental distress. Conflict of flight and direction. There is a desire to move, but it is blocked. "I need to move or change things." "I am not going in the right direction." 							
ROOTS	Stress, fear and anxiety.							
RECOMMENDATIONS	Overcome stress and fear by trusting God as your Protector and Defender.							

NAME	ACCIDENTS								
DESCRIPTION	Unforeseen, unexpected, harmful events.								
GENERAL	 Warns us to adjust behaviour or thought patterns of which we are unaware, but which harm us. The roots attract accidents/disease, so we can actually be responsible for them. Forces one to make changes one has consciously refused to do. Warning signal of harmful behaviour that is likely to be repeated over and over, unless the underlying cause is addressed. 								
ROOTS	 Feelings of guilt. Unconscious self-punishment, self-bitterness, self-hatred. Unforgiveness of self. It is a means to get attention and affection (often begins in childhood). Fear (e.g. fear of facing certain responsibilities). Low Self-image. Aggression and violence attract more violence. 								

RECOMMENDATIONS	•	FORGIVENESS	frees	us	from	guilt	and	from	the	past	and
		connects us powerfully with the present.									

NAME	ACID REFLUX/HEARTBURN
DESCRIPTION	A burning pain or discomfort In the upper-chest and mid-chest, possibly involving the neck and throat, that may worsen when lying down.
GENERAL	 Behind excessive acid production is a hidden feeling of fear and tension control in the material world. We are concerned about any family, professional, financial or judicial problems and do not stop mulling obsessively. The situation seems irritating, unfair and we feel impotent. The exterior is bitter, attacks me and puts me in danger. Dissatisfaction - I am lacking and have the door opened to receive more. I want more love, need more love. I want more emotionally nutritious food. I am at a dead end and I want out. I live with fear. I am scared. Threatened by my own FEARS. We become pessimistic and bitter because we do not swallow or digest what life puts on our way. Heartburn is a way to attack ourselves for FEAR to digest our problems or situations. We are not satisfied.
ROOTS	Fear. Worry.
RECOMMENDATIONS	 Learn to be aware of what you do. Consciously live the present, and the fear of failure, criticism and insecurity will disappear on their own.

NAME	ACIDOSIS	
DESCRIPTION	Normal human physiological pH is 7.35 to 7.45.	
	Acidosis is an abnormal increase of acid in the blood/body	
	fluids, with a pH below 7.35.	
GENERAL	Lungs and kidneys regulate pH level of the body.	
	Ideal pH is between 6 and 6.8	
	Conflict of bite (piece), devaluation and family.	
	Refusal to accept a situation within the family.	
	It gradually grows and accumulates in the unconscious in the	
	form of conflict that I must fight within myself.	

	Emotional/behavioural aspects: Lack of balance between masculine and f traits. Feminine traits dominate. Impotence in the face of conflict (withdraw, r fight, tired of fighting, isolation, avoid conflict) 	efuse to
ROOTS	Family conflict. Devaluation of self. Possible conflict/tension with masculinity; therefore, fattributes dominate.	eminine
RECOMMENDATIONS	Restore family relationships. Resolve conflict in the family in a spiritual and mature	way.

NAME	ACNE
DESCRIPTION	 A skin condition that occurs when hair follicles become plugged with oil and dead skin cells. Often causes whiteheads, blackheads or pimples. Appears on the face, forehead, chest, upper back and shoulders.
	Most common among teenagers, but affects people of all ages.
GENERAL	 Acne can occur in adolescents with low self-esteem. Adolescents often do not know how to love themselves and they try to alter themselves to please others, especially family members.
	 Avoiding contact with others because, although we feel the need for contact, close contact inspires fear in us.
ROOTS	 Anxiety. Fear of rejection and fear of man, especially from peer pressure. Low self-esteem. Lack of self-love. Emotional conflict or trauma (e.g. male devaluation due to trauma related to the mother).
RECOMMENDATIONS	Restore family relationships that led to insecurity and fear in
	the home.
	Create a safe home for children and teenagers.

NAME	ACROMEGALY	
DESCRIPTION	• The overgrowth of bones of the extremities and face.	
	• Growth hormones are secreted in higher levels than normal.	
GENERAL	• There is a danger to be small, therefore, we must grow.	
	 Not being able to get the prey for being too small. 	

	•	I am too small to achieve something.
	•	I must be stronger, be up to par.
	•	I cannot take my place and be respected.
ROOTS	•	Insecurity.
	•	Fear.
RECOMMENDATIONS	•	Accept Jesus as your Protector and Defender.
	•	Realize that He takes care of you and you need not depend on
		your own ability to keep yourself save.

NAME	ADDICTIONS/PORNOGRAPHY/ALCOHOLISM
DESCRIPTION	The compulsion to use a certain substance or engage in a certain behaviour.
GENERAL	 All addictions are rooted in lack of self-esteem and insecurity and the need to be loved.
	The mouth and whatever you put in it is designed to bring you emotional security.
	Any eating disorders are direct results of not feeling good
	about yourself.
	When you do not feel good about yourself, you will usually become involved in either obsessive compulsive behaviour
	(OCD) or an addictive behaviour of some kind.
	It is linked to the inability to express oneself.
	• It is an attempt to escape from reality by turning to a substance or behaviour.
	Avoiding deeper emotions or conflicts.
	Cry for help (cannot express need in words).
	Victim: "Help me! I am suffering!"
	Expression of suffering.
	The drug or behaviour one is addicted to gives a feeling of strength and safety, ability to cope and to face challenges.
	Addiction betrays a truth that is hidden.
	Addiction reveals conflict of recognition and lack of protection
	from the mother and from a much lower percentage the
	father. Addiction always conflicts with the mother because
	she was our first "addiction" and most important thing in life.
	What we are addicted to brings us back to that love,
	recognition and protection of the mother we had and lost, or
	that we never had. "I need my mother to face a challenge".
	• It is my way to ask for help from mom in the wrong way. I want her to see me as a "victim" because only then will she help me.

- It also says, "I have no right to speak". "I do not have the ability to express myself." "If I can't express my needs, it will be easier for me to confront all with ... alcohol, drugs etc."
- Always desires to escape from reality for fear of not being able to face this situation. With this addiction I feel strong and I feel safe.
- The person tries to avoid contact with the emotion underlying the conflict. It can be of existential emptiness, lack of love, feeling lonely and feeling disconnected from our higher self.
- Behind addiction is a longing for love, spiritual nourishment, freedom, communication, contact with others, etc., that our soul needs and that our personality, for lack of courage or responsibility seek as a substitute.
- In many cases alcoholics were unwanted children, even if it was for a moment.
- Can also be an escape from a reality that we find unacceptable and wants to forget.
- A way of expressing the truths that must remain silent before the family.
- Addiction to pornography:
- ...with her much fair speech she caused him to yield, with the flattering of her lips she forced him. ²² He go after her straightway, as an ox go to the slaughter, or as a fool to the correction of the stocks; ²³ Till a dart strike through his liver; as a bird has to the snare, and know not that it is for his life. Proverbs 7:21-23
- This scripture has to do with an individual a man who was lusting after a female, either in his mind or actual fornication or adultery following seduction.

ROOTS

- Unmet needs/inability to express needs.
- Unmet needs can include: love, connection to others and to true self, freedom, communication, spiritual nourishment.
- Lack of recognition/unprotected as a child (especially by the mother).
- Rejection (feeling unwanted in the womb or as a child).
- Substance/behaviour becomes a substitute to fill the unmet needs and avoid reality.
- Loneliness.
- Unloving Spirit.
- No right, freedom to speak. Opinion not worthy.
- Unlovingness.
- Fear.
- Rejection.

6

RECOMMENDATIONS	•	It is Faith. You must believe 100% that you will be healed
		and will walk out in divine health. We have to
		acknowledge and accept that we are already healed by His
		stripes (Is 53:5; 1 Pet 2:24).

NAME	ADENOID GLANDS
DESCRIPTION	Glands in the nose that become inflamed, obstruct the nose
	and the child is forced to breathe through the mouth.
GENERAL	• Child realizes the relationship between the parents is wrong.
	• The child believes to be the cause thereof and feels like a
	hindrance to the family.
	 "Smells" someone or something.
	• The child represses emotions for fear of being misunderstood.
ROOTS	Fear.
	• Guilt.
	Rejection.
RECOMMENDATIONS	• Express emotions to the parents and clarify the conflict.

NAME	AEROGASTRIA/INTESTINAL GASES/FLATULENCE
DESCRIPTION	Intestinal gasses or flatulence which we continuously expel as
	'farts'.
GENERAL	Body is indicating that we are in a permanent state of
	anxiety/fear/stress/pressure. We need relief.
	 Fervently trying to "suck in" life (air).
	Often accompanied by lots of complaining / criticizing.
	 Continuously "swallowing" (suppressing) emotions.
	• Fear of failure, of loss (someone, something, job), of lacking
	what we need, of not achieving dreams and goals, of disease.
	• Internal stress due to external pressures.
	Can't digest, swallow a situation.
	 Needs to evacuate (stress, fear, anxiety).
ROOTS	Stress, fear and anxiety.
RECOMMENDATIONS	Overcome stress, fear and anxiety by trusting in Jesus.

NAME	AEROPHAGIA (See INTESTINAL GASES/FLATULENCE)
DESCRIPTION	A condition of excessive air swallowing which goes to the stomach and not to the lungs.

NAME	AGEUSIA	
DESCRIPTION	• Loss of, or limited taste functions of the tongue, particularly the inability to detect sweetness, sourness, bitterness, saltiness, and umami (meaning "pleasant/savoury taste").	
GENERAL	Avoiding the "disgusting taste" of some reality in your life.	
ROOTS	 Internal conflict. E.g. conflict over not breastfeeding your own child or not being breastfed as a child, that brought separation from mother. Desire to separate from mother. 	
RECOMMENDATIONS	Resolve unnecessary conflict in your life.	

NAME	AIDS	
DESCRIPTION	Acquired Immune Deficiency Syndrome.	
GENERAL	Cells have become unable to protect the body from certain infections.	
	There is a devaluation conflict regarding the family.	
	"I have to disappear from this family."	
	"I am the shame of this family."	
	• "I am not up to par, not good enough."	
ROOTS	Self-rejection.	
	• Unlovingness.	
RECOMMENDATIONS	Accept who you are.	
	Break ungodly soul ties.	
	Forgive others and yourself.	
	Do a complete repentance from wrong lifestyles.	
	Permanently turn away from wrong lifestyles.	

NAME	ALKALOSIS		
DESCRIPTION	A condition caused by the excess base (alkali) in the blood/body fluids.		
GENERAL	 Lungs and kidneys regulate acid/pH level of the body. The ideal pH is between 6 and 6.8. Any value above is considered alkaline. The person does not want to or cannot attack any more. "I am tired of fighting." "I refuse to fight." Emotional/behavioural aspects: Lack of balance between masculine and feminine traits. Feminine dominates. 		

	 Impotence in the face of conflict (withdrawing, refusing to fight, tired of fighting, isolation, avoiding conflict).
ROOTS	Family conflict.
	Devaluation of self.
	Refusal to accept conflict situation in family.
	• Lack of acceptance (avoidance) accumulates in the
	unconscious mind and becomes a conflict to fight within oneself.
	Possible conflict/tension with masculinity; therefore, feminine
	attributes dominate.
RECOMMENDATIONS	Resolve family conflict.
	Accept and embrace your gender.

NAME	ALLERGIES
DESCRIPTION	Hypersensitive responses from the immune system to substances that either enter or come into contact with the body.
GENERAL	 The result of compromised immune system. The immune system over-reacts and produces antibodies to attack the allergen (allergy-causing substance). Cortisol (stress hormone) is over-secreted over long period of time. Destroys various types of white blood cells that protect the body against illness/disease. God created our bodies to be compatible with everything, i.e. we are not meant to have any allergic reactions. Allergy points to an underlying cause that is suppressing the immune system and "bugging" you.
ROOTS	 Spirit of Fear – Stress – Anxiety Disorder Thoughts lead to emotions: irritation, fear, stress, conflict, guilt, bitterness, self-hatred, rejection. When believing these thoughts and emotions ("listening" to them) the body secreted chemicals that cause allergic reactions. Lack of internal peace. "Broken heart" because of broken relationships in close family, due to: verbal/emotional/physical/sexual abuse. internal drive to meet parental expectations in order to receive love. Problems are in my face, but I refuse to deal with it.

	•	What issues are still unresolved?
	•	Who broke your heart?
RECOMMENDATIONS	•	Heal the anxiety/fear/stress.
	•	Cast out the Spirit of Fear.

NAME	ALOPECIA/BALDNESS	
DESCRIPTION	Alopecia is hair loss on the scalp or elsewhere on the body.	
	It is an autoimmune disease.	
GENERAL	 Hair is a projection of the individual, their roots, their ideas and their personality. It is the carrier of our memories and therefore reflects or expresses our deepest beliefs and our connection to the cosmic energy. General hair loss occurs when we are not recognized by our father or symbolically, the head of the work, teacher, uncle, grandparent, or guardian. Often happens that the husband or wife of the person is the double, the copy of the father. Could also be friends, cousins, colleagues. 	
	 Then the devaluation by the father is unconscious. We must find the father and locate the devaluation. 	
	 Baldness is also often manifested in stubborn people and by determined, authoritarian men who try to impose their point of view without respect onto others. 	
	• Suffering from some degree of ambition that keeps them very attached to material issues, and of course, they disconnect from the divine energies.	
ROOTS	Loss of strength. I am suffering because of my fear of losing what strengthens me.	
	Maybe fear of losing my job or because I am losing it.	
	Maybe fear of losing a husband or already missing him.	
	Maybe I have fear to lose my children, etc.	
	I lost my roots and I suffer a lot for it.	
RECOMMENDATIONS	Overcome fear by studying the Word and trusting God.	

NAME	ALZHEIMER'S	
DESCRIPTION	• Irreversible, progressive brain disorder that destroys memory and thinking skills.	
	Eventually, even simple tasks become impossible.	
	Symptoms usually appear in the mid-60's.	
GENERAL	• It is a regression to childhood on physical, mental, and spiritual	
	planes.	

ROOTS	Multiple repetitive unresolved conflicts.
	Examples of conflicts:
	 Lack of recognition.
	o "I cannot recognize others, because I myself was not
	recognized".
	 Conflicts with memories that are too hard (murders, suicides, heavy losses). Unbearable scars from the
	past.
	 Deferred hope.
	 Annoyance because of constantly being required to do something you do not want to do, until the only
	solution is to forget the obligations.
	o "I want them to be with me, but I do not want to be
	with them."
	 Separation: Loss of contact with a person, stage of life
	(youth) or abilities.
	 Aggression.
	 Has lived in a constant state of anxiety and anger.
	Gone through many difficulties or have psychologically felt
	very pressurized.
	 Intimate coexistence with an overwhelming and dictatorial person.
	The person assumed many responsibilities.
	Believe that their life is falling apart, because it lacks a
	foundation and they unconsciously cut the relationship with
	the world.
	• Refuse to take responsibility for their lives, forcing others to
	assume their responsibilities.
	Self-hatred and guilt.
RECOMMENDATIONS	Let the past go and live here and now.
	Relaxation.
	 Detachment from material things, connection to God.

NAME	AMENORRHEA	
DESCRIPTION	Extreme irregularity or complete absence of menstruation.	
GENERAL	"Avoiding reproduction".	
	A woman's period is a symbol of fertility and an expression of	
	ability to have children.	
	 Loss of period = loss of ability to reproduce. 	
	Rejection of femininity/motherhood.	
ROOTS	Sexual/emotional conflict or frustration.	
	E.g., conflict of indifference – he does not see/love me.	

	_	
	•	Lack of moral, emotional, or physical presence of a man.
	•	Absence of tenderness, attention, love, affection.
	•	Dominant, controlling personality.
	•	The desire for control prevents natural blood flow.
	•	Unconscious desire to be a man.
	•	Doubt the ability to be a good mother.
	•	Loss of loved one or traumatic separation of a couple.
	•	In teenagers:
		 Daughter dominated by mother.
		 Sexual trauma.
		 Assault, rape, shame around sexuality.
RECOMMENDATIONS	•	Resolve unnecessary family conflict and restore relationships.
	•	Trust the feminine character traits that you are meant to
		display.

NAME	Al	AMNESIA	
DESCRIPTION	•	Temporary or permanent loss of memory.	
GENERAL	•	Physical solution of the body to protect the person against suffering (e.g., pain of certain memories). Attempt to "erase" memories.	
	•	Memories continue to have power in the unconscious mind. The energy of the emotions remains, until they are dealt with.	
ROOTS	•	Physical or mental trauma.	
	•	Avoidance of emotional pain.	
RECOMMENDATIONS	•	Get free of the past, of emotional memories.	
	•	Learning to trust, to let ourselves go.	
	•	Learning to live consciously in the here and now.	

NAME	AMPUTATION (See the part of the body that was amputated)	
DESCRIPTION	•	Traumatic removal of a limb or organ.
GENERAL	•	A part of the body can no longer continue to co-exist with me.
ROOTS	•	Devaluation.
	•	Guilt.
RECOMMENDATIONS	•	Deal with the roots for the body part that was removed.

NAME	ANAEMIA (See BLOOD)	
DESCRIPTION	 Deficiency in the number or quality of red blood cells in your body, reducing oxygen flow to organs. 	
	Iron deficiency.	

GENERAL •	Oxygen resembles life.
•	Symptoms: dizziness, fatigue, light-headedness, fast heart
	rate, heart palpitations, brittle nails, headache, pale skin,
	shortness of breath, weakness.
•	Physical causes:
	 Kidney disease.
	 Body removes red blood cells too quickly.
	 Heavy/prolonged menstruation.
ROOTS	Discouraged to live, not positive about life.
•	Feel devalued. For example:
	 I am a nuisance.
	 I don't want to bother my family.
	 Live as "little" as possible.
	 I am not good enough.
	 I am not worthy.
•	Insufficient affection from parents.
•	Don't feel good enough as a mother or father.
•	Toxic family environment (family "drowns" you, doesn't
	support you).
•	Exhaustion due to doing too much and receiving back too little
	or have not yet regained strength.
•	Lack of confidence, courage, joy, motivation.
•	Feel powerless, want to give up.
•	Unloving spirit.
•	Rejection.
RECOMMENDATIONS •	FAITH: You must believe 100% that you will be healed and you
	will walk out in divine health.
	Acknowledge and accept that you are already healed by His
	stripes (Is 53:5; 1 Pet 2:24).

NAME	ANAPHALACTIC SHOCK
DESCRIPTION	Severe respiratory and circulatory disorders due to acute and
	severe allergy. It may cause death.
GENERAL	It is a mechanism of escape.
	It is an urgent closing before a danger or major attack which is
	impossible to dominate.
	Conflict of separation.
	Conflict of violent fear to die.
	Escape from life.
	Become dead before the presence of a great predator.
ROOTS	Fear.
RECOMMENDATIONS	Overcome fear by trusting God and His Word.

NAME	ANEURYSM (See ARTERIES)
DESCRIPTION	Ballooning of weakened area in arteries of the brain, aorta,
	back of knee, intestine.
GENERAL	Experiencing great pain because of family conflict.
	Accumulated pities – feeling sorry for yourself about many
	things.
	Feeling guilty because of the inability to have made a decision
	in time.
	A feeling of helplessness towards the family.
	Intellectual conflict. The person does not know how to fix the
	problem.
	Constant worry.
	"I want to leave, but I cannot."
	"I want to ask for a divorce, but it will destroy my spouse!"
	"I want my son to leave home – he is a big boy now!"
	"I want my mother out of my house, but how can I be so
	mean!"
ROOTS	Worry.
	Fear.
	Guilt.
RECOMMENDATIONS	Resolve family conflict and stress wherever possible.

NAME	ANGINA
DESCRIPTION	Pressure, squeezing, heaviness or chest pain caused by reduced blood flow to the heart.
GENERAL	 Appears when the person has suffered a conflict in his/her territory, but he/she does not try to resolve it. The person simply adapts to and tolerates the situation Constant FEAR of having a heart attack or seizure. There is something I can't tell my mother – it will give her a heart attack! Someone or something limits me regarding what I want to do. Constant worry. "I want to leave, but I cannot." "I want to ask for divorce, but it will destroy my spouse!" "I want my son to leave home – he is a big boy now!" "I want my mother out of my house, but how can I be so mean!"
ROOTS	Fear.Worry.Territory issues.

RECOMMENDATIONS	•	Resolve unnecessary conflict in your family and territory in a
		wise and mature way.

NAME	ANIMAL BITES (See the part of the body that was bitten)	
DESCRIPTION	Bitten by any kind of animal or bird.	
GENERAL	•	
ROOTS	Warning sign of hidden aggression.	
	Conflict of aggression, hidden beneath fear.	
RECOMMENDATIONS	Deal with the roots of the body part that was injured.	

NAME	ANKLES
DESCRIPTION	 The joint connecting the lower leg bones to the foot bones. It is where the tibia, fibula and talus bones meet.
GENERAL	 Symbolize stability, mobility, and flexibility with respect to our beliefs and our ability to decide or change direction in life. Reflect capacity to receive pleasure. Feel devalued with respect to direction taken, lifestyle, or the
ROOTS	 Peer devalued with respect to direction taken, mestyle, or the course life has taken. Damage to ankles: stop what we are doing on a daily basis and analyse what we really want to do. Twists: (Momentary experience) Related to situation that we do not resist and we must be more flexible in relation to the situation. Occur during times of emotional imbalance, when we are forced to take a direction against our will or when our position in relation to others does not suit us or we do not feel comfortable but lack the courage to oppose the other criterion.
	 Sprains: (Long-term experience) Greatly dislike what I do. Can't adapt to changes that need to be made. Finding it difficult to make decisions. I am not going in the right direction. Left ankle is related to the masculine, father, son, boss, work. Right ankle is related to female, mother, daughter, boss, company, authority.
RECOMMENDATIONS	Develop the courage to defend your own judgment. This ability will bring you the flexibility to also see others' points of view.

•	Before prejudging and believing that something contrary to
	what we want has been imposed on us, it would be more
	appropriate to find out the motives of others.
•	Accept and understand that insecurity is a feeling we also need
	to integrate.
•	Learn to enjoy life.

NAME	ANKYLOSING SPONDYLITIS (See AUTOIMMUNE DISEASES)
DESCRIPTION	• Inflammatory rheumatic process in spinal column that fuses all
	vertebrae together.
	• It is an autoimmune disease.
GENERAL	• The condition comes from previous generations.
	• The person experiences a sense of injustice or betrayal.
	• It occurs with people with a strong critical spirit.
	• The person mourns inwardly about assumed and self-imposed
	responsibilities that they must single-handedly perform.
	• This makes the person feel that they are carrying a heavy
	burden.
	• The person cannot say "No".
	• The person believes to be the pillar of the family survival and
	therefore needs a very strong spine.
	• The person experiences a deep devaluation conflict,
	accompanied by a need to ensure and have guarantees.
	• The person may have a conflict of peripheral devaluation:
	 Although my job is done right, it is useless.
	 I do not know how to fight to help others.
	• Sexual conflict/frustration:
	 Making effort to satisfy the partner who does not want
	to make love.
	 The person feels forced to make love.
	The person has experienced a lifetime of devaluations.
ROOTS	Hidden anger.
	Critical spirit.
	Burdened.
RECOMMENDATIONS	Analyse the daily experiences to act and modify them.
	• Learn to say "No".
	Create your own space of freedom.
	• Distance yourself from self-imposed burdens.
	• Do things that you like to do for pleasure and do it with full
	consciousness.
	Handle issues from previous generations.

NAME	ANOREXIA
DESCRIPTION	An eating disorder, causing people to obsess about weight and what they eat. Can affect men or women.
GENERAL	 Characterised by a distorted body image with an unwarranted fear of being overweight. Symptoms include trying to maintain a below-normal weight
	through starvation or too much exercise.
ROOTS	Deep conflicts with parents, especially the mother. Mom's food is toxic.
	 Overprotective mother who constantly monitor their children. Mother controls my life, space, and identity.
	The love, affection, emotional nutrition that mother (or parents) offer me is indigestible and unacceptable. I choose to not eat.
	Relationship with food is a true reflection of relationship we had with our mother when we were fed.
	Love and protection as child when being breastfed was not satisfactory.
	Unloving Spirit.
	 Feeding not warm and loving, but cold and absent – only out of necessity. Child feels rejected.
	Unconsciously keeps the memory that food is not attractive and not healthy. Food is experienced as being repulsive.
	• In relationships with others there is some hypocrisy – a desire to attract attention, pride, self-centeredness, manipulation.
	YET, also a fear of closeness, intimacy, and family warmth. So anorexia leads to asceticism and solitude.
RECOMMENDATIONS	Self-acceptance.
	Accept the mother in an emotionally nourishing way.
	Honesty with self.

NAME	ANUS	
DESCRIPTION	Haemorrhoids (also known as piles) are swollen and inflamed veins in the rectum or anus. Typical symptoms are pain, itching and bleeding around the anal area.	
GENERAL	 Problems in this area express feelings of great pain, because we have a lot of work duties we do not know how to become free of. Experiencing too much to handle. Something/someone is a "pain in the ass". Want to get rid of duties/experiences and free ourselves, but the situation forces us to keep them. 	

ROOTS	Clinging to past experiences. We do not know how to or do not
	want to let go of it. This leads to guilt, frustration, and regret.
	 Anger and guilt for doing 'unclean' things.
	Guilt for not finishing something.
	 Identity connected to anus: "Where is my place? Where do I sit?"
	 I have not found my place/sense of belonging.
	Lost my place.
	 Do not feel respected, recognised, loved, or valued.
	• Constant questioning what I should do to be loved. What
	should I do not to be deceived?
	Disappointed in love.
	 Conflict around rupture or breaking of relationships.
	• Dirty, painful, disappointing, or unforgivable experiences that
	lead to anger and fear.
	 Cannot trust.
	 It destroyed my life.
	 Don't expect/believe the good in life.
	 Do not know where to 'sit'. I am out of place.
	 Anger can be directed inwards – brooding, boiling inside.
	Filled with rage/resentment.
RECOMMENDATIONS	Find your identity in Christ.
	 Find your place in the family and in life.

NAME	ANXIETY/ANGUISH
DESCRIPTION	 Intense, excessive, and persistent worry and fear about everyday situations. Fast heart rate, rapid breathing, sweating and feeling tired may occur.
GENERAL	 Anguish is like being surrounded by a cloud of fear that isolates the person. Causes a sense of separation and restriction
ROOTS	 Causes a sense of separation and restriction. External causes include: Abandonment. Loneliness. Failure. Rejection. Traumatic events. War relationships. A symptom that hides deeper emotions, selfishness and self-centeredness.
	Close-minded personality – lack breadth of thought.

	 Exaggerated sense of separation. Lack of value, confidence, self-esteem, self-love. Inability to cope. Limited performance and ability. Trapped feelings of anger, fear, pain, self-pity, shame, perfectionism.
	 Feelings are trapped, because they are not recognised/acknowledged.
RECOMMENDATIONS	Overcome fear and stress by learning to trust in God.

NAME	APHASIA
DESCRIPTION	Loss of communication power due to a brain injury.
	• Person loses the ability to use language as a means of
	communication, spoken and written, partially of totally.
GENERAL	• Conflict of expression – person finds it difficult to express
	feelings, problems, worries, fears.
	 Person hides what he really feels:
	"No one must know."
	 "If I express my feelings, it can be dangerous."
	o "I will rather destroy the area of my brain where
	communication is generated."
	These people like to lead others and care for them, but never
	express feelings.
	They are locked in themselves.
	Unthankful towards others.
ROOTS	•
RECOMMENDATIONS	• Must be given the right to express themselves as they are, not
	according to what others expect of them.
	Search for hidden secrets in the family.

NAME	APHONIA/LARYNGITIS	
DESCRIPTION	Temporary hoarseness or loss of voice.	
GENERAL	• It manifests when the person dares not express what they think or feel for fear of the consequences, or because others do not allow them to.	
	 Hoarseness is a good excuse to not speak. Regret for what has already been said. Fear of saying silly things. Fear of being judged for what the person has to say. Feeling helpless and believes that the conflict cannot be resolved. 	

ROOTS	•	Fear.
RECOMMENDATIONS	•	Express yourself out loud.
	•	Speak only words of love and truth.

NAME	APNOEA
DESCRIPTION	 Sleep disorder where the muscles and soft tissues in the throat relax and collapse sufficiently to cause a total blockage of the airway. It is called apnoea when the airflow is blocked for 10 seconds or more. Hypo-apnoea is a partial blockage of the airway that results in an airflow reduction of greater than 50% for 10 seconds or more.
GENERAL	 Symptoms: Loud snoring. Noisy and laboured breathing. Repeated short periods where breathing is interrupted by gasping or snorting. Some people may also experience night sweats and may wake up frequently during the night to urinate.
ROOTS	 Consciously or unconsciously blocking the flow of life. It is not worth living! Usually if you talk of death with these people, they say they have already lived long enough and could leave at any time. Anguished situation (heartbreak, lack of money, no motivation): Therefore 'pretend' to die. A dead person cannot be injured or killed. 'Play dead' in extreme danger. I must not move. Extreme survival solution. If they think I'm dead, they will not hurt me. Possibly feelings of guilt when resting. rest is perceived (unconsciously) as bad/negative/harmful. May be addicted to work. "I'll rest when I'm dead."
RECOMMENDATIONS	Review attitude towards rest and enjoy life.

NAME	APPENDICITIS	
DESCRIPTION	Condition in which the appendix becomes inflamed and filled	
	with pus, causing pain.	

GENERAL	Appendix is symbolic and in the reserve (pantry) we usually put money, sweat, affection, recognition.
	Most of the time, it correspond to blockades of violent
	emotions, anger or indignation, related to an unpleasant, indigestible matter.
ROOTS	 Corresponds, most of the time, to blocking of violent emotions, anger, or indignation related to an unpleasant, indigestible matter.
	Conflict over money saved, food pantry at home, etc.
	Reserves of something have been touched, emptied, robbed
	by someone or I have had to use my reserves for some reason.
	I am deprived unjustly of good things.
	Also related to a 'dirty trick'. They have cheated me and now I
	do not know how to react or what to do.
	Fear of life.
	Fear of not being able to have more.
RECOMMENDATIONS	Express feelings aloud in words.
	Trust (self and life).
	 Learn to relax and enjoy life without obsessing over possessions.
	possessions.

NAME	ARMS
DESCRIPTION	The entire upper limb from the shoulder to the hand, or at least from the shoulder to the elbow.
GENERAL	 Arms have to do with capacity and ability to act, work, hug, accept and embrace life with open arms. Arms reflect behaviour, way of expressing ourselves, our value and worth, protecting and cherishing. Experiencing an uncomfortable emotional conflict, like being afraid to do a task or being afraid of the consequences it can bring. It can also show that it is impossible to carry out an action relating to the family or profession, like not being able to hug someone or not being useful at work, or not having confidence in my abilities. These tensions will manifest in the arms through pain or trauma. It manifests when the person is tired of someone or something and does not admit it. I do not like this job, I do not like that my boss gives me orders. Right arm - related to the mother and our willingness to give.
	• Left arm - related to the father and to our ability to receive.

ROOTS	•	Insecurity in my abilities.
RECOMMENDATION	•	Trust your ability to act and love.

NAME	ARTERIES
DESCRIPTION	Arteries carry oxygenated blood from the heart to the organs, symbolically bringing love to the heart.
GENERAL	 Someone or something limits me regarding what I love to do. Abnormalities mean there is a devaluation conflict. The person is prepared to act (has the energy and desire), but does not act. Worry. Carotid - Lost intellectual territory. Must defend my ideas from being stolen. Close to Thyroid - Urgently must resolve loss of territory. Pulmonary arteries and aorta – Loss of distant territory. Coronary arteries – Biological conflict of sexual frustration. Aneurysm – The person has passed through very painful family conflicts. It is the result of accumulated pities. Conflict of rupture accompanied by strong sense of guilt towards the family. Emotional conflict of helplessness. The person does not know how to fix the problems and spends a lot of time alone thinking about it. "I want to leave, but I cannot." "I want to ask for divorce, but it will destroy my spouse!" "I want my son to leave home. He is a big boy now!" "I want my mother out of my house, but how can I be so mean!" Raynaud's Syndrome - Loss of territory caused by death or separation. Wants to keep the diseased.
	 Wants to hold and touch the diseased.
ROOTS	Worry.
RECOMMENDATIONS	 Stop worrying and learn to enjoy the beauty of life. Find what pleases you and develop the ability to enjoy it.

NAME	ARTERIOSCLEROSIS
DESCRIPTION	It is the hardening of arteries and arterioles, causing exhaustion, loss of elasticity of artery walls, weak dilation and blood flow capacity.
GENERAL	 Hardening happens when the person has hardened inside. It is the manifestation of strong resistance and physical and inner narrowness. The person has fixed and pitiless ideas and is uncompromising and without compassion. The person tends to see only the dark and negative side of life. The person lives life by a strict sense of duty and emotional insensitivity. In men – Conflict of not being able to perform paternal functions. The person refuses to see the good in life, has no faith and refuses to continue. The soul struggles between pleasures of the flesh and spiritual values. The person focuses on small unimportant details in life as not
	to recognize their lack of adaptation.
ROOTS	 Fear of doing things wrong. Fear of lack of performance. Rigid and inflexible. Negative and critical.
RECOMMENDATIONS	 Open up to life. Be more flexible in thinking. Adapt to changes. Focus on positive teaching needed for personality development. Make space for love, pleasure and joy.

NAME	ARTHRITIS (See the part of the body affected)	
DESCRIPTION	Inflammation of one or more joints, causing pain and stiffness	
	that can worsen with age.	
	It leads to swelling and frequent changes in the structure.	
GENERAL	Most common form: osteoarthritis. Also get rheumatoid	
	arthritis, juvenile arthritis, etc.	
	It differs from osteoarthritis and other forms of arthritis by the	
	type of manifestation and then there is a different spiritual	
	root behind each of the types.	
ROOTS	Spiritual root for simple arthritis involves bitterness against	
	others.	

	When you have bitterness against yourself, it involves
	degeneration; but when you have bitterness against others, it
	involves swelling and inflammation . It is the swelling and
	inflammation which produces the deformity.
	Unforgiveness.
	Anger.
	• Critical.
	Manipulative.
	Unloving Spirit.
	Lack of respect.
RECOMMENDATIONS	Learn to love yourself and others.
	 Forgive others and yourself sincerely.

NAME	ARTICULATIONS/JOINTS (See the part of the body affected)
DESCRIPTION	 Joints serve to make moves and gestures (body movement showing an idea) in general. They represent the flexibility to act, change course, accept a change.
GENERAL	 Mobility, spontaneity, flexibility are qualities inherent in the joints. People with joint problems are living or have lived a situation of change that they refuse to accept. Almost always it is a conflict (a strong disagreement) of vulnerability related to the affected body part. If a person is unable to adapt, understand, evolve (to change or develop slowly), or improve, it is surely inadvertently damaging their joints (not intended or planned).
	 I resist, I feel unprotected against the changes. I am afraid of changes, if anything changes I die. It shows devaluation conflict of self, linked to the movement, typical of the location of cartilage tissue (strong material in a body part).
	 I do not appreciate anything because everyone criticizes me for my movements. My way to move is not the most elegant in the world. Devaluation about the gesture. Which is the gesture that I can't perform?
	 I want my gestures to be smooth. Devaluation conflict related to activity, sport or skill. Conflict of disarticulation in the family. There is a slurring (to say in an unclear way) between my parents, among my brothers or among other people I love, and I suffer for it.

	 Pains in the joints can also occur in presumptuous individuals who want to go too far and never want to bend. They have lost respect for life. Synovial effusion is words said with much emotion. When this symptom manifests it means that there is a chance we are not accepting a new project. We do not want to start or do not want to do it. It is a path we do not want to take. Unconsciously we are making more lubricant (substance to make a thing slide) in the body to be more flexible, because whatever the activity is, we do not want to do it, and we feel unprotected. "I want to be more acceptable.". I would like a little more sweetness in my submission. I agree to submit, but sweetly (in a kind or loving way). Knee: I refuse to submit. I submit myself too much. Wrist: It is hard work. I do not like this work I do. Elbow: I refuse to lose. I must win as usual.
ROOTS	•
RECOMMENDATIONS	We must accept change, adapt to the changes, accept new
	workloads and new projects with joy and stop suffering.
	• Everything is in constant motion. These people need to learn
	to act according to the circumstances governing the present moment.
	They need to learn to feel the force that binds them to life.
	• We all breathe the same air. We all have the desire to love and
	be loved. We are all united with everything around us. Loneliness is not real.

NAME	ASCITES	
DESCRIPTION	• It is the accumulation of fluid in the peritoneal cavity of the	
	abdomen.	
GENERAL	The person suffers a conflict of being attacked.	
	• The liquid is accumulated as the person unconsciously wants	
	to protect himself.	
ROOTS	Feeling of being unprotected	
	• Fear.	
RECOMMENDATIONS	Overcome fear and stress.	

NAME	ASTHMA (See LUNGS)
DESCRIPTION	Airways become inflamed, narrow, and swell and produce
	extra mucus, which makes it difficult to breathe.

GENERAL	Emotional conflict over territory (home/family).
	• Fights, disputes, war in family.
	Living in stifling environment.
	• Cry for help. I am not satisfied with the environment, feel
	suffocated, attacked or drowned.
	Desire for affection, money.
	• Do not have the space I need (e.g. fights in family).
	• Refuse to breathe the air of others. I want/prefer own air.
ROOTS	Experience rejection from parent. I do not feel welcome.
	• Fear of life, fear of giving, without receiving back, fear to
	"admit" "dirty" aspects of life.
	• Anger.
	• Isolation.
	• Imbalance between giving and taking – struggle to give,
	because afraid of not receiving in return.
	• Refuse to accept own issues/'shadow' areas.
	• Afraid to acknowledge certain aspects of life they consider
	dirty/ impure.
RECOMMENDATIONS	• Be courageous. Admit and face fear and anger. Do not avoid it.
	 Accept and integrate all parts of life.
	Release pain and connect with others again.

NAME	ASTIGMATISM (See EYES)
DESCRIPTION	This eye problem is characterized in that the image is blurred by a defect of the curvature of the cornea.
GENERAL	 The vision of the near reality (of what is close to us or within us) is perceived as dangerous (or evokes old fears). Therefore, the function of astigmatism is to avoid seeing what we have close, to avoid seeing the conflicts that we cannot solve. In reality one is <i>denying an inner suffering consciously or unconsciously</i> that a person is not able to show to the others. The one suffering from astigmatism has psychic difficulties between inner life and social life: "I look for answers outside and not inside me." Between oneself and others: "The way I act and my thoughts disagree with my environment". He/she has difficulty seeing things (or himself/herself) as they really are, objectively, since he/she does not see the same for him/her than for others. "I refuse to see one of the aspects of reality as it is; as I can't
	 others. The one suffering from astigmatism has psychic difficult between inner life and social life: "I look for answers outs and not inside me." Between oneself and others: "The way I act and my thoug disagree with my environment". He/she has difficulty seeing things (or himself/herself) as the really are, objectively, since he/she does not see the same him/her than for others.

	•	"I hate to see the world as it is, it seems harsh and cruel, and
		this world is unbearable.
	•	"I want to transform a part of reality.
	•	"I want to break free of my parents.
	•	"I want to hide something". (personality, feelings)
	•	"I do not accept at all how I am.
	•	The astigmatic is very susceptible and is easily hurt. It may be
		someone who, as a child, decided to not be influenced by
		others and adopted the attitude of seeing life only in his/her
		own way: "I want to break free from the influence of my
		parents or any other person whom I find offensive".
ROOTS	•	Conflict of anger and rage next to a conflict of fear in the
		youth.
RECOMMENDATIONS	•	Live in the peace Jesus offers.

NAME	ATRESIA (See CONGENITAL DISEASE)
DESCRIPTION	Lack of perforation or decrease of the opening of a normal
	orifice or conduit of the body.
GENERAL	It is a congenital condition.
	 Everything the mother experiences, the baby records in his unconscious mind.
	 Transgenerational, unconscious behaviours are transmitted from generation to generation.
	"Something must not come in. It must go out or pass."
	Atresia of the aorta: Conflict of suffocation with respect to descendants. My children suck the air.
	 Pulmonary artery atresia: Conflict of asphyxia with respect to ascendants. My ancestors suck the air.
	Atresia of the oesophagus: I am not autonomous to feed myself. I continue feeding from my mother.
ROOTS	•
RECOMMENDATIONS	Look into the bloodline for triggers.

NAME	AUTISM
DESCRIPTION	 Autism is a group of developmental brain disorders, collectively called autism spectrum disorder (ASD). The term "spectrum" refers to the wide range of symptoms, skills, and levels of impairment, or disability, that children with ASD can have. Some children are mildly impaired by their symptoms, but others are severely disabled.

Fear is a big component to Autism. Safety is found in **GENERAL** controlling situations around them. There is a very large fear of being unsafe, thus it is preferred to keep everything around them consistent, in a certain order, only familiar people in their environment, etc. Overstimulation is another problem. Too much data being processed at one time without the ability to slow down is overwhelming which can bring anger out bursts and depression. Could be demonic cause (e.g., deaf and dumb spirit). **ROOTS** Generational curse (e.g. from freemasonry): Generational gift of intelligence that the enemy wishes to bind up to make it unuseable. Satan will corrupt it neurologically. As a man thinks so is he. The Enemy will plant lies he carried through the generational line to keep the family stronghold in place. Ungodly order in the home. Bitterness, anger, guilt, rebellion, isolation. Self-hatred, self-rejection. Loss of control. Confusion, brain overload. The enemy will set up traumas to set the curses in motion in a person's life. Receive Jesus as your Lord and Saviour, become born again, RECOMMENDATIONS get water baptised and then baptised in the Holy Spirit. Make a list of all your sins and repent of every one of them with genuine repentance. Ask God to remind you of past sins, any abortions and sexual sins. Forgive everyone that has sinned against you and ask God to forgive them. 4.Go to a godly deliverance ministry to break any word curses over your life. Start with yourself and prevent the curses from going down the line. Get specific deliverance to break the curses of false idol worship (occult, freemasonry, new age, all previous religions believed in) and to break the curses of sins committed by yourself or your family. Cast out the spirits of death, rebellion, autism, fear, the Deaf and Dumb spirit, etc. Get your child to listen to the audio bible in their room, read biblical stories, anoint the child and their room and plead the blood of Jesus over them every day. Fast and pray regularly. Keep tithing and sowing into good ground.

•	10.Speak faith scriptures over the child every day and have
	100% Faith in GOD that He will heal your child.

NAME	AUTOIMMUNE DISEASES/IMMUNE SYSTEM (See the
DESCRIPTION	 specific disease) An autoimmune disease is a condition in which your immune system mistakenly attacks your body. The immune system mistakes part of your body, like your joints or skin, as foreign. It releases proteins called autoantibodies that attack healthy cells.
GENERAL	 There are many different autoimmune diseases, such as: Rheumatoid arthritis Lupus Coeliac Disease Multiple Sclerosis Ankylosing Spondylitis Guillain Bare Diabetes Type 1 Alopecia Vasculitis Psoriasis Inflammatory Bowel Disease Grave's Disease (Thyroid) Hashimoto's (Thyroid) Bone marrow Crohn's Disease These aid in keeping the immune system healthy: White Blood Cells Antibodies Complement System Lymphatic System Spleen Thymus Bone marrow
	 Doctors don't know exactly what causes the immune-system to misfire. Yet some people are more likely to get an autoimmune disease than others. The only way to heal from autoimmune diseases is to accept yourself once and for all and to get rid of the self-hatred, the guilt, the lack of self-esteem and the junk.

- When you do not accept yourself and hate yourself you call the living God who has loved you from the foundation of the world, a liar.
- You have declared that He made a mistake by saving you.
- When you say these things, the devil agrees. He is right there to bless you with the opposite of your Father in heaven's blessings and this is where the "spirit of death" comes in.
- Say it: "I shall live and not die and declare the glories of my GOD in my generation. What glory is there if the grave takes me prematurely!"
- I shall not die, but live, and declare the works of the LORD.
 Psalm 118:17
- For the grave cannot praise thee, death cannot celebrate thee: they that go down into the pit cannot hope for thy truth. Isaiah 38:18
- God does not need you in heaven. It is religion that wants you to go to heaven. God created man to be on earth for eternity.
- The heavens are the Lord's heavens, but the earth has He given to the children of men. Psalm 115:16
- You are of no good for Him in heaven. He needs you on earth.
 He has birthed you by His will in the generations of your ancestry and He has called you by His Spirit.
- He has redeemed you to Himself for His glory on earth and to establish His Kingdom, His love, His grace and His mercy through you until you have finished all things in your generation and are ready to enter heaven.
- It is an error to even suggest that God needs a disease as a vehicle to get you to heaven. There is much evidence to the contrary in Scripture.
- As the person is spiritually attacking himself with self-rejection and bitterness, the body agrees and conforms to it spiritually... and there you have it!
- It will be very difficult to be healed of any autoimmune disease as long as you are buying that lie and allow GUILT and SELF-HATRED to rule your thoughts and life
- It is not possible to be healed because God will not honour the lies. He says you are fearfully and wonderfully made:

I will praise thee; for I am **fearfully and wonderfully made**: marvellous are thy works; and that my soul knoweth right well. ¹⁵ My substance was not hid from thee, when I was made in secret, and curiously wrought in the **lowest parts of the earth**. ¹⁶ Thine eyes did see my substance, yet being unperfected; and in thy book all my members were written, which in continuance were fashioned, when as yet there was none of them. ¹⁷ How

	precious also are thy thoughts unto me, O God! How great is the				
	sum of them! 18 If I should count them, they are more in number				
	than the sand: when I awake, I am still with				
	thee. Psalm 139:14-18				
	God's hand has been upon you even before the foundation of				
	the earth. Before your parts in continuance were fashioned				
	from the dust of the earth, He knew you and He ordained you				
	to be here part of your generation. So accept it and get on with				
	it.				
	Thou hast beset me behind and before, and laid thine hand upon				
	me. Psalm 139:5				
	Out of the darkness, out of bondage, out of the fall of Adam				
	and Eve has He gathered you to Himself. The Father gathers				
	His children to Himself.				
	You are going to have to accept His love! I don't care what				
	your head tells you. God is true and every man a liar!				
	God forbid: yea, let God be true, but every man a liar; as it is				
	written, that thou mightiest be justified in thy sayings, and				
	mightiest overcome when thou art judged. Romans 3:4				
ROOTS	Most autoimmune diseases are primarily the result of an				
	unloving spirit producing feelings of not being loved, not				
	being accepted, self-rejection, self-hatred and self-bitterness				
	coupled with guilt.				
	It could be said that autoimmune diseases are primarily a self-				
	hatred disease.				
RECOMMENDATIONS	Learn to forgive yourself for past mistakes.				
	Believe that the Blood of Jesus paid for every weakness and				
	unwise decision.				
	Learn to love and accept yourself.				

NAME	BACK PAIN	
DESCRIPTION	Physical discomfort occurring anywhere on the spine or back, ranging from mild to disabling.	
GENERAL	 The back symbolizes that part of us we do not see or do not want to see, the shadow. The back can hurt if we leave unresolved situations. Inability to cope with life. Also reflects feelings of insecurity, helplessness, fear. Especially fear of failure and poverty. Can also express feelings of being betrayed, stabbed in the back, talked behind my back, turned their backs on me. 	

ROOTS	•	You have a heavy load on your shoulders, weighing too much.
	•	We carry a burden so great that we want someone to help us and support us.
		• •
	•	We get angry and then end up with a sore back.
	•	All back problems are because of no support. You feel alone.
RECOMMENDATIONS	•	Identify responsibilities that are not yours and let go of them.
	•	Teach your family members or workers to take up their own
		responsibilities.

NAME	BALDNESS (See ALOPECIA)
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NAME	BLADDER	
DESCRIPTION	• Symptoms include bladder and pelvic pain of pressure and a	
	frequent urge to urinate.	
GENERAL	• A problem of the urinary system shows conflicts of territory,	
	specifically in the function to mark territory, like our home,	
	office, family, work, projects.	
	• We are trying to mark our territory, but we do not know	
	whether it is ours or not.	
	• We do not know how far we can get.	
	• We do not know whether it is the correct territory or not.	
	We do not know what to expect.	
ROOTS	• Conflict on some clean affair – something very dirty.	
	• In adults it is often related to the desire to control everything	
	in life .	
	Inflexible people.	
	An overflow of emotional excess.	
RECOMMENDATIONS	I need to learn to speak out.	
	 Express my doubts and resentments. 	
	 Stop blaming others and undertaking my own way. 	
	• I love myself, I approve myself and I respect myself.	
	• I should stop getting upset by situations beyond my control.	
	I love myself as I am.	

NAME	BI	BLEEDING	
DESCRIPTION	•	The loss of blood caused by a break of arterial or venous	
		vessels.	
GENERAL	•	Blood represents the family, the clan that shares the same	
		blood.	
	•	Blood symbolizes the joy of living.	

	•	Bleeding means shedding joy.
	•	The person feels isolated from the family.
	•	I am different and not accepted.
	•	I want to leave my family or there is a member of my family
		that I want to leave.
	•	I am unable to fight with someone in my family or discuss
		things.
	•	The person takes life too seriously.
	•	Bronchial bleeding – I am forced not to breath in my family.
	•	Genital bleeding – I am forced not to live my sexuality.
	•	Rectum bleeding – I am forced not to be myself.
	•	Nosebleed – I am sad.
ROOTS	•	Forced.
	•	Lost my joy.
RECOMMENDATIONS	•	Reverse your perspective of life.
	•	Relax and enjoy life.

NAME	BLEPHARITIS	
DESCRIPTION	Inflammation of the eyelids.	
GENERAL	 Often comes from anger for something that causes pain – it hurts my eyes. Motor conflict is related to children, neighbours, identity. Disappointment in something visual. I do not want to see, related to children or something childish (book, painting, etc.) Identity – what I want to be or do or want to happen. Not accepting something of the past and now I see it again in the present. See something of the past that I had forgotten, reflected in my children. Conflict of "dirty vision" related to seduction. I see something that stains me Prefer not to face life for lack of ideas. Refuse to close eyelids to rest or sleep, for anxiety. Refuse to rest because of excess activity or lack of help. I do not deserve to res. Easily influenced by what I see. 	
ROOTS	Anger.	
RECOMMENDATIONS	The eyes are the lamp of the feet. Learn to see life through the eyes of Jesus.	

NAME	BLINDNESS (See EYE PROBLEMS)	
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NAME	BLISTERS	
DESCRIPTION	Raised fluid-filled bubbles under the skin.	
GENERAL	Appears when we resist the natural process of life.	
	• The person tries to control everything, even his own emotions.	
	 The contention lock of energy manifests in blisters. 	
	• On the feat : Related to one's own safety as to the direction I	
	am taking.	
	• On back of the heels : Related to the mother or maternal	
	qualities.	
	• <u>Hands</u> : Speaks of the irritation and frustration with which we	
	operate and manage our lives.	
ROOTS	• Control.	
	• Resistance.	
RECOMMENDATIONS	• Learn to live the present, accepting that life is continually	
	changing.	
	• Do not try to stop or control any process.	
	• Expressing feelings will bring strength and courage and avoid self-betrayal.	

NAME	BLOOD
DESCRIPTION	Blood has four main components – plasma, red blood cells, white blood cells and platelets.
	Blood transports oxygen and nutrients to the organs
GENERAL	 Blood symbolizes life, vital energy and joy of life. Are the relationships with family members working? The person has difficulty allowing life to circulate within and to express joy and love of life. Life does not make sense to the person. There is almost always a deep devaluation conflict with respect to family members or the family itself. Red blood cells – They carry oxygen and carbon dioxide and symbolize blood ties. Polyglobulia – Increase the volume of red blood cell. Conflict of fear of dying, for ex after a family member has died of haemorrhage. Hyperglobulinemia – Increased red blood cells.
	I want to give life to someone.I want to bring more oxygen, more life.

	•	Thalassemia – The body produces an abnormal form of
		haemoglobin, the protein in red cells that carries oxygen.
		 This leads to excessive destruction of red blood cells,
		causing anaemia.
		 This happens when we are obsessed about helping
		someone.
		 Wasting oxygen/life.
	•	Acanthocytosis – The presence of acanthocytes in the blood
		(deformed spine-shaped red blood cells).
		 This means there is a devaluation conflict on household level.
		o There is a need to defend yourself from your own
		family.
		 Conflict of being attacked within the family
		environment.
		 Drowning in the family.
		 Difficult relationships in the clan.
	•	White blood cells – They are responsible for detecting foreign
		matter and defend us.
		 Lack of security within the family.
	•	Agranulocytosis – Conflict of impairment in self-defence
		 If I defend myself I will be worse off, therefore I live
		safe without doubling back.
		 Conflict of inability to defend myself.
	•	Platelets – These prevent blood clotting.
		 I feel bad when not surrounded by my family.
	•	Thrombocytopenia – A decrease in the number of platelets
		circulating in the blood below normal levels.
		 It manifests after severe family conflict for which the
		person is trying too hard to restore family unity.
		 I cannot get attached to my family.
ROOTS	•	Look for blood sacrifices in the bloodline.
	•	Deep devaluation of the family.
RECOMMENDATIONS	•	Accept yourself as you are.
	•	Start believing in yourself.
	•	Become aware of your talents, values and abilities.

NAME	BONE FRACTURE/BONES (See the part of the body affected)	
DESCRIPTION	A complete or partial break in a bone.	
GENERAL	Bones tell us of our strength of conviction and confidence in ourselves. Through them we express our density, the weight we have in life.	

	Problems can occur in bones in a person who believes he/she
	lacks the courage to deal with his/her own life. Serious conflict
	of devaluation of self.
	Sarcoma (Bone cancer):
	 Speaks of a deep sense of worthlessness, helplessness,
	lack of confidence.
	 Grave lack of self-respect.
	 I am completely null.
	 Serious conflict relating to the family.
ROOTS	I am nothing.
	I am at the bottom of myself. I am worthless.
	I am pained to the core.
	Fractures are the results of all disrespect towards ourselves
	during our daily lives.
	A bone fracture can also occur in the person who is afraid of
	the authority and devalues before it.
	Reacting of rebel attempts to become overbearing or
	dominant.
	I am destabilized.
RECOMMENDATIONS	Create own stability without relying on others.
	You need to believe more in yourself and learn to value
	yourself for what you are and not by the results of what you
	do for others.
	Break with a situation and the beginning of another.
	Freedom of movement.

NAME	BONE MARROW	
DESCRIPTION	• Spongy tissue found inside certain bones, like sternum, iliac	
	crest, skull bones.	
GENERAL	• Nested in the marrow are the stem cells, capable of producing	
	all blood cells.	
	Has to do with the meaning given or received of life.	
	Blood ties.	
	Affected after deep conflict of absolute devaluation.	
	Life no longer makes sense.	
	My life is worthless.	
ROOTS	Deep sense of worthlessness.	
RECOMMENDATIONS	• Learn who you are in the eyes of your Saviour Jesus.	
	Value who you are.	

NAME	BOREDOM	
DESCRIPTION	•	Boredom is the feeling of pain that we have when we feel
		unmotivated and without a path. Our unconscious has become
		"bad" following options or decisions made due to some
		"inconvenient" family program, social, etc.
GENERAL	•	Boredom is a conflict of "lost respect." I cannot do what I really
		need, therefore I stand, I disconnected. I get bored.
ROOTS	•	Conflict in relation to "deal with not knowing oneself".
RECOMMENDATIONS	•	Use self-discipline and become productive.
	•	Find a useful hobby.
	•	Reeach out to believers who need help and encouragement and spend well-used time with them.
	•	Study the Word of God.

NAME	BRAIN/BRAIN TUMOUR
DESCRIPTION • GENERAL •	bone and liquid cover protects it from direct damage. It is the body's command center and manages information received via senses. It centralizes and stores data.
	receptive and living situations that cause confusion or make them loose their bearings. They feel like they have lost control of their own lives. There is an over-emphasize on reason and logic. The person tends to spend all under the filter of reason, implying the need to always be "right", and flee the error because error is a weakness. The person tries to understand and solve everything consciously through intellect, and pure thought. The person forgets that life is unpredictable and insecure. The person denies emotions and does not allow them to influence or disturb him. Takes life too seriously. Brain imbalances – The person cannot change ideas or his way of thinking. Brain tumours – Appears in people who are distracted, absent, secretive, accustomed to denial, hardened. The tumour translates an intellectual impairment. There is a conflict of lack of brainpower to tackle a problem. The person is forced to find solutions beyond his intellectual abilities.

	 Devaluation conflict with the father.
•	Glioma – Intellectual conflict coupled with conflict of
	abandonment
•	Ichthus – Conflict of guilt, intellectual impairment, and family
	concerns.
	o Conflict of guilt with resistance so something that at
	once is necessary.
	 Related to feeling useless.
•	Stroke – Loss of intellectual territory.
	 I stopped fighting and do not look for solutions
	anymore.
•	Hemiplegia – Conflict of great impotence.
	 Feeling betrayed in the family conflict, unable to
	withstand the pressure of the clan.
	 The conflict has been raised by two mothers.
	 Conflict of being halved – one half has died or
	disappeared.
	 Memory of an act I do not want to repeat, and which
	paralyses me.
•	Brain injury - The result of conflict of guilt.
	 Loss of intellectual territory.
	 I must stop fighting intellectually.
	 Conflict of not being able to face someone or
	something intellectually.
•	Cerebral infarction – Same as stroke.
	 Moving away from a fight, battle, or confrontation.
ROOTS •	Feeling of having lost control.
•	Overemphasis on brain and intellect.
•	Feeling of uselessness.
•	Intellectual conflict.
RECOMMENDATIONS •	Use feelings and reason simultaneously.
•	Deep communication between people is only possible through
	feelings and emotions and sensitivity.
•	To understand life, open your heart.

NAME	BREASTS	
DESCRIPTION	Breast is the tissue overlying the chest muscles. Women's breasts are made of specialized tissue.	
GENERAL	The maternal function is based on feeding, protecting and educating the child and responsibility in the real nest.	
	Therefore, most breast diseases are dominated by a sense of general concern in the nest. In particular, most of the time, the son or husband, real or symbolic.	

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	•	If there is a problem in one breast, in both men and women, it
		is related to a feeling of insecurity with respect to good nurture
		or to protect those one breastfeeds.
	•	The child – accident, illness, death, bad companies that cause
		us concern, not having any news of him/her
		misunderstanding, loss of job.
	•	Husband – depression, death, alcoholism, absence,
		unemployment, sickness, accident.
	_	
	•	The nest – separation, divorce, violence, economic problems
		that hinder a good living in the family, feel threatened or
		endangered, lack of contact and/or protection etc.
	•	Too big breasts: When the woman feels unprotected, she
		manufactures more "chest" to attract a male.
	•	To avoid being abandoned, she needs more "weapons" so the
		man will stay with her.
ROOTS	•	Bitterness.
	•	Unforgiveness.
RECOMMENDATIONS	•	May need to perform the act of forgiveness towards your
		mother and towards yourself and realize that it is you who
		must love and nurture.

NAME	BREAST CANCER
DESCRIPTION	 Cancer that forms in the cells of the breast. Breast cancer is most common in women and very rarely occurs in men.
GENERAL	 Healthy cells have 2 enzymes known as anti-oncogenes. They are directly connected to the immune system. Three types of cells:
	 Healthy cells with two ani-oncogenes. Predisposed (blootgestelde) cells with one anti-oncogene. Compromised (reeds geaffekteer) cells with no anti-oncogenes. A healthy cell can never be contaminated with cancer. You cannot have cancer if both anti-oncogenes are present. Something must destroy the anti-oncogenes that make you susceptible to cancer EITHER by chemical agents from outside the body OR by toxic chemical manufacture by the body from within, due to BITTERNESS! Mammograms can cause cancer. Women who get breast cancer from mammograms are hereditarily susceptible to

	•	cancer and usually only have 1 anti-oncogene. X-Rays of the mammogram then kill the one anti-oncogene. Instead, go to an oncologist and test yourself first. Test breast tissue to find out if the anti-oncogenes are indeed present before allowing any Chemo! Left Breast: Unresolved conflict, bitterness, among female blood relatives.
	•	Right Breast : Unresolved conflict, bitterness, among females not related, or husband.
ROOTS	•	All cancers have a very deep root in CONFLICT and BITTERNESS.
	•	Prolonged conflict and bitterness cause the body to produce toxins that accumulate to levels and volumes where it destroys the anti-oncogenes of the immune system at the cellular level. Disgust, anger, hatred.
RECOMMENDATIONS	•	Learn to forgive whoever wronged you and also forgive yourself for past mistakes and broken relationships.
	•	Restore relationships wherever possible.

NAME	BROMHIDROSIS	
DESCRIPTION	Bad body odour caused by chemical imbalances by the action	
	of a drug or bacteria.	
GENERAL	Preventing others from coming into my territory.	
	 Conflict of territory and dirty sexuality. 	
	 Marking the territory with a connotation of dirt. 	
	Others run away for the dirt, but I am used to it.	
ROOTS	Sexual dirt.	
RECOMMENDATIONS	Restore relationships in your territory.	

NAME	BRONCHIAL TUBES (See LUNGS)
DESCRIPTION	The airways that carry air from the windpipe to the lungs.
GENERAL	 Bronchi represent my living space, my boundaries, the territory more particularly linked to my partner, my family and my professional environment. The ulceration (a medical condition – loss of cells) of the walls of the bronchi (a main branch of the traches) allows the entrance of more air, preparing a better answer to the conflicts that occurs in the territory. It gives us more space.

	 We have lived or are living a situation where our territory is threatened, or that we ourselves feel threatened within our territory. It could happened that we have fought with someone in our house or in our work, but not necessarily a shouting struggle, just that someone has made a comment that is annoying and we have kept quiet. It turned on a disease in the bronchi. Therefore, we have to analyse fights, arguments, differences of opinion, annoying (to slightly anger someone) advice they have given us, annoying requests we have ordered, etc. Experiencing situations where we have to defend our ideas, principles, freedom, customs or tastes, in front of someone and we have not achieved it.
POOTS	Threatened in the territory or fear of being upset, unable to
ROOTS	evolve (to change or develop slowly) in the territory.
	 Conflict of fear for the territory.
	 Experiences threats of loss of emotional territory.
	 People suffering from bronchitis usually have a <i>competitive</i>
	attitude in life, can be very susceptible and irritable and so,
	through an aggressive expression, expels outside all that they
	do not like or is uncomfortable with.
RECOMMENDATIONS	These people need to change the way they relate to the
RECOMMENDATIONS	outside world and with others.
	They need to prepare for conflict and struggle in the verbal
	level, need to courageously accept the challenges and stop
	having a competitive attitude.
	• They need to realize that it is almost impossible to find a family
	in which all members always agree.
	• Typically, everyone has their own beliefs and live life their way.
	Learn to live his/her life as he/she pleases, without being
	influenced by others and find and assert (to state in a strong
	way) its own territory without feeling guilty.

NAME	BULIMIA
DESCRIPTION	• A distorted body image and obsessive desire to lose weight.
	• Excessive eating that leads to vomiting, in order to eat again.
	 The relationship with food is a true reflection of the relationship we had with our mother when we were breastfed. Bulimia is a constant compulsive need to eat. Desires the security and love of the mother, but all she gives is anxiety and insecurity. Trying to control anxiety through food.

	• Turning to food because of fear, anxiety, insecurity,
	frustration.
	• Unconsciously wants to return to childhood when mother's
	arms kept her save.
	 Feeling a great emptiness and anguish inside.
	Nobody understand me. I am lonely.
	 Looking for a physical substitute by eating excessively and
	vomiting to eat again.
	Fear of and conflict with sexuality.
ROOTS	Unlovingness.
	Fear of abandonment.
	Anxiety.
	Insecurity.
	• Frustration.
	• Loneliness.
	Rejection.
RECOMMENDATIONS	Correct the imbalance between the need for the mother and
	the fear of being abandoned.
	• Consciously leave the childhood behind and become an adult.

NAME	BURNOUT
DESCRIPTION	It follows a long period of stress in the body that degenerates it is a long period of stress in the body that degenerates
	into chronic fatigue and is difficult to recover.
GENERAL	Forced stop of the machines. Conflict related to the escape of
	a strong emotion lived in a work or activity environment.
	Symptom of weakness and physical and mental tiredness
	produced at the mental level that is without physical efforts.
	It can produce fear, sadness, remorse and bitterness.
	The function of nervous asthenia is to stop at the dangers of
	continuing to make an effort in the same direction.
	• It occurs at the level of the central nervous system and the
	mind, therefore the dangers are also lived at a mental level.
	Conflict of deep devaluation of my capacities to analyse, to
	understand and to act toward challenges of life.
	Management conflicts.
	Impotence.
	Devaluation.
	Movement conflict.
ROOTS	Stress, fear, anxiety.
RECOMMENDATIONS	Do not overload yourself with responsibilities.
	Enter the rest of Jesus and operate from that position.

NAME	BURNS (See the part of the body affected)	
DESCRIPTION	Burns are classified as first, second or third degree, depending on how deep and severe they penetrate the skin's surface.	
GENERAL	It is related to anger boiling inside us towards a person or an event. I am boiling with rage. I am full of hatred. I hate that person.	
	The more severe the injury, the greater the guilt. Who or what burns us to the point of making us feel guilty?	
ROOTS	Hatred.	
	Anger.	
RECOMMENDATIONS	We need to be more flexible, more tolerant towards ourselves	
	and towards others.	

NAME	BUST/CHEST (See BREASTS)
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NAME	В	BUTTOCKS	
DESCRIPTION	•	It is the gluteal region formed by the gluteal muscles.	
	•	The ordinary term is the "bum" or "bottom."	
GENERAL	•	Buttocks symbolize power, we feel "settled."	
	•	We express the pain and fear to lose our power (money,	
		prestige, position, etc) and stop feeling valuable.	
	•	Right buttock: Affective conflict.	
	•	Left buttock: Professional or economic conflict.	
ROOTS	•	Fear.	
RECOMMENDATIONS	•	Resolve conflict where possible.	

NAME	BUZZES (See EARS/TINNITUS)
DESCRIPTION	Hearing, whistling or buzzing in the ears.
GENERAL	It tells that perhaps there is something you no longer want to hear and rather "drown" it to prevent it from reaching your ears.
	 This is not what I wanted to hear. I cannot stand to hear unpleasant things. It may be words or noises that exceed our ability to reason. I resist because I am afraid to know the truth, to be aware of a situation or even to eventually make a decision.

ROOTS	•	Stress.
RECOMMENDATIONS	•	Wherever possible, avoid negative and downgrading conversations. Learn to hear the Father's love language for you instead of focussing on negativity.

NAME	CALLOSITIES/CORNS/BUNIONS (See FEET/TOES)
DESCRIPTION	It is the thickening of the epidermal layer in certain areas
	under continuous pressure or friction.
GENERAL	Usually appears on hands and feet.
	Look also for the roots of the specific finger or toe.
	"I must protect myself." "I am forced."
	• On the feet : Hardened towards the outside world to protect someone (especially the mother) or a relationship.
	This makes the person hold their impulses or block desires.
	On the sole : "I protect my father. He dominates me. He makes me."
	On the heal : "I protect my mother. She dominates me. She makes me."
	Cannot say no to the mother.
	On the hand: I have to protect myself.
	On the palm: Represents the father.
	Examine details of my work, relationship with the father,
	focused on the present moment.
ROOTS	Fear and distrust for the future.
	Bitterness.
	Hypocritical.
	Kind and loving to loved ones, but emotionally closed with others.
RECOMMENDATIONS	Learn to be spontaneous and develop their abilities and enjoy life.

NAME	CANCER (See the part of the body affected)
DESCRIPTION	A malignant and invasive growth or tumour, especially one originating in epithelium, tending to recur after excision and to metastasize to other sites.
GENERAL	 Cancer arises as a result of a personal tragedy, from an emotional trauma or emotional high intensity that has caught the person completely off guard and, moreover, their education, their fears, their beliefs etc. They rather live in

isolation inside, keeping it within himself without sharing with people around.

- Such trauma will affect, gradually, the whole psychological structure of the individuals and impair their ability to experience the joy of living.
- Cancer, therefore represents the destruction of our inner equilibrium structure.
- Obviously, this psychological process is unconscious, buried and painless, at least initially.
- Healthy cells have 2 enzymes known as anti-oncogenes.
- They are directly connected to the immune system.
- Three types of cells:
- Healthy cells with two ani-oncogenes.
- **Predisposed** (blootgestelde) cells with one anti-oncogene.
- Compromised (reeds geaffekteer) cells with no antioncogenes.
- A healthy cell can never be contaminated with cancer.
- You cannot have cancer if both anti-oncogenes are present.
- Something must destroy the anti-oncogenes that make you susceptible to cancer EITHER by chemical agents from outside the body OR by toxic chemical manufacture by the body from within, due to BITTERNESS!
- You wish someone didn't exist.
- God says: "If they don't exist, neither do you."

We know that we have passed from death unto life, because we love the brethren. He that loved not his brother abideth in death. ¹⁵ Whosoever hadith his brother is a murderer: and ye know that no murderer hath eternal life abiding in him. 1 John 3:14-15

- Your enemies have as much a right to this planet as you have.
- God loves both you and your enemy and He wants to save both of you.
- Remember that you are probably someone else's enemy too.
- In conclusion, though, the bitterness is more directed toward one's self, although others may be indicated in the profile.
- IT IS MY OBSERVATION THAT WHEN A TUMOUR DOES NOT BECOME MALIGNANT, IT INVOLVES BITTERNESS AGAINST ONE-SELF.
- WHEN IT BECOMES MALIGNANT, IT INVOLVES BITTERNESS AGAINST OTHERS!
- Many people blame God for their problems. He is not guilty! Let no man say when he is tempted, I am tempted of God: for God cannot be tempted with evil, neither tempted he any man:

 James 1:13

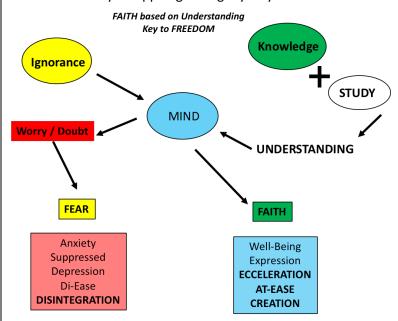
ROOTS

 All cancer with a spiritual root involves some type of BITTERNESS against someone for some reason.

- It involves long-term, lingering, festering and damage, leading toward death.
- Hatred is part of bitterness.

RECOMMENDATIONS

- Understand that your value is not in your profession, position, etc.
- Find your image and likeness in the Father.
- Forgive others, and forgive the child who lives in us, who lived in silence and felt rage and anger in solitude without having someone at his side to support and understand him.
- What aspects did I fail in?
- What is what I blame so deeply?
- Why do I punish and condemn myself?
- How and why I stopped growing my way?



Never FEAR to get it or to keep it!

For the thing which I greatly feared is come upon me and that which I was afraid of is come unto me. Job 3:25

For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind. 2 Timothy 1:7

FEAR is Satan's destruction of your faith and ultimately your future.

Understanding vs memorization:

No amount of reading or memorizing will bring you to success.

Only UNDERSTANDING makes a difference (*Understanding = Knowledge + Study*)

Therefore, my people are gone into captivity because they have <u>no</u> <u>knowledge</u>; their glory died of hunger, and their multitude dried up of thirst. Isaiah 5:13

Therefore, My people are in captivity for <u>lack of knowledge</u>. Their honorable men are famished and their multitudes parched with thirst. Isaiah 5:13 TLV

FAITH

Any idea, plan or purpose may be planted in the subconscious mind by repetition of thought empowered by **FAITH** and expectancy.

Hebrews 11:1

Now faith is assurance of things hoped for, a conviction of things not seen. (ASV)

Now faith is the assurance that what we hope for will come about and the certainty that what we cannot see exists. (ISV)

Faith, therefore, is the substance of things waited for, the evidence of things not seen. (JUB)

Now faith is the substance of things hoped for, the evidence of things not seen. **(KJV)**

Now faith is the substance of things hoped for, the evidence of realities not seen. (TLV)

While we look not at the things which are seen, but at the things which are not seen: for the things which are seen are temporal; but the things which are not seen are eternal. 2 Corinthians 4:18 But without faith it is impossible to please him: for he that cometh to God must believe that he is, and that he is a rewarder of them that diligently seek him. Hebrews 11:6

NAME	CARIES (See TEETH AND MOLARS)
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NAME	CARPAL TUNNEL SYNDROME (See WRISTS)	
DESCRIPTION	• Space in the wrist where the median nerve and nine tendons pass from forearm to hand. When there is increased pressure in the tunnel due to swelling it disturbs the nerves and leads to numbness, tingling and pain.	
GENERAL	The hands manifest what the head creates.	

	•	Conflict of consistency: The hand does not want to do what the
	•	head thinks. I do not want to act to solve the conflict I have.
ROOTS	•	Insecurity.
RECOMMENDATIONS	•	Act to solve your problems.

NAME	CAVUM/NASOPHARYNX
DESCRIPTION	• The upper part of the pharynx, located just behind the nose and above the soft palate.
	·
GENERAL	• The principle is similar to the tonsils, but it is not part of the
	digestive field, but of the olfactory and respiratory systems.
	• Children communicate with the mother through smell. I want
	to find my mother through smell.
	• Conflict because the person wants to own something but
	cannot get it. I cannot get the smell of my mother's breast.

	•	This represents insecurity.
	•	I cannot get close to my partner who has moved away.
ROOTS	•	Insecurity
RECOMMENDATIONS	•	Find security in Jesus Christ.

NAME	CELIAC DISEASE, GLUTEN ALLERGY AND
	INTOLERANCE (See AUTOIMMUNE DISEASES)
DESCRIPTION	Celiac disease is an auto-immune disease.
	 It is an immune reaction towards gluten, found in wheat, rye, barley, etc.
GENERAL	Bread represents the family, family environment and the family head – the FATHER.
	Father is absent, addicted, deceased, abusive, authoritarian.
	• Father causes unstable, harmful, dangerous family environment.
	Lack of family cohesion.
	Bread unconsciously relates to the negative, dangerous
	experiences at home.
	Separation from the family without consent, such as to
	boarding school, day care, pension, in care of another family.
	Conflict of abstinence, e.g. stopped smoking.
	Baby was prematurely weaned from the breast.
	"I have been kicked out of the family."
ROOTS	Rejection.
	Abandonment.
	Person feels unloved.
RECOMMENDATIONS	Where possible, restore relationship with the father.
	Trust God as your Heavenly Father when an earthly father is
	too broken to take up his responsibilities.

NAME	CELLULITE (See the part of the body affected)
DESCRIPTION	Persistent subcutaneous fat causing dimpling of the skin, especially on women's hips and thighs.
GENERAL	 Conflict of aesthetic (devaluation with regard to a part of the body judged as not aesthetic by oneself. Origin in situations of the past that were lived as tort or humiliation. The response is to increase in size to look for strength and security.

	•	At the same time the person hates his appearance when looking in the mirror.
	•	Devaluation, pessimism and low self-esteem. Abandonment or rejection lived in the past, mainly during breastfeeding or childhood.
ROOTS	•	Also related to pressed emotions, regrets and resentments that the person retains within himself/herself. Usually affects people who are contained, who do not trust
RECOMMENDATIONS	•	themselves, and who worry too much about others' opinions about their physical appearance. Value yourself and accept who you are.

NAME	CEREBELLUM
DESCRIPTION	• It is the part of the brain at the back of the skull between the
	brain and the bulb. It controls all the learned movements, such
	as cycling or walking.
GENERAL	Conflict of being attacked.
	 Violation of the physical or moral integrity.
	• Have to protect my offspring, adults, grandparents and myself.
ROOTS	• Fear.
RECOMMENDATIONS	Overcome fear for life by trusting in God.

NAME	CERVICITIS (See UTERUS)
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NAME	CERVIX/NECK OF THE UTERUS (See UTERUS)
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NAME	CHICKEN POX
DESCRIPTION	A highly contagious viral infection causing an itchy, blister-like rash on the skin.
GENERAL	Conflict of separation of the mother in an environment of change.
	The relationship of the mother (real or symbolic) with the child changes and is experienced as a conflict of separation by the child.
	Need to distance from maternal overprotection.
	I want to put distance between a contact or separation that
	hurts me.
ROOTS	Fear of separation.

RECOMMENDATIONS	•	As the parent, create a safe relationship with your child.	
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NAME	CHILBLAINS
DESCRIPTION	• Subcutaneous inflammation due to prolonged contact with the cold.
	• It causes red, painful and itching patches or bumps on the
	fingers and toes.
GENERAL	Conflict of extreme coldness in relationships.
	 Conflict of withdrawal/separation from the family.
	Unable to act at a certain level.
ROOTS	Unlovingness.
RECOMMENDATIONS	Restore relationships.Accept the love of your Saviour to carry you through difficult
	relationships.

NAME	CHIN
DESCRIPTION	The mentum, or the part below the lower lip, including the prominence of the lower jaw.
	 It is the line of fusion of the two separate halves of the jawbone.
GENERAL	The chin is the seat of the emotion.
	The emotion is marked by the trembling of the chin.
	Conflict where there are lies.
	 Conflict of not being able to express emotions.
	 Linked to a definitive separation because of lies.
ROOTS	Distrust.
RECOMMENDATIONS	Resolve conflict regarding lies and distrust.

NAME	Cŀ	CHLAMYDIA (See SEXUALLY TRANSMITTED DISEASES)	
DESCRIPTION	•	Bacteria that causes eye, respiratory and genital infection. It is considered the leading cause of blindness and female sterility.	
	•	It is a sexually transmitted disease.	
GENERAL	•	Very deep conflict of sex or incestuous abuses, with or without	
		penetration.	
	•	Loss of faith in the religious teachings of the church.	
ROOTS	•	Living with guilt.	
RECOMMENDATIONS	•	Repair the contact and clean the guilt.	

NAME	CHLOASMA
DESCRIPTION	Also known as melisma or "pregnancy mask".
	Dark, brown or greyish spots that appear on the face especially
	during pregnancy.
GENERAL	Symbolically the sun is associated with the father.
	Therefore it is an attempt to avoid contact with the father
	which affects our image.
	What conflict of contact do I have with my father?
	Bad contact!
ROOTS	Rejection.
RECOMMENDATIONS	Look for conflict with the father even before birth.
	Allow Jesus to heal the wounds.

NAME	CHOLESTEROL
DESCRIPTION	 High cholesterol levels are not necessarily caused by what you eat. Why is it some people eat whatever they want and never develop a problem with high cholesterol?
GENERAL	 There is a spiritual component to high cholesterol. Look at the veins. The inside is hollow and blood runs up and down inside like in a drinking straw. In people who have a predisposition to high cholesterol, something on the inside is reaching out and grabbing the cholesterol and binding it to the cell membrane. The plaque finally thickens and thickens and thickens until you have the potential closure of the vein or the artery. The mechanisms causing this plaque to form and to collect have a spiritual root.
ROOTS	Cholesterol is directly related to people who are very, very ANGRY WITH THEMSELVES.
	 There is a high degree of self-deprecation (self-afkeuring); deprecation; they are against themselves; they are always putting themselves down.
	 It is even more than merely putting themselves down. They are very hostile (vyandig) with themselves. Self-mutilation all begins with rejection. The beginning of all disease is the separation from God, separation from your own self and separation from others. Rooted in FEAR and ANXIETY around the corner.
RECOMMENDATIONS	 Forgive yourself for past mistakes and accept the forgiveness of Jesus. Learn to love and accept your unique qualities.

NAME	CHRONIC DISEASE (See the specific disease)
DESCRIPTION	A chronic condition is a human health condition or disease that is persistent or otherwise long-lasting in its effects, or a disease that comes with time.
GENERAL	 It occurs when by fear and insecurity we refuse to change, because adapting is hard for us and we lack the necessary strength to move forward. It is necessary to discover the emotional conflict that is behind these symptoms and integrate it to prevent further relapses. The most difficult to heal are those of internal origin. For healing to occur, awareness of mental and emotional aspects of their deepest desires and purpose of his/her life is necessary. To change the condition that have arisen, involves the whole being of the patient.
ROOTS	 Chronicity implies rejection to change, fear of the future and a tremendous sense of insecurity.
RECOMMENDATIONS	 Confront the fears that arise in the context of the illness and deal with idealized images of how to do what they have entrusted. Accept insecurity of life and discard the anxiety. This can cause us to abandon old habits. We have to learn to be vulnerable to all the possibilities that present themselves in life.

NAME	CIRRHOSIS (See LIVER)	
DESCRIPTION	Chronic liver damage from a variety of causes (such as alcohol abuse and hepatitis), leading to scarring and liver failure.	

NAME	CLAUSTROPHOBIA
DESCRIPTION	• Claustrophobia is a form of anxiety disorder in which an
	irrational fear of having no escape or being closed-in can lead
	to a panic attack.
GENERAL	• Fear and panic to stay indoors or in very close places.
	• Feelings of loss of control, no power out, choking, unable to
	breathe, or fear that the oxygen runs out, occur.
	• Conflict – Memory of fear for any conflict situation in the
	womb or at birth.
	• Unable to leave, caesarean section, dangerous labour or
	asphyxiation by the umbilical cord.
	• I am not well in the womb of my mother and I can't escape.
	There is danger. I am afraid.

	•	Search the ancestor's memories of fears regarding death, confinement, or no possibility of escape or fear of being buried alive.
	•	Fear of not being able to escape from a confined space.
ROOTS	•	Fear.
RECOMMENDATIONS	•	Allow Jesus to heal wounds in the bloodline.
	•	Accept Jesus as your safe place in life.

NAME	CLAVICLE/COLLARBONE
DESCRIPTION	A long s-shaped bone extending from the sternum to the shoulder blade.
	The only means of connection between the upper limb and
	chest.
GENERAL	Pain tells about difficulty to act.
	• It is a symbol of union with the father and of support or lack of
	support from him.
	"I cannot lean on or rely on my father."
	Notion of separation.
	Victims of something not accepted in the family.
	There is no time to change things.
	"I am worthless in the clan and have no right to participate in opinions."
ROOTS	Unexpressed rebellion.
RECOMMENDATIONS	Express what you feel and ask for what you need.
	Do not allow others to order you as when you were a kid.

NAME	COCCYX	
DESCRIPTION	•	The small bone at the bottom tip of the spine, under the
		sacrum.
	•	At a muscular level it is closely related to the anus and rectum.
GENERAL	•	Directly related to conflicts of identity, our place in the family
		or memories of rape or sodomy, real or symbolic.
	•	Who am I? Man or woman?
	•	Where is my place in the family?
ROOTS	•	Double-mindedness.
	•	Seeking recognition and affection
RECOMMENDATIONS	•	Discover your identity as a child of God.
	•	Find your place in life.

NAME	COLD/CATARRH
DESCRIPTION	• Inflammation of the nasal mucosa. It is manifested by nasal
	obstruction, sneezing, runny nose and watery eyes.
GENERAL	Difficulty of social adaptation.
	 Manifests in times when people are more at home.
	• Most often expressed in the form of disputes and generally
	linked to the territory, conflicts of threats by family conflicts or
	territory.
	 Something displeases me, disappoints me.
	 Regret for not having said or done something.
	Tense relationship with someone.
	• The cold is the means by which we release a great deal of
	accumulated sadness.
	 My feelings have been hurt. Lack of support.
	• I want to separate myself from others.
	• False belief that I should get a cold at certain time of the year.
ROOTS	Confusion, worry.
	• "Sick to death" of a situation.
	A desire to escape a situation.
RECOMMENDATIONS	Be prepared to face the conflicts

NAME	COLIBACILLOSIS (See INTESTINES)	
DESCRIPTION	Infection caused by E. Coli, causing diarrhoea, stomach cramps and fever.	

NAME	COLITIS (See COLON)
DESCRIPTION	Colitis is an inflammation of the colon.
GENERAL	The colon is part of the digestive tract.
	• It is the area where we finally absorb and integrate what we have eaten from outside.
	 Waste materials are transported and disposed outward to prevent the body from clogging and contamination.
	• Its mission is to evacuate what the body considers useless,
	superfluous, and dirty.
	• The person must do the same with experiences: ingest,
	assimilate, accept, remove the teaching and move on .
	• Tensions and disease in the body are manifested in people
	who have difficulty taking away, and forgetting to heal certain
	wounds, to evacuate and move on.
	• The problems in the large intestine or colon speak of a dirty
	experience (filth, dirt, meanness, treachery, etc.) that has

		been assimilated, in principle, but it costs us to digest, to
		advance and evacuate.
	•	Ascending colon: "Dirty play" made by a member of the
		family who is above oneself, as parents, grandparents, uncle,
		godfather.
	•	Transversal colon: "Dirty play" by any side, couple, sisters,
		brothers, cousins, etc.
	•	Conflict with identity or lack of recognition.
	•	Sorrow and anger.
	•	Conflict of small nasty things.
ROOTS	•	Colon problems are rooted in bitterness and slander with the
		tongue.
	•	Family Conflict of unresolved bitterness, unresolved
		antagonism and words of frustration and anger have
		occurred, causing damage throughout the successive
		generations.
	•	Self-Hatred and Guilt.
RECOMMENDATIONS	•	Sincerely forgive yourself and others.

NAME	COLON
DESCRIPTION	 The colon is part of the digestive tract. It is the long, coiled, tube-like organ that removes water from digested food.
GENERAL	 It is the area where we finally absorb and integrate what we have eaten from outside. Waste materials are transported and disposed outward to prevent the body from clogging and contamination. Its mission is to evacuate what the body considers useless, superfluous, and dirty. The person must do the same with experiences: ingest, assimilate, accept, remove the teaching and move on. Tensions and disease in this body are manifested in people who have difficulty taking away, and forgetting to heal certain wounds, to evacuate and move on. The problems in the large intestine or colon speak of a dirty experience (filth, dirt, meanness, treachery, etc.) that has been assimilated, in principle, but it costs us to digest, to advance and evacuate. Ascending colon: "Dirty play" made by a member of the family who is above oneself, as parents, grandparents, uncle, godfather, etc.

	•	Transversal colon: "Dirty play" by any side, couple, sisters, brothers, cousins, etc. Lower colon: Conflict of identity or lack of recognition, not recognized in the family, do not know where my place is. Colonic polyps: Knots of sorrow and anger (filth), conflict of small nasty things. Irritable bowel syndrome (IBS): Expresses the daily "crap" I have to put up with. I am at the mercy of a ruler who directs me as if I were his horse. Irritated by people in the family with different customs or behaviours. An attempt to regain the Mother's love.
ROOTS	•	Colon problems are deeply rooted in bitterness and slander with the tongue. Family Conflict of unresolved bitterness, unresolved antagonism and words of frustration and anger have occurred, causes damage throughout the successive generations. Self-hatred and guilt.
RECOMMENDATIONS	•	FORGIVE!

NAME	COLON CANCER
DESCRIPTION	• Cancer of the colon or rectum due to abnormal growth of cells, with the ability to spread to other parts of the body.
GENERAL	 A spiritual problem. It can also be inherited. Trace history of Conflict. Being abusive to people will come back to you. Unresolved bitterness. Unresolved antagonism (Opponering van opinies). Words of frustration. Anger. Caused damage throughout the successive generations. Healthy cells have 2 enzymes known as anti-oncogenes. They are directly connected to the immune system. There are three types of cells: Healthy cells with two ani-oncogenes. Predisposed (blootgestelde) cells with one anti-oncogene. Compromised (reeds geaffekteer) cells with no anti-oncogenes. A healthy cell can never be contaminated with cancer. You cannot have cancer if both anti-oncogenes are present. Something must destroy the anti-oncogenes that make you susceptible to cancer EITHER by chemical agents from outside

the body OR by toxic chemical manufacture by the body from within, due to BITTERNESS!

 Test yourself first to find out if the anti-oncogenes are indeed present before allowing any Chemo!

For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places. 2 Corinthians 10:3-5

Want ons worstelstryd is nie teen vlees en bloed nie, maar teen die owerhede, teen die magte, teen die wêreldheersers van die duisternis van hierdie eeu, teen die bose geeste in die lug. 2 Korinthiërs 10:3-5

ROOTS

• Unforgiveness – Onvergewensgesindheid

Looking diligently let any man fail of the grace of God; lest any root of bitterness springing up trouble you, and thereby many be defiled. Hebrews 12:15

...en pas op dat niemand in die genade van God veragter nie; dat geen wortel van bitterheid opskiet en onrus verwek en baie hierdeur besoedel word nie. Hebreërs 12:15

- Colon cancer is deeply rooted in **bitterness and slander** with the tongue.
- Resentment Afkeur
- Keeping record of people's injustices towards you.
 - "Holding onto it".
 - It bring separation and becomes the foundation of "FEAR".
 - FEAR of man/Fear of Failure/Fear of Rejection.
 - Gossip.
 - Slander (skend iemand se goeie naam).
 - Twisting the truth.
 - Rebellion.
 - ANARCHY (no laws and authority acknowledged).
 - Division.
 - Causing trouble.
 - Not peace makers.
 - Retaliation:
 - Making others pay for what they did to you.
 - Getting even. I will not forget what you did!
 - Anger and Wrath.
 - Hatred:
 - There is not room on this earth for both of us!
 - I can't stand your presence.
 - Violence:

58

	Desire to eliminate/destroy the person.
	 Wants the person to feel my pain in my words.
	Murder:
	 The fruit of bitterness is murder.
RECOMMENDATIONS	Repent before God all long term conflict, bitterness and
	hatred.
	FORGIVE all people who have hurt you.

NAME	COLOUR BLINDNESS
DESCRIPTION	Difficulty to distinguish colours.
GENERAL	Immense stress in relation to specific colors:
	Blue: Royalty, water, thirst, freedom.
	Yellow: Son, father, dirt.
	Brown: Penalty, dirt, sickness.
	Green: Hope, healing, nature.
	Red: Blood, fire, love, courage, anger.
	Orange: Hypocrisy, Lying.
ROOTS	• Stress
RECOMMENDATIONS	Learn to trust Jesus instead of fearing life.

NAME	CONCUSSION	
DESCRIPTION	A condition that is caused by a trauma to the head, which disrupts the normal function of the brain.	
GENERAL	 Disconnection of the intellectual process due to an accumulation or the same phenomenon that produces that trauma – accident. Conflict of devaluation with respect to the father or the intellectuality. Disconnection or bad connection between emotions and reason. 	
ROOTS	Fear because of relationship problems.	
RECOMMENDATIONS	Resolve conflict with loved ones.	

NAME	CONGENITAL DISEASE/DISABILITY (See the specific condition)	
DESCRIPTION	Born with a serious illness or physical disability.	
GENERAL	The child unconsciously wants to achieve some goals by means of his disability.	

ROOTS	•	Deal with the roots of the specific condition.
RECOMMENDATIONS	•	Look for possible unresolved issue in the bloodline.
	•	Seeds sown in the bloodline are germinating.
	•	Look for transgenerational conflict.

NAME	CONJUNCTIVITIS/PINK EYES
DESCRIPTION	 It is an inflammation of the conjunctiva, the membrane that lines the back of the eyelid and the front surface of the eye. The symptoms that occur are difficulty in opening eyes to wake up because eyelashes stick due to discharge; eyelid swelling and redness and swelling of the eye.
GENERAL	 We are living or have lived an emotional conflict, thanks to which we have stopped seeing something or someone important to us. We are separated from seeing something or someone that interested us. I am separated from the eyes of that person. I have lost sight. I do not see the person I love. If itching is present, loss of pleasure to see someone is added. I want to see him/her again, but that's not possible. It may also indicate that we are seeing something in our lives that we do not like and we feel angry and frustrated. Do not stand to see what you look at. I'm angry and frustrated by what I'm seeing. Nobody protects me from what I see. It is basically something that bothers us because it calls into question our authority. Someone has dared to discuss our "point of view" and we refuse absolutely to forgive him/her. You distrust the rightness of our position.
ROOTS	Anger.Separation.
RECOMMENDATIONS	 Learn to see with the eyes of love and not with eyes that judge whether what they see is right or wrong. I love and accept myself and I love to see. Need to develop the ability to put ourselves in the place of another, to grasp the reality of their point of view and better understand the intimate foundations of the actions. I must face life and its conflicts. Knowing how to see reality and learn how to recognize ourselves.

NAME	CONSTIPATION
DESCRIPTION	A condition in which there is difficulty emptying the bowels, usually associated with hardened faeces.
GENERAL	 Constipation is when stool stays in the intestines too long and rhythm of the bowel decreases variably, with hard, dry stools and difficulty to dispose them. The inability to have regular and spontaneous bowel movements reveals that the person is trying to "hold" events.
	They live attached to their old ideas, are stuck in the past, closely linked to their customs and traditions and it is almost impossible for them to abandon it. (Leave and never return).
	 I want to keep something. I do not want to forgive someone. I want to save myself. I do not know how to fix it. I do not know how to move forward. I do not know how to get rid of the past. I take time to think. I do not want to discover myself.
	 Constipation is accompanied by a headstrong (very determined) attitude to continue clinging to (depend on) a situation, despite knowing that it can't derive any good. I have to keep this up, although I know that I will not like it. It does not get any better, but I'm not quitting. I should go, but I will not.
	• It also expresses greed and stinginess. The person has a hard time giving and tries at all costs to retain and preserve (to keep in an original state) things, cling to material goods should they perhaps need them someday, because "a bird in the hand is worth two in the bush". Even if they feel compelled to give something at some point, they will not feel satisfied, because they always prefer to keep to himself.
	 There are other experiences that cause constipation, for example, those who are still waiting for the love of a mother. Lack of water (symbol of the mother) in their faeces (waste released from the body) is equivalent to the desire of the mother. I want to keep the love of my mother, so I reabsorb water. I am still waiting for the love from Mom.
	 A mom may also suffer constipation if she feels guilty about the care of their children. My children are not well and it is my fault.
	 It can be caused by a conflict of fear of not being able to remove the piece, the bite. Example a house, land, car, etc., that we have put on sale but it is not getting sold. Also you can suffer from constipation after an identity conflict in the territory, or a separation conflict. Example when someone feels isolated at work, in the community, association etc.

ROOTS	•	Bitterness.
	•	Resentment.
	•	Unforgiveness.
	•	Holding onto the past.
RECOMMENDATIONS	•	It is Faith. You must believe 100% that you will be healed and
		will walk out in divine health. Acknowledge and accept that we
		are already healed by His stripes (Is 53:5; 1 Pet 2:24)

NAME	CONTUSION/BRUISING/ECCHYMOSIS (See the part of
	the body affected)
DESCRIPTION	• An injury or mark where the skin has not been broken but is
	darker in colour, often as a result of being hit by something.
GENERAL	• Conflict alert – if the red mark is visible we add the concept of
	family and if there is inflammation we must add anger,
	frustration.
	• Purpura comes in the form of spots – bruises caused by
	bleeding in the skin:
	 I am sick in this family.
	o Contradiction between wanting to be tied to the
	family, but not be bound by it.
	o I do not want to be part of this family but do not want
	to abandon them.
ROOTS	• Rejection.
RECOMMENDATIONS	Resolve relationships.

NAME	COR PULMONALE
DESCRIPTION	• A heart and lung disease where coronary overload and right ventricle dysfunction occur due to pulmonary hypertension.
	 There is a difficulty for the blood to reach the lungs and be cleaned.
GENERAL	 Something within the family does not want to be cleaned. Conflict of great contrariety regarding the vital communication of secrets in the house. Secrets that should and should not come to light. Things that need to be cleaned without anyone touching them. I want to clean, but I also do not want to clean.
ROOTS	Secrecy and Fear.
RECOMMENDATIONS	Resolve family issues by dealing with secrets. Pring secrets to the light selected can be light selected.
	Bring secrets to the light so Jesus can heal the wounds.

NAME	COUGHING
DESCRIPTION	Expelling air from the lungs with a sudden sharp sound.
GENERAL	• Expression of emotions or thoughts that have be repressed due to conflict of territory.
	 Separation conflict of oneself by enemies who want to own my territory or want to own me.
	 Serves to reject something that we have inside. The attacker who must be expelled.
	• Having to support someone who constantly irritates us – spouse, mother, father, leader, friend.
	• Dry or irritating cough is a violent reaction of irritation and rejection because of external situations that have bothered us.
	 Also indicate that we are suffering a significant outside pressure and do not know how to handle that situation.
	 Accumulated many things – many critics or negative thoughts that we could not say – we spit to eject what attacks us, despair and inner anguish, difficulty to express it.
	 A way to say I deserve respect and attention.
ROOTS	• Irritation.
	Desires attention.
RECOMMENDATIONS	Accept yourselves.
	Become aware of emotional irritation within us and learn to
	be tolerant with ourselves in the same way that we want others to be.

NAME	CRAMPS/MUSCLES (See the part of the body affected)
DESCRIPTION	Cramps prevent us from movement and forces us to stop.
GENERAL	 What or who makes me feel limited in action? I need to do something - act, play, move, but I am being prevented. The person may be suffering a great feeling of helplessness that they cannot express.
ROOTS	Try to find the "guilty" emotion that causes these cramps.Unresolved emotions.
RECOMMENDATIONS	Deal with emotions and blockages.

NAME	CROHN'S DISEASE (See AUTOIMMUNE DISEASES)	
DESCRIPTION	A chronic autoimmune disease in which the immune system attacks its own intestines, causing inflammation.	
	Often the affected part is the ileum or small intestine.	

GENERAL	•	The person experiences emotional conflict because of fear of losing identity.
	•	This disease is the result of very dirty, low, despicable, and unpleasant long-term situations within the family or job.
		Very common in case of school or job bullying.
	•	
	•	Also present in people who feel betrayed.
	•	Not being able to speak or express.
	•	Keep quiet not to be blamed or to keep employment.
	•	Permanent feeling of emotional or material deprivation.
	•	Do not value themselves and is willingly dominated.
ROOTS	•	Very stressed and pressured in the workplace, must endure
		many orders and demands.
	•	There is a real fear to die.
	•	Fear of not being up to what is expected of them.
	•	Worthlessness: "I despise myself." "I am good for nothing."
	•	These people feel rejection and out of rebellion reject
		everyone and everything.
RECOMMENDATIONS	•	Take things calmly and do not demand too much of yourself or
		others.
	•	Handle situations with courage and stop thinking about the
		expectations of others.

NAME	CRURALGIA/FRONT SCIATICA	
DESCRIPTION	A localized pain in the thigh due to femoral nerve involvement.	
	This nerve controls part of the thigh mobility and the sensitivity of some parts.	
GENERAL	 It has the same causes and generate similar pain as sciatica, but the nerves affected are different. Devaluation conflict: "I do not want to go." "I would go, but cannot." What am I doing here? 	
ROOTS	Insecurity.	
RECOMMENDATIONS	Make wise decisions and value your decisions.	

NAME	CUSHING'S SYNDROME/HYPOKALAEMIA	
DESCRIPTION	A disease that occurs when the body makes too much cortisol over a long period of time.	
GENERAL	Adrenal glands are small glands on top of the kidney. They are responsible for hormones to help the control of the heart rate and blood pressure.	

•	The adrenal glands produce cortisol. It helps with a number
	of your body's functions, including:
	o regulating blood pressure and the cardiovascular
	system.
	o reducing the immune system's inflammatory
	response.
	o converting carbohydrates, fats, and proteins into
	energy.
	 balancing the effects of insulin.
	 responding to stress.
•	Your body may produce high levels of cortisol for a variety of
	reasons, including:
	 high stress levels, including stress that is related to an
	acute illness, surgery, injury, or pregnancy, especially
	in the final trimester.
	Athletic training.
	Malnutrition.
	Alcoholism.
	 Depression, panic disorders, or high levels of emotional stress.
	The most common cause of Cushing's syndrome is the use of corticosteroid medications, such as prednisone, in high doses
	for a long period.
•	Doctors can prescribe these medications to prevent rejection
	of a transplanted organ.
•	They also use them to treat inflammatory diseases , such as
	lupus and arthritis.
•	High doses of injectable steroids for treatment of back pain
	can also cause this syndrome.
•	Lower dose steroids in the form of inhalants, such as those
	used for asthma, or creams, such as those prescribed for
	eczema, usually aren't enough to cause Cushing's syndrome.
ROOTS •	Stress, fear and anxiety.
RECOMMENDATIONS •	Learn to cope with the normal stressful situations in life.
•	Trust in the Lord with all your heart.

NAME	CUTANEOUS PAPILLOMA		
DESCRIPTION	A Harmless cutaneous tumour.		
GENERAL	 Usually appears after a conflict of separation by which we feel dirty or stained. Conflict of loss of territory, loss of possibility of copulation. Usually happens in people who go from one intimate relationship to the other. 		

	•	Conflict of non-adaptation with respect to the situation of the
		couple.
ROOTS	•	Separation.
	•	Insecurity.
RECOMMENDATIONS	•	Learn to settle in life and in relationships.
	•	Learn to commit.

NAME	CYST (See the part of the body affected)
DESCRIPTION	A cyst is a rounded formation containing a liquid substance
	that does not communicate with the outside, or has vascular connections.
GENERAL	Conflict of having our integrity attacked.
	• The cyst represents a regret that we accumulate – pain or
	grievance of the past which occasionally comes to mind and is
	constantly fed.
ROOTS	Blame.
	Bitterness.
RECOMMENDATIONS	• Do not live encysted in the past, constantly feeding the old
	wound.
	• Instead of blaming those who hurt you, accept and feel the
	feelings involved so that the blocked energy could flow and be
	transformed into love.

NAME	CYSTIC FIBROSIS	
DESCRIPTION	 Autosomal, chronic and hereditary disease that produces thick mucus accumulated mainly in the lungs, in addition to the pancreas, liver and intestine. This causes trouble breathing and leads to repeated lung infections and lung damage. 	
GENERAL	 Conflict of devaluation. Conflict in the clan. "It is necessary to nail the brakes to survive." Emotional conflict in which the person has come to the conviction that it is not worth living, coupled with intense feelings of being a victim. "Poor me." Lungs: I am a victim. I get sick to get attention and become dependent on others. This makes my life worth the living. 	
ROOTS	Fear of dying.Worthlessness.	
RECOMMENDATIONS	Take responsibility and control of your life.Stop being a victim.	

•	Realize that you do not need anyone to enjoy life.
•	Look for ancestral memory of alcohol, drowning and conflict
	suffered by the mother or father.

NAME	CYSTITIS (See BLADDER)	
DESCRIPTION	•	Infection of the bladder that follows bacterial infection in the
		urine.

NAME	DANDRUFF
DESCRIPTION	Hair symbolizes freedom and power.
GENERAL	Dandruff reveals close relationship between fears and hair.
	Also represents the image I have of myself.
	Conflict in the hair represents I cannot be myself.
	Baldness means I am living a conflict of separation from my
	family, besides an intellectual downgrading situation.
	Not recognized by the father.
	• Occurs after a separation conflict accompanied by a
	devaluation and a loss of protection.
	 Something or someone horrifies me.
ROOTS	Horrified.
	Not recognized.
RECOMMENDATIONS	Overcome fear.
	Restore family relationship where possible.

NAME	DEAFNESS
DESCRIPTION	Difficulty in hearing or loss of hearing
GENERAL	Inner Ear:
	 Separation conflict.
	 I am alone or want to separate myself from someone
	 I feel attacked.
	Right Ear:
	 I do not hear something I wish to hear – antagonized
	desire.
	Left Ear:
	 I hear something I do not want to hear – counteracted
	action.
	Tinnitus – Lack of enough kind words.
	Hardness of hearing – We are inflexible, intransigent and
	intolerant.
	Refuse to listen to any kind of recrimination.

	•	We feel superior and we think we do everything better than other.
	•	People always live on the defensive and cannot stand to hear criticism.
	•	It is not so much what people say, but your perception of what
		they say.
ROOTS	•	I feel attacked.
	•	Rejection, Stubbornness, Isolation.
	•	Do not disturb me.
RECOMMENDATIONS	•	Learn to accept conversations around you.
	•	Allow Jesus to heal emotional wounds.

NAME	DEMENTIA/SENILITY
DESCRIPTION	To cognitively become like a child again.
	 Withdrawn by fatigue from a dangerous and exhausting reality.
GENERAL	Very strong dramas related to the archaic survival.
	Strong brutal conflicts of separation.
	Desires to be cared for.
ROOTS	Deep emotional wounds.
RECOMMENDATIONS	Allow Jesus to heal wounds from the past.
	 Forgive others and yourself.

NAME	DEPRESSION
DESCRIPTION	 Result of a chemical imbalance in the body, particularly the brain. Over- or under-production of normal neurotransmitters (chemicals in the brain). Neurotransmitters include: serotonin, acetylcholine, norepinephrine, dopamine, glutamate etc. Symptoms include: anxiety, apathy, general discontent, guilt, hopelessness, loss of interest or pleasure in activities, mood swings, sadness, irritability, crying, social isolation, lack of concentration. Physical symptoms: loss of appetite or excessive appetite; insomnia or excessive fatigue; restlessness; weight gain or
	loss.
GENERAL	 Anti-depressants are prescribed to treat imbalances in neurotransmitters A commonly prescribed anti-depressant is Prozac. Anti-depressants can have various side-effects, including anxiety, loss of libido, etc.

	Side offects of antidepressants (a.g. less of libida) can lead to
	 Side-effects of antidepressants (e.g. loss of libido) can lead to further emotional problems in individuals and their
	•
	relationships, including more anxiety, feelings of guilt,
	rejection etc.
	Genetics play a role in causing depression, as well as
	environmental / childhood factors.
	Different types of depression:
	 Major depression: feeling depressed most of the time
	for most days of the week.
	 Persistent depressive disorder: depression that lasts
	for more than 2 years.
	o <i>Bipolar disorder</i> (formerly known as manic
	depression): extreme highs and extreme lows.
	 Seasonal affective disorder (SAD): a period of major
	depression that most often happens during the
	winter; typically goes away in the spring and summer.
ROOTS	It is linked to personal drama – conscious or unconscious.
	Trauma.
	Lack of nurturing or feeling unprotected as a child.
	• Feelings of rejection, abandonment, humiliation, betrayal,
	powerlessness, resentment.
	Identity conflict or other emotional conflicts.
	Unexpressed aggression towards oneself or others.
	SELF-REJECTION, LACK OF SELF-ESTEEM, SELF-DEVALUATION.
RECOMMENDATIONS	ACCEPTANCE: do not suppress yourself or try to escape.
	Deep relaxation and taking time to recharge and heal.
	Reconciliation with our goal (who we really want to be).
	Inner healing – praying through traumas, pain, emotions.
	Forgiveness of self and others. Asking for forgiveness.
	Acceptance of self and others.
	Deliverance.

NAME	DEPRESSION - BIPOLAR/MANIC DEPRESSION
DESCRIPTION	 Manic depression is an inherited mental disease caused by a continual underproduction of serotonin as a result of a defect in the 27th lower right-hand side of the X chromosome. It is a recessive gene passed through the mother and can only be defeated by the LORD when He reorders the genetics to make it work properly again. In the X chromosome, on the 27th section, you will find Manic Depression/Bipolar Disorder.

And said, Truly I say to you, unless you repent (change, turnabout) and become like little children [trusting, lowly, loving, forgiving], you can never enter the kingdom of heaven [at all]. Matthew 18:3 • When thinking is interrupted, both on a psychological and spiritual level, your body responds to a break down in thought, feelings, emotion or perception. • You either withdraw and hold up a shield OR you take the shield away and create a new fabricated personality. So then, we may no longer be children, tossed [like ships] to and fro between chance gusts of teaching and wavering with every changing wind of doctrine, [the prey of] the cunning and cleverness of unscrupulous men, [gamblers engaged] in every shifting form of trickery in inventing errors to mislead. Ephesians 4:14 Rather, let our lives lovingly express truth [in all things, speaking truly, dealing truly, living truly]. Enfolded in love, let us grow up in every way and in all things into Him Who is the Head, [even] Christ (the Messiah, the Anointed One). Ephesians 4:15 • The façade that he projects is there to protect his inadequacies, his fears and his feelings of rejection. • Many of us find ourselves struggling with either withdrawing in a house of fear or stepping out in fabricated personalities behind which we hide.
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penina which we hide.
Many of us are not really who God created us to be from the
beginning.
For You did form my inward parts; You did knit me together in my
mother's womb. ¹⁴ I will confess and praise You for You are fearful
and wonderful and for the awful wonder of my birth! Wonderful
are Your works, and that my inner self knows right well. 15 My
frame was not hidden from You when I was being formed in secret
[and] intricately and curiously wrought [as if embroidered with
various colours] in the depths of the earth [a region of darkness and
mystery]. ¹⁶ Your eyes saw my unformed substance, and in Your
book all the days [of my life] were written before ever they took
shape, when as yet there was none of them. Psalm 139:13-16
Before I formed you in the womb I knew [and] approved of you
[as My chosen instrument], and before you were born I separated
and set you apart, consecrating you; [and] I appointed you as a
prophet to the nations. [Exod. 33:12; Isa. 49:1, 5; Rom. 8:29.]
Jeremiah 1:5
Even as [in His love] He chose us [actually picked us out for Himself
as His own] in Christ before the foundation of the world, that we
should be holy (consecrated and set apart for Him) and blameless
in His sight, even above reproach, before Him in love .
Ephesians 1:4

But you are a chosen race, a royal priesthood, a dedicated nation, [God's] own purchased, **special people**, that you may set forth the wonderful deeds and display the virtues and perfections of Him Who called you out of darkness into His marvellous light. [Exod. 19:5, 6^{-1} Once you were not a people [at all], but **now you are** God's people; once you were unpitied, but now you are pitied and have received mercy. 1 Peter 2:9-10 [Hos. 2:23.] If we could strip the façade off you today and drag you screaming out of your prison house, plunk you down on this planet and release you by the power of the Holy Spirit to be what God created you to be in your generation, it would be a miracle! If we strip from you all the veneers of life and all the protective mechanisms, all the defence mechanisms, fear and rejection tragedies of your life coming from victimization, fear of man, fear of rejection, fear of failure, fear of abandonment and unloveliness, built, rejection and self-hatred - if I stripped all of this away from you - WHO WOULD YOU BE? • If I could strip all of this away from you, there is a good chance all your diseases would go away. • The power of Satan is FEAR. When looking at fear, stress and physiology, we discover just how powerful satan is. • When we are following FEAR we are not following God. Casting down imaginations, and every high thing that exalted itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ; 2 Corinthians 10:5 Fear. **ROOTS** Guilt. Unlovingness. Lack of Nurture. Rejection. Trauma. • Hold every thought captive and defeat the enemy! Have a **RECOMMENDATIONS** readiness to revenge all disobedience! And having in a readiness to revenge all disobedience, when your obedience is fulfilled. 2 Corinthians 10:6 For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind. 2 Timothy 1:7 • ARE you READY to do a little circumcision? To put to death those things that do not come from God? • Are your prepared to come before God in trust and in love - not in condemnation? Are you willing to become transparent with Him?

Confess your faults one to another, and pray one for another, that
ye may be healed . The effectual fervent prayer of a righteous man
availeth much. James 5:16

NAME	DIABETES (See PANCREAS and AUTOIMMUNE DISEASES)
DESCRIPTION	A group of diseases that result in too much sugar in the blood (high blood glucose).
GENERAL	Diabetes Mellitus (Type 1):
	 This is an autoimmune disease like rheumatoid arthritis even though the medical community has grouped these in the fear, anxiety and stress category. I am in agreement partially because in this disease the endocrine system is involved so it interferes with the ability of the pancreas to produce enough insulin or interferes with the ability of the body to use the insulin it has produced. Again, I still consider the root of this disease to be self-hatred and self-rejection coupled with guilt but with a fear, anxiety and stress rider attached to it. As in the case of autoimmune diseases, the medical community does see fear, anxiety and stress as root causes, but they do not see a bigger root cause, which is the unloving spirit allowing self-hatred, hatred, self-rejection and guilt to come.
	Diabetes Mellitus (Type 2):
	 Diabetes (Type 2) is not an autoimmune disease but an anxiety disorder where the white corpuscles interfere with the function of the pancreatic tissue, but the tissue is not destroyed. Possible spiritual roots are fear of failing others, fear of failure, fear of man, performance and drive. There may also be an inability to receive love, projected rejection, unloving spirits and a spirit of death.
ROOTS	Fear, stress, anxiety.
RECOMMENDATIONS	Learn to trust in Jesus. Learn scriptures regarding fear.

NAME	DIARRHEA
DESCRIPTION	Loose watery bowel movements that may occur frequently
	and with a sense of urgency.
GENERAL	Diarrhoea can be caused by a continual irritation in
	conjunction with liver malfunctioning as part of the profile of
	the General Adaptation Syndrome of <i>fear, anxiety and stress</i> .
	• Conflict of small "dirty play" that must be eliminated urgently.

- Conflict of minimums, lack of kindness.
- On the physical plane, diarrhoea occurs because the body rejects the food before you can digest what you need and what is good for you.
- In the mental and emotional plane of the affected ones, it is the same.
- It is very difficult to assimilate and accept what comes from the outside by having an excessively critical spirit.
- The affected person is very saturated with information, data and experiences, but not entertained to study analytically, to assimilate, to extract what is useful, but rejects it undigested, as with the food.
- If I cannot say NO, reject, reaffirm, when I give information, order a meal, etc. The guts refuse to digest everything that enters.
- I cannot say NO to what angers me.
- Diarrhoea is a way of not integrating the reality that is taking place, a desire to escape, to avoid a situation (wish it was over even before it started), a refusal to assimilate a toxic considered experience, a trick. Out of fear or because it is totally unacceptable.
- I do not accept the unacceptable. I've swallowed something bad that I do not want to digest. I've eaten some crap.
- Someone or something that hurt our feelings and we are angry and outraged – lack of kindness conflict.
- We detest and punish ourselves for not being able to deal with things and overcome the problems that arise.
- Instead, we prefer to retire (escape) to a quiet and lonely place (bathroom) to make things happen, to run their course.
- Often occurs in people who are afraid of poverty and worry about everything. Conflict of visceral fear (relating to deep inward feelings rather than to the intellect).
- Desire to speed things up. I want to end everything once and for all
- I must have it all finished before it starts.
- Diarrhoea is a process of healing emotional conflict of disgust, fear, anger.
- At last I get the "litter" out from my body.

ROOTS

Fear, Anxiety, Stress.

RECOMMENDATIONS

- Become aware of our lack of self-esteem. Learn to nurture good thoughts, to love and to feel worthy of all good.
- Become aware of our fault finding and learn to observe things without prejudice.

• We must recover the flexibility to watch the events, hear what is said to us before answering, and take time to absorb the benefits of a situation and allow things that should happen actually to happen.
• Let go of old beliefs, worries and fears that no longer serve you, and allow space for the new.
• You have to recognize your own inability to release and learn to accept and understand that everything in life is temporary, everything flows.
• Transform our intention of wanting to change others or a particular situation. Each person has a different way of seeing life and, we must learn to be tolerant and aware of our own ability to create our own.

NAME	DOWN SYNDROME (See CONGENITAL DISEASE)
DESCRIPTION	A Genetic condition where the person has an extra set of X
	chromosome 21 (Trisomy 21).
	It happens during cell division.

NAME	DUPUYTREN DISEASE (See HANDS)
DESCRIPTION	• Condition of the hand, characterized by a bending of certain
	fingers towards the palm.
GENERAL	• The disease denotes a "tension" in my attitude.
	• Hand as a whole represents the father, and also represents the
	work that I do.
	• Thumb : Emotional nutrition. The finger that the baby sucks.
	• Index: Represents paternal role, authority.
	• Middle: Related to sexuality.
	• Ring : Represents commitment, partnership, contracts.
	• Pinkie: Related to love and family harmony. Linked to the
	heart. Represents secrets in the family.
ROOTS	Insecurity in my actions.
RECOMMENDATIONS	• Let love be the base of all your actions.

NAME	DYSLEXIA
DESCRIPTION	A learning disorder characterised by difficulty reading.
GENERAL	They do, however, have a common thread.
	• There is a double-mindedness that is an inherited family
	curse.
	A double-minded man is unstable in all his ways. (James 1:8)

	•	You will also find it in the parents and grandparents. You won't find it in just one place. You will find it right down the line. It is the same with dyslexia. It involves a type of double-mindedness and confusion and the prime root of the confusion is gender disorientation because of an inversion of godly order in the home. The home is ruled by matriarchal control rather than patriarchal authority as God intended. That home is ruled by the female, not the male. The confusion resulting from that produces ADD, dyslexia and gender disorientation. When the male does not rule the home in love, the female has no choice but to take the reins. The minute she does, Satan's entire kingdom comes to help her. She was never designed to rule the home, but to follow a godly patriarch,. Historic family rebellion exists in families that have been involved in occultism and false religions. Historically, it is an interrupter of the thoughts. It interferes with self-esteem.
ROOTS	•	It involves much self-rejection , self-hatred , hatred and guilt . It often involves dyslexia and other various breakdowns of perception.
RECOMMENDATIONS	•	We are so success-oriented that we have forgotten the bigger picture. Our children are paying the price for our drivenness to perform and our demand for perfection. It is time to stop. One of the things I do in ministry is to ask parents to "lay off' their children. Teach them the ways of the Lord and to be what God wants them to be from the foundation of the world. Pray for your children, instruct them in the ways of the Lord and then release them. Leave them alone. They will hear God in due season.

NAME	DYSMENORRHEA (See MENSTRUATION)
DESCRIPTION	Cramps and pelvic pain with menstruation, with common causes such as heavy flow, passing clots, uterine fibroids or endometriosis.
GENERAL	 Dysmenorrhea are painful periods associated with acne (androgen production). It manifests itself in girls whose mothers have fervently desired to have a male and have mismanaged male hormones. Conflict with authority, standards and rules in the family. Painful menstruation is indicative of what hurts a woman, that there is a rejection of the feminine condition whose main characteristic is the responsiveness and deliverability.

	• She finds the role of a woman unattractive, submissiveness or			
	·			
	there are too many rules.			
	It invades my sexual level.			
	• Loss of joy of living because of a toxic relationship with a			
	member of the family.			
	I am afraid that my partner will dump me.			
	• Result of resentment towards a man or men in general.			
ROOTS	Rebellion.			
	• Shame.			
	• Fear			
RECOMMENDATIONS	Restore relationship with the mother.			
	• Accept your feminine characteristics and value your life as a			
	woman.			

NAME	EARS					
DESCRIPTION	They are the organs of the sense of hearing.					
GENERAL	 They are the representation of our ability to listen, to grasp, or receptivity and acceptance of what comes from the outside. The ability to hear is the bodily expression of obedience of humility (a state of not having pride). "Listen to someone' lend an ear, etc. Ear problems indicate that we have difficult in hearing what happens within ourselves or around us Likewise they can refer to a conflict of not being able to catch the piece or bite. 					
	 INNER EAR: Problems in the inner ear shows we are living apart from someone who we like to hear or something we like to hear. It's about a separation conflict. I'm alone or do not want to separate myself from someone. I feel attacked. What I say or hear, agrees with what I think or feel. I want to part with these insulting words that bother me in understanding my life. Right ear: I do not hear something I wish to hear (antagonized desire). Left ear: I hear something I do not want to hear (counteracted action). There are several inner ear disorders that cause dizziness or vertigo (feeling of spinning), nausea and hearing loss. Tinnitus: The phenomenon that makes you hear sounds like hissing, humming, and crackling without having any relation to 					

the surroundings. This can be temporary or permanent and may occur with different sound intensities.

- Separation conflict: "Lack of enough kind words", explanations or silence or "I am separated from the sound of someone".
- Too much silence: "Silence is unbearable". Create noise in the head so it will not be silent.
- Conflict of aggression: Too many noises, hearing loss; conflict of not wanting to hear. Building a wall of silence, hiding inside a shell. Hearing whistling or buzzing tells me that perhaps there is something you no longer want to hear and will "drown" to prevent this from reaching my ears.
- This is not what I wanted to hear. I can't stand to hear unpleasant things, it may be words or noises that exceed our ability to reason. "I do as I please", I refuse to hear certain words that I find unpleasant.
- I resist because I'm afraid to know the truth, to be aware of a situation or even to eventually make a decision.
- Conflict of territory: I can't bear to have lost its own territory or hear how my opponent penetrates it.
 What sound am I hearing? I accept my inner ears open more to get my inner voice. "I eliminate outside noise to hear the inner sounds.
- Hardness of hearing: We are inflexible, intransigent and intolerant. We refuse to listen to any kind of recriminating (an angry statement to accuse). We feel superior and we think we do everything better than others.
- Inner ear problems often occur following an event that caused an emotional shock or when the stress level has increased greatly (for instance, after a divorce, a job loss, or an accident).
- It may also be caused by the inability to concentrate, the inability to listen to the inner voice, stubbornness, or dysfunctions in the activity of the kidneys.
- Open your inner ear more so you become more capable of listening to your inner voice. You can also try to listen in a more conscious way to the sounds of nature in order to enjoy more peace and quiet.
- Otosclerosis: It can manifest after we have felt in danger of death because of a big noise that leaves us breathless.
- **Meniere's syndrome**: It is an increase in fluid pressure in the inner ear. Loss of hearing, tinnitus and dizziness.

 Seasickness in transport: Disagreements between two sources of information. Example, between the inner and outer world, between what I can control and what you cannot, between MOM and DAD

• MIDDLE EAR:

- o The middle ear is the first link with the mother's voice.
- It is a feeling of not being able to fish the information that interests me.
- Conflict of lack of emotional nourishment. I could not capture the information by ear.
- o In children I can't get what I want. I do not want what they give me. They do not hear what I mean. It may be that the child did not get the love of my mother. She did not hear me. She did not buy me a toy I have asked for.
- Conflict refers to a lack of food or forced excess. Having to eat too much at one time. Not being able to eat when hungry. Moving from breast to bottle, eat with a spoon, eat with the nanny etc.
- Conflict of not being able to catch something. "Not being able to capture important information by ear".
- Right ear: Conflict of fear of not being able to catch the piece, the love of the mother, the mother.
- Left ear: Flooded with information.
- o I do not get to swallow the vital nutritional information.
- Ear ossicles: The ossicles are the first bones to ossify completely during development and at birth are almost mature. Among the functions of the ossicles, is to transmit and amplify sound, the link between air and liquid. An impairment in hearing something we hear.
- Otitis (earache): Otitis is an inflammation of the ear, usually due to infectious cause. An aggressive conflict of anger. I wish not to listen or obey. In children, especially when they do not want to hear any more how their parents fight or they do not support the tendency to squeal with any of them or when they are sick of hearing criticism, recriminations and reprimands from adults. In young children it manifests when they want to catch a toy, but they are not allowed. They do nothing but hear "no" or "don't".
- Exudative serous otitis: The presence of thick or sticky fluid behind the eardrum in the middle ear, but there is no ear infection. This is very common in winter or early spring, but can occur at any time of year. It can affect people of any age, although it occurs most often in

- children under 2 years. Unlike children with an ear infection, children with serous otitis do not act as sick. Often, this ear condition has no clear symptoms. Older children and adults often complain of a feeling of fullness in the ear. Young children may want try to turn up the TV volume due to hearing loss. The ear is covered to reduce hearing. I do not want to hear. I want to return to my mother's womb to the amniotic fluid, to recover those noises.
- Cholesteatoma: It can be defined as growth in the middle epithelial ear, the tissue grows and gradually accumulate, as it is destroying the surrounding bone. Although growth is slow, if not treated in time it can completely destroy the structures of the middle and inner ear. The early symptoms are very mild - even non-existent. The most common symptom is discharge from the ear, usually foulsmelling, but painless and occasionally with optic (relating to the ear) bleeding. Impairment in hearing something.
- Example, every time a teenager asks something from the mother, she always refutes (to prove a thing is not true), undermines his/her confidence, rebuked them until he/she cannot endure the devaluation any more.
- **Deafness**: I feel attacked due to something they tell me . Rejection, stubbornness, isolation. Do not disturb me.
 - What do we not want to hear, because we do not want to change? We prefer to only act at will. It is people who always live in the defensive and can't stand to hear criticism.
- Eustachian tube mucosa: These are small passages that connect the upper part of the throat (pharynx) to the middle ear. It is normally closed, but opens when a person yawns or swallows, thus protecting the delicate parts of the ear from sudden changes in air pressure. I do not want to change the atmosphere. I reject conflicts, disputes. I can't stand the storm, or the discussion.
- Muscular Fallopian Tube: Conflict of being afraid to hurt someone we perceive by the ear, such as the voice of mom. I do not want anything bad to happen. She is sick, Dad yells at her, hits her. I want to protect her. When I approach my mother, I have fear; I fear to protect my mother, who wants to protect me.
- **Tympanum**: "Catch" the necessary information. Separation by sound. Lack of auditory contact.

		 If the condition is located in the left ear, our problem is with the male symbol, paternal or something you do not want to lose. If it is in the right ear, the problem is with the female symbol, maternal or I want to catch something, may be the bite, the mother.
ROOTS	•	Stubbornness and rebellion.
RECOMMENDATIONS	•	Accept that listening is a blessing, understand that listening can help me more than annoy me. Love yourself and learn to express true feelings. The ears are to hear both what we like and what we dislike. Learn to obey the inner voice and also external. Listen with the ears of the heart. What do I not want to hear? This leads to not hearing. Why do I refuse to listen to a certain person? Actually what bothers you is not what they say but your perception of what they say. Stop avoiding having to obey or listen to the problems of your loved ones.

NAME	EARWAX (See EARS)			
DESCRIPTION	Accumulated wax in the ear canals that forms a plug.			
GENERAL	 Conflict of closing myself to what I hear (real or symbolic). Is there a feeling that no one deals of themselves with me or that they deal too much? Or do I have to take care of someone? 			

NAME	ECCHYMOSIS (See CONTUSION)
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NAME	ECZEMA (See the area of the body affected)		
DESCRIPTION	 Atopic dermatitis usually develops in early childhood and is more common in people who have a family history of the condition. It is a group of dermatological conditions, characterized by having various inflammatory lesions such as erythema, vesicles, papules and exudation. It is a condition of the surface layer of the skin (epidermis) that can occur in adults or in children and is manifested by a reddening of the area, itching and flaking. 		
GENERAL	It affects hypersensitive people who did not learn to love and live so much in terms of what others expect of them.		

- Eczema appears after an intense breaking contact situation.
- This separation may refer to a loved one, family, a pet, an object, an idea.
- Some situations of life in which the notion of separation is present, are:
 - Accident
 - o Divorce
 - Remoteness
 - o Rupture
 - Separation
 - Isolation
 - Death
 - Conflict of simple separation.
 - Conflict of fear of being alone.
 - Separation of father, mother, brother or another person.
- In the hands: Speaks of the impatience we felt facing the difficulties we have to act, or feeling separated from something I am doing.
- It can also be conflict of separation from our father or our partner.
- In the mouth: conflict of separation from someone whom we want to continue kissing, now I cannot kiss the person anymore.
- In the elbow crease and the hollow behind the knees: It indicates that we feel misunderstood and alone. Nobody supports us in our projects.
- In the **bend of the elbow**: I feel separated from the embrace of someone or I want to hug someone.
- Outside of the elbow: I feel separated from a job.
- In the **left breast**: Conflict of breaking contact with mother/child.
- Right Breast: Conflict of emotional separation from a loved one.
- The head: The disappointment we feel when we see our ability to control is being questioned or when we see that our ideas are not being recognized and accepted.
- A remarkable and unsettling drama could have occurred sometime before the onset of the disease, a year earlier, approximately.

ROOTS

• Separation wounds.

RECOMMENDATIONS

- Analyse and discover who or what I am separated or isolated from.
- Identify our real needs and act accordingly.

NAME	ELBOWS		
DESCRIPTION	 The elbow is one of the most flexible parts of the arm. Ability to move anywhere, except backwards. Elbow problems speak of a conflict related to the use of the 		
	arm.		
GENERAL	 May be related to professional activities. Devaluation linked to work. Someone does not value me at work. I do not enjoy my job. Being unemployed or changing jobs. If the skin is affected I am separated from work. The inside of the elbow is associated with affection, hugging someone. I want something but I prevent it. I want to hug someone but I deprive myself or prevent it. When the elbow is well, it allows you to push someone strongly. Also, the elbow is related to our freedom to act and our 		
	 identity, open space. Pain tells us that we lack enough space to act freely. We have to do something against our will and we wish to avoid it or have it done differently. We can also have problems when we keep a selfish attitude and lack of consideration— elbowed others to achieve our goals. 		
	May also be affected when we have difficulties to share something related to our range. Pain talls us that we lack enough space to ast freely.		
	 Pain tells us that we lack enough space to act freely. Tennis Elbow – an inflammation at the level of the elbow joint. Unexpressed anger. Devaluation conflict. Conflict by comparison – I am worse than the others or someone is better than me. 		
ROOTS	Anger, competition, insecurity.		
RECOMMENDATIONS	Discover and trust your own abilities.		

NAME	EMPHYSEMA (See LUNGS)
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NAME	Eľ	ND(OMETRIOSIS ((See the org	an affected)	
DESCRIPTION	•		gynaecological			
		•	esence of uterine gina, fallopian tu	•		iot be - the

GENERAL	•	In the bladder: Conflict between a person's mother and				
		partner. He does not support her and does not allow the				
		mother to visit. Because she is banned, the endometriosis				
		moves from the uterus to the bladder, indicating conflict in the				
		territory. "I want to get pregnant to please my mother, but I				
		cannot accept the child in a disintegrated family."				
	•	Occurs in women who want a child, but cannot conceive				
		because they unconsciously fear the consequences of				
		childbirth (suffering or death).				
	•	Fear that the child will break the harmony of the couple.				
	•	Fear for the uncertainties of the future in the world.				
	•	The woman has maintained a tense, difficult, painful and				
		violent emotional relationship with her mother.				
	•	The mother invades the life of her daughter. She criticizes and				
		offends.				
	•	As a result the woman hardens physically and develops a				
		masculine attitude, as an inclination to want to control and				
		maintain power.				
ROOTS	•	Fear.				
	•	Control.				
RECOMMENDATIONS	•	Do not allow the mother to invade your being.				
	•	Develop your femininity at all levels.				
	•	Accept fear and integrate it to satisfy your desire to be a				
		mother.				
	•	These women must be allowed the possibility to be defeated,				
		sometimes in their creative projects.				

NAME	ENURESIS
DESCRIPTION	Urinary incontinence that occurs primarily at night.
GENERAL	 I feel good when I sleep and do not want to wake up. During the day they are under severe pressure from school, parents, etc. Parents are very ambitious. Parents disagree on their methods of education. These children feel that their territory has been invaded. They feel rejected and oppressed because a pattern of behaviour is imposed on them. Enuresis is the unconscious protest against wrong treatment
	 and the feeling that the child has lost control over his territory. Enuresis provides the opportunity to make parents who always appear strong, feel helpless.

	•	Girls: Often related to conflict of brutal separation linked to
		sexuality, such as after separation or divorce of parents.
ROOTS	•	These children are insecure and rejected.
	•	Affects children who have fear and rebellion against authority.
	•	They have fear towards the parents, especially the father or
		father figure.
	•	Fear to upset and disappoint the father. Fear of failure to meet
		the father's expectations.
RECOMMENDATIONS	•	Parents should give freedom to their child.
	•	Forcing children, without giving them the opportunity to
		choose, destroy their intelligence.
	•	Allow the child to develop his qualities, ideas and beliefs and
		to prepare himself.
	•	Every child is unique.
	•	If the child expects too much of himself, help him to relax and
		recognize his talents and values.
	•	The child must know that he is loved.

NAME	EPIDEMIC (See the specific illness)
DESCRIPTION	A disease that affects a large number of the population.
GENERAL	 The message and reparations are collective. There is conflict in the collectiveness, that which unites us. Many people are going through the same conflict, such as the proliferation of plagues after wars due to despair, fear and the number of dead.
ROOTS	Deal with the roots of the specific illness.

NAME	EPILEPSY
DESCRIPTION	It is a chronic nerve disorder characterized by the more or less frequent repetition of seizures.
GENERAL	 These attacks remind us of earthquakes that are unpredictable and usually last a short time. It occurs in people who feel they have not been desired, they do not feel loved or have been raised by overprotective mothers. Has difficulties to stand, to find their place. It seems as if he had not found his place, not in his body or in his family. Suffer large internal conflicts but are repressed and are not willing to say what they think.

	Booklands and the state of the
	People disappointed in themselves and not able to decide to
	act or forgive when they make a mistake.
	Prone to self-rejection because they are considered conflicting
	and guilty.
	Provokes a state of deep distress that sometimes discharge
	themselves against attacks.
	Self-harm.
	A demand for attention.
	In the unconscious level there is a very important conflict of
	absolute fears, for example, death, suffering from cancer, not
	being able to do something right away.
	Living an event with fear and surprise at the same time so I
	can't control what kind of movements I do.
	I do not want to go, but I have to.
	I am afraid to go to school.
	I am afraid to grow.
	Subject to heavy stress.
ROOTS	Fear.
	Stress.
	Self-hatred.
RECOMMENDATIONS	Overcome fear and anxiety.
•	Love and forgive yourself.

NAME	EQUILIBRIUM/BALANCE
DESCRIPTION	A state in which opposing forces or influences are balanced.
GENERAL	Fear, loss of self-confidence.
	• I desire to have my environment under control and to have
	accurate and stable support.
	• Something has moved the base and foundation where I rested.
	The patient feels he has lost his/her reference point.
	 His/her beliefs, values and way of life have collapsed.
	Became valueless.
	• Does not think properly. Does not see clearly the future and
	does not know where to lay his/her eyes.
	• May have the feeling that a situation is evolving too fast for us
	and we are afraid of the changes it will bring to our lives.
ROOTS	• Fear.
	Loss of confidence.
RECOMMENDATIONS	Must accept life is constantly flowing.
	Be very aware not to let thoughts disperse.
	Learn to trust yourself.

NAME	ERUCTATION/BURPING
DESCRIPTION	Audible expression of gas that comes from the stomach,
	through the mouth.
GENERAL	A concept or idea that takes a lot to digest.
	The result of accumulated problems.
	Conflict of freedom: "I do not accept that the relationship is
	heavy, closed."
	"I lack air, lightness, freedom."
	Conflict of missing "piece" of air. Wanting to catch and retain
	life.
ROOTS	Sudden fear caused by unforeseen events or thoughts.
	It tells us that we are impatient and want to incorporate and
	assimilate everything very quickly.
	Stress because of the material, professional or financial world.
RECOMMENDATIONS	Learn to cope with everyday life.
	Do not make mountains of molehills.

NAME	ERYTHEMA (See the part of the body affected)	
DESCRIPTION	Skin redness such as from sunburn, friction, poorly fitting	
	clothes, massages, pressure, blushing or exercise.	
GENERAL	"I am ashamed to show myself to the world."	
	 "I cannot stand that they look at me." 	
	 "I want to get rid of the judgment of others." 	
	"I want to get rid of the image I have."	
	"I need to hide something."	
	"I do not like my face, appearance."	
ROOTS	Shame and humiliation.	
RECOMMENDATIONS	Accept and love yourself.	
	 Forgive yourself for past mistakes. 	

NAME	ESOPHAGUS
DESCRIPTION	It is located at the beginning of the digestive system and connects the pharynx to the stomach. The passage for food.
GENERAL	 I have been forced to "swallow" something – opinion, criticism, judgment, decision. Something is "stuck" in my throat. Not able or willing to move the piece I have swallowed. What can't I swallow or accept in my life? What is someone trying to force me to eat? It could perhaps be the reproaches, criticism. Conflict of not being able to eat what is on the plate.

	•	Fear that someone will remove what is on my plate.
	•	Conflict of not enjoying the snack, example, heritage, a gift.
	•	Conflict of a toxic bite or not being able to digest.
	•	Conflict in which the father prevents the mother from feeding
		the child.
	•	It is both bad to swallow and bad to not swallow.
	•	The person resists or rejects new ideas. A very strong inner
		critical attitude that prevent the heart to speak.
	•	Cancer – I want to swallow something, a house, car, etc. but at
		the last moment cannot or I have been forced to swallow
		something I wanted to spit out.
ROOTS	•	Forced, criticism, judgment.
RECOMMENDATIONS	•	Learn to cope with everyday life.

NAME EXOPHTHALMOS/BULGI	NG EYES (See EYE PROBLEMS)
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NAME	EYE PROBLEMS
DESCRIPTION	The organs of sight/vision.
GENERAL	They are the mirror of the soul. They do not only collect impression from the outside but also express emotion and feeling that is experienced on the inside.
	• Through the eyes, we recognize immediately emotions like anger, fear, or love.
	The eyes represent the ability that one has to approach life and see other.
	 All eye diseases tell us of our <i>inability to see life objectively</i>, they highlight our view and our way of seeing things and situations as they really are.
	• Severe eye problems are often in both eyes of all children in the family.
	 Many dramas kept as "family secrets" are inherited as "memories of dirt" or "forbidden" over generations, so there comes a point where the tree says – "ENOUGH"!
	• Children sometimes come into the world with so much "filth" that needs to be cleansed. They have to repair the entire tree.
	• The child chooses poor eye sight to escape from the reality of his/her family and the world around him/her. It is a condition of separation of reality. They do not want to see all the dirt anymore. What I see around me hurts.
	• If the problem affects the <i>right eye</i> , it is related to the <i>mother</i> . It represents my identity. It is the eye of recognition of

- emotion. Memorize. Compare the known and unknown faces. It represents the recognition they give to others. It is related to our parents, our children and friend.
- If it is the *left eye* that is affected, it is related to the *father*. It is the eye that directs the movement. Look at enemies. Look how far to shoot. It is the eye that warns us of any threats near and defends us from danger.
- **Keratitis (inflammation of the cornea):** Conflict of visual separation: Conflict of forced contact. I'm force to see ... all day. I am very upset, I have anger for something I saw. I want to hit the first thing that I see. I want to harm.....
- *Keratoconus:* Alteration of the curvature of the cornea, which takes a conical shape.
 - It means that I have lived a conflict where I did not want the people around me so see what is inside me. I do not want to show that I am weak, vulnerable. Fear of being myself for fear of being rejected. Afraid to show my weaknesses. Inability to reveal my feelings.
 - Obsessed, I hide some of my personality. "I do not want others to see what is inside me" What is inside should not be seen from outside. Nobody protects me from what I see. My eyes are put under a protective wing.
- Dry Lachrymal glands: "Wanting to catch the eye". Fear of not being able to catch the moment, in the sense of not being able to see what we would like to happen. Conflict of inability to, visually not catch/get something.
- **Sclerotic**: (The sclera protects and maintains the shape of the eye.) Conflict of protection in a visual tone. Protection from what we see. Devaluation by a visual territory that we are losing and we feel powerless to defend it (intolerable).
- Chalazion: Meibomian gland is a cyst in the eyelid caused by inflammation of a blocked Meibomian gland, located close to the lashes, usually on the upper eyelid. It differs from a stye in that they are not painful. A Meibomian gland secretes the fatty substance of the tear film, which is a protection for the eye. There has been an excess of demand for protection and this has blocked the duct.
- Exophthalmos: Large Googly eyes. Person appears to be in permanent state of shock and fear as a result of a childhood experience. Person needs to clearly see danger coming, to escape in time.

	•	Blindness: Conflict of the ostrich. When it is afraid, an ostrich
		prefers not to see anything and hides its head under the sand;
		where everything is black, and cannot see anything, and
		solved, no problems. Was it necessary to see the day? Was it
		necessary to hide my presence in the mother's womb?
		 Because of a shock, trauma, etc., we refuse to see,
		in order to avoid confrontation with reality. We do
		not want to accept what the eyes tell us.
	•	<i>Retina</i> : It is the layer of light-sensitive found in the inner back
		of the eye and acts like the film in a camera. Images pass
		through the lens of the eye and are focused on the retina. The
		retina then converts these images into electrical signals and
		sends them via the optic nerve to the brain. The retina is
		normally red due to its rich blood supply.
	•	Retinal detachment : Intense conflict, visual image of stress,
		e.g., the child falls before our eyes. The adult feels horror at
		such image. The retina does not want to print what I have
		seen. Feelings of having seen something terrible. A small child
		who does not have this protection mechanism, remains
		fascinated by the horrible things he/she sees. When we are
		struck, the child prints the image on his/her retina. Later with
		all his/her stress concentrated in vision, he/she will suffer a
		retinal detachment.
ROOTS	•	Deal with the roots of the specific condition.
RECOMMENDATIONS	•	Every problem in the eyes is a message of our soul, which
		warns of an error in our learning and prevents us from realizing
		our life plan.
	•	Learn to see things objectively. Try to see through the eyes of
		others. Accept that others disagree with us, without us
		thereby losing value.
	•	I need to accept myself, beautiful and intelligent. I have to
		learn to be more objective. I must live in peace and joy.
	•	The eyes are to see both what we like what we dislike. We
		must develop the ability to put ourselves in the place of
		another, to grasp the reality of his/her view and better
		understand the basics of their actions.

NAME	FACE	
DESCRIPTION	• The front part of the head from the forehead to the chin, not including the ears.	
GENERAL	• The first part of the body presented to the world. People judge and form impressions according to the face.	

	•	Through the face we show outward appearance, express
		feelings and the image of ourselves.
	•	Problems in the face speak of difficulties or uncertainties
		about identity and accepting the image we think we have.
	•	It manifests the feeling of being wounded in the image, like
		when someone is compromised or receive a "slap in the face."
	•	Forehead: How we see ourselves as coping or being able to
		confront a situation or person. See myself as a victim.
		Something of the future worries me.
	•	Paralysis: A feeling of "losing face" to look ridiculous. Loss of
		dignity, being mocked.
ROOTS	•	Humiliation and shame.
RECOMMENDATIONS	•	Always show the true face – express happiness and misery.

NAME	FAINTS
DESCRIPTION	• Fainting is a loss of consciousness, which appears suddenly and is short-lived.
GENERAL	 Manifest when we feel fear and helplessness in a situation that we cannot afford. A desire to escape. An escape to irresponsibility occurs because we are faced with something unpleasant that we do not like and we have the feeling of not being able to avoid or change it.
ROOTS	• Fear.
RECOMMENDATIONS	Although we think that we cannot cope with situations, and want to escape, we must be aware, instead of becoming more unconscious, that we can handle our experience.

NAME	FALLOPIAN TUBES
DESCRIPTION	They carry the eggs from the ovaries to the uterus.
GENERAL	It is the meeting place of the egg and sperm to create a new being.
	 If one or both tubes are obstructed, it means that the union between the woman's masculine and feminine principles are prevented.
	This attitude negatively affect her ability to create life as she wishes and her relationship with men.
	Always conflict related with sexual connotation.
	I do not agree to have sex.
	Sex is not my lining.

	•	Men only want me for sex.
	•	I will not let this man get me pregnant.
	•	For me sex is dirty. It is a disgusting thing.
	•	I am not willing to enjoy sex. I would rather not have it.
	•	I find it difficult to relate to men.
	•	I am living or have lived some sexual bad situation.
	•	Rape, molestation or sexual insults.
	•	My partner forces me to get pregnant and I do not want to.
	•	Sex is linked to something unbearable.
	•	Violent disagreement with someone of the other sex – rude
		lewd insults.
	•	It may be offenses we have suffered at a sexual level.
	•	Conflict of being too nasty, dirty and cruel, related to sexuality,
		for example, my son, my husband or my employee is a rapist,
		harasses children.
ROOTS	•	Sexual devaluation
RECOMMENDATIONS	•	Allow Jesus to heal emotional wounds caused by sexual
		experiences.

NAME	FEET	
DESCRIPTION	•	The structures at the lower ends of the legs, essential for locomotion and weight-bearing.
GENERAL	•	Feet problems talk about conflicts in relation to the mother.
	•	People who are afraid of expressing their own opinions.
	•	Do not feel good about themselves.
	•	Or do not accept the position held at the time.
ROOTS	•	Insecurity.
RECOMMENDATIONS	•	Trust in God and allow Him to be your security.

NAME	FEMORAL HERNIA (See HERNIA)	
DESCRIPTION	Fatty tissue or part of the bowels poke through the groin at	
	the top of the inner thigh	

NAME	FEVER	
DESCRIPTION	 A temporary increase in the average body temperature of 37 degrees. 	
GENERAL	• Fever may reveal certain properties of the sickness, but does not harm us. On the contrary it defends us and must in principle be respected.	

	•	It is like the barometer announcing bad weather ,but we do not fix anything by removing or breaking the barometer. Great anger after a separation conflict with the source of my
		"heat".
	•	Lack of "heat" of human warmth. Can happen after a disappointment because something did
	•	not go as we would have liked. I am waiting for the heat. It does not come, so at the end I get
		it myself.
ROOTS	•	Unlovingness.
RECOMMENDATIONS	•	Return to your First Love.

NAME	FIBROMYALGIA (See AUTOIMMUNE DISEASES)
DESCRIPTION	Fibromyalgia is often accompanied by fatigue and altered sleep, memory and mood.
GENERAL	Fibra refers to Family Ties.
	Mio means Muscle.
	Algias means pain.
	 Fibromyalgia is considered a controversial diagnosis and some claim that it should not be considered as a disease because, among other reasons, there is a lack of abnormalities on physical examination, laboratory tests and medical studies trying to confirm the diagnosis.
	 Characterized by extreme fatigue, persistent pain, stiffness of varying intensity of the muscles, tendons and a wide range of other physiological symptoms, such as trouble sleeping, morning stiffness, headaches and problems with thinking and memory, sometimes called black-outs, which often prevent the functioning routine of people.
	 It is an inner suffering –the disease of family fibbers (liars). People with fibromyalgia are blocked in their understanding of family relationships.
	 On the one hand they like to live with the family, be part of it and to feel loved and understood.
	 On the other hand they feel that the family requires or prevents them from doing her life.
	They feel that they should give explanations, ask for permission, share everything with them, etc.
	• Even sometimes they may feel obligated to someone in the family who hurts them or has hurt them in the past. This is a conflict of dual obligation.
	I am in a double family commitment.

	a I have levely to my femily but this thing both one ma
	I have loyalty to my family, but this thing bothers me.
	I go to the person I love but at the same time he is my
	executioner.
	• I want to say something for myself but I do not grant the right.
	The family thinks different.
	I love this family, but this family hurts me. I feel helpless.
	Conflict of direction. Conflict for choosing the wrong direction.
	I am on a bad track.
	Devaluation by not finding the right path.
	The direction I am taking in my life does not satisfy me.
	What am I doing here? I'm lost and out of the herd.
	Affects the adrenal cortex and it stops producing cortisol to
	help overcome the stress that the loss caused me.
	Devaluation Conflict – If I move aside I'm not good. I cannot
	handle this. It is too much for me.
	Fear of death. Not physical death, but the death of her own
	identify, feeling of not belonging to my royal family or I
	imagine it.
	I feel like I can die. My family does not support me.
	They hurt themselves in their eagerness to serve others.
	They are people who do favours for anyone, and are able to
	stop living their own lives by serving other members.
ROOTS	The spiritual roots are that the women don't feel covered,
	protected, nurtured or safe. They are always looking over their
	shoulders, is driven, anxious and insecure.
	Fear, stress, anxiety.
	Unnurtured, unprotected, unsupported.
	Unloved.
RECOMMENDATIONS	Allow Jesus to heal deep wounds even from your childhood.
SUMMARY	90% of cases are Female.
	It is not about the MAN ruling over the woman. It is about
	GOD's order in CREATION.
	GOD made the woman to follow a godly spiritual husband.
	A woman with an attitude of hatred and distrust toward her
	husband does not follow a spiritual man.
	God intends the woman to follow a husband who shows an
	example of nurturing. Someone who takes care of the family.
	Disorder in women is usually the result of the absence of
	nurture and protection from a MAN. She has very little
	emotional and spiritual help during difficult times.
	That is why so many women DRIVE themselves and become
	PERFECTIONISTS. It is to receive love and acceptance through
	WORKS.
L	1

• Anxiety, Stress, and Fear then follows, because the woman was not made to be the stronger one.

Likewise, ye husbands, dwell with them according to knowledge, giving honour unto the wife, as unto the weaker vessel, and as being heirs together of the grace of life; that your prayers be not hindered. 1 Peter 3:7

Net so moet julle, manne, verstandig met hulle saamlewe en aan die vroulike geslag, as die swakkere, eer bewys, omdat julle ook mede-erfgename van die genade van die lewe is—sodat julle gebede nie verhinder mag word nie. 1 Petrus 3:7

After Anxiety, Stress and Fear follows DISEASE!

- Fibromyalgia is when the nerve impulse is initiated for no reason. It is activated by the "spirit of fear" in the conscious realm!
- It is activated by the hypothalamus, which activates the problem in the SOUL and SPIRIT.
- The nerve impulses then run through nerves to the dendrites and pulsates - dead-ends. That's what causes the pain and there's nothing to ease it.
- The only solution is to ask God to deliver you from Anxiety, FEAR, Stress.

Be careful for nothing; but in everything by prayer and supplication with thanksgiving let your requests be made known unto God. Philippians 4:6

Wees oor niks besorg nie, maar laat julle begeertes in alles deur gebed en smeking met danksegging bekend word by God. Filippense 4:6

For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind. 2 Timothy 1:7

• Spirit of POWER: Holy Spirit

• Spirit of LOVE: Abba Father

Spirit of Sound Mind: The Word of God - Jesus Christ

NAME	FINGERS	
DESCRIPTION	The fingers are the moving parts of the hands, which allow us to make many movements, manage hands, grasp and be able to act with precision.	
GENERAL	 The fingers represent the ends of our actions, help us to be precise in the details. Whenever we cut, burn, we use a finger, not by chance, but it is the release of an internal tension. 	

- Basically, if anything happens to a finger, it means that I feel devalued.
- Something or someone makes me feel less in relation to how I do things, how to work, how I manage etc.
- The fingers generally represent emotional wounds like anger towards myself, mental conflict and guilt related to my daily life, with simple and circumstantial facts.
- People who have finger injuries are more often perfectionists. They give great importance to details.
- **Thumb**: It is this finger that allows us to make things right and grab them tightly.
 - Problems in the thumb can express the feeling that we have lost control of events, or the pain we feel for being unable to act or take control of a situation.
 - The thumb on the other hand, is also a symbol of power, protection or conviction.
 - We also use the thumb to express a value judgment, when we want to show a satisfaction to something we lift the thumb. Or to show our disapproval by pointing it down.
 - The thumb represents our will and our responsibility.
 - When we suffer some damage on this finger it may mean that we are concerned about something, whether related to our mother, or even something we said because we feel that someone forces us to do something we do not want.
 - Similarly, it may indicate that we are weak and need protection against what we consider external aggression and also we feel defeated and plunged into sadness.
 - The thumb also represents the mother, is related to the emotional nutrition of babies that tend to insert it into their mouths and suck it when the emotional nourishment from his/her mother is missing.
- Index Finger: Showing authority which orders and directs. It is used to indicate, indict, scold, give orders or try to explain something to someone.
 - It is the finger of our Ego the one we use to show our convictions, our point of view and also to issue a criticism. I must justify myself in my role.
 - It marks our strength, our character and our decisionmaking power.

- When we suffer some damage it may indicate that we have had a problem of authority.
- Perhaps we have lost our leadership.
- We are living something that causes us fear.
- Someone is judging us wrongly.
- May also indicate that we are abusing certain authoritarianism in our work or in our efforts to lead others or that our authoritarian trend has been thwarted, or that we are marked by who represents the authority.
- Authority of the father notion of control.
- o It is connected to the sense of smell.
- **Middle Finger:** It is the biggest and the strongest, complete the thumb in action-taking.
 - It is the finger of the inner life, the inner government of things and also has strong ties to sexuality.
 - It is related to the power over the other, with pleasure and satisfaction to possess the other, with the degree of satisfaction in our sexual experiences.
 - It reflects the most primitive sexuality, the hidden sexual desires.
 - Problems in this finger may indicate dissatisfaction we feel for the way things happen at that level. Perhaps you had a problem of sexual type, either with your partner or some other sexual issue affects you. They may reflect difficulties in one's sexuality because you seek perfection in this area because you feel rejected in privacy, or feel guilty.
 - This finger usually tells us when we are angry or upset with someone. It is related to the touch.
- Ring finger: The commitment. The ring finger represents my commitment, my changes. It is the finger to show the union, the bond between two people. The ring of marriage is placed on this finger.
 - Represents alliance and union.
 - o It relates to the signing and closing of contracts.
 - It also reflects moments of change in our lives, such as change of name, surname, change of home, work etc.
 - o It is related to the sense of sight.
 - It represents the eyes, what we see, real or symbolically.
 - And there is some relationships with duels which we live.

	 If someone wanted to die or something has died for us symbolically, this finger will be affected.
	 Tensions in the finger tell us about our intimate life.
	We are suffering for something or someone.
	 Some sentimental attachment may be about to break
	or have suffered a separation.
	 We indicate some difficulty to unite, to unify our
	environment, to establish an alliance.
	 It can also point out that something related to legal
	contracts are not going well or that some compromise
	will collapse.
	 It can also tell us that we want to form a couple with
	values, bases and different ways to how we were
	educated.
	• Little Finger: This finger is reflected to family secrets and lies.
	 Facts and events that have been hidden in the family,
	because of what people say.
	 It represents the dirty side of the family.
	 The hypocritical side, surface, appearance and
	pretence in the family.
	 It is related to the sense of hearing and what we hear,
	actually or symbolically.
	 When we suffer some damage on this finger it may
	mean that someone in the family hides a secret from
	us or lied to us and vice versa.
	 People with this finger show a tendency to pretend, to
	not be shown as they are, since they are bothered
	what others think of them.
	 It also reflect our intuition, so if we harm this finger,
	surely our intuition failed and we feel betrayed.
ROOTS	 Deal with the roots of the finger applicable.
RECOMMENDATIONS	Perform all your actions from a heart of LOVE.
	•

NAME	FLUID RETENTION/OEDEMA (See the part of the body affected)
DESCRIPTION	Water retention can have causes that aren't due to underlying diseases.
GENERAL	 It indicates a devaluation conflict accompanied by a state of fear and insecurity in relation to life. It can indicate a devaluation conflict accompanied by a state of fear and insecurity in relation to life

	_	should be released, but the person does fear, resentment, or some other visceral
	What am I afraid of I	osing?
	Often occurs after twhich was our main s	the disappearance of a family member support.
	when there is a sl movement, since in the person and show real or symbolic. Fluid retention can be	y common that this symptom also arises nortage of money, or little economic the unconscious it relates to liquidity of as us the fear and worry or stress that is a annoying but everything is linked to the
	•	s of the person, or to a loss of it. I do not I lost my time. I need love, but I do not
ROOTS	Fear, insecurity.	
	Holding onto experie	nces.
RECOMMENDATIONS	Learn to let go and to	release.
		ows naturally and gives us what we need, trust the natural process of life.

NAME	FOREARM/RADIUS
DESCRIPTION	The art of the arm that goes from the wrist to the elbow.
	Includes ulna and radius bones.
GENERAL	Conflict of devaluation related to my radius of action. What I
	have at hand – home, profession, family etc.
	Diversion of the security perimeter around oneself. I give what
	I do not want to give.
	Conflict of great devaluation by sacred, spiritual and superior
	acts.
	Conflict of impotence against the work we do. Conflict related
	to a cousin, neighbour and friend for material reasons.
ROOTS	Insecurity in my actions.
RECOMMENDATIONS	Open and accept the changes and new experiences that life
	gives us. Occupy your own space.

NAME	FOREHEAD (See FACE)
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NAME	FRIGIDITY	
DESCRIPTION	•	Absence of pleasure in woman during sex. Failure to respond
		to a sexual stimulus and inability to reach orgasm.
GENERAL	•	The person has, since childhood had difficulties enjoying the
		pleasures of life and relationships.
ROOTS	•	Guilt, shame, fear of losing control.
RECOMMENDATIONS	•	Accept and understand own femininity and discover own
		needs. Grant yourself the right to have pleasure.

NAME	GALLBLADDER
DESCRIPTION	A small pear shaped organ located under the liver, that stores
	and concentrates bile aiding in the digestion of fats.
GENERAL	• In most cases there is a strong feeling of resentment, because
	something has happened within our territory in relation to
	how we communicate with other or vice versa and because of
	this we are experiencing a great injustice against which we
	cannot defend ourselves.
	Conflict of anger and wrath with feelings of being cheated.
	We feel we have lost our identity within the territory.
	 Conflict of not having the right to do what you want.
	I do not know who I am.
	My opinion is not worthy. I am not taken into account.
ROOTS	Resentment.
	Anger and wrath.
	Bitterness.
RECOMMENDATIONS	FORGIVE!

NAME	GALLSTONES
DESCRIPTION	Hardened deposit in the fluid of the gallbladder.
GENERAL	It is like a load of aggressiveness that is retained for use at the right time.
	 The gallbladder does not only participate in physical digestion of food but also has a role in the psychological digestion of events.
	Strong feeling of resentment. Something has happened within our territory in relation to how we communicate with other.
	Experiencing great injustice against which we cannot defend ourselves.
	Conflict of anger and wrath with feelings of being cheated.
	Lost our identity within the territory.

	Conflict of not having the right to do what I want.
	My opinion is not worthy.
	• Conflict of judgments with bitterness and repressed aggressiveness.
	 Not digesting something – bitterness, anger.
	Conflicting family situations of loss of territory for not taking
	decisions.
	Obsession with planning. Feeling frustrated if something
	unplanned arises.
	I can never make decisions in life.
	It did not go as I wanted.
	People with a rigid behaviour.
ROOTS	Resentment.
	Anger and wrath.
	Bitterness.
RECOMMENDATIONS	Maintain a softer attitude with others.

NAME	GANGRENE (See the part of the body affected)
DESCRIPTION	It is dead tissue caused by infection or lack of blood flow.
	Decay causes death and putrefaction of tissues.
GENERAL	The tissue is no longer useful and it is preferable to continue without it.
	 Life is removed from a part of the body and consciousness has departed from there.
	The person condemns the affected area for having done something shameful or against moral principles.
	Gangrene is the self-destruction of a negative person who
	lacks joy, is always afraid that the worst will happen, because
	they believe they deserve nothing.
	They prefer to stop in time and not go further.
ROOTS	Self-hatred.
	Shame.
	Guilt.
RECOMMENDATIONS	What is rotten in my life?
	Stop worrying about everyone and everything.
	Restore harmony and inner peace.

NAME	GASTRITIS	
DESCRIPTION	Inflammation of the stomach lining caused by infection, injury,	
	pain pills or too much alcohol.	

GENERAL	•	Indigestible conflict with great irritation.
	•	Indigestible setbacks in the territory.
	•	Prolonged uncertainty.
	•	Fatalistic feeling.
	•	Feeling of defeat.
ROOTS	•	Afraid and live "bitter" because we do not want to digest what
		is happening.
	•	Own anger burns us.
RECOMMENDATIONS	•	Realize that everything happens in due time.
	•	Learn to love.
	•	What happens around us and what others do must not alter
		us.

NAME	GASTROENTERITIS (See STOMACH, DIARRHOEA)
DESCRIPTION	It is inflammation of infectious origin that simultaneously affects the stomach and small intestine. It is characterized by vomiting, diarrhoea and abdominal pain.
GENERAL	 Conflict of urgency. We must eliminate a "bite" in bad state quickly and forcefully. It is a deep cleansing to release accumulated "dung" that can harm us. I want to cleanse and purify myself. I cannot digest the morsel imposed on me. I avoid it. A dirty play conflict we have suffered. Suffer from a feeling of anger and frustration at feeling unable to control the physical environment, and in particular professional. Conflict of visceral fear. We are not able to accept, digest and assimilate a person or an event. We are intolerant and it costs us greatly to adapt to someone
DOOTS	 or something that does not match our habits or our way of life. Stress, fear, anxiety.
ROOTS	· · · · · · · · · · · · · · · · · · ·
RECOMMENDATIONS	 Transform our intention of wanting to change others or particular situations. Each person has a different way of seeing life. We must learn
	to be tolerant and be aware of our own ability to create.

NAME	GENITALIA
DESCRIPTION	The genital system includes the sexual organs, sexual glands
	and the uterus. It is the physical system that allows
	reproduction and sexuality.
GENERAL	• It resembles the ability to create and produce in the material
	world.
	• Genitals reflect the tensions in relationships or their
	representations in ourselves.
	It expresses our difficulties regarding sexuality.
ROOTS	• Problems indicate insecurity, guilt or anxiety related to
	creative activity (children, ideas, etc.)
	Feeling of being invaluable and dissatisfied with what I do.
RECOMMENDATIONS	• Acceptance and identification with our own sexuality is
	necessary.

NAME	GLAUCOMA
DESCRIPTION	A group of eye conditions that can cause blindness.
GENERAL	 What have I lost at an emotional level in my childhood? There is a danger behind me and the target is very close. I see the approaching target. I want to achieve the goal, health, as quickly as possible. There is something in my life that I want to bring as soon as possible. Great anxiety for the immediate future. I refuse to see myself grow old. We have difficulty accepting something we saw in the past in our emotional life. We have felt hurt by the criticism of others and we could not forgive them. What is it that you do not want to see?
ROOTS	Fear and Anxiety.
RECOMMENDATIONS	 You need to relax so that the internal pressure decreases. You must feel the pressure in unshed tears and consciously relive the emotional memories, such as grief, and integrate. You need to free yourself from the past. Forgiving means to not blame anyone for our projections and take responsibility ourselves. The human being must integrate impressions collected from the outside as we project our way of being. It is our responsibility to become aware of the truth and recognize ourselves in everything we see.

NAME	GLOSSITIS (See TONGUE)	
DESCRIPTION	Inflammation of the tongue, causing pain and changes in the	
	texture or colour of the tongue.	

NAME	GOITER (See THYROID)
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NAME	GONORRHEA (See SEXUALLY TRANSMITTED DISEASES)
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NAME	GOLIT (See the part of the body affected)
	GOUT (See the part of the body affected)
DESCRIPTION	Gout is a metabolic disease associated with increased
	concentration of uric acid in the blood.
	It is an acute inflammation found in the joints (knees, elbows,
	hands) and the highest percentage of cases attacks the big toe.
GENERAL	When gout occurs, it means that we are experiencing an
	emotional conflict related to changes of direction in life.
	We are dedicated to something and we are seeing that it no
	longer suits us, but we are unable to change its course.
	• It usually affects people who are very masculinised, "tired" of
	life, desperate, who have a conflict, a tension between
	pleasure and duty, that is, they must do something they do
	not wish to do.
	• It may be a conflict of self-devaluation. "I want to go and my
	mother forced me to stay with her" "I do not want to miss a
	drop" "I will be almost destroyed by the vital relationship" "I
	quit my job because I do not earn enough, but if I leave that
	little will not have any money" "I want to dump my partner
	but I do not want to hurt her and also I may never find
	someone else for me"
	• The gout can also express a feeling of anger, a pain to
	someone or to something.
	Those affected are usually proud and boastful persons, with an
	irascible character, with great need to dominate (although the
	right to do so is not granted) and very impatient, which makes
	them always in tension.
ROOTS	Aggression.
	• Anger
	• Pride.
RECOMMENDATIONS	You need to learn to digest what bothers you and transform
	aggression.
	 You must be consistent and show yourself as you are.
	· · ·

I make decisions and carry them out.
I accept that I can do what I want.
I believe in myself and my abilities.

NAME	GRINDING
DESCRIPTION	 Grinding of the teeth or clenching of the jaw that occurs
	either during day or night.
GENERAL	 Grinding expresses an unconscious anger and sorrow that
	rises to the surface.
	 A repressed anger is often expressed at night.
	 Physical expression of my sorrow and my repressed
	aggression.
	I refuse pleasure.
ROOTS	• Anger.
	• Sorrow
RECOMMENDATIONS	Deal with the issues in your life.

NAME	GYNAECOLOGICAL LOSSES	
DESCRIPTION	 Relating to the branch of physiology and medicine which deals with the functions and diseases specific to women and girls, 	
	especially those affecting the reproductive system.	
GENERAL	• They can be odourless losses or smelly, nauseating losses.	
	• There is something abnormal in my family. Someone behaves strangely, outside the rules.	
	• When it comes with loss of blood, without having the period, it means I want to leave this family and leave home at once, flying the nest.	
	• I want a person to disappear from my privacy, go from my house.	
ROOTS	Brokenness in the bloodline.	
RECOMMENDATIONS	Look into the bloodline for legal rights.	

NAME	HAEMORRHOIDS (See ANUS)
DESCRIPTION	Haemorrhoids (also known as piles) are swollen and inflamed veins in the rectum or anus. Typical symptoms are pain, itching
	and bleeding around the anal area.
	They are the effects of dilated, inflamed veins in the rectum
	and anus, often associated with constipation.

GENERAL	•	It indicates pressure created by emotional states and fears we
		do not want to display or speak about.
	•	Tells that we are forced into a situation.
	•	The person feels obliged to do something, such as performing
		a task we do not like.
	•	The person demands too much of himself and forces himself
		to finish a task because of material insecurity and difficulty
		making decisions.
	•	We are under excessive commitment that we do not want to
		deny. We are overloaded, ready to "explode".
	•	Animals smell each other's anus to know their identity, gender,
		hormonal status, etc.
	•	Haemorrhoids show conflict in our territory of identity. "Who
		am I?" "My family does not recognize me."
	•	Conflict of separation and loss within the family. "What is my
		role in this family, house, clan?"
	•	Cannot forget or forgive "dirty play" committed towards us.
		Holds onto the past.
	•	Also related to marking my territory. "Where is my place?" "I
		am forced to place my ass in another seat."
	•	Fear of being abandoned by the mother or not done mourning
		for the mother. I do not want to go home. It sucks at home.
	•	In pregnant woman – "What will my place be now that my
		child is coming into the world?" Am I wife or mother?
	•	Haemorrhoids are usually manifested in insecure people
		suffering from distrust and anxiety about the future and tend
		to "keep things".
ROOTS	•	Unforgiveness.
	•	Fear and anxiety.
	•	Insecurity, distrust.
RECOMMENDATIONS	•	Force yourself to "do" rather than to "have". Find ways to
		relax. Drop and let go of everything. Express what you feel.

NAME	HAIR	
DESCRIPTION	Hair is a projection of the individual, their roots, their ideas and their personality. It is the carrier of our memories and therefore reflects or expresses our deepest beliefs.	
GENERAL	Hair symbolizes freedom and power.	
	There is also relationship between fears and hair.	
	It also represents image I have of myself.	
	Conflict in the hair represents that I cannot be myself.	

	•	Dandruff speaks of separation conflict, accompanied by a sense of injustice.
	•	If there is hair loss we live conflict on the intellectual level.
		 Separation from our father because of an unfair
		situation.
		 Not recognized by our father.
	•	Baldness means I am living a conflict of separation from my
		family, besides an intellectual downgrading situation.
		 Or after a separation conflict accompanied by a
		devaluation and a loss of protection.
		 Something or someone that horrifies me.
ROOTS	•	Fear.
	•	Not recognized.
RECOMMENDATIONS	•	Overcome fear.
	•	Build a loving relationship with God.

NAME	HALITOSIS
DESCRIPTION	An unpleasant odour that comes out of the mouth.
	Bad breath.
GENERAL	It's cause is in the emotions.
	 Occurs when someone has been hurt and has a great inner pain.
	Halitosis expresses that our attitudes towards others are not entirely correct.
	 Manifests itself in people who frequently speak evil of others. They do not always have good intentions and they tend to think bad of situations, people etc.
	Individuals who easily get angry, are spiteful and maintain thirst for revenge.
	Might also be that a person is exhaling disgust that he/she feels for some poorly digested situation and cannot speak.
	Symbolically it shows that we are rotting inside.
ROOTS	 Bad smell is due to the accumulation of unwholesome thoughts of hatred, anger and revenge, directed towards who has caused the damage.
RECOMMENDATIONS	Practice forgiveness toward those who have accused and hurt you.
	it will allow our thoughts of revenge and separation to be
	healed with acceptance and absolute responsibility for our feelings.

NAME	HANDS
DESCRIPTION	One of the most sensitive and "in movement" organs in the body.
GENERAL	 They are the means by which we express ourselves, the outward manifestation of the inner capacity to handle our reality and experiences. Fingerprints are unique to each individual.
	Warm hands – warm contact.
	 Cold hands – Coldness, little desire to establish contact, refusal to release love and affection. Open hands – Peaceful gesture of openness.
	 Twitching hands – Nervousness, fear. Hands are used to give, take, touch, feel, protect, reach someone, show force, attack, hurt. Hands are the extension of the heart.
	 Problems in the hands means we have a problem in our ability to do something with precision and skill and do not love what we do with our hands.
	 The person does not feel up to it to perform a certain task. He lacks skill and confidence in his actions.
	Fear of making mistakes. **The control of the
	• "I hate what I do." "They forced me to do this." My work does not please me." "I hate this job."
	 Palm – represents the fitness of the father as parent. It represents the devaluation and inability to assume a role, task. "I miss being with my children since I am doing my work."
	 "Maybe my father does not like my job." I do not grant myself permission to act or feel unable to act.
	 The person expresses to maintain a relationship of domination, power, possession or indicate a need to take, push or dominate people, maybe out of fear.
	• Left hand – related to the ability to receive. Can I receive in love? Do I deserve what I get? Do I have to give something back?
	 Right hand – related to inability to give. Do I give as a duty, because I am required to give? Are others abusing my difficulty to say "no"? What prevents me from acting?
ROOTS	Insecurity regarding love and performance.
	Let love be the base of all your actions.
RECOMMENDATIONS	Let love be the base of all your actions.

NAME	HASHIMOTO DISEASE (See HYPOTHYROIDISM)
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NAME	HEAD/HEADACHES
DESCRIPTION	 The head is the upper part of the human body, containing the brain, mouth and sense organs. Headaches is a painful sensation in any part of the head, ranging from sharp to dull pain that may occur with other symptoms.
GENERAL	 Separation and loss of protection in a climate of self-devaluation in relation to the father and accurate or intellectual moral or religious issues. Wanting to control everything to hide their own fears. Mental effort to find solutions. Conflicts related to shame. Conflict of not being recognized by the father. Notion of feeling dirty Fear of losing something or someone – my spouse, my job, etc. Means I am a totally superficial person and attached to material goods. I care much what people say. Headache: The head is the organ that most quickly reacts to pain. When I do not accept certain thoughts, ideas or feelings that bother or distract me, when I feel upset or depressed in my family or professional world, when I'm overly concerned or stressed, all these tensions will manifest in my body through headaches or migraines. Pain in forehead – something of the future worries me and my impatience overwhelms me. I tend to want to control everything. Also expresses that I am a person who usually plays dumb (pretend to be unintelligent or unaware of things in order to deceive someone or gain an advantage). Having a hard time understanding things. I have little concentration and have total indifference to learn, grow, and change. I repeat all the time that something not for me, that I would never be able to do this or that, I'm stupid, I'm slow. Others need to bear with me. I need others to teach me at my own pace.

- I try too hard to understand and capture all possible information without giving myself time to reflect and assimilate.
- o I am an intelligent person, but I boycott myself.
- Pain in neck or nape unable to manifest our desires, ideas, concepts.
 - Find myself living in a situation that leads me to strong pressure.
 - It happens to rational people with a desire for power which only give importance to the intellect. Always appear when I am in a conflict or uncomfortable situation and I will not point at it directly.
- At the top of the head SELF PUNISHMENT.
 - Angry with ourselves for not rising to our own requirements.
 - Something happened where I could not or have not been myself. I could not decide or I have acted differently from how I usually act. We devalue and accuse ourselves of not being smart enough.
 - Cannot find the right answer I am very stubborn.
- Headache with prickling or exploding feeling I am a spiteful person and hide from others what I really feel.
 - Live in a constant fear that others judge or criticize me.
 - Feigning fear to not be accepted or loved as I am, so no-one will realize. I must show myself as strong and serene and very calm.

Tension cephalea:

- Oppressive pain like a helmet on the head. Usually affects the two halves of the head and begins in the front. Unlike migraine, those affected are not bothered by light or noise.
- Sufferers are those who hide things they do not want to face in reality, acting as if nothing has happened, as if there are no problems.
- They live drama like everyone else, but their defence system is to deny everything.
- They deny their emotions or their negative experiences and try to leave their troubles aside. "At the end of the day it is not so bad, not worth worrying about."
- They have a rigid character and continually try to prove everyone that nothing "wrong" is happening to them.

ROOTS

• Deal with the above roots of the condition applicable.

RECOMMENDATIONS

- Must learn that life is as it is, and I must adapt.
- I must learn to delegate responsibilities.

•	When things must change, I must be able to change them, that
	is, to take action.
•	Become aware of your negations and stress, and accept and
	express emotions and internal conflicts.

NAME	HEART/HEART ATTACK
DESCRIPTION	 A sudden occurrence of coronary thrombosis, typically resulting in the death of a part of the heart muscle and sometimes is fatal.
GENERAL	 The heart is affected by mind-body connection. When a person is startled, traumatized or victimized the heart rate increases in response to the stressor. Symbolically, the heart is considered the family home of those who carry the same blood. The centre of love, associated with the full range of feelings from affection, compassion and tenderness, to grief, loss and foor.
	 fear. Heart problems show devaluation conflict by failing to defend our territory – home, family, couples, children, work etc. Veins of the heart (coronary veins) show we are suffering or have suffered a significant loss of territory and specifically in any heart matter.
	 Suffered a conflict/attack in his territory but does not try to solve it. Rather adapts to the conflict. Heart is affected by mind-body connection. Suffered a conflict in his territory – heart attacks – does not try to solve it – adapts to the conflict.
ROOTS	 Self-rejection, self-bitterness and self-hatred. Anger, Rage and Resentment. Fear, stress, anxiety.
RECOMMENDATIONS	 Stop pursuing external validations such as money, power, recognition etc. to enhance your value and self-esteem. Devote more attention to love and the feeling of joy. Learn to develop love for themselves, accepting and focusing on themselves as unique spiritual beings. Should change your idea of how to express love and how others express it. Should not have expectations about love and enjoy their

NAME	HEMATURIA (See BLADDER)	
DESCRIPTION	Blood in the urine.	

NAME	HEMITHORAX
DESCRIPTION	• It is the accumulation of blood in the space between the chest wall and the lungs.
GENERAL	"I protect myself from my family."
	 "I need my family, father, mother, etc."
	 "When my family is present, I feel good."
ROOTS	Unlovingness, Fear.
RECOMMENDATIONS	 Learn to become independent of people and dependent on God.

NAME	HEPATITIS (See LIVER)
DESCRIPTION	An inflammatory condition of the liver caused by an infectious agent that affects the entire body with fatigue, weakness, loss of appetite, fever and abdominal discomfort.
GENERAL	 Hepatitis A: I know this toxicity. I know what it is and where it comes from. Conflict of rancour in relation to a real or imagined vital lack.
	Hepatitis B:
	I feel that something is toxic.
	I am aware that something is infecting me but I cannot identify
	where it comes from.
	I feel like a stranger, am misunderstood and rejected by my peers.
	Hepatitis C:
	They are poisoning me.
	I do not know against who I am resentful.
	I am resentful against everybody.
	I am afraid of the unknown.
	I must clear my mind of toxic thoughts.
	I must live in peace and love.
ROOTS	• Stress
	Fear
	Anxiety
RECOMMENDATIONS	Overcome fear and anxiety.

NAME	HEREDITARY DISEASE (See the specific disease)
DESCRIPTION	Genetically transmitted or transmittable from parent to children.
GENERAL	A hereditary or congenital disease may be due to a conflict or project in transgenerational sense.
	• It is a program that protects us from an alleged particular situation that caused damage to our ancestors.
	It also serves to liberate the parent of the burden of conflict.
	 It may be conflict shared by both parents, or just one, but with a shade too strong.
	When a person has what scientific medicine qualifies as a
	hereditary disease, it is because this individual has the same
	way of thinking and living than his/her father .
	The unborn choses the sickness because they both need to
	learn the same lesson.
	 The child often accuses the father and tries to do everything possible to not be like the parent.
	Apart from feeling uncomfortable, you may experience guilt.
ROOTS	Generational.
RECOMMENDATIONS	• First thing is to be responsible and <i>accept</i> his/her choice,
	because his/her BEING provides an opportunity to take a <i>big</i>
	<i>leap</i> in his/her spiritual evolution.
	Until acceptance is not made in LOVE, the disease will be
	transmitted from one generation to another.

NAME	HERNIA
DESCRIPTION	The abnormal exit of viscera or a part of the cavity that contains it.
GENERAL	It manifests the end of a family, professional, social relations, etc.
	 The affected person wants to go out of a situation in which he feels cornered, can't find the solution to what worries him.
	• The person is going through a break-up or separation and fears to lack some material elements.
	 Can happen after an experience of sexual nature. Perhaps the person is attracted to someone other than his partner and desires another partner.
	Hernia occurs in women who have lived difficult births and are tired of C-sections or labour pains.
	• It also happens when a person is forced to perform an activity which feds him up.
	Left side – "I would, but I dare not."

	•	Right side – "I have done it, and regret it. I feel guilty."
ROOTS	•	Stress, Fear, anxiety.
	•	Guilt.
RECOMMENDATIONS	•	To leave the situation you must be absolutely clear what you want and do whatever it takes to get it.
	•	Trust the commitments and establish courageous connections.

 An intervertebral disc is a flat, round structure that is located between each pair of vertebrae of the spine and surrounding substance. These discs have flexibility and allow movements of the spine. The "pressure" of the vertebrae is transmitted over the gelatine and part of it is poured, which reduces the damping effect and causes quite severe pain in the immediate nerves forcing the affected person to stay at rest. The person feels under pressure exerted by herself, in an attempt to do or be something more than it is. The hernia could express our desire to "break" with that rule or rebelling against that structure. Happens in people who give more turns to an issue, because they have difficulty making decisions.
 attempt to do or be something more than it is. The hernia could express our desire to "break" with that rule or rebelling against that structure. Happens in people who give more turns to an issue, because
 They crave to get out of situations, but cannot find the exit. They are "stuck" and "paralysed" because they feel unable to decide and move forward. What will I do with my life? It shows a conflict of depreciation corresponding to the emotional problems of the two vertebrae involved. Am I a bad sexual partner? Am I up to the job? Can I support myself? What makes me a prisoner? Why am I stuck? Am I a buffer between two loved ones?
ROOTS • Pressure and rebellion.
• Acquire the habit of deciding more quickly and do not expect support from others or expect all circumstances to be safe and perfect.
 "A person who never made a mistake, never tried anything new." (Albert Einstein) Every difficult situation contributes to our growth!

NAME	HERPES/COLD SORES
NAME DESCRIPTION GENERAL	 A skin infection caused by a virus. It is dormant and is manifested in certain circumstances. It's symptoms are itching and small blisters producing burning. These become yellowish crusts. It usually manifests around the mouth and genitals, at the boundary between skin and mucosa. Separation conflict or lack of contact with parent or spouse. Mucosa refers to something internal, intimate. Waiting to be kissed/loved OR do not want to be kissed. Guilt for kissing someone who is not my partner. It manifests when there is disgust towards something/someone. Herpes is the perfect excuse for not kissing others with whom we are angry because of humiliation. Judgmental thoughts. Cold sores – Vesicles on the lips accompanied by pain that causes tension, pulling, tingling or burning. Physical manifestation of inner contradiction – wants something that attracts us but at the same time we are afraid of it. Can be caused by harsh judgment against someone of
	the opposite sex that has not been expressed, but retained on our lips, in our expression. Cold sores can also say that the person has not received enough kisses. "I am waiting for a kiss." "I would have liked to be kisses, but it is not possible." Genital or buttocks herpes — occurs in people who have received in their childhood a puritanical and repressive education. They are most intimate people.
	 Indicates dissatisfaction or sexual guilt with many regrets. "I cheated on my wife, but I love her." "I kissed someone else and do not know how to tell my boyfriend." Dirt and separation conflict. "I feel dirty because I have been kissed."
ROOTS	Separation, unlovingness, rebellion, humiliation.
RECOMMENDATIONS	• Express things when and how we should, rather than hold them and later say them with confusing and ambiguous language.

NAME	HICCUPS
DESCRIPTION	• Involuntary, rhythmic spasms of the diaphragm muscle, causing a sudden sharp sound as the vocal cords close.
GENERAL	 Difficulty to stop doing something, or Forced to stop doing something. Things are going too fast for me. Wait! I must decide between two options but can't make a choice. I am confused. At crossroads.
ROOTS	Suffering from mental agitation.
RECOMMENDATIONS	Relax and trust God.

NAME	HIPS	
DESCRIPTION	The area on each side of the pelvis, allowing for a wide range of movement and supporting the body weight.	
GENERAL	 Hips represent the deepest beliefs about the way we understand our relationship with others and with the world and the way we live. It represents how you stay in your position. Hip problems mean you are living an emotional conflict in which it is difficult to maintain your position. Perhaps nobody obeys you. Maybe your children do what they want and ignore you. Maybe no one phones or visits you or celebrate your birthday as they did before. Lost your place in the family, lost your identity and strength. I cannot fight. Anger of symbolic opposition and repressed anger, resentment, injustice (bladder is affected). When your hip hurts more when you stand, you are weak to take and maintain decisions. Shen pain increases when sitting or lying down you do not allow yourself to rest because you think it will make you appear weak before others. If there is a big secret in my family, this conflict can be transformed into hip osteoarthritis. I cannot handle the burden of my mother. Great impairment due to a deep feeling of loneliness. Do not feel accompanied and supported. Desire or fear in relation to excesses, especially those related to alcohol and sex. They have doubts and give up because they believe they will not succeed. 	

	•	Fear of taking important decisions.
		· .
	•	Fear of changes due to lack of confidence in their own forces .
		Nowhere to move.
	•	I must not, I have no right, do not deserve, it is useless forward.
ROOTS	•	Unworthiness.
	•	Fear.
RECOMMENDATIONS	•	Overcome fear and accept yourself.

NAME	HODGKIN LYMPHOMA (See LYMPHATIC SYSTEM and CANCER)	
DESCRIPTION	Cancer of the lymphatic system (defence area of the body).	
GENERAL	• It is the progressive and painless increase of the quantity of lymphoid tissues.	
	• Conflict of very precise devaluation accompanied by a deep anguish and fear of the future.	
	 It is a regret that we have been suffering because of an accumulation of troubles caused by a person or situation, which we dare not express, nor face, or are blocking. 	
	"I feel attacked and trapped in a corner."	
	"I want to defend myself and seek protection." We feel discrimated and adent an attitude of not showing use.	
	 We feel disoriented and adopt an attitude of not showing us as we are. 	
	 We represent a character that does not correspond to our inner reality, renouncing our needs and intentions, because we feel that others will reject us and would not love us if they happen to really know. 	
	The person loses enthusiasm and vitality.	
	 Against who or what do I need to defend myself so vehemently? 	
	What is the enemy?	
ROOTS	• The person is perhaps his own enemy and feels worthless.	
RECOMMENDATIONS	• Stop all activities we have been doing and change our life and thinking.	
	• Increase the level of awareness, both external and internal.	
	Try to find love without limits.	

NAME	HORMONES		
DESCRIPTION	The body's chemical messengers, affecting growth,		
	development, metabolism, etc.		
GENERAL	• Produced by endocrine glands – pineal, pituitary, pancreas,		
	ovaries, testes, thyroid, hypothalamus, adrenal. Hormones:		

	•	Insulin, estrogen, progesterone, Testosterone, serotonin, Cortisol, adrenaline, growth hormones. Strong emotional thoughts in cerebral cortex trigger hypothalamic responses that recreate feelings of danger, fear, etc.
	•	Hypothalamus gland responds to thoughts and environment.
ROOTS	•	Depression
	•	FEAR
	•	Stress
	•	Anxiety
RECOMMENDATIONS	•	Return to your First Love.

NAME	HYPERACTIVITY/ADHD
DESCRIPTION	A chronic condition including attention difficulty, hyperactivity
	and impulsiveness.
GENERAL	I must move because if I stop, I will die.
	• If we have the responsibility to replace a forgotten dead, we
	need to move to stay alive.
	• Transgenerational, ghostly conflict. I need to bring life to a
	deceased.
	• If I sit and don't move, I will die. If I stay in one place, I will die.
	I must move in order to not die.
	• When there is conflict during pregnancy, the foetus must
	move to indicate that it is alive. If I do not move, I die.
	• Sometimes it may be the mother who could not move during
	pregnancy and the child repairs it.
	• Stress from something we could not hear, for example during
	pregnancy I listened to too many tips on how to raise the baby.
ROOTS	Restlessness.
RECOMMENDATIONS	Search for legal rights in the bloodline.

NAME	HYPERGLYCEMIA/HIGH BLOOD SUGAR
DESCRIPTION	High blood sugar can have causes that aren't due to underlying disease.
GENERAL	 Whenever your tissue is being attacked by white corpuscles (witbloedliggaampies), you have an autoimmune disease. Whenever you have neurological misfiring that interfere with the processes, you have stress, fear and anxiety. They are similar, but there are two different spiritual roots behind it. Diabetes is an autoimmune disease like rheumatoid arthritis.

	• Interferes with the ability of the <i>pancreas</i> to produce enough <i>insulin</i> , or interferes with the ability of the body to use the insulin it has produced.
ROOTS	 It comes from the Unloving Spirit. Self-hatred. Self-rejection. Guilt. It has a Fear, Anxiety and Stress rider to it.
RECOMMENDATIONS	 Overcome fear and anxiety. Return to your First Love and allow Him to heal wounds due to unlovingness.

NAME	HYPERHIDROSIS
DESCRIPTION	Abnormal, excessive sweating involving the extremities, underarms and face, usually unrelated to body temperature or exercise.
GENERAL	 It is a sign of elimination of toxins, dirt, rather mental than real. On emotional level the person lives in a climate of fear, instability and danger - consciously or unconsciously. A sense of having fallen into a trap of being in a network and unable to leave. The viscous secretion is a biological reaction of survival, like a fish out of water, to fend off his/her opponent or predator. I feel like I was caught in a trap. I do not want anyone to catch me. I am in a situation of fear. Afraid to express emotions, to be judged by others.
ROOTS	Fear, desire to escape.
RECOMMENDATIONS	Allow Jesus to heal wounds from your past.

NAME	HYPEROPIA (See EYE PROBLEMS)
DESCRIPTION	A vision condition in which nearby objects are blurry.
	It prevent us from sufficiently seeing the near objects, but we
	can see more clearly over long distances.
GENERAL	 In hyperopia, the visual image is focused behind the retina, rather than directly on it. This physical phenomenon can be of physiological origin because the eye is too short. You need to see well from afar. The farsighted person is the watchman. The eyes accommodates to see in the distance. Fear, anxiety for future events, because the danger comes from afar.

	•	I refuse to see what's next to me. I want to escape a part of reality.
	•	Right eye – I worry so much for the future of my family.
	•	Left eye – I feel uneasy about my future.
ROOTS	•	Fear.
	•	Worry.
RECOMMENDATIONS	•	The eyes are the lamp for the feet. Look at life from God's perspective.

NAME	HYPERTENSION/HIGH BLOOD PRESSURE
DESCRIPTION	 High blood pressure is a common condition in which the long-term force of the blood against the artery walls is so high that it may eventually cause health problems, such as heart disease. When the heart beats, it pumps blood into the arteries creating pressure which is necessary for blood to circulate throughout the body.
GENERAL	 The person experiences a devaluation conflict regarding his family. Lack of recognition by his family. Central arterial hypertension in men affects the ventricles of the heart that are responsible for pumping blood hard to reach to the farthest ends of the heart. Peripheral arterial hypertension in women affects the atria and the valves that regulate the entry or exit of blood from the heart. These people are very emotional and are influenced by the past, and constantly remember emotional wounds that have not healed or been resolved. A feeling of being threatened with harm and think you have to be constantly prepared for danger. The person lives in great tension because of his eagerness to find solution to his problems, but cannot find a way out because he does not dare to deal with conflict. He has difficulty taking action. Fear of Death. Inner pain in relation to love. I have been disappointed in love and I closed my heart. Maybe you were cheated and no longer believe in love or you maybe feel too old to find a new love.
	 People with high blood pressure are always projecting into the future what could go wrong.

- All the worry is to get you to violate the Scripture. You are worrying, taking thought for tomorrow and the enemy is training you to be afraid. He does not only give you thoughts and feelings, he is going to make you feel like it's really you.
- After a period of time, that thought, through protein synthesis, will permanently become part of your biology.
- Then, not only have you been tempted, you have the law of sin working as part of your existence.
- As you become one with worry, the mind-body connection, through the limbic system, puts things in motion.
- The hypothalamus integrates a pathway to produce all kinds of neurological misfiring.
- The central nervous system, endocrine system, and homeostasis, are affected until finally you are like a scarecrow flapping in the wind of a hurricane. All because you believe that is who you are, and physiological manifestations are occurring to prove it.
- An imbalance of the sympathetic nervous system occurs.
- This causes the cell membrane of the cardiovascular system to narrow and the vessel is not wide enough to accommodate the volume of blood.
- That increases blood pressure, so you take a drug called a beta blocker, which opens up the blood vessels and it appears that you are out of danger.
- But, do you still worry? Do you still have fear? YES!
- Have you been sanctified? Are you a doer of the Word? NO!
- You are only being maintained by the same kingdom that gave you the disease.
- **Strokes** is the result of clogging of blood vessels so the brain tissue is blood-starved.
 - This is known as cerebrovascular insufficiency, interfering with the function by cutting off a part of its blood supply.
 - When you do not like yourself, clogging of the arteries is the immediate fruit physiologically and the body might conform to that image very quickly.

ROOTS

- Fear.
- Anxiety.
- Stress.
- Self-rejection.
- Self-bitterness.
- Self-hatred.
- Self-accusation.
- Guilt.

You can prevent and defeat high blood pressure if you RECOMMENDATIONS understand how this kingdom of darkness speaks to you. You must be honest with yourself. Self-accusation and guilt are going to hammer you, then you are going to go into denial because you don't want to face your battleground. "Out of sight, out of mind" is not a spiritual principle. Denial exposes you to the enemy. God want you to be awake and alert. He instructs us to hold every thought captive. He's called you to redefine and look at every fabric of your personality. Are these thoughts it really of God? Did you inherit it? Do you really understand the source of your thoughts? There is a big debate over whether or not a Christian can have an evil spirit. The misunderstanding is regarding possession versus servitude to sin. The evil spirit could be inside, outside or on Pluto with a megaphone - the point is you are listening to the voices!. Being born again doesn't make you immune to evil spirits. The only way your soul knows anything is through theta or beta brainwave activity - satan's invisible spirit world knows this. The only way it can access or influence your thinking is through temptation. It has to materialize in the physical world, where you can see it and perceive it through your five physical senses through beta, or it speaks to your spirit. You hear it and apprehend it by thoughts, impressions and

NAME	HYPERTHYROIDISM/GRAVE'S DISEASE (See	
	AUTOIMMUNE DISEASES)	
DESCRIPTION	An over-secretion of thyroxin.	
GENERAL	• It produce goitres and swelling of the eyes as well as palpitations and tremors.	
ROOTS	It is an ANXIETY Disorder.	

brainwaves.

feelings, through theta brainwave activity. Your soul is the bridge. There is no entrance to it except through these two

	•	The UNLOVING SPIRIT produces feelings of not being loved, not accepted, self-rejection, self-hatred and self-bitterness, coupled with guilt.
RECOMMENDATIONS	•	Allow Jesus to heal wounds inflicted because of unloving relationships. Learn to trust in Him.

NAME	HYPOGLYCAEMIA (See PANCREAS)
DESCRIPTION	 Low blood sugar. Blood sugar is the body's main source of energy. It is a condition of the pancreas that occurs after an abnormal decrease in the concentration of glucose in the blood. This is the contrary case to diabetes.
GENERAL	 Symptoms that warn us of this imbalance are a desire to take sweet things, dizziness, palpitations, pallor, cold sweat. It indicates that there are difficulties of receiving and of accepting love. There may be a feeling of not being entitled to love. It may express a conflict of disgust, with anguish. It can manifest in children who have not been desired by the mother and at the same time, the father was absent. The patient is overwhelmed by burdens. He/she cannot get the correct dose of sugar. Hypoglycaemia can also occur in people who have given so much that they have nothing left for themselves.
ROOTS	Unworthiness.Rejection.Unlovingness
RECOMMENDATIONS	Recognize the lack of love and sweetness and find the required dose for the heart and life.

NAME	HYPOKALAEMIA/CUSHING'S SYNDROME (See organ
	that causes potassium loss)
DESCRIPTION	The most common reason that potassium levels fall is due to
	the loss from the gastrointestinal (GI) tract and the kidney.
	May also happen if a person has Cushing's Syndrome, which
	is caused by high cortisol levels.
GENERAL	Potassium loss from the GI tract may be caused by:
	Vomiting:
	Surprisingly, the potassium loss that accompanies vomiting is
	only partly due to loss of potassium from the vomit.

- Vomiting also has the effect of provoking an increase in potassium loss in the urine.
- Vomiting expels acid from the mouth, and this loss of acid results in alkalization of the blood. (Alkalization of the blood means that the pH of the blood increases slightly.) An increased blood pH has a direct effect on the kidneys. Alkaline blood provokes the kidneys to release excessive amounts of potassium in the urine. So, severe and continual vomiting can cause excessive losses of potassium from the body and hypokalaemia.

Diarrhoea:

- Diarrhoea and vomiting can be produced by infections of the gastrointestinal tract. Due to a variety of organisms, including bacteria, protozoa, and viruses, diarrhoea is a major world health problem.
- Diarrhoea results in various abnormalities, such as dehydration (loss in body water), hyponatremia (low sodium level in the blood), and hypokalaemia.

Laxatives:

- Diarrhoea due to laxative abuse is an occasional cause of hypokalaemia in the adolescent or adult. Enema abuse is a related cause of hypokalaemia.
- Laxative abuse is especially difficult to diagnose and treat because patients usually deny the practice.
- Laxative abuse is often part of eating disorders, such as anorexia nervosa or bulimia nervosa. Hypokalaemia that occurs with these eating disorders may be life-threatening.

Ileostomy:

 In some patients who have had bowel surgery and have an ileostomy, the stool output can contain significant amounts of potassium.

Villous adenoma:

 A type of colon polyp that can cause the colon to leak potassium.

Prolonged fasting and starvation:

 In most people, after three weeks of fasting, blood serum potassium levels will decline to below 3.0 mM and result in severe hypokalaemia.

Causes of potassium loss from the kidney: Elevated corticosteroid levels, either from medication like prednisone or from an illness like Cushing's Syndrome. Also, can have a calcium/potassium leak which is a rare kidney disease. Elevated levels of aldosterone, a hormone that can increase with renal artery stenosis or adrenal tumours. Renal tubular acidosis. Low body magnesium levels. Alcoholics, patients with AIDS, and those who have had bariatric surgery have a higher incidence of hypokalaemia than others. Low potassium is often a potential complication of medication. For example, patients with high blood pressure who are being treated with diuretics such as hydrochlorothiazide or furosemide (Lasix) often have their potassium levels monitored Over the short-term, with self-limited illnesses like gastroenteritis with vomiting and diarrhoea, the body is able to regulate and restore potassium levels on its own. However, if the hypokalaemia is severe, or the losses of potassium are predicted to be ongoing, potassium replacement or supplementation may be required. These are the signs of potassium deficiency: Extreme weakness of the body and, on occasion, paralysis. Paralysis of the muscles of the lungs results in death. Extreme fatigue. Muscle spasms, weakness, or cramping. Irregular and abnormal heartbeat (arrhythmia) - Can lead to death from cardiac arrest. Constipation, nausea, vomiting. **ROOTS** Deal with the roots of the organ or condition causing potassium loss. **RECOMMENDATIONS** Learn to cope with the normal stressful situations in life. Trust in the Lord with all your heart •

NAME	HYPOPHYSIS/PITUITARY GLAND	
DESCRIPTION	Endocrine gland situated at the base of the skull behind the	
	nose.	

•	It secretes hormones that are responsible for the regulation of
	the other glands.
•	It is the director of the glandular system and the link between
	the brain and the higher mind.
•	The center of command.
GENERAL •	Problems indicate a blockage between the material world and
	the spiritual world.
•	The person does not accept the divine part of the human being
	and especially not his own.
•	Lack of control.
•	Lack of confidence in ourselves, our abilities, etc.
•	Anterior – has to do with growth hormones. Regulation of
	minerals, nutrients, influences bone growth, formation of new
	tissue, stimulate adrenals, which stimulates the thyroid with
	the gonads (ovary and testis) and with prolactin for production
	of breast milk.
	 Experiencing emotional conflict in which they feel
	incapable of catching the prey (goals).
	 They feel too small, stupid, incapable.
	 Unable to achieve something
•	Posterior – related to the antidiuretic hormone that regulates
	body fluids and oxytocin, which starts childbirth.
	 Analyse the genealogical tree for the "dead" because
	we are lying.
ROOTS	Lack of confidence.
•	Insecurity.
RECOMMENDATIONS •	Increase confidence and self-esteem.
•	Learn to recognize your abilities.

NAME	HYPOTENSION
DESCRIPTION	Low blood pressure.
GENERAL	Causes a person to feel weak, tired, uninspired.
	I have had enough.
	I want to give up.
	Allowing others to take charge and make decisions for me.
	Tension and feeling of unhappiness.
	Finds it difficult to communicate.
	A child would take responsibility for the fights of the parents.
ROOTS	Emotional stress.
	Fear.
	Insecurity.
	Victimhood.

	•	Self-neglect.
RECOMMENDATIONS	•	Learn to cope with life.

NAME	HYPOTHYROIDISM/HASHIMOTO'S DISEASE (See
	THYROID and AUTOIMMUNE DISEASES)
DESCRIPTION	A condition caused by the thyroid gland not producing enough thyroid hormones.
GENERAL	 Hypothyroidism in its advanced stages is called Hashimoto's disease It is the manifestation of lowered levels of thyroxin being secreted by the thyroid.
	 The thyroid is directly affected by stress, causing an undersecretion of thyroxin. The opposite is GRAVE'S DISEASE (Hyperthyroidism), which is an over-secretion of thyroxin.
	 It produces goitres and swelling of the eyes and causes palpitations and tremors. ANXIETY disorder.
	The UNLOVING SPIRIT produces feelings of not being loved, not accepted, self-rejection, self-hatred and self-bitterness, coupled with guilt.
ROOTS	Self-hatred, self-rejection and guilt.
RECOMMENDATIONS	Eliminate FEAR, ANXIETY and STRESS, and the thyroid will kick back into balance and begin to secrete thyroxin correctly again.

NAME	ICHTYOSIS (See SKIN)		
DESCRIPTION	A group of skin disorders characterized by dry, scaly or thickened skin.		

NAME	ILIAC CREST (See HIPS)
DESCRIPTION	• It is the top edge of the wing of the ilium, which extends to the margin of the greater pelvis.
GENERAL	Sexual conflict.
ROOTS	Making sex is dangerous.
	Conflict of rejection and/or contempt of the couple.
	I am not happy next to my partner. My partner is stupid.
RECOMMENDATIONS	Restore damaged relationships and deal with unresolved
	issues.

NAME	IMMUNE SYSTEM (See AUTOIMMUNE DISEASES)
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NAME	IMPATIENCE
DESCRIPTION	A tendency to be quickly irritated or provoked.
GENERAL	Need to finish something to stop feeling unprotected.
	Perfectionist conflict.
	• As I will never be perfect, I must accelerate time to infinity (I will never finish).
	• Time conflict: "I want to do better and faster to recover my
	time." "I want to do better, and faster."
	• Impatience denotes an internal stress, insecurity and tension
	that makes us unbalanced.
	• We become more irritable, more expeditious in what we have
	to say or do.
ROOTS	• Stress.
	• Insecurity.
RECOMMENDATIONS	• God has given us patience as a fruit of the Spirit.

NAME	IMPETIGO (See SKIN)	
DESCRIPTION	Highly contagious skin infection that causes red sores on the	
	faces of mainly infants and children.	

NAME	IMPOTENCE
DESCRIPTION	• A disorder characterized by the inability to have intercourse
	for lack of erection.
GENERAL	• The man sees his partner as his mother, due to her being
	overprotective, telling him what to do, caring for him like a
	mother or being hard like his mother.
	• The man needs a sexual partner not a mother.
	• I cannot impregnate my mother, sister, etc.
	• Maybe he has a new partner and cannot forget his old partner.
	Anger at his old partner.
	• Possible feelings of guilt from the past or an unconscious way
	of punishing himself.
	• Is there a current situation that makes me feel helpless?
	• When we live in a situation of excessive stress, then erection
	is just another worry.
ROOTS	• Stress.

RECOMMENDATIONS	•	Stay calm and do not feel guilty. In most cases it lasts only for a matter of time.
	•	Give yourself permission to have pleasure, satisfaction and joy.
	•	Do not get carried away by memories of the past.
	•	Do not try to punish yourself or your partner by impotence.

NAME	INCONTINENCE (See BLADDER)	
DESCRIPTION	Loss of bladder control.	

NAME	INDIGESTION
DESCRIPTION	Pain or discomfort in the stomach associated with difficulty in
	digesting food.
GENERAL	 It has ardour and an exaggerated feeling of fullness.
	Digestion is stopped, slowed or altered due to toxic, dangerous
	or difficult digestion - real or symbolic.
	Conflict of visceral fear (relating to deep inward feelings rather)
	than to the intellect), terror and anguish in relation to
	something we have swallowed, and cannot digest.
	• Can also happen when we rebel against something or
	someone we have previously accepted.
ROOTS	Suffered an indigestible situation before, during or just after
	the meal that has produced disgust, rage, visceral fear, terror
	or anguish .
	Fear, stress, anxiety.
RECOMMENDATIONS	Overcome the Spirit of Fear.

NAME	INFECTION (See the part of the body infected)
DESCRIPTION	The process of infecting or the state of being infected.
GENERAL	 Infection states that we have suffered an attacked – someone in our environment that has destabilized us. As a result, we feel irritated, angry and powerless to defend ourselves against the aggressor. The conflict that arises between a germ and our immune defence masks a much deeper conflict between two aspects of our personality. Immunity is conditioned by the mind. Any infection is indicative of an emotional conflict that the individual has. He did not seek a solution and as a result it
	materialized.

	•	We could describe the infection as a conflict of physical appearance, but of emotional nature.
	•	Although there are millions of germs and bacteria in the air at
		all time, they cannot enter us ,nor develop in certain parts of
		our body, if there is a predisposition.
	•	Each part and every organ of the body where the infection is
		located, informs us about the nature of the conflict.
		•
	•	What conflict in my life do I refuse to recognize?
	•	What irritates me?
	•	We must open ourselves to infection and cope with emotional
		conflict without blame and take the necessary decisions.
	•	Infectious diseases help us mature and grow, both physically
		and psychologically.
	•	The conflict is a necessary step, but not without pain, for two
		opposite poles to be integrated into the unit.
ROOTS	•	Deal with the roots of the part of the body that is infected.
RECOMMENDATIONS	•	Learn to cope with life.

NAME	INFERTILITY
DESCRIPTION	The inability to conceive.
GENERAL	 It is the inability to procreate. Though unwillingly, the woman does not become pregnant. It is a clear indication that there is an unconscious rejection, maybe due to the following negative attitudes: Fear of childbirth, fear of the responsibility of being a parent, fear of losing her appeal, fear of losing her partner. An unconscious reaction to the image she has of her own mother or relationship difficulties with the mother – lack of warmth and motherly. Misleading motivation and a sense of guilt e.g., example when a child is desired not for herself, but for other reasons such as wanting to retain her partner, or attempt to conceal, through pregnancy, a crisis in their relationship. The man can also manifest sterile when he is afraid to feel tied down or afraid of the father role and the responsibility that the child generates in his life. Can also occur in people who are accused of being unproductive. They do not get the positive results they want, because they are considered useless.

	•	In many cases the cause of infertility is to be found in programs inherited by the clan. It can be the result of traumatic experiences of our ancestors, such as rape, incest, wars, abortions, etc.
ROOTS	•	Look for legal rights in the previous generations.
RECOMMENDATIONS	•	Cut any connection of traumatic experiences in the family consciously and allow yourself to express your individuality.

NAME	INFLUENZA/FLU
DESCRIPTION	• Caused by a virus which presents symptoms such as colds,
	fever, muscle aches, headache, cough, aches and tiredness.
GENERAL	 Flu expresses our difficulty socializing.
	• It is the means we use to protect ourselves from outside and
	to release stored tension.
	• In most cases, the affected person has no choice but to rest for
	several days to recover properly.
	• Influenza occurs when we have been hurt by words or very
	cold, icy silences.
	• It's as if I have received a bucket of cold water.
	• Fever, aches and fatigue force us to relax and allow us to
	isolate and disconnect from our surrounding for a while.
	• It is people who have difficulty expressing their desires and
	needs.
ROOTS	A desire to isolate.
RECOMMENDATIONS	• Instead of wanting to run away from a situation or someone,
	try to transform your inner attitude.
	• The sense of being a victim does not benefit you. It is blocking
	your centre of power.

NAME	INJURIES (See the parts of the body that was injured)	
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NAME	INSOMNIA	
DESCRIPTION	Habitual sleeplessness. The inability to sleep.	
GENERAL	Insomnia is a recognized fear, anxiety and stress disorder.	
	The hypothalamus gland is one of the centres for maintaining	
	the waking state and sleep patterns.	
	Sleep is regulated by the hypothalamus gland.	

- If the hypothalamus gland senses conflict or fear, anxiety and stress in a person's life, it responds by interfering with the peace of the person.
- A result can be insomnia.
- It remains on alert due to an unresolved danger.
- Conflict of the controller and the perfectionist.
- Fear of losing control of a situation.
- Insomnia expresses a deep fear of loss of control, of abandoning oneself.
- I have to control everything. When I lose control, danger comes.
- Persistent daily insomnia expresses a severe lack of confidence. when we have little faith in life, when we lack confidence and try to keep everything controlled, directed, verified and mastered and do not know how to delegate to others, the thought never stops and makes the person wakes up frequently during the night.
- Conflict of urgent need to guard and defend the clan.
- Who are we watching? E.g. a person who is alone and is afraid that something will happen to him. I run the risk of hurting myself or something terrible might happen to me while I sleep.
- Conflict and need to watch over a dead person.
- When insomnia begins at a very young age or with no verifiable reason, the genealogical tree must be reviewed, because there may be command to watch over the dead, real or symbolic.
- Watching for a dead person may actually be because someone in the family died whom we could not watch or mourn over.
- The dead can also be an altercation of work, the discussion with my partner, the problems of our son etc.
- Conflict of fear, guilt, anguish, negative thoughts.
- Concealed nervous depression.
- Insomnia can be strongly related to conscious or unconscious guilt.
- We may have the feeling that we do not deserve to rest.
- Maybe we feel guilty about not being successful in life, not doing everything we need to take care of our children, our parents, etc.
- Conflict and difficulty making decisions. I do not accept things as they are and I need to change them, act now, without delay.
- Conflict of fear of death. During sleep we are in a state of vulnerability and abandonment. We feel as if our ego and our survival are threatened.

	•	A person who is afraid of death will also be afraid of the night, since sleep is the younger brother of death, forcing us to abandon ourselves to the unknown.
ROOTS	•	Stress, fear, anxiety.
	•	Guilt.
RECOMMENDATIONS	•	Find the negative thoughts and solve them.
	•	Learn to release the pressure, to abandon, to relax.
	•	You should practice surrender, get rid of perfectionism.
	•	Accept that you cannot control everything and deepen the
		sense of trust in life and meditate on death.

NAME	INTERMITTENT CLAUDICATION
DESCRIPTION	Muscle pain in the leg due to chronic arterial obstruction.
	Occurs during exercise and disappears while resting.
GENERAL	Devaluation – Fear of not being strong enough to face
	unknown dangers.
	Requirement regarding masculinity.
	I cannot go far from my heart, from what I know.
ROOTS	Devaluation and Fear.
RECOMMENDATIONS	Trust in your abilities and overcome fear.

NAME	INTESTINAL GASSES/FLATULENCES/AEROGASTRIA
DESCRIPTION	Gas in the stomach. The usual cause of belching is a distended (inflated) stomach caused by swallowed air.
GENERAL	 When we have aerophagia or expel a lot of farts all the time, our body tells us that we live in a permanent state of anxiety. We fervently "suck" life – air.
	 It is the consequence of continually swallowing our negative emotions because we have a deep fear of not achieving what we aspire to in life, our dreams our goals.
	So our unconscious makes us produce gases to help push down the dirt and remove it.
	 I want to evacuate all this dung around me to feel free. These people appear to live in peace and calm, but all of them have terror and fear and cannot swallow or digest life.
	 Always afraid of losing your job, fear of not having enough money, fear of not succeeding, fear of suffering from some disease. Fear, fear, and fear!
	 We complain about everything - climate, food, wages, etc. We criticize to feel better but our anguish continues.

	•	Also manifests when we are under pressure and stress because of the material financial world – professionally, etc. I am under pressure. I suffer and I need a relief.
ROOTS	•	Fear, stress, anxiety.
RECOMMENDATIONS	•	Must learn to relax.
	•	Digest all the new experiences in peace and joy.
	•	I breathe life and enjoy it.
	•	I love and live quietly and peacefully.

NAME	INTESTINES
DESCRIPTION	Small intestines: duodenum, jejunum, ileum.
	Large intestines: colon, rectum, anal canal.
GENERAL	
	Ileal: I cannot take the result of the lessons of the past.
	Jejunum: Problem of choice, indecision.
	 Intestinal parasites: Someone imposes at my table. I cannot stand eating at the table of another. I impose a belief system.
	O What is the foreign body doing inside me?

- o I allow myself to be invaded.
- **Tapeworm**: I feel parasitized by a strange idea.
- Large intestine: Consisting of the cecum, colon, rectum, anal canal.
 Where we finally absorb and integrate what we have eaten. All waste are disposed to prevent clogging. Its mission is to evacuate what is useless and dirty.
 - We must do the same with experiences ingest, assimilate, accept, remove and move on.
 - Problems speak of a dirty experience that has been assimilated, but we need to digest, advance and evacuate.
- Ascending colon: Filth caused by the parents or symbolic.
- Transverse colon: Filth caused by the collateral, couple, sister, cousins, etc.
- **Descending colon**: Filth caused by children, nephews, grandchildren.
- Colonic polyps: Knots of sorrow and anger.
- Diverticulum: Feeling of having suffered great betrayal. The person sometimes deny the problems. All is going well! I leave the dirt at home. I feel powerless to evacuate the dirty play.
- Cancer: Occurs after a conflict, usually related to the family, caused by a vile, low and offensive action. An issue too unpleasant to be digested and evacuated.
 - The person may feel dirty and guilty for being involved in an issue of "possession" (Fight over money, property).
- **Colitis**: I give affection intermittently, when the pain is not displayed.
 - The person repeatedly supports stodge. It resolves and another begins. Because of this no tumour occurs.
- Ulcerative colitis: Conflict of indigestible extreme disappointment and annoyance. A dispute relating to "Crap" in the bloodline, family, clan.
 - I want to leave this family or want someone to go.
 - o I have been scammed and also blame myself. It is unfair.
- Irritable bowel syndrome: Frequent regular trach, one after the other.
- Superior rectum: Disgruntled that we did not evacuate, expel. Often relating to the family. Conflict caused by something even more vulgar than that of the colon.
- **Lower rectum/anus:** Conflict of identity within my territory. Where is my place? I am on the edge.
 - Conflict of separation and loss within the family. They do not recognize me in my territory.
 - Something that happened long ago and I cannot let go. I do not want to forgive. I keep it.
- **Anal itching**: Conflict of separation from my "shit", my identity.

ROOTS

Deal with the above roots of the applicable condition.

RECOMMENDATIONS

Small intestines - Learn to be flexible, observe and assimilate events and let them run.

•	Large intestines - Learn to extract purity, the positive aspects of experiences and move on. Do not lose time with what belongs to the past.
•	When we relive the past, we miss out on the present. This is a form of self-rejection because it prevents us to face our true feelings.

NAME	IRRITABLE BOWEL SYNDROME (See INTESTINES and	
	STOMACH)	

NAME	ITCHING (See the part of the body affected)	
DESCRIPTION	• Itching is a feeling in the epidermis that involves scratching yourself.	
GENERAL	 A sign of something that bites us. Indicates that there is something within us that we have overlooked that excites us – a passion or a desire. 	
	 Conflict of separation of pleasure. I am frustrated. I need pleasure. Scratching gives a sense of relief. 	
	• Itching may also appear after a change has occurred in the life of a person who has made a break with the past.	
	 Also occurs when a person is envious (of something, but does not express it for fear of hurting someone or for fear of what they might think. 	
ROOTS	Frustration and irritation.Envy.	
RECOMMENDATIONS	Deal with conflict in life.	

DISEASE NAME	JAUNDICE (See LIVER)	
DESCRIPTION	Jaundice is a yellowing of the skin and mucous membranes due to an increase in the amount of bilirubin.	
GENERAL	 It indicates a mental imbalance caused by tension, a disappointment from the outside. The person feels very intense bitter emotions of envy, disgust, frustration and much resentment. It is a personal situation in which the environment makes him doubt himself. If the origin of jaundice is biliary, the person has questions regarding his/her position. 	

	•	In a personal situation his environment makes him doubt of himself. Questions regarding his position. If the cause of jaundice is in the pancreas, the person does not feel recognized by other. It also indicates that the person represses anger towards someone or something. The person believes he can do nothing about it. It is like a dead end.
ROOTS	•	Envy, disgust, frustration, resentment.
RECOMMENDATIONS	•	Learn to open up to the people around you and from them.
	•	Allow to return to tranquillity and turn attention inward.
	•	Value participation in discussions concerning the worldview.

NAME	JAW	
DESCRIPTION	Two bones in which the teeth are embedded.	
GENERAL	Jaw helps us bite and chew.	
	• Problems indicate that the person is prevented from taking a	
	good bite of life or of what he wants.	
	• The person forbids himself from expressing aggression.	
	• Devaluation conflict because you cannot catch the piece or	
	hold onto it, once it is caught.	
	• Problems translate repressed anger that prevents the person	
	to adequately express himself.	
	 Devaluation linked to expression of words 	
	 Something is unbearable and too strong. 	
	• I feel unworthy because I could not express myself, or I should	
	have opened my mouth, but I shut up.	
	• Devaluation because I did not feel heard. Someone laughed at	
	me and did not pay attention to what I said.	
	• I feel dominated and believe that I cannot express myself.	
ROOTS	• Anger.	
	• Unworthiness	
RECOMMENDATIONS	What makes you control and repress yourself?	
	Consciously deal with conflict.	
	• Express from the heart.	

NAME	KIDNEYS	
DESCRIPTION	 Kidneys are responsible for removing nitrogenous waste from the blood and also participate actively in the evacuation of 	
	foreign substances introduced into the body.	
	They maintain the acid-base balance and pH of the blood.	

They regulate everything in the body that is related to liquids, so one of the messages indicates a lack of balance on the emotional plane. The kidney is the carrier organ of the fundamental structures of the person. We talk about our ability to keep up, having solid kidneys to cope with the pressures of life, to find the balance, wisdom, to

stability in life and relationships.
Symptoms related to the kidneys mean that we are experiencing a conflict of fear, fear of losing, fear of not feeling

know how to choose and take appropriate decisions, to find

- Kidneys represent the coexistence we have with others and how we communicate with them. If we live a situation with someone that is "a problem" for us, we will hurt the kidneys.
- Conflicts with peers can cause us pain.
- Symptoms related to the collecting ducts mean that we are experiencing a conflict of total loss, focused on the material or sentimental.
- Loss of reference I have no one.
- Conflict of struggling for existence.
- This is too much.
- Everything is coming down.

part of something.

- I have lost everything, e.g. my house burned down and I lost everything.
- Loss of livelihood.
- Conflict of immigrants refuges, wars, floods etc.
- Conflict of suddenly facing a social, family vacuum. the land sinks beneath my feet.
- Conflict of feeling abandoned, having lost roots, our references, our deepest values.
- Life is too hard. This is too much for me.
- Existential fear concern for the future.
- How good is my life? What is my purpose in life?
- Kidney problems reveal liquidity problems, money.
- The individual spends the day having to choose between one thing or its opposite and it becomes a private mess.
- **Kidney Stones** It is a piece of solid material that is formed inside the kidney from substances that are in the urine. The stone can be left in the kidney or it can detach and go down through the urinary tract.
 - The stones may become stuck in one of the ureters, bladder or urethra, producing symptoms of pain,

		dysuria (difficulty urinating) or haematuria (blood in
		the urine).
		 It is to put a wall before something and to prevent the
		output of liquids – money, referrals, emotions or
		marking the territory.
		 I cannot be in my territory.
		 Someone occupies my territory and consequently it is
		impossible for me to mark it to delimit it.
		 This is mine but I got tired of marking it.
		 Why would I urinate more if it does not do anything?
		 I forbid anything.
		 Indicates that for a long time the person is experiencing a conflict in which he feels he is spending
		a lot of money. He refuses to lose more liquidity and
		therefore puts a cap on the escape of money.
		 I am losing fluid and I have to stop it.
		 Most of the time it affects people with rigid behaviour
		and is usually related to conflicts of jealousy and envy.
ROOTS	• Je	ealousy and envy.
	• S	tress about money.
RECOMMENDATIONS	• T	hey need to learn to assume their economic responsibilities
	a	ccording to their income.
	• T	hey also need to learn how to enjoy their expenses, especially
	if	it comes to leisure expenses.
	• C	on the other hand, they must learn to accept that if something
	is	not theirs, they must let it flow and go.
	• S	top comparing ourselves with others and abandon the
	te	endency to criticize others.
		earn to see things and people as they are, without judgment,
		vithout idealizing them, not us false expectations.
		ove and approve of yourself.
		always take the right decision and if necessary, I have the
	a	bility to change them.

NAME	KNEES	
DESCRIPTION	The joint between the thigh and the lower leg.	
	Represent flexibility, pride, modesty and humility.	
GENERAL	Symptoms in the knees show I cannot be flexible.	
	It hurts my self-esteem or my pride.	
	Living an emotional devaluation conflict about something that	
	I force myself to do.	
	I can't do what I want.	

	•	I feel obliged to take care of my children even though they are
		old enough to look after themselves.
	•	I force myself to look after my grandchildren when they are
		not my responsibility.
	•	I am a stupid, stubborn person and I refuse to bow down
		before the painful ideas or advice from other.
	•	Right knee – I wanted to leave. I wanted to go but I could not.
	•	Left knee – I have left, but am sorry that I left.
	•	I cannot adapt to the orders. I can't soften.
	•	I refuse to give in and to kneel before someone stronger than
		me.
	•	May also reflect sense of guilt for our pride and for always
		wanting to be.
	•	I do not do things out of love, but out of obligation.
ROOTS	•	Stubborn.
	•	Inflexible.
RECOMMENDATIONS	•	Must learn to not be afraid of losing control.
	•	Accept new ideas from others and focus on my future.
	•	I have to stop thinking that accepting new ideas make me
		appear submissive.

NAME	KYPHOSIS (Boggelrug)	
DESCRIPTION	It is the physiological curvature of the spine in the dorsal region.	
GENERAL	 The person feels forced to look down to earth. The earth represents the "mother". Kyphosis expresses conflict related to mother, within the frame of pressure, subordination, obligation. Forced or obliged to take care of the mother, or the mother forced a responsibility on me. Inability to flow with life. Lack of courage in convictions. Lack of integrity. The victim does not feel free and remains attached to the mother. Somehow it does not feel right to be him/herself and the person is prevented from advancing to meet their own autonomy. 	
ROOTS	Conflict with the mother.	
RECOMMENDATIONS	Free all fears. Trust the process of life.	

NAME	LACHRYMAL GLANDS/TEAR GLANDS (See EYE
	PROBLEMS)

NAME	LARYNX
DESCRIPTION	 It is the part of the respiratory system that continues with the trachea and opens to the pharynx and mouth. It contains the glottis, which is the organ of phonation, and the epiglottis, which closes the passage for solids and liquids to not enter the airways and lungs.
GENERAL	 Problems usually occur after an event in which we had a "cut breath" experience. A situation of fear in the territory. There are things we want to say and express, but fear to say. I was caught by surprise to such an extent that I feel my life was in danger. Epiglottis: I am going on a false route or wrong way. Where am I? Did I choose right? Laryngitis: (Hoarseness with cough and sometimes difficulty to breath.) Angry with someone. Fury and hatred prevent me from talking or yelling. Stress phase: (A nervous, high cough.) I am living a stressful situation that frightens me. Healing phase: (Hoarseness.) I said what I was scared to say. Communication problems: Terrible fear that something will change or be destroyed after I speak. I desire to say something but told myself to stop for fear of not being heard or of upsetting someone. Fear that the family will "explode". I swallow my words, but they remain in my throat. I feel judged and afraid of talking nonsense. I suppress myself and feel suffocated. Fear to disappoint someone. Laryngeal dyspnoea: I want to scream but I can't. Cancer: Occurs after a major unexpected shock related to territorial conflict of fear. I better keep quiet because it would be useless to speak." I would get angry but dare not. I do not feel respected.
ROOTS	• Fear.
RECOMMENDATIONS	 Grant yourself the right to express yourself freely without being dominated by fear.

•	Learn to take your place.
•	Learn to say things, express feelings.
•	Express your disappointments.

NAME	LEGS
DESCRIPTION	Our whole life rests on the legs. They allow us to move forward
	or backward, from one place to another.
GENERAL	Problems in the legs show difficulties in relationship with the world and others.
	I can no longer bear a particular situation or feel unable to move.
	In relation with my work. Going to work is hard for me.
	• I do not have the means to carry out what I want. I feel limited or prevented to act.
	• Weak legs : Having difficulty to stay on your legs, be independent. Desire to be supported.
	Massive, muscular legs: Symptoms of an arrogant and rigid personality.
	• Fat, undeveloped leg: I am unable to move, dragging my feet through life, or am walking on eggshells. Difficulty to advance and to make decisions.
	• Sinewy legs : The person is always in motion, cannot sit still, have trouble relating and rooting.
	Heavy and tired legs: I have a heavy load and burden. My life and work are heavy.
	Fluid retention: I do not take care of myself.
	Cramps in the calves: Tense and irritated to be forced to take direction contrary to my desire. Conflict of being hypercompetent.
	Tibia: Related to growth and emancipation. It represents my growth from child to adult, to study, work, do what I like. Devaluation conflict of finding it difficult to emancipate and be oneself. Need approval, permission of mother and she is sometimes, unconsciously, a partner.
	• Shin : Represents my lifestyle, what I love doing, "broken ideals".
	Fibula: Also related to growth but represents the father. Devaluation conflict of being unable to leave and become independent to make your own life.
	Right leg related to feminine. Left leg related to masculine.
ROOTS	Insecurity about my movement and stance in life.
RECOMMENDATIONS	Accept yourself and embrace life.

NAME	LEUKEMIA (See BLOOD and CANCER)
DESCRIPTION	 Excessive immature white blood cells in the blood. Greek word "leuko" is white and "heima" is blood. White blood disease. The affected organ is the bone marrow where blood is made. Leukemia is not cancer but the healing phase of bone cancer that was not manifested.
GENERAL	 It is related to the family (blood-ties, clan). Conflict and devaluation affection the proper sense of existence. Life no longer makes sense. The person has lived or inherited an emotional conflict related to "no longer wanting to fight for love, happiness or dreams". The person has stopped trying, hoping, longing. Lymphoblastic leukemia: More often diagnosed among children. Global devaluation lived by the whole family, perhaps for generations. Permanent prohibition to grow, to mature, to fly and to leave the nest. Several members have lived a terrible fear to stopped being children by circumstances that made them fear the future. "I have no right to grow and to mature within family." "I feel helpless to protect my mother." "I do not defend myself." "My family has been attacked, but I say nothing." If the child is younger than 14 years, analyze the family tree. Myeloblastic leukemia (Monocytic): Occurs more among adults and the elderly. The person is terrified to defend themselves. The person is in a situation where only he can save and protect, but he feels helpless. The affected person feels not authorized to defend himself. "My family is attacked, but I say nothing." In older people, detect the precise devaluation conflict which the person has not expressed. Affected people feels debased and impotent in their intimate structure, as if they had suffered the loss of their own identity. In young children they feel separated and displaced from the mother because of the arrival of a new sibling. Separation from the mother's love, death, stress, problems of adults, etc., take away their desire to fight for life. The person was hit by such force that the depth of their structure and inner convictions have been affected. They feel helpless and frustrated. Their attitude towards love has become distrustful and contemptuous and without respect for love. The affected person has lost the joy and

	•	Why do I live if I am going to die? Why should I love someone
		if they are going to cheat on me? Why would I work if I am
		going to be fired? Why would I fight if I am going to lose?
	•	"I am tired of fighting and taking my place in life. This fight is
		beyond my strength. I am lost."
ROOTS	•	Helpless.
	•	Separation.
	•	Loss of identity.
RECOMMENDATIONS	•	Accept and maintain a conscious relationship with life.
	•	Open doors to love and be willing to transform.
	•	Outrun the rules that are imposed .

NAME	LEUKORRHEA
DESCRIPTION	• It is a vaginal infection with a thick white secretion accompanied by intense vaginal pain.
GENERAL	 The woman is living emotional conflict in which she feels powerless before men or angry about her sex life. She may feel betrayed by her partner and accused of having overtaxed him or accused herself of not refusing. She wants control over her partner but can't do it. She considers sex as dirty and sinful and would like to be considered innocent considering sexual aspects, but she always gives in to her partner.
POOTS	Anger, control, accusations.
ROOTS	
RECOMMENDATIONS	Realize that sex is the expression of life.
	 Sexuality is the corporal aspect of love and a means of communication and fusion with the loved one. Where there is love, there is no guilt. Let go and surrender.

NAME	LIGAMENTS (See the part of the body affected)
DESCRIPTION	Between the bones and cartilage of the body, and responsible to unite and stabilize the anatomical structures such as joints.
GENERAL	 Ligaments connect bone to bone, unlike tendons, which connect muscle to bone. In a joint, ligaments prevent movement that is anatomically abnormal. Problems indicate fear to be devalued in a future project in a company, team, person.
	"I fear a situation that will come in the future." "They did not elect me or my project for the next competition."

	•	Hypolaxity : "I feel compelled to remain in this situation. I have no right to leave this context."
	•	Hypermobility: "I want more freedom."
	•	Short ligaments: "I am living a situation that I do not want." "I
		must stop now, I am doing things wrong."
	•	Crusader ligaments : Conflict of crossroads – crossing swords,
		exchanging glances.
ROOTS	•	Fear.
RECOMMENDATIONS	•	Learn to cope with life.

NAME	LIPOMA (See the part of the body affected)	
DESCRIPTION	A Fatty lump most often situated between the skin and	
	underlying muscle layer.	
GENERAL	I do not like my appearance.	
	 Conflict of being judged and attacked. 	
	• I feel judged, devalued aesthetically and also I get a ball of fat	
	so that all are set in it.	
	• I hate being so sensitive to other people's comments, criticism.	
	I want to reduce the real impact of the attacks.	
	They laugh at me behind my back.	
ROOTS	Self-hatred, judgment, humiliated	
RECOMMENDATIONS	• Do not expect of people to reassure and affirm you. Trust in	
	God.	

NAME	LIPS/MOUTH
DESCRIPTION	 Lips themselves represent our way of expressing ourselves and communication with the people around us. The mouth is an organ of incorporation and openness, "catch the piece", "remove the bread from the mouth". It allows us to taste before swallowing, or reject, eat, feed and express ourselves.
GENERAL	 Ulcers (canker sores) or sores on the lips: When these symptoms appear it means that we have recently experienced a conflict that felt irrelevant. No one paid attention to what I talked or reviewed, or advice given. Why move my lips? "It was not important that I spoke." Conflict in which we have no confidence in what we say or fear to say something much worse. Fear of error or panic to be discovered for something we said. Or, to misinterpret it in a serious way,

- something we said. "Life is hard". "It's hard to express themselves."
- It manifests itself in people who lack self-confidence and always fear the worst.
- Fear and panic to be misinterpreted. "If I talk about my wishes, I risk being misunderstood." "What I have to say does not matter".
- Upper lip: Male. Lower lip: feminine.
- **Cleft lip** is a symptom that occurs in the womb of the mother and, therefore, we must analyse the family tree.
- "I wanted something that I was sure I was going to have and at the last moment it was removed from the mouth" "My mouth is not big enough to save it."
- Through the **mouth**, the body gets the substances it needs to function: food, water, air, etc.
- It is what we use to communicate with others: the voice.
 Through this, we can express our thoughts and feelings outwardly. With the mouth, we can kiss or spit, give words of encouragement or sow discord, manifest ourselves as being soft or hard.
- Thus, it is a two-way street and the problems in this area express one or another aspect: resistance to what we do not like, the unpleasant experiences of life "are not to our taste" and that "they leave a bitter taste in the mouth"; or a conflict with our expression and ability to say what we want (conflict to hear an insult and cannot answer to it).
- Diseases of the mouth reveal irritation, either by what we eat that does not allow us to savour life or the way we express ourselves and therefore can mean anger toward others.
- Devaluation in relation to the word, to the expression.
- Devaluation because we do not feel heard and important.
- I cannot express a bite. For example, when we are forced to listen to a nasty remark and are unable to respond.
- **Stomatitis** (mouth inflammation) means unexpressed anger. We do not allow ourselves to express our aggressiveness.
- **Bites** that happen inside of the mouth or tongue tell us that what we propose or what we say does not satisfy us.
 - They also show that we are holding back not to express something that we prefer to hide.
 - Or we feel guilty of having said something and, that way, we're reproaching.
- Gums: lining the base of the teeth and give us the contact and sensitivity to bite. Separation conflict of the snack we were already touching.

	•	Understood as "bite" or "words". Very large devaluation by the unspoken word or not achieve what you want with what is said.
	•	"Unexpressed desires" "I cannot express myself" "If only I would have told you".
	•	Conflict with the decisions that were not well received.
	•	Fear and helplessness to make decisions.
ROOTS	•	Fear.
	•	Helplessness.
RECOMMENDATIONS	•	Become confident by trusting in Jesus.

NAME	LIVER
DESCRIPTION	 The liver's main job is to filter the blood coming from the digestive tract before passing it to the rest of the body. It is the main organ of conservation of all foods, so when we are hungry, the liver begins to function more than usual, to take advantage of everything that is available.
GENERAL	 The liver, symbolically, is the "pantry" of the body and it is linked to ANGER. The person feels a deep fear of lacking the essentials - that which he considers indispensable for living, such as food, money, family, recognition, holiday, work. Deep fear not to have enough to eat. Fear of dying of hunger. Lack of food, money or because nobody loves me. Disagreements, unresolved family conflicts due to issues of material inheritance. Someone wants to poison me. A person is also affected when going through a complicated and difficult situation. The person focuses on power and the recognition of one's own image and identity. Losing joy. Great confusion. Lack of recognition. Who am I really?. The person finds it very difficult to accept feelings. Sometimes we revolve the liver to the worries, aggression or injustices we suffer, and we react with an attitude of rebellion that prevents us from adapting to life. Search the Family Tree for stories of having been hungry or suffering great losses, especially those people who by dates, name, and similarity are related to the affected.

Liver cancer:

- Person feels a deep FEAR of lacking the essentials,.
- Conflict of loss, lack or hunger very ingrained.
- Also refer to a lack of FAITH conflict of not being able to feed or feed those towards whom we feel responsible.
- Excesses can also trigger serious pathologies in the liver excess of food, excessive cravings for expansion, fantasies of grandeur, excessively ambitious ideals etc.
- When there is some excess it is because we have difficulties to value what is beneficial and what is harmful?
- The liver is closely related to power and the recognition of one's own image and identity.
- Image we have of ourselves, or that which others give us back, depends fundamentally on the energy of the liver. If our image has been affected by some experience that we have lived and the outside world does not recognize us as we would wish, this apart from making us lose joy, causes us a great confusion and a lack of recognition – WHO really am I?
- Liver manage our feelings. It might be very difficult for us to accept our feelings, our own affections or those offered to us by others.
- Sometimes we "revolve the liver" to the worries, aggressions
 or injustices we suffer and we react with an attitude of
 rebellion that prevents us from adapting to life.
- Suffered in childhood lack of love and security.
- Remained difficult relations with one parent for both.
- Saves in the depths of the guts a painful secret that corrodes him, a deep wound he suffered in his childhood in isolation (emotional deprivation or rejection) and cannot or will not heal.
- He lives accompanied by a great feeling of guilt for having harboured thoughts of hatred and revenge ideas and unable to forgive.
- Unconsciously repressed aggressiveness; finds undue hardship to unleash his creative energy to develop and maintain meaningful and lasting relationships.
- Tends to develop feelings of loneliness.
- He feels unable to resolve deep-seated emotional problems.
- He prefers not to be aware of his existence.
- FEAR. He is deeply scared of negative events.
- When faced with an unexpected traumatic experience, it reacts adversely and can't face it.
- He has difficulty expressing inner pain.

	He tends to suffer in silence, so does not get relief from their
	situation.
	 He has the feeling that there is no outlet to heal the pain he is feeling.
	 Lives lost in a permanent state of despair, sadness, grief, anger and hostility; though outwardly others consider him charming, sedate, pleasant, helpful and so nice people.
	 His deepest conflict is his lack of IDENTITY — "I'm not who I want to be". The person has the need to always make the best impression to others.
	 For him the appearance is more important than the SELF.
	 Therefore he cannot be denied, does not know how to say, "no", obeys without question and follows the rules and standards established totally.
	 The one affected of cancer cannot be considered as a religious person in a profound sense, even though many cling to customs or religious traditions, and may even criticize and reject GOD.
	 He does not accept his illness and does not confront it from a spiritual point of view; rather has a feeling of despair, helplessness and self-pity.
	 Unable to face such a conflict, he enters a state of despair that makes him lose consciousness and connection with life, creating fertile ground for the tumour.
	Cancer is like a self-punishment for failure in life.
ROOTS	Anger, despair, fear, sadness.
RECOMMENDATIONS	 Patient needs to become aware of the conflict that triggered the disease and cope creatively, taking responsibility for their healing.

NAME	LORDOSIS	
DESCRIPTION	The physiological curvature of the spine in the cervical or dorsal region.	
GENERAL	The sufferer is obliged to look upwards at the archetypal representative of the father.	
	The problem is related to the father and rather to his absence, which can be real as in death, divorce or symbolic as in depression, alcoholism, etc.	
	"I seek the love and recognition of my father."	
	It can also translate a conflict of devaluation as a man or woman. "I am not good at all."	

	•	In the lumbar vertebrae it translates into a conflict of having felt sexually rejected.
ROOTS	•	Unloving spirit.
RECOMMENDATIONS	•	Allow Jesus to be your First Love and heal your wounds.

NAME	LOUSES/PEDICULOSES (See PARYSITIC)
DESCRIPTION	Small insects that attach to the scalp and hair.
GENERAL	 Often appear in children at the age when they start reading. Therefore they are related to the intellectual process. Related to the stability and instability of group organization of individuals forming society. If parents believe the pace of learning is not appropriate, they "have to get in touch with their heads". Conflict of lack of protection. Conflict in which the cohesion of the group is not as it was. This group no longer supports me. I feel rejected by the group. I could not go with my group. Separation: Things are going wrong. I am separating and divorcing. I stopped seeing my friends. Look for some emotional situation in which I felt unprotected by my group. Conflict of scrupulous hygiene of the mother and neglect of the child. It may be a compulsive and obsessive m other with regard to cleanliness. This causes the child to perceive the relationship with the mother as distant, cold or difficult, given his compulsion to cleanliness and to make him feel he is not clean enough to be loved. Conflict of lack of parental protection. Repair face of an emotional conflict in which the child felt the father did not protect him enough. I felt distant from my father, unprotected. But it is now fixed and everything is fine. The mother could be going through a difficult period in her relationship. Things are not well with my husband. We are fighting a lot.
ROOTS	Insecurity, lack of protection, neglect, abuse.
RECOMMENDATIONS	 Allow Jesus to heal wounds afflicted by people who do not know how to respect you. Forgive yourself and others.

NAME	LUMBAGO	
DESCRIPTION	It is a muscle spasm in the lower back	
DESCRIPTION GENERAL	 It refers to conflict of impotence. Most emotional causes that cause back pain is usually related to sexuality, sexual life or sexual desires, added to a strong sense of guilt. It is reflected especially in the left leg. If it occurs just when we wake up, we analyse the sexual conflict of last night. Perhaps we refuse to have sex with the partner or my partner refuses to have sex with me. "I do not enjoy sex with you." It may also indicate a direction conflict – What is my life? What will I do with it? Which direction do I want to take? The person can express an unconscious fear or rejection of the changes that life imposes on us, or to those changes we have adopted, especially in the family or professional, since these changes require us to rectify our habits, footholds, change of attitude in relationships which irritates us a lot and makes us nervous, because we feel unsafe and want stability. Devaluation to feel powerless to a situation or person. Feeling of being the pillar of the family, company, within a notion of responsibility. It can occur when the person is overloaded and angry because he cannot cope with responsibilities. He feels that his burden is too heavy, he has been given too much to do and is left with the desire to "run". "I did not finish the job I promised." "I was not as good as I 	
	 thought." "I have too many obligations." Feelings of helplessness. "I am living an experience and I do not know how to cope." 	
	Feelings of worthlessness. "I cannot do anything.	
ROOTS	Overloaded and angry.	
RECOMMENDATIONS	 Consciously face the feeling of helplessness, insecurity and inferiority complex. Accept the help that comes from outside. Move ahead with flexibility and confidence and abandon the 	
	tendency to want to control.	

NAME	LUNGS	
DESCRIPTION	The lungs are the main organs of respiration. In them, it is where the gas exchange between the air and the blood is performed.	

GENERAL	•	This is where we get the individual life, where we inhale life.
	•	The lungs therefore have a direct relationship with life, with
		the desire to live and the ability to live well.
	•	Also with death as in respiratory terms: "He breathed his last".
	•	They symbolize the breath of life - "out of breath".
	•	Contact, freedom, sharing, living space, is "choking" me.
	•	Communication, word space.
	•	The joy of living; sadness, sorrows of the past.
	•	In fact, most people with lung problems feel a deep sadness in
		the soul, which takes away the breath and the word.
	•	Emphysema: Decrease or total loss of elasticity of the lung
		alveoli.
		 Impairment linked to lung capacity - I cannot breathe.
		 Fear of not being able to breathe because of a disease.
		 Chronic choking situation.
		 Fear of being fired, losing a job.
ROOTS	•	Fear.
	•	Deep sadness.
RECOMMENDATIONS	•	Allow Jesus to heal all wounds from the past.

NAME	LUPUS (See AUTOIMMUNE DISEASES)
DESCRIPTION	Lupus is an autoimmune disease that primarily affects women. It is characterized by red flaky patches and can affect any part of the body, although the most common sites are the reproductive tract, joints, skin, lungs, blood vessels, kidneys, liver and nervous system.
GENERAL	 I have lived an emotional conflict where I falsely understood life is not worth living. I have a very strong feeling of "not deserving to live". Conflict of impairment of the affected part. Conflict of stain. Often, conflict is related to the kidneys. Look at the family tree and related stories to the mostly affected organ. Be sure it is not the inheritance of another family member in the tree. Not because the family has suffered from lupus, but because it has led a life with these same emotions. Competing base – I do not deserve to exist. I have been wrong all my life. Everything bad happens to me. I have experienced shortcomings all my life, I can no more. Something stinks in my life. I renounce my life.

	Better to die than to be worthless. My life is worthless and nobody cares. I am so angry.
	 Deep emotional guilt, perhaps due to a shameful experience
	or abuse in the past.
	 Feels angry, aggressive, hatred and has a desire for self- punishment/self-destruct.
	We prefer death rather than to forgive and love. We have become our own enemy.
	This disease shows our inability to recognize, see or accept ourselves as we are.
	We project this difficulty to the world outside. We do not recognize ourselves, they do not understand us and we keep
	fighting with them.
	Rooted in extreme self-hatred, self-conflict and includes guilt.
	Performance also may be implicated.
ROOTS	Self-hatred, anger, guilt, unworthiness.
RECOMMENDATIONS	We must show our face with absolute frankness and consider
	our behaviour with the couple and matters of the heart.
	We need to reflect deeply on what we want, make a decision
	and dare to achieve.
	Life is always worth living fully.
	What we need is to change our inner attitude.
	We need to voluntarily take into question our own beliefs and
	mental structures and take responsibility in a combative
	mode, thus relieving the immune system.

NAME	LYMPH NODES/LYMPHATIC SYSTEM/LYMPHOMA (See HODGKIN LYMPHOMA)	
DESCRIPTION	 It defends the body and helps it fight against infection and disease. 	
GENERAL	 Swelling usually happens after a violent emotional reaction. The person has been attacked, or anticipates being attacked, and is not able to defend himself. It is an accumulation of disappointments caused by a person or situation. "I feel trapped in a corner. I am defenseless but want to protect myself." 	
	 Lymphs may indicate a personal devaluation accompanied by anguish, not feeling opened in relationship. Lymphocytes: Conflict of anticipatory fear. Groin: Fear and anxiety in the inguinal region. Left armpit: Conflict of devaluation in the broadest sense. Conflict of the mother or father/child in relation to being a bad 	

	parent. "I am a bad mother." Inability to fight because of
	bleeding or in relation to blood transfusion. (The unconscious
	does not distinguish between blood leaking by bleeding or
	transfusion – wound.) Conflict of diagnostic of blood cancer.
	Right armpit: Conflict related to the couple. He/she is a bad
	companion, a threat. I have chosen the wrong partner or have
	bet on the wrong horse.
	Neck: Conflict of fear of disease or threat – to have a knife in
	my neck. Conflict of male fear, frontal attack, difficulty in
	facing the danger.
•	Right-handed person: Fear of what comes from my body
	(animal bites, etc.). Lived in a female way (woman or left-
	handed man), it would be conflict of helpless fear of an
	emergency, without the right to defend themselves from
	attacks. "I cannot lean on my body, rely on my body."
•	Left-handed person : "I have no right to defend myself." "I do
	not accept myself/I hate my body."
•	Lymph mononucleosis : A viral infection that causes fever, sore
	throat, and swollen lymph glands, most often in the neck.
	Swollen lymph nodes, sore throat, fatigue, and headache are
	some of the symptoms of mononucleosis, which is caused by
	the Epstein-Barr virus.
	 Conflict of frontal fear of imminent attack,
	confrontation.
•	Non-Hodgkin lymphoma: Global devaluation of the individual.
	Fear of disease. Afraid of leaving where I feel protected to face
	a fight.
•	Burkitt: Affects very young people. Devaluation conflict with
	guilt and despair in the loving and sexual plane. Insecurity
	related to emotional fear. Difficulty to face a situation that
	carries a secret.
•	Lymphoma: Considers myself worthless when I do not earn
	money.
ROOTS	Stress, fear, anxiety.
RECOMMENDATIONS •	What do I need to defend myself from? Who is my enemy?
RECOMMENDATIONS	Show yourself as you are.
	and the found of the contract

NAME	MACULAR RETINOPATHY	
DESCRIPTION	• The alteration of the capillaries of the macula (the central retina).	
	The high blood sugar levels in diabetes cause the blood vessels in the retina to become weak.	

GENERAL	•	The person desires to stop seeing another person or thing irreversibly (It cannot be undone/changed). The person is seeing a family member "die." Genetic – DNA.
ROOTS	•	Fear.
RECOMMENDATIONS	•	Look into the bloodline for DNA triggers.

NAME	MEASLES
DESCRIPTION	Infectious disease erupting on the skin. Common in children
	and caused by a virus.
GENERAL	Viruses allowed to modify some information inside the cells,
	are reconstructions and reorganizers and come to clean and
	change the DNA of cells where they reproduce.
	 Conflict of separation in which something "sucks".
	 Conflict of catching or ejecting a bite.
	• In the larynx: Separation plus conflict of surprise (fear, terror,
	fright).
	• In the lungs: Separation plus conflict of territorial disputes.
ROOTS	Separation.
RECOMMENDATIONS	As parents, create a safe home environment for children.

NAME	MELANOMA (See CANCER) (See the area of the skin affected)
DESCRIPTION	 Melanoma is a malignant tumour system in the skin pigmentation. The skin is the largest organ of the body. It protects the body temperature, sunlight, wounds and infections. It is important to note the affected part of the body, to know its correct meaning.
GENERAL	 I protect myself from the sun's rays (the father). I protect the eyes of the father – real or symbolic Deep devaluation conflict and dishonour, stain, attack on the integrity. My integrity has been damaged. I lost my integrity.
ROOTS	 Behind a melanoma there is a great deal of resentment. I feel dirty, stained, humiliated, abused, insulted, slandered.
RECOMMENDATIONS	FORGIVE!

NAME	MENINGITIS (See BRAIN)
DESCRIPTION	Inflammation of the three membranes that surround and protect the brain and spinal cord.
GENERAL	Conflict: "I am afraid of what might happen to my brain. I have to protect what is in my head."
	• Fear of neurological disease, childbirth, insanity, tumour, spinal problem.
	Children: Fear of the father or head of the family.
	Children born with forceps: Fear to lose your head.
	Conflict of devaluation and territory.
	"I am afraid to not recognize my intelligence." "I feel awkward in my studies."
	• Those affected are usually very sensitive and have problems in the family (fights with mother, grandmother, etc).
	They struggle to adapt to life events and lack desire to win their own living space.
ROOTS	• Fear.
RECOMMENDATIONS	Understand and express fears, anger or discomfort, because
	they can cause death.
	Accept that you are well and nothing will affect you.
	Be grateful to life and learn to appreciate it.
	Study the family tree for stories of madness or family in psychiatric hospitals.

NAME	MENOPAUSE
DESCRIPTION	This is the time when a woman's menstruation stops. She is no longer fertile and loses the ability to procreate.
GENERAL	 Problems in menopause largely depends on how the woman accepts this loss of utility and how she has experienced sexuality. Does she accept the process of life? Does she complain? Does she feel less woman, unimportant? Does she fear aging? Is she afraid of not being attractive and desirable anymore? If she does not accept the transition, it brings anxiety, irritability, lack of energy, hot flashes, bone decalcification and tumours in the uterus. I am running out of time. I am no longer worthy as a woman. Lack of "heat", because I did not enjoy my sexuality. Tumours in the uterus - I did not fulfil my desire to have children.
ROOTS	Insecurity and Fear.

RECOMMENDATIONS	•	Enjoy the feminine quality fully before reaching menopause.
	•	Take hormones, especially for osteoporosis.
	•	Be positive and consider it as a liberation. Sexuality is no longer
		disturbed by possibility of pregnancy.

MENSTRUATION (See AMENORRHEA and DYSMENORRH	HEA)
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NAME	MIGRAINE (See HEAD)
DESCRIPTION	A headache of varying intensity, often accompanied by nausea and sensitivity to light and exercise.
GENERAL	 This is mainly triggered by guilt resulting from conflict in your life in conjunction with fear. It is not conflict itself that triggers your migraine. It is the conflict you have with yourself over the conflict that triggers it; whether it is real or imagined. You might have guilt because you think you spent too much money and you had a little argument with your husband over how much you spent. The argument about finances is not what causes migraine. It is the guilt you have with yourself that produces the migraine! Migraines are triggered in people who have conflict in life or conflict with others. It is rooted in GUILT. All migraines are rooted in guilt. Out of guilt comes FEAR. Always first guilt and then fear.
	 Trigger As you enter into guilt over some issue, the hypothalamus gland senses you are in conflict with yourself. A mechanism of self-hatred sets in, causing the pineal gland to slow down the secretion level of serotonin. This causes a lowered serotonin level. The conflict develops in the realm of the soul and the spirit and fear starts to move.
	 Anxiety concerning the issue starts and histamine begins to be over-secreted in the cranial region. Serotonin is a vasoconstrictor. When your serotonin levels are normal, they maintain the diameter of your blood vessels just the way God intended, and they carry your blood supply into each region of your body Histamine is a vasodilator.

- There is a reduction in the secretion of serotonin and second there is an increase in histamine secretion.
- As the serotonin levels are decreased and histamine is increased you have a resulting dilation of the blood vessels that put pressure on the sensitive nerves and this is what produces the migraine.
- Conflict of helplessness, of being disarmed before a problem, or a danger that that you cannot digest and wants to solve with thought, with reason.
- I devaluated intellectually. We must be more effective, we must argue our own intellectual abilities, find a solution.
- I reject frustration. I always want everything to be as it should be. I'm never satisfied. I always lack something to be fine.
- It is demanding, perfectionist, passionate people, who assume many responsibilities.
- They do not accept their limits and have the tendency to want to control and to always seek a mental solution. I spend the day thinking. I must find a solution.
- I look for solutions to all my problems with my imagination, but they are not in my hand.
- I feel guilty for not finding the right solution.
- Constantly feel compelled to overcome regardless of limitations and actual needs. The person feels pressured under restrictions, impediments or emotional or family obligations.
- Therefore, the right to be what they want and to follow the desired direction is not granted.
- They doubt themselves and believe they cannot live attached to someone, but are afraid to be handled and manipulated.
- Migraine occurs when they feel terror that they might have done something wrong, living with a constant concern not to disappoint. To counter the anguish, they strive to work longer and harder than others and thus to get approval.
- It can also manifest in those who have difficulties in their sexual lives, such as repression from childhood, fear or rejection that now resurface. It's like a struggle that develops between thoughts and sexuality, which goes to your head and creates the feeling that your head is going to explode.
- I see things I do not understand and therefore do not want to see.

ROOTS

• Guilt, Fear, Stress, Anxiety, Helplessness, Frustration.

RECOMMENDATIONS

- Must learn that life is as it is, and I must adapt.
- I must learn to delegate responsibilities.

•	Things must change and I must be able to change them, that
	is, to take action.

NAME	MISCARRIAGES (See GYNAECOLOGICAL LOSSES)
DESCRIPTION	The spontaneous loss of a woman's pregnancy before the 20 th week that can be both physically and emotionally painful.
GENERAL	 Miscarriages are usually caused by abnormal chromosome patterns in the foetus. When these abnormalities are detected, the growth is halted, and miscarriage is the result. In other instances, miscarriages are caused by uterine malformations, hormonal abnormalities, problems with the immune system, chronic infections, and illnesses. After thousands of years of sin, death and personal destruction, it should not surprise us that genetic disorders would eventually become commonplace.
ROOTS	Self-rejection and self-hatred.
RECOMMENDATIONS	Look into the bloodline for legal rights.

NAME	MOLARS (See TEETH AND MOLARS)
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NAME	MONONUCLEOSIS (See LYMPH NODES)
DESCRIPTION	 Also called Glandular fever, Mono or Kissing disease. A viral infection that causes fever, sore throat and swollen
	lymph glands.

NAME	MOSQUITO BITES (See PARASITIC)	
GENERAL	Conflict due to attack on integrity in context of separation.	
	Conflict of unpleasant separation.	
	Experiencing a lack of protection.	
	Attack on aesthetics (appearance).	

NAME	MOUTH/MOUTH SORES (See LIPS/MOUTH)
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NAME	MULTIPLE SCLEROSIS (See AUTOIMMUNE DISEASES)		
DESCRIPTION	An autoimmune disease that affects the female pole, the sensitive aspect of a person and usually occurs between 20 and 40 years.		
GENERAL	sensitive aspect of a person and usually occurs between 20 and 40 years. The person had an experience in which they felt betrayed, and had suffered greatly. They refuse to accept and forgive. The sickness appears within 6 to 12 months after the shock. Devaluation, guilt, contradictions in the movement. No escape (affects the legs). Not being able to push or grab something (affects the arms). Internal rebellion against the person who caused the experience and put you on edge. To go beyond its limits is abandoned completely and the person no longer knows where to go. The person is fixed and does not evolve. The person wants someone to care for them, but tries not to seem dependant. I want everything to be perfect and that is much required. The person becomes incapacitated in order to have an excuse for not having achieved the perfect life he wanted. It is difficult for the person to accept that those who make less than he deserves, have more. As a result he feels a victim and unconsciously inhibits his ability to act. He loses his sweetness that prevents him from adapting and he cuts relationships with the outside world. "It is forbidden to grow. I must remain the child of my mom and dad." "It cannot comment, participate, decide." "I am the arms and legs and only I can fulfil my parent's project." "If I move the clan will die or get sick." "If I move the clan will die or get sick." "If I move I die, but if I do not move I also die." "If I go home, I'm in danger." "I want to be here, but I also want to be there."		
	 Left paralysis: "I want to move but I do not let myself." Identification with the wishes of the mom – "I am her arms and legs." These people have an uncompromising character, very rigid 		
	 ideas and opinions, unsympathetic. The loss of sensitivity, both physical and spiritual, makes them "hard", unattainable, both with themselves and others. 		

	They sometimes appear open, friendly, trying everyone, but they are not. In short, the sufferer has fallen into a deep hardening" that prevents him from connecting to li All the symptoms are presented to "repair" a d family tree.	"isolation fe.
ROOTS	Guilt.	
	Intense emotional trauma and shock.	
	Humiliationa and shame.	
RECOMMENDATIONS	Stop resisting their own worth and success in life.	
	Practice the act of forgiveness.	
	Recognise your own hardness and learn to be cons	istent.
	Accept the imperfection of man and admit and ac	knowledge
	defects.	

NAME	MUMPS	
DESCRIPTION	Caused by a virus from the salivary gland.	
GENERAL	 Generally affects children, although adults can also suffer when they still have open wounds of their childhoods. Saliva usually expresses love and heals wounds. But it can also be used to hurt, to express rejection or contempt. The person suffering inflammation of the salivary glands, somehow, feels they have been spit psychologically by someone who criticizes his/her way of being or ignoring them. Shut up, no more questions and eat! I wish things made sense, I would add something, but instead I only stand. Sometimes mumps are a reaction of dissatisfaction and anger toward the parent. Inside, the affected represses his/her desire to spit that person and the tension causes inflation of the glands. 	
	Separation conflict with the piece.	
ROOTS	Criticized, anger.	
RECOMMENDATIONS	Teach the child to express and cope with the conflicts that arise in life, to defend themselves, to develop their self-esteem and their own power.	

NAME	MUSCLES (See the part of the body affected)
DESCRIPTION	• The muscles are the engine, motivation, desire, physical will, the strength, the energy of realization, mobility and flexibility.
GENERAL	Muscles transform energy into action.

	Muscle problems are directly related to mental conflicts of our
	behaviour and our patterns of behaviour.
	• We talk about our adaptation or not to the outside world, of
	our resistance or acceptance of new experiences, our ability or
	difficulty to act, carry, bear, move, to vent our creative energy,
	to resist, to stand tall, to move and transform according to our
	ideas and interpretations.
	• Devaluation conflict regarding our inability to perform physical
	activity.
	 Keeps us from moving and forces us to stop.
	• I am not able to quarrel, to defend myself, to run etc.
	• Calf – Back of the leg formed by the calf muscles and the
	soleus. The calf muscles perform the function of giving
	momentum in a jump or in the beginning of a movement or
	displacement.
	 I refuse to change my mind or direction.
	 I would like to finish as soon as possible.
	• Hamstring - Thigh muscles that attach to the pelvis, tibia fibula
	and femur. Important for knee flexion and hip extension.
	 They are the muscles responsible for the movement to
	climb stairs, lifts.
	 Conflict of impotence before objectives.
	 Devaluation for sports impotence in the power effort.
	 I will not be able to overcome this situation.
ROOTS	Deal with the roots of the part of the body affected.
RECOMMENDATIONS	Learn to cope with life.

 Fungal infections that feed on dead substances as cleaned GENERAL I am the cleaner in the family. I have the responsibility to 	
GENERAL • I am the cleaner in the family. I have the responsibility to	
the problems of the family. A part of me is dying or dead. Conflict with the impossible, difficult to finish and conclue. I am unable to mourn over my dreams and live the wanted. Does what I live correspond to what I expected? I feel deceived, separated. Mycosis presents when the person is repairing the famile of dirty, rotten, smelly situations or they live a lot of streathers those dirty situations. What is the dead substance? What is my relationship with death?	ıde. life I y tree

	•	What have I not finished mourning over?
	•	Feet: I fell into a trap!
ROOTS	•	Deceived, separated.
RECOMMENDATIONS	•	Live happy and free in the present moment.
	•	Choose the cheerful and loving way.
	•	Do not stop at what seems not right or fair.

NAME	MYOPIA (See EYES PROBLEMS)
DESCRIPTION	• Sight defect that only allows you to see clearly what is close. Unable to focus on and perceive distant objects.
GENERAL	 If someone has myopia, it means he is living with fear of approaching danger that comes from behind and therefore has to monitor closely the very present. I must have a good eye. The danger may be the father, mother, teacher. It usually affects those people who have the permanent thought that something bad can come to change their happiness and the tranquillity they enjoy. I have to see what's nearby. Do not want to see what is far. The future bothers me. I cannot stand that someone dear has gone away. I do not see what's coming. I feel threatened by any circumstance surrounding me.
ROOTS	Denial, Fear.
RECOMMENDATIONS	The eyes are the lamp of the feet. Look at life through the eyes of Jesus.

NAME	NAILS
DESCRIPTION	The flattish part on the upper surface of the tip of each finger.
GENERAL	 Nails represent our vitality, the state of our vital energy. Nails express the feeling we experience to protect ourselves against the people around us and against the various events of life. The nails are symbols of defence, show nails and attack, "scratching". Nail biting: "What can I achieve by not having nails?". Person withholding himself from hurting, "scratching", attacking, killing or avenging his/her because he/she believes that the father does not protect him/her enough according to his/her needs.

	 We live with hidden hatred, but we prevent ourselves
	to do something wrong because he/she is my father,
	because she is my mother, and I love them.
	 I forbear to hurt my father.
	 Do not feel protected in regard to the details of his/her
	life.
	 Nail biting gives security and alleviates their anguish.
	 I am helpless, frustrated.
	 Biting nails can also indicate a deep insecurity of not
	feeling capable of being or doing what is expected of
	me.
	 When we feel frustrated or limited and life forces us
	to submit ourselves, or when we are not able to
	defend ourselves to express our anger and our needs.
	 In short nail biting can denote a refusal to grow and to
	assume their responsibilities.
	• Ingrown: Conflict related to the right to advance in life.
	 I have no right to advance.
	 We feel guilty, because on the one hand, we know and
	feel that we do things and on the other, we feel it's
	wrong to do that.
	 Feeling guilty because our progress bother or worry
	those around us.
	 Feeling guilty for wanting to be the best or to go
	further.
	o Forbidden aggressiveness - "I should not be
	aggressive, I turn my aggression against me".
	 I need weapons to protect myself. I cannot defend or
	attack.
	Brittle nails: Devaluation, impotence in relation to their own
	aggressiveness. It is forbidden to remove the claws.
	Feeling guilty for not being perfect.
ROOTS	Stress, fear, anxiety.
	Anger and revenge.
RECOMMENDATIONS	These people need to understand that they always do the
	things the best they can and must learn to accept themselves
	as they are.
	• We need great confidence to freely express our vitality, our
	aggressiveness and our energy.
	 Learn to show nails when necessary.
	 Learn to develop our forces without guilt or fear of
	punishment.

NAME	NARCOLEPSY (See AUTOIMMUNE DISEASES)
DESCRIPTION	Autoimmune disease characterized by moments of irresistible
	acute drowsiness during the day.
GENERAL	A need to run away. Get killed in the presence of danger.
	Conflict of devaluation, guilt and impotence.
	Fear of showing teeth, fear of aggression.
	Withdrawal from danger.
ROOTS	• Fear.
RECOMMENDATIONS	Overcome fear.
	Do not try to escape from life.

NAME	NAUSEA/VOMITS
DESCRIPTION	It is the bad feeling prior of vomiting.
GENERAL	 Nausea that occurs before vomiting is clearly a manifestation of fear and rejection of an idea or an experience. The person feels threatened and feels repugnance toward a person or thing. There's something I do not accept. I can't admit or digest it. Conflict of rejection by something imposed on me. I am forced to accept a situation that annoys me. The feeling that something wrong has happened— something that I feel responsible for. The desire for things to return to their original state as if nothing had happened. It is people who do not digest their experiences.
ROOTS	Stress, fear, anxiety.
RECOMMENDATIONS	Learn to deal with the issues of life from a position of trust in God.

NAME	NECK
DESCRIPTION	Neck refers to two-way communication – from head to body and body to the head.
GENERAL	 The pain in this part of the body expresses our difficulties to realize our desires. Mismatch between what I think and want and what I do with it really. I want something, but someone stops me. Unwilling to change. Attitude of trying to change other people.

	•	Any of these erroneous behaviours will cause us pain and neck problems.
ROOTS	•	Stubbornness.
RECOMMENDATIONS	•	Learn to be flexible, mobile, consider other perspectives, other views, other ways of seeing and doing things, security and knowledge is what gives the neck strength and necessary balance.

NAME	NEPHRITIC COLIC (See KIDNEYS)
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NAME NEPHRITIS (See KIDNEYS)	
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NAME	NERVOUS BREAKDOWN
DESCRIPTION	Nervous breakdown describes severe mental distress.
	 You're unable to function in your daily life.
GENERAL	Communication disorder by overload.
	Conflict of FEAR.
	• All fears are related to pre-gesture – the "what if something
	occurs".
	 Conflict of suffering with what we feel.
	Not wanting to feel.
	The incoming information should be treated differently.
	• Fear, Anxiety because I really want to do too much and too
	fast, precipitation.
ROOTS	• Fear.
	Anxiety.
RECOMMENDATIONS	Must learn to communicate heart to heart.

NAME	NEURALGIA (See the part of the body affected)
DESCRIPTION	A sharp pain along the nerve and its ramifications.
GENERAL	 It expresses self-punishment for considering ourselves guilty and ugly. Excess external communication and lack of internal communication with ourselves. Conflict not clarified. The affected person tries to escape from a pain experienced in the past. Trigeminal Neuralgia: Irritation and has suffered innumerable provocations.

NAME	NIGHTMARES	
DESCRIPTION	 Dreams that produce anguish and fear. 	
GENERAL	Dreams confront us with the problems and difficulties to see which is the best solution to take in the waking phase. Awareness of dreams can help us a great deal to identify possible subconscious tendencies or programs that can lead to other conflict.	
ROOTS	•	
RECOMMENDATIONS	• Identify subconscious issues that need to be dealt with.	

NAME	NODULES (See THYROIDS)
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NAME	NOSE/SINUSITIS
DESCRIPTION	Organ that allows us to breath and smell.
GENERAL	 The nose symbolically represents power (ability to take the lead in my personal or social life), intuition (smell a problem from afar), personality, pride, sexuality, curiosity, inspiration and spirituality. Smell: The nose cannot close. In animals it warns of the
	 presence of danger, discovers identity, detects the situation recognize good and bad foods, and receive sexual messages. Olfactory conflict – Do not want to smell. Of pestilence. Mucosa: I want to get rid of the smell. Conflict of anguish – Conflict of fear/apprehension. It
	 is smelly. It is my fault. Conflict of territory – I smell danger, a predator. I sense prey, hunting.
	 Olfactory paranoia: I am hiding something. Conflict of fear/distrust – The danger is ahead/around.
	I want to separate myself from the bad smell. I want to ward off the world around me.

- Right nostril: Affectivity
- Left Nostril: Danger
- Nose bones: Conflict of impairment in respect to marking my territory.
- Deviated septum: My life is built wrong. I desire to join working life with emotion. I wish everyone loved me in my work.
- **Nasal polyps**: Bad odour conflict. "Is it possible that it smells so bad?" Something dirty. Perfume I do not like.
- **Nosebleeds**, epistaxis: Hidden things are related. I have the feeling that something will happen. Loss of joy.
 - Conflict related to fear of death (witnessed the slaughter of an animal).
 - I want to leave this family. I wish someone in the family was gone.
- **Oedema and nasal scabs**: I want to separate myself from the outside to be at peace.
- Rhinitis: Separation of great danger. Deceived, my partner left me, forced to have sex in place where I did not feel safe, parents getting divorced.
 - Every year during pollen season, the old wound is revived.
- **Sinuses**: Relieves the weight of the bones to which they belong and acts as a sounding board for the voice.
 - Impotence against a person or situation. I cannot smell it.
 - Angry with someone close. Cannot handle the situation. Do not want to smell him.
 - Anger may be related to the difficulty to defend our position or ideas.
 - Expresses the difficulty to impose our authority or to deal with someone else's authority.
 - o Sense of danger or threat. Real or imaginary.
 - Sinusitis is an illusion the enemy creates. Our immune system is broken down and things are used as triggers to give sinus.
 - Sinus comes from FEAR, ANXIETY and STRESS
 - Bad odour conflict. Something does not feel right.
 Something is dubious.
- High nose is a symbol of pride.
- Aquiline nose is a very rigorous character and a certain hypocrisy.
- Long, sharp nose stick noses everywhere.
- Wart on the nose brings image of evil and danger.

	•	Slightly curved nose denotes elegance.
	•	Runny nose: Inner cry because we do not feel valued and
		wants someone to protect and help us. Conflicts of fear.
		o Runny nose inward: Internal moaning by a sense of
		victimization.
	•	Stuffy nose : We do not appreciate and accept ourselves as we
		are.
ROOTS	•	Fear, anxiety, stress.
	•	Pride, stubbornness.
RECOMMENDATIONS	•	Deal with a prideful attitude.
	•	Repent before God and humble yourself.
	•	Overcome FEAR!

NAME	OSTEOARTHRITIS (See RHEUMATOID ARTHRITIS) (See the
	part of the body affected)

A condition in which bones become weak a constantly absorbs and replaces bone tissue. With osteoporosis, new bone creation do old bone removal. Loss of strength, identity or female utility: I am getting to an age where I cannot afform a lam not attractive. I never will be so pretty again. Will my husband still love me. Bone tissue is always affected when a perform unexpected loss of self-esteem. Such devaluation conflict can be triggered been able to defend myself—failing at work identity. I do not feel supported by my family. Feeling powerless in social relations. There is osteoporosis from oestrogen demenopause and there is osteoporosis.	
 I am getting to an age where I cannot afform. I am not attractive. I never will be so pretty again. Will my husband still love me. Bone tissue is always affected when a per unexpected loss of self-esteem. Such devaluation conflict can be triggered been able to defend myself –failing at word identity. I do not feel supported by my family. Feeling powerless in social relations. There is osteoporosis from oestrogen de 	ies.
 menopausal and comes from a spiritual ro What are the tragic circumstances ENVY/JEALOUSY/BITTERNESS? Cannot defeat osteoporosis while you ar because it prevents bone density increase 	son experiences an by an unfair remark. Cited and I have not bork, having lost our disciency because of its which is non-ot. of life causing the on "prednisone"

ROOTS	• Root is envy and jealousy. A sound heart is the life of the flesh; but envy the rottenness of the bones. Proverbs 14:30
	Bitterness.
RECOMMENDATIONS	Forgive yourself and others.

NAME	OTITIS (See EARS)	
DESCRIPTION	The most common type of ear infection is called otitis	
	media. It is caused by swelling and infection of the middle	
	ear. The middle ear is located just behind the eardrum. An	
	acute ear infection starts over a short period and is painful.	

NAME	OVARIES	
DESCRIPTION	The sex glands that secrete woman female sex hormones and form eggs to be fertilized.	
GENERAL	 They represent motherhood, the desire to procreate, the vital relationship with a child, fertility, sexuality, creativity, skill in creating and femininity, by the fact of being a woman and being filled or satisfied as a woman. Problems indicate that she has lived a situation where she has lost the basic family ties, perhaps because the family is toxic. Or because the father is an abuser, rapist and has stopped talking to her. Or maybe she is an orphan and has no familiar past. In serious cases she has a difficulty with her own child or a family member. Germ cells: After an event where she lost a loved one - death of a child because of an accident or illness, or abortion. Or loss of someone with whom she has no blood ties, but whom she loved as her own child, or loss of a pet. The sense of loss can be symbolic: I have lost my husband, because he no longer pays attention to me. He is never at home. It can also be the loss of a project she loved (her "baby") and could not carry out. The project has been 	
	aborted.	
	 Ovaries: Connective tissue. Less serious than the conflict of germ cell loss. 	
	 Conflict of loss of a possible child (abortion). She has felt belittled or hurt by a man. 	

		 Semi-genital ugly conflict, accompanied by guilt. A "low blow". Fear anticipating to lose.
	•	Polycystic ovary: Woman who are very jealous, very
		controlling, with excessive responsibilities.
		 Weigh their husbands to be emotionally immature.
		 "Seduction attracts the male."
		 "I am ugly, worthless and do not like the boys."
		o "My boyfriend left me for someone prettier and
		better."
	•	Right ovary : Has to do with the "pull" that she exercises on a
		man.
	•	Left ovary : Related to her own "reproduction.
	•	Discomfort in ovaries when she has difficulty expressing
		creativity in any area of her life.
ROOTS	•	Deal with the above roots of the applicable condition.
RECOMMENDATIONS	•	Accept all feelings and express your inner wound so it can heal
		and you can look to the future with a more positive look.
	•	Contribute to life.
	•	Express creativity in other directions.
	•	Learn to trust men.

NAME	OVERWEIGHT/OBESITY
DESCRIPTION	 Body weight above what is considered healthy, often measured using body mass index. Above a body weight considered normal or desirable.
GENERAL	Obesity and overweight are manifestations of our material and emotional insecurity.
	 Feeding represents the first link with life and love, that is, with the mother.
	If we feel unsafe or unloved at some point in our lives, the original instinct will drive us to restore food security.
	• It is almost always the result of a lack of acceptance and love that spoils his/her body.
	• It is a way of devaluing his/her image. I am ugly. I am not attractive so no one may love him/her.
	It is a way of denigrating or self-punishment.
	• This self-hatred is as a result of the humiliation suffered by
	their parents, and especially by his/her mother, between two
	and three years old, at the stage of autonomy.
	 Almost always a domineering, possessive mother who exercised strict control over their diet, physiological functions, thoughts, feelings and creativity.

- Reaction to have been humiliated?
- He/she suppressed his/her feelings and creativity and started living a hidden life, reserved.
- He/she created a huge wall around himself/herself, great physical strength, which feels like a prison.
- He/she is inside, complaining, suffering, resentful with the world and others.
- Being big and strong is more reassuring than being a rebel and being recognized, located and seen by family members.
- Obesity is the result of this repressive state and his/her inability to leave it, to feel free.
- I am in jeopardy of life or death.
- Losing weight or fat has nothing to do with food.
- What you would have to ask yourself is why my body is not metabolizing food, that is, it is not transforming fat into energy.
- Overweight is related to actual abandonment syndrome or feeling of having been abandoned in our more or less distant past by a particular person, especially a parent.
- In many cases this syndrome of abandonment occurs during childhood.
- They have maintained long-established beliefs that have shaped his/her personality and have marked their way of seeing the world and how they relate to others.
- In the belly protection of a child or I feel that my life is controlled by my wife. The bellies that fall covering the sex have a conflict of ...
 - I protect my sex so that nothing happens there.
 - I protect my sexuality I do not want sex.
 - I feel inferior sexually.
 - o I feel my genitals will not be accepted.
 - We must look for abortions or child death.
- **Thigh Fat:** Protection of sexual type find abortion.
- Shoulders and upper back conflict of I must be stronger to carry these charges abandonment by the father.
- Fat I can only be with myself.
- Balloon conflict Repetitive themes related to spirituality my inner and superior self.
- In an abortion or a death, we increase the amount of kilos to continue feeling the pregnancy inside us. I miss someone, their shape, their weight in my life.

ROOTS

- Unloving Spirit.
- Unprotected.

RECOMMENDATIONS	•	Learn to leave the humiliation behind and be creative by
		yourself.
	•	You need to dare to say NO sometimes.
	•	What do I really want? This reflection will help a lot.
	•	You should try to lead a fulfilling SEX life within your legal
		relationship, without getting influenced by beliefs contrary to
		nature.
	•	You need to let life flow and take responsibility to get out or
		prison.
	•	Be free and love unconditionally.
	•	Need to have self-esteem, recognized as valuable people and
		learn to trust life and themselves. They need to admit that
		there are people who love them. They need to learn to fully
		love and to love themselves.
	•	They also need to accept sexuality and learn to fully enjoy it

NAME	PAIN (See the part of the body affected)
DESCRIPTION	 Sensory and emotional experience that is generally unpleasant and can be experienced by all living beings that have a central nervous system. Pain is a warning sign that there is something that is not well.
GENERAL	 It is the brain's way of keeping us in absolute rest, which allows us to recover in the shortest possible time. The pain does not start in a random place. The brain has an extraordinary precision and therefore it will not be the same conflict when we experience a pain in the knee, than a pain in the shoulder. Each muscle and joint of the body has a different function and we must analyse and find the biological meaning of inflammation at that particular point. Pain in general is a warning sign. Conflict that aggravates pain. Feeling of hidden guilt that seeks self-punishment. The resistance to pain itself, its negation produces an increase in signal intensity. Muscle pain: Opposition, incapacity or impotence regarding someone from the outside. Neuralgic pain: Conflict related to displacement to "catch to bite". Conflict with authority and its orders to us.
ROOTS	Self-punishment.
RECOMMENDATIONS	Deal with the hurt and regrets of the past.Forgive yourself.

NAME	PALATE	
DESCRIPTION	• The upper wall of the oral cavity, divided into two parts – the	
	soft palate and the hard palate. In-between hangs the ovula.	
GENERAL	 If the palatal mucosa is effected it indicates we are suffering a conflict of separation from someone or something symbolically to our unconscious. It represents a bite/food (work, home, man, woman, etc). Or, although we are in contact with the bite, we do not fully 	
	possess it.	
	• In babies it means they were prematurely separated from the mothers breast.	
	 The palate bone is affected when we experience conflict of impairment that prevents us the access to bite. "I am not able to catch the bite." "I had it in my mouth but it suddenly escaped me." 	
	• Cleft palate means we believe that we are not able to take the bite because it is too big.	
	• Velum – Snoring can be affected. "My word is imprisoned."	
	• Snoring when breathing in – I wish someone was closer to me.	
	"I need you."	
	• Snoring when breathing out – I want to alienate someone	
	from my environment. "Go away, I do not need you."	

NAME	PANCREAS
DESCRIPTION	 Pancreatic enzymes are the most powerful of all. If enzymes are missing, food sits in the stomach or intestine and is expelled again undigested, so the body does not get the necessary energy from food.
GENERAL	 You have lived or are living a situation where someone has dishonoured you. We can find two conflicts – ignominy (skande) and resistance (weerstand).
	 I have made a disgrace, something that is detestable. I have lived something unacceptable by someone from my family, my work and my social life.
	 Conflict of fear and disgruntled members of the family when big crap has happened to them related to an inheritance. Be fooled within your own family.
	 I fight for my bite. My brother stole my share of the inheritance. Situation that makes you feel bitterness or discouragement

	•	Pancreatic cancer – Due to a setback that occurred. Most of
		the time it is in the family and cannot be digested. Related to
		an economic matter – distribution of money, property.
ROOTS	•	Humiliation, shame.
	•	Bitterness.
RECOMMENDATIONS	•	Approve yourself.

NAME	PARALYSIS (See the part of the body that is paralyzed)
DESCRIPTION	It refers to deprivation paralysis or decreased sensory or motor function.
GENERAL	 motor function. Disgruntled conflict, opposition to the movement, motor skills, lack of initiative or not knowing a way out. What paralyses me? These people feel well corralled by the family environment or the circumstances of life. They cannot make decisions about their lives. It is not possible to go further because something or someone prevents it. Things did not happen as I wish and I cannot react. I would rather escape without a trace. Conflict of lack of initiative. "I do not know where to go. I am paralyzed." May also indicate the person does not accept their way of being, no freedom of action (arms) or motion (legs) is granted. Right side – "I am compelled to act but want to be quiet and do nothing." Left side – Corresponds to a "prevented" gesture. "I would like to do something but I do not allow myself to." Legs – Conflict of not being able to escape. Arms and hands – Conflict of not being able to retain or reject. Back muscles and shoulders – The conflict cannot be avoided. Born with Cerebral Palsy: Indicates a warning to the mother to not procreate. Congenital malformation Cerebral Palsy: Intended to cleanse the family tree because of a highly toxic family.
	Mission of the child born paralyzed is to soften and bring an act of love into the family. "Achieving a family full of love and pages."
ROOTS	peace."Deal with the roots of the part of the body that is paralysed.
RECOMMENDATIONS	We have to face conflict sooner or later.Do not flee from it.

NAME	PARASITIC	
DESCRIPTION	An organism that lives in/on another living thing at its expense.	
GENERAL	 Parasites take advantage of the leftover energies of an organism. Conflict of delivery of power. 	
	Conflict of feeling abused and parasitized by others. Others live on me. Someone is my parasite.	
	Others live on me. Someone is my parasite.	
ROOTS	Abused and misused.	
RECOMMENDATIONS	Forgive others.	
	Learn to stand up for yourself.	

NAME	PARKINSON'S DISEASE
DESCRIPTION	Parkinson's has a deficiency of dopamine as the cause.
GENERAL	 It is either under- or over-secretion of various neurotransmitters. There is either a genetic or spiritual component behind it. Either way, it has a spiritual root. Unresolved rejection - massive amounts of abandonment, rejection, and hope deferred (uitgestelde hoop). Personal and family involvement may be implicated. Hope deferred make the heart sick: but when the desire come, it is
	a tree of life. Proverbs 13:12 'n Uitgestelde hoop maak die hart siek; maar 'n wens wat uitkom, is 'n lewensboom. Spreuke 13:12
	Parkinson's is the results of lowered levels of dopamine - the pleasure neurotransmitter of the body. The plant of the body.
	• Faith is the substance of things hoped for. Now faith is the substance of things hoped for, the evidence of things not seen. Hebrews 11:1
	Die geloof dan is 'n vaste vertroue op die dinge wat ons hoop, 'n bewys van die dinge wat ons nie sien nie. Hebreërs 11:1
	 When you have hope deferred it is a state of lack of faith. Therefore dopamine values are lowered resulting in the tremors of Parkinson's.
	• Beginning of healing is in the second part of this scripture:but when the desire come , it is a tree of life. Proverbs 13:12b
ROOTS	Abandonment.Rejection.Deferred hope.
RECOMMENDATIONS	Dopamine values will increase with respect to the renewed desires which are the foundation of hope.

•	Hopelessness is then defeated and the disease can be healed.
•	Disease can be prevented by avoiding brooding over past
	failures and mistakes.
•	Things of the past that did not work out need to be released
	and new projects planned.
•	Don't cry over spilled milk - find a new cow!
•	Pick up your failures - leave them in the past and let HIS mercies
	and faith be part of your new day in Him.

NAME	PELVIS (See UTERUS)	
DESCRIPTION	• The bony structure that is in close connection with the uterus.	
GENERAL	 It is related to reproduction and sexuality. 60% of cases – "I am not good at sex". 20% of cases – "I cannot gestate, accept, receive, care for, protect a new-born." Conflict of sexual impairment. Sexuality outside the norm. At some point we consider the sexual life as something wrong. 	
	• Feel unattractive to my husband or partner.	
	Foetal death in uterus or at birth.	
ROOTS	 Pelvis problems may be related to: Infertility. Abortions. Difficult births. Ineffective contractions. Emergency Caesarean. 	
RECOMMENDATIONS	Allow Jesus to restore twisted perceptions of sex.	

NAME	PENIS	
DESCRIPTION	The male reproduction/sex organ.	
GENERAL	Sexual devaluation conflict with humiliation, disgrace, mortification trend.	
	• Skin problems : Conflict of rape in the ancestors. "My grandfather was a rapist."	
	• Phimosis (Tight foreskin): Conflict of protection. "I am afraid to have an erection, to show my manhood, my masculinity, my aggressiveness." "It is forbidden to have sexual pleasure." "One of my parents wanted a daughter – I hide my sex with phimosis."	
	Small penis: Conflict of ancestors or project meaning in relation to sexuality. Alpha male in the family who chickened	

		the male lineage. Conflict in which there is a great stress by
		pregnancy (unwanted, rape, etc.)
	•	Lapeyronie: Conflict of sexual impairment. "I am incapable."
	•	Incestuous conflict: My partner is a double of my mother. I
		formed an incestuous couple with my mother and, as I have
		fear of incest, I should not have erections.
	•	"I think of someone else when I have sex. My head is not here.
		I want another partner."
	•	Equivalent in woman is the retroverted uterus.
	•	Problems in the glans : Conflict of dirty sexuality or rejection of
		masculinity. Rapist memories.
	•	Balanitis (inflammation): Conflict of extreme action (or
		desire). Too hot. I must force myself to be expressed.
		Separation conflict in the key of "not being able to penetrate,
		ejaculate, sow, whether by prohibition (real or symbolic
		castration) or to prevent overprotection.
ROOTS	•	Deal with the roots of each condition.
RECOMMENDATIONS	•	Allow Jesus to restore your perception of masculinity and
		manhood.

NAME	PERITONEUM
DESCRIPTION	The serous membrane that lines the abdominal cavity.
GENERAL	 The person is living or has lived an emotional conflict related to fear. Something makes us panic about what happens in my belly. Someone has attacked my integrity. I want to protect my belly, or my baby. I am afraid to get cancer. The person has felt attacked or is afraid to feel pain in the abdominal cavity It may arise after receiving news of a serious diagnosis or the person has been hurt by a bad word of offense perceived as an
	abdominal blow.Conflict of identification.
	Emotional conflict with someone very close.
ROOTS	• Fear.
RECOMMENDATIONS	Review the emotional relationship.

NAME	PHARYNX/THROAT
DESCRIPTION	Your throat is a tube that carries food to your oesophagus and
	air to your windpipe and larynx. The technical name for your
	throat is the pharynx. Throat problems are common.
GENERAL	We have lived or are living an emotional conflict in which there
	is a piece, a morsel we cannot have swallow, taste or spit.
	I want to have something that I cannot have.
	I want to catch and retain the essence of my mother.
	I want to hold the piece in the throat so no-one will remove it.
	I do not get to catch the love of my partner.
	I want to say something I should not say.
	Generally, a throat problem will be related to our inability to
	speak, say, accept something that desire, destructs of fear of
	expressing ourselves.
	I prefer swallowing to saying it.
	I cannot express myself. I cannot be creative.
	I do not get the food I desire. I do not accept what I am trying
	to swallow. I cannot ask for help.
	I suppress my anger. I am unable to express myself.
	Usually problems in the pharynx appear after an argument, a
	fight, a dislike of someone close, a friend or a trustful person
	of us – where the person was shaken in his/her sensitivity and
	was forces to speak, forced to say something he/she did not
	want to.
	 To say something that I should not have said, or not saying something that we wished to express.
	 I could not defend myself – I said nothing – I have my repressed
	rage and anger – I swallowed my anger.
	 I may not express my ideas and my creativity.
	I am not allowed to say what I think or feel.
	I refuse to be different to act differently to say that.
POOTS	Suppressed anger and inability to express myself with
ROOTS	confidence.
RECOMMENDATIONS	Learn to speak up for yourself and to discuss issues.
RECOIVIIVIENDA HONS	- Learn to speak up for yourself and to diseass issues.

NAME	PHLEBITIS (See BLOOD, THROMBOSIS, VARICOSE VEINS)	
DESCRIPTION	Inflammation of a vein near the surface of the skin.	

NAME	PIMPLES (See the area of the body affected)
DESCRIPTION	A pimple is a small pustule or papule. Pimples

	•	develop when sebaceous glands, or oil glands, become clogged and infected, leading to swollen, red lesions filled with pus.
GENERAL	•	Does not feel loved or valued by their parents.
	•	Suffers from lack of self-confidence and self-esteem.
	•	After pimples, there is a desire to hide this ugliness.
	•	Fear of emotions.
ROOTS	•	Unloved.
RECOMMENDATIONS	•	Learn to love yourself.

NAME	PNEUMONIA (See LUNGS)
DESCRIPTION	• It is a pulmonary condition, specifically of the alveolar spaces
	or the bronchi, most of the time of infectious origin.
GENERAL	Phase of healing of a territory conflict or fear of death.
	 Fear of invasion or robbery in the territory.
	• It corresponds to emotional wounds that we have not been
	able to overcome.
	We have experienced a very painful attack by someone who
	belongs to our environment and we are destabilized, weak,
	defenceless, desperate, so we have lost faith and hope in life
	and in ourselves.
	• Pneumonia appears as a healing process in a conflict of
	territory that we have suffered previously.
ROOTS	• Fear.
	• Defenceless.
	• Desperate.
RECOMMENDATIONS	Break the barriers to communication.
	Create contact, communication and freedom of exchange with
	all living beings.

NAME	POLIOMYELITIS (POLIO)
DESCRIPTION	• It is an infectious disease caused by a virus that affects the spinal cord.
GENERAL	As in any inflammatory process there is a great deal of anger contained.
	• The affected person may feel dirty inside which gives him/her great despair.
	• Conflict of large devaluation in the movement or displacement under orders in which there is no alternative.
	 Usually, it occurs at the beginning of dictatorial governments, by the feelings of being dragged through life.
	Not leaving, not resisting when we are invaded.

	•	There is a conflict of relationship between interior and exterior. We have disrupted our ability to go towards others, humiliation or jealousy. I want to stop someone.
ROOTS	•	Anger.
RECOMMENDATIONS	•	Get rid of inhibitions, fears or anger contained. Being saved by humility.
	•	We must examine the ancestors and seek memories of looting (plundering).

NAME	POLYMYALGIA RHEUMATICA (See SHOULDERS, NECK
	and HIPS)

NAME	PREGNANCY
DESCRIPTION	Biological pregnancy is like a tumour and at first the mothers body produces anti-bodies to deal with it. Pregnancy is the only natural growth in the womb with cell multiplication, with the peculiarity that it is cells of another person.
GENERAL	 Fertilization is the realization of a project — conscious or unconscious. Pregnancy itself may constitute a conflict, but the woman is unaware of it. It may be an unwanted child by failure of contraception. It may happen in an unwanted point of her life. Pregnancy can also represent the resolution of conflict. She may have felt worthless and devaluated by not being able to get pregnant. She could have problems of lack of recognition of her own femininity and yet, when she becomes pregnant, these conflicts disappear. The resolution of these conflicts is often accompanied by physical symptoms such as oedema or vomiting, which usually disappear within two months. If they occur longer, they could affect the normal development of the baby. Ectopic/tubal pregnancy: A fertilized egg is implanted outside the uterus. The conflict is that the woman wants to get pregnant consciously but unconsciously she wants to not get pregnant. She wants and does not want it at the same time. She rejects the pregnancy for different reasons: concerns, financial problems, work problems, no time to deal with a baby, etc.

- "It is not the right time." "I cannot afford a baby, take responsibility for a baby."
- o "It is not a proper father."
- o "My pregnancy is out of standard."
- The couple has a violent relationship.
- Addled egg or anembryonic gestation: The egg is fertilized but does not start with the process of cell division. The egg is "empty".
 - The mother is pregnant with a wish. She has a desire to get pregnant but without a project, without concretizing.
 - The mother has a great desire for a child but the father has a great desire to not have a child, or vice versa.
- Uterine contractions during pregnancy:
 - May be due to a drama lived by the mother (possibly with her own mother) during pregnancy.
 - o The uterus acts as if to get rid of the baby.
 - The baby may feel the pain and lack of space.
- **Toxaemia**: The placenta gets toxic.
 - "I am scared to death. I am afraid to die during childbirth."
- Eclampsia: Acute toxaemia of pregnancy consisting of repeated convulsions followed by coma. It causes serious problems such as in partum haemorrhage, hypertension, oedema, epilepsy, kidney problems.
 - "I want to kill someone (father, husband) to give birth to this child."
 - Oedema in legs or arms may be a phase of resolution of an earlier conflict to the design and the notion of this resolution appears; "I lost all my references."
- **Bleeding**: It represents the family and shows conflict in relation to the family.
 - o "I want to remove someone from my family."
 - Blood clot means: "I want to eliminate the union between two people. This union is attacking me."
- Anaemia: Occurs in highly conflictive families.
 - "I do not want to disturb the others. I do not want to take their oxygen. I have no right to be in this family. I have no right to fight."
- Haemorrhoids: "I have no place in this family. I have no place with this new identity of being a mom." "Am I my child's mother or my husband's wife?"
- Overproduction of milk: "I am afraid for the baby during pregnancy (having done several amniocentesis, for e.g.)"

- **Softening**: Devaluation conflict that softens the bones. "I feel useless."
- RH incompatibility: "I do not want this toxic and deadly family and must protect my baby." "I wish my child did not belong to this family."
- **Oesophageal atresia**: The oesophagus does not develop properly.
 - "My child does not need more than me and I give it all through my blood."
- **Hypertension**: I resist to defend myself and fight to protect my family. Maybe the partner does not want the baby and wants her to miscarry it.
- Umbilical cord round the neck: May feel some pressure at a throat level. As adults these people often have difficulty making a living, to be autonomous financially, because their unconscious recorded the age of autonomy the output of the maternal belly represents danger of death.
- **Fluid problems**: "If I have liquid I can die" Mother problems with the partner.
- Placenta previa: "I protect my child from a violation of the father or any other aggression."
 - "My child could be attacked." (Maybe the mother does not want sex during pregnancy, but the father does.)

• Placenta abruption:

- In woman who drink, smoke or take drugs "I am afraid to be toxic and harm my baby."
- Woman who are afraid to relate "The outside world is dangerous."
- Cancer of the placenta: "I feel afraid of not being able to get along with my pregnancy."
- **Twins**: May be linked to the loss of a previous child or other child deaths in the family.
- **Hyperthyroidism**: "We must quickly make many children to gain time.
- Blocked childbirth: Pregnancy goes well but the birth is blocked – foetal distress and emergency caesarean.
 - As adults these people develop their projects well but find it difficult to complete them. There is always something that prevents them from successfully concluding what they undertake.
- **Very quick births**: "Being born quickly saved my life." As adults they do everything very fast and have many ideas.

	•	Slow births: "Being born slowly saved my life." As adults they
		are in no hurry and do everything slowly, sometimes lazy.
	•	Breech birth: "I show who I am." "I was expected as a male but
		is a girl or vice versa." "I want to backpedal – I am afraid of
		going forward."
	•	Delayed birth : Child – I do not want to go out. Mother – I want
		to remain a child. I am not prepared to become a mother. I am
		not ready to leave my baby.
	•	Caesarean: As adults they unconsciously believe that they
		always need help to perform a task. They take action but do
		not continue. May have difficulty in school, work and live their
		responsibilities with great suffering. They feel helpless and
		indecisive.
		Emergency caesarean: Mother refuses to give birth because of
	•	
		strong conflict with her partner.
	•	Forceps: "Thanks to the forceps I am still alive." As adults they
		find it difficult to reach the end of their decisions and demand
		others to help, as the third party who helped them to be born.
		They prefer working in groups. They feel they are never good
		enough. They may suffer chronic lack of will. They may also
		fear physical contact or feal that their heads and hearts are
		separated. They are usually very intelligent people.
ROOTS	•	Deal with the above roots of the applicable condition.

NAME	PREMATURE EJACULATION
DESCRIPTION	Emission of semen occurring just before or shortly after beginning sexual intercourse.
GENERAL	 It represents the unconscious fear of being caught or discovered by a predator. Fear that someone might surprise you and interrupt you.
	• It responds to a tremendous fear of being "caught by the father" in the sexual act, because he had suffered under a hard, domineering father.
	 The father fears that the son might take his place of power in the family. The son never feels at peace to enjoy a sexual act. "My father castrates me and I have no right to be a man and
	 express myself sexually." "When I make love I am in danger, will be surprised, caught." It can also be linked to early sexual experiences. "I feel guilty for masturbating." "Something feels bad or sinful."
	It can also impose pressure on my desire to achieve optimum results. "I want to prove myself and my partner that I am capable. This pressure can cause us to fail in the challenge.

ROOTS	•	Tremendous fear.
RECOMMENDATIONS	•	Strengthen your self-esteem and know that you can enjoy sex.
	•	Realize that the father is not there.
	•	Mature emotionally and resume responsibility for your life.

NAME	PRESBYOPIA (See EYE PROBLEMS)
DESCRIPTION	• Farsightedness is a defect where the eye does not see nearby objects clearly because of poor accommodation of the lens. Appears around age of 45 and progress to 60.
GENERAL	 It translates our inability to objectively see reality and the things around us. We have difficulty to adapt to people and circumstances. Suffer from a lack of "accommodation" in life. "I do not want to see what is in front of me." Perhaps it is difficult to see our current family or work environment. We do not enjoy our present by fearing the uncertain future. It is a loss of enthusiasm for the present and fear about a distressing future. It often reflects the fear of aging. It is difficult to look in the mirror and see our body changes. "I am afraid of death, retirement, illness, old age. "I will not have enough time to carry out my projects."
ROOTS	Fear of old age and the future.
RECOMMENDATIONS	 Learn to accommodate the circumstances. Clearly see your present reality. Accept, confront and overcome. Grow old with joy. Divert attention from our physical to our strengths and qualities we have acquired in the emotional and mental planes.

NAME	PROSTATE
DESCRIPTION	The prostate is a walnut-sized gland located between the bladder and the penis.
GENERAL	 Prostate cancer can occur as a results of a serious or professional failure after retirement, especially for those who live their profession with passion and for whom work is the only thing that give meaning to their life. Conflict: I want to have sex, but I cannot. I will not be able, I cannot satisfy her.

	•	Dirty sexual conflict – Anogenital conflict.
ROOTS	•	Anger .
	•	Guilt.
	•	Self-hatred.
	•	Self-bitterness.
RECOMMENDATIONS	•	Forgive yourself and allow God to heal memories of failure.

NAME	PSORIASIS (See AUTOIMMUNE DISEASES and SKIN)
DESCRIPTION	 The skin cells build up and form scales and itchy, dry patches. It is an autoimmune condition.
GENERAL	Manifests after major conflict of separation because of death, divorce, etc.
	 The individual always hides a great fear to separate from what he loves, afraid to change direction and to live apart from what makes him feel protected.
	"I feel lonely, attacked, wounded and need protection."
	 What kind of protection? Traditional protection is by a parent or someone representing the function. "I need you, Dad. I do not feel protected, so I protect myself by the thickening of my skin!"
	 Need for parental protection may be demonstrated when the affected is exposed to the sunlight and improvement is evident. The sun represents the father.
	• "The more I am in the sun the more I am in touch with the protective figure of my father and I feel protected."
	 A real or symbolic father who could not protect someone can also suffer from psoriasis. Or a young boy who could not protect his mother from the fathers abuse.
	Two different, but related separation conflicts can occur at the same time. One conflict assaults me (forces me to part with something against my will) and the other conflict makes me live a painful separation and a new life.
	• One of these conflicts I have not overcome, the other is in the healing phase. I am over it.
	Physical separation from the father, mother, family, friend, but also separated from myself, my principles and identity, such as
	 separating from family to study in a foreign country. Psoriasis is a dry shell that masks the secret desire to be loved and cherished.
	It manifests in hypersensitive individuals that need love from others but are afraid of contact. They need to toughen up and

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	isolate inside a shell which protects them from injury, but also
	prevents access to affection and love.
	The person is emotionally lonely and may suffer an identity
	problem because they do not feel recognized.
	They find it difficult to accept who they are in life. They seem
	to want a "new skin".
	• "I try to protect myself and the best way is to be someone
	else."
ROOTS	Unprotected.
	Rejection.
	Unloved.
RECOMMENDATIONS	Realize that any change implies a new beginning and new
	opportunity to explore a new environment, new people.
	You are able to overcome any obstacle and move forward with
	confidence and love.

NAME	PUBIS/PUBALGIA/SPORTS HERNIA
DESCRIPTION	Tend to affect mainly males.
GENERAL	 Related to conflict in puberty of fondling, rape or a traumatic sexual experience. In adulthood they are due to an impairment related to the
	sexual act itself with a passing impotence or a problem of adultery.
	• I am not good at sex. Is my partner satisfied? Am I going to fast with my partner?
	 Can be due to aesthetic impairment. Who am I comparing myself with?
	I must protect my genitals from rejection. I am not competent on sexual level. I am a bad sexual partner. My partner compares me to another man/woman. Maybe my partner does not like my genitals.
	In a woman it means she feels devalued at sexual level, both functionally and aesthetically.
	When a woman has problems after experiences of difficult birth, they should refer to similar experiences of the ancestors and try to heal it.
ROOTS	Devaluation.Humiliation.
RECOMMENDATIONS	Value yourself and allow Jesus to heal your wounded self-image.

NAME	PURPURA (See AUTOIMMUNE DISEASES and CONTUSION)
DESCRIPTION	Purpura comes in the form of spots and are bruises caused by
	bleeding in the skin.
	Autoimmune sickness cause.
GENERAL	I am sick in this family.
	Contradiction between wanting to be tied to the family, but
	not be bound by it.
	I do not want to be part of this family but do not want to
	abandon them.
ROOTS	Deal with the roots of autoimmune sicknesses.
RECOMMENDATIONS	Learn to love yourself.

NAME	PYORRHEA (See JAW)
DESCRIPTION	• It is an infection that damages gums and can destroy the jaw.
GENERAL	 It manifests in very indecisive people who have real panic when making decisions or expressing themselves. They repress aggression for fear of hurting others or of being hurt by others. "I could bite, but I have no right to."
ROOTS	Fear of making decisions.
RECOMMENDATIONS	Learn to trust your ability to make good decisions.

NAME	RADIUS (See FOREARM)
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NAME	RASH (See the area of the body affected)
DESCRIPTION	Changing in the skin's appearance, colour, texture.
	• Redness, bumps, or itching caused by infections, allergies or
	reactions to substances.
GENERAL	By this skin irritation we get someone's attention to listen to
	us, pay attention and provide care and affection. (Usually in
	babies)
	• It could be due to pre-rejection by the parent.
ROOTS	• Separation.
RECOMMENDATIONS	Hug and comfort the baby and tell him loving words.
	Review whether or not it reflects to the father or mother

NAME	RESTLESS LEGS
DESCRIPTION	Also known as Willis-Ekborn Disease.
	Nervous system problem that causes unstoppable urge to
	move.
GENERAL	I must move and act.
	I cannot afford to do nothing. I must not rest.
	The person is trying to run away from emotional pain.
	Trying to escape an uncomfortable situation.
	The person feels stuck or trapped.
ROOTS	Fear, anxiety, stress.
RECOMMENDATIONS	Learn to deal with the issues of life.

NAME RHEUMATISM (See ARTHRITIS)	
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NAME	RHEUMATOID ARTHRITIS/OSTEOARTHRITIS (See
	ARTHRITIS and AUTOIMMUNE DISEASES)
DESCRIPTION	 These are autoimmune diseases that affect the joints of the skeleton - the tissues, the cartilage and the connective tissue of the skeleton. It acts on the body like this: White corpuscles decide the bacteria and the viruses are not the enemy and they attack your joints and cartilage instead. In rheumatoid arthritis basically there is a proliferation of white corpuscles which congregate in the connective tissue of the skeleton and like a Pac-Man they start to eat away and destroy the material.
GENERAL	 It is degenerative. As the person attacks themselves in self- hatred, so the body conforms to this spiritual dynamic and attacks itself in return.
	 Many wish they were dead and will say so if you talk to them long enough. They don't believe they belong on this planet. They don't believe God loves them.
	 They don't believe anybody loves them. They don't even love themselves and when you get into it, they are attacking themselves spiritually.
	 There is a spirit of infirmity coming to agree with them and to mutate the biogenetic character of the white corpuscles. They take an assignment from the devil and not from God who created them. They are on a mission of destruction! The only way to heal from rheumatoid arthritis and other autoimmune diseases is to accept ourself once and for all and

to get the self-hatred, the guilt, the lack of self-esteem and the junk out of your life.

- When you do not accept yourself you hate yourself and you have called the living God who loved you from the foundation of the world a liar.
- You have declared he made a mistake in saving you. When you say this the devil agrees.
- He is right there to bless you with the opposite of your Father in heaven's blessings and this is where the "spirit of death" comes in.
- Say it: "I shall live and not die and declare the glories of my GOD in my generation". What glory is there if the grave takes me prematurely!!

I shall not die, but live, and declare the works of the LORD. Psalm 118:17

For the grave **cannot praise thee, death can not celebrate thee**: they that go down into the pit cannot hope for thy truth. Isaiah 38:18

• God does not need you in heaven. It is religion that wants you to go to heaven. God created man for eternity to be on earth.

The heavens are the Lord's heavens, but the earth has He given to the children of men. Psalm 115:16

- You are for no good in heavens for Him He needs you on earth. He has birthed you by His will in the generations of your ancestry and He has called you by His Spirit.
- He has redeemed you to Himself for His glory on the earth to establish His Kingdom - His love - His grace and His mercy through you until you just run into heaven when you have finished all things in your generation.
- It is an error to even suggest God needs a disease as a vehicle to get you to heaven. There is much evidence to the contrary in Scripture.
- In rheumatoid arthritis the body attacks the body. As the person is spiritually attacking himself or herself - the body conforms to it spiritually and there you have it.
- It will be very difficult to be healed of rheumatoid arthritis or any other autoimmune disease as long as you are buying that lie and allowing GUILT and SELF-HATRED to rule your thoughts and lives.
- It is not possible to be healed because God is not going to honour it. He says you are fearfully and wonderfully made:

I will praise thee; for I am **fearfully and wonderfully made**: marvellous are thy works; and that my soul knoweth right well. ¹⁵ My substance was not hid from thee, when I was made in

secret, and curiously wrought in the **lowest parts of the earth**. ¹⁶ Thine eyes did see my substance, yet being unperfected; and in thy book all my members were written, which in continuance were fashioned, when as yet there was none of them. ¹⁷ How precious also are thy **thoughts unto me, O God! How great is the sum of them!** ¹⁸ If I should count them, they are more in number than the sand: when I awake, I am still with thee. Psalm 139:14 18

 Gods hand has been upon you since before the foundation of the earth. Before your parts in continuance were fashioned from the dust of the earth - He knew you and He ordained you to be here in your generation. So accept it and get on with it.

Thou hast beset me behind and before, and laid thine hand upon me. Psalm 139:5

- Out of the darkness out of bondage out of the fall of Adam and Eve - He has gathered you to Himself. The Father gathers His children to Himself.
- You are going to have to accept His love and yourself in it
- I don't care what your head tells you Let God be true and every man a liar!

God forbid: yea, **let God be true**, but **every man a liar**; as it is written, that thou mightiest be justified in thy sayings, and mightiest overcome when thou art judged. Romans 3:4

OSTEOARTHRITIS

- Osteoarthritis is progressive cartilage degeneration (progressief-reëlmatige kraakbeen degenerasie) in joints and vertebrae and usually does not involve inflammation.
- There is osteoporosis from oestrogen deficiency because of menopause and
- There is osteoporosis which is non-menopausal and comes from a spiritual root.
- The cartilage (kraakbeen) is the other material between the vertebrae.
- Osteoarthritis is the result of self-bitterness and unforgiveness towards oneself.
- It is holding a record of wrongs against yourself and can also involve an element of guilt.

FEAR

- Afraid of themselves.
- Just don't want to face themselves.
- Out of this comes self-hatred and guilt.

Out of this comes **CONFLICT** that causes the white corpuscles to attack the connective material of the bones They then eat at it and produce rheumatoid arthritis. Rotting of the bones according to the Bible: Envy (afguns) and Jealousy (jaloers) A sound heart is the life of the flesh: but envy the rottenness of the bones. Proverbs 14:30 A merry heart doeth good like a medicine: but a broken spirit drieth the bones. Proverbs 17:22 A broken spirit can dry the bones or destroy the immune system. Who broke your heart? Who damaged you on the inside so severely that you now have a compromised immune system! When you have a compromised immune system, you automatically have allergies! What are the tragic circumstances of life causing ENVY/JEALOUSY/BITTERNESS. • Cannot defeat osteoporosis while you are on "prednisone" because it prevents bone density increase as a side effect. The Spirit of the Lord GOD is upon me; because the LORD hath anointed me to preach good tidings unto the meek; he hath sent me to bind up the broken-hearted, to proclaim liberty to the captives, and the opening of the prison to them that are bound; ² To proclaim the acceptable year of the LORD, and the day of vengeance of our God; to comfort all that mourn; ³ To appoint unto them that mourn in Zion, to give unto them beauty for ashes, the oil of joy for mourning, the garment of praise for the spirit of heaviness; that they might be called trees of righteousness, the planting of the LORD, that he might be glorified. 4 And they shall build the old wastes, they shall raise up the former desolations, and they shall repair the waste cities, the desolations of many generations. Isaiah 61:1-4 **ROOTS** Self-hatred. Self-bitterness. Guilt. Unforgiveness towards self. Envy, Jealousy.

Learn to love yourself.

RECOMMENDATIONS

NAME	RHEUMATOID
	ARTHRITIS/ARTHRITIS/OSTHEOARTHRITIS (See
	AUTOIMMUNE DISEASES)
DESCRIPTION	 These are autoimmune diseases that affect the joints of the skeleton - the tissues, the cartilage and the connective tissue of the skeleton. It acts on the body like this: White corpuscles decide the bacteria and the viruses are not the enemy and they attack your joints and cartilage instead. In rheumatoid arthritis basically there is a proliferation of white corpuscles which congregate in the connective tissue of the skeleton and like a Pac-Man they start to eat away and destroy the material.
GENERAL	• It is degenerative. As the person attacks themselves in self-hatred , so the body conforms to this spiritual dynamic and attacks itself in return.
	 Many wish they were dead and will say so if you talk to them long enough. They don't believe they belong on this planet. They don't believe God loves them.
	 They don't believe anybody loves them. They don't even love themselves and when you get into it, they are attacking themselves spiritually.
	 It is degenerative. As the person attacks themselves in self- hatred, so the body conforms to this spiritual dynamic and attacks itself in return.
	 Many wish they were dead and will say so if you talk to them long enough. They don't believe they belong on this planet. They don't believe God loves them.
	They don't believe anybody loves them. They don't even love themselves and when you get into it, they are attacking themselves spiritually.
	I shall not die, but live, and declare the works of the LORD. Psalm 118:17
	For the grave cannot praise thee, death can not celebrate thee: they that go down into the pit cannot hope for thy truth. Isaiah 38:18
	 God does not need you in heaven. It is religion that want you to go to heaven. God created man for eternity to be on earth. The heavens are the Lord's heavens, but the earth has He given
	to the children of men. Psalm 115:16
	You are of no good for Him in heaven. He needs you on earth. He has birthed you by His will in the generations of your ancestry and He has called you by His Spirit.

- He has redeemed you to Himself for His glory on earth and to establish His Kingdom, His love, His grace and His mercy through you until you have finished all things in your generation and are ready to enter heaven.
- It is an error to even suggest that God needs a disease as a vehicle to get you to heaven. There is much evidence to the contrary in Scripture.
- Rheumatoid arthritis is one of the diseases where the body attacks the body. As the person is spiritually attacking himself or herself, the body agrees and conforms to it spiritually and there you have it!
- It will be very difficult to be healed of rheumatoid arthritis or any other autoimmune disease as long as you are buying that lie and allowing GUILT and SELF-HATRED to rule your thoughts and lives.
- It is not possible to be healed because God will not honour the lies. He says you are fearfully and wonderfully made:

I will praise thee; for I am **fearfully and wonderfully made**: marvellous are thy works; and that my soul knoweth right well. ¹⁵ My substance was not hid from thee, when I was made in secret, and curiously wrought in the **lowest parts of the earth**. ¹⁶ Thine eyes did see my substance, yet being unperfected; and in thy book all my members were written, which in continuance were fashioned, when as yet there was none of them. ¹⁷ How precious also are thy **thoughts unto me, O God! How great is the sum of them!** ¹⁸ If I should count them, they are more in number than the sand: when I awake, I am still with thee. Psalm 139:14-18

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- Out of the darkness, out of bondage, out of the fall of Adam and Eve has He gathered you to Himself. The Father gathers His children to Himself.
- You are going to have to accept His love! I don't care what your head tells you. God is true and every man a liar!

God forbid: yea, **let God be true**, but **every man a liar**; as it is written, that thou mightiest be justified in thy sayings, and mightiest overcome when thou art judged. Romans 3:4

ARHRITIS (Involving Inflammation of the Joints)

- Arthritis is inflammation of a joint usually accompanied by pain

 swelling and frequent changes in structure. It might be noted
 this differs from osteoarthritis and other forms of arthritis by
 the type of manifestation and then there is a different spiritual
 root behind each of the types.
- Spiritual root for simple arthritis involves bitterness against others.
- When you have bitterness against yourself it involves degeneration; but when you have bitterness against others it involves swelling and inflammation. It is the swelling and inflammation which produces the deformity (misvorming).

OSTEOARTHRITIS

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- There is osteoporosis from oestrogen deficiency because of menopause and
- There is osteoporosis which is non-menopausal and comes from a spiritual root
- The cartilage is the other material between the vertebra.
- Osteoarthritis is the result of self-bitterness and not forgiving one's self
- It is holding a **record of wrongs** against yourself and can also involve an element of guilt.

PERSON IS AFRAID - FEAR

- Afraid of themselves
- Just don't want to face themselves
- Out of this comes self-hatred and guilt
- Out of this comes CONFLICT that causes the white corpuscles (witbloedliggaampies) to attack the connective material of the bones
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A sound heart is the life of the flesh: but envy the rottenness of the bones. Proverbs 14:30

A merry heart doeth good like a medicine: but a broken spirit drieth the bones. Proverbs 17:22

- A broken spirit can dry the bones or destroy the immune system
- Who broke your heart?

- Who damaged you on the inside so severely you now have a compromised immune system!
- A compromised immune system you have automatically have allergies!
- What are the tragic circumstances of life causing ENVY/JEALOUSY/BITTERNESS
- Cannot defeat osteoporosis while you are on "prednisone" because it prevents bone density increase as a side effect.

Now the works of the flesh are manifest, which are these; Adultery, fornication, uncleanness, lasciviousness, ²⁰ Idolatry, witchcraft^{G5331}, hatred, variance, emulations, wrath, strife, seditions, heresies, Galatians 5:19-20

G5331

pharmakeia far-mak-i'-ah

From G5332; *medication* ("pharmacy"), that is, (by extension) *magic* (literal or figurative): - sorcery, witchcraft.

- It is the work of the flesh it offers itself as a healing IT is not
 Disease management.
- Disease management means you're not healed
- Might be out of danger but you are not healed God want us to be free
- Pharmakeia means a drug a spell-giving potion. It literally means a medication (pharmacy).
- Address the spiritual dynamics tormenting you dealing with the guilt and self-conflict issues!
- Only way to get God's peace!
- Then we are no longer bound by guilt and self-conflict issues and we are free -
- Then we are healed
- Do not be wise in your own eyes. Fear and Worship the Lord. Be not wise in your own eyes; reverently fear and worship the Lord and turn [entirely] away from evil. 8 It shall be health to your nerves and sinews, and marrow and moistening to your bones. Proverbs 3:7-8 [Proverbs 8:13.]

LIFE AND DEATH

Death and life are in the power of the tongue: and they that love it shall eat the fruit thereof. Proverbs 18:21

But I say unto you, That every idle word that men shall speak, they shall give account thereof in the day of judgment. Matthew 12:36

- When you are abusive to people it will come back to you.
- It can be inherited. Trace history of Conflict.
- Unresolved bitterness.
- Unresolved antagonism (Opponering van opinies)
- Words of frustration.
- Anger.
- It causes damage throughout the successive generations.

CHOOSE LIFE!

I call heaven and earth to record this day against you, that I have set before you life and death, blessing and cursing: therefore **choose life**, that both thou and thy seed may live: Deuteronomy 30:19

Ek neem vandag die hemel en die aarde as getuies teen julle; die lewe en die dood, die seën en die vloek het ek jou voorgehou. Kies dan die lewe, dat jy kan lewe, jy en jou nageslag. Deuteronomeum 30:19

FOR WE WRESTLE NOT AGAINST FLESH AND BLOOD, BUT AGAINST PRINCIPALITIES, AGAINST POWERS, AGAINST THE RULERS OF THE DARKNESS OF THIS WORLD, AGAINST SPIRITUAL WICKEDNESS IN HIGH PLACES.

2 CORINTHIANS 10:3-5

DIVINE ORDER

• Christ is Head of every man. The head of the woman is the man and the head of Christ is God.

But I would have you know, that the head of every man is Christ; and the head of the woman is the man; and the head of Christ is God. 1 Corinthians 11:3

• The moment the wife takes over the role of the man, it opens a door for the enemy: It allows the spirit of confusion to enter.

A merry heart doeth good like a medicine: but a broken spirit drieth the bones. Proverbs 17:22

For where **envying** and strife is, there is **confusion** and every evil work. James 3:16

For **God** is not the author of confusion, but of peace, as in all churches of the saints. 1 Corinthians 14:33

- This brings many other negative things "all evil work".
- It brings a spirit of double-mindedness and also the Deaf and Dumb Spirit.
- These spirits cause unstable environments.

A double minded man is unstable in all his ways. James 1:8
When Jesus saw that the people came running together, he rebuked the foul spirit, saying unto him, Thou dumb and deaf

spirit, I charge thee, come out of him, and enter no more into him. Mark 9:25

UNLOVING SPIRIT

So ought men to love their wives as their own bodies. He that loveth his wife loveth himself. Ephesians 5:28

So behoort die mans hulle eie vroue lief te hê soos hul eie liggame. Wie sy eie vrou liefhet, het homself lief. Efesiërs 5:28

Wives, submit yourselves unto your own husbands, as unto the Lord. Ephesians 5:22

Vroue, wees aan julle eie mans onderdanig, soos aan die Here. Efesiërs 5:22

Jesus said unto him, Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. ³⁸ This is the first and great commandment. ³⁹ And the second is like unto it, Thou shalt love thy neighbour as thyself. Matthews 22:37-39

En Jesus antwoord hom: Jy moet die Here jou God liefhê met jou hele hart en met jou hele siel en met jou hele verstand. Matteus 22:37-39

No man hath seen God at any time. If we love one another, God dwelleth in us, and his love is perfected in us. 1 John 4:12

Niemand het God ooit aanskou nie. As ons mekaar liefhet, bly God in ons en het sy liefde in ons volmaak geword. 1 Johannes 4:12

- Because women then do not feel loved and cherished, they
 drive themselves to be accepted by people in search of love!
 This leads to depression.
- Die unloving spirit produces feelings of not being loved, not being accepted, self-rejection, self-hatred and self-bitterness, coupled with guilt.
- Depression is the result of a chemical imbalance in the body.
- It is manufactured due to conflict on the mind and/or soul levels. The limbic system responds to this conflict in the mind and soul and depression follows due to the chemical imbalance produced by the body. It is serotonin defects that cause depression.
- The lack of self-esteem is the root problem! Anti-depressants are manufactured to increase your self-esteem.
- Lack of self-esteem, self-rejection, self-hatred and guilt are very damaging to the human spirit and are many times caused by a father, although in some cases it can be the mother.
- Somewhere there has been a lack of **nurturing in childhood**. It can be inherited because the lack of nurturing has been there from generation to generation.

- Anti-depressants create anxiety en reduce libido levels as side effects
- This creates even more anxiety, guilt, rejection and conflict. And ultimately to more depression!
- Gal 5:20 call this witchcraft!
- Serotonin deficiency is a spiritual problem!!

LOOK AT:

- Bitterness,
- Accusations,
- Occultism,
- Envy and Jealousy,
- Rejection,
- Unloving Spirit,
- Addictions and
- FEAR

Who satisfieth thy mouth with good things; so that thy youth is renewed like the eagle's. Psalm 103:5

BREAKING OF INHERITED GENETIC CURSES:

- Breaking inherited familiar spirits from family trees
- The rollovers
- With specifics
- Meaning spiritually,
- Psychologically & Biologically inherited diseases

The Spirit of the Lord GOD is upon me; because the LORD hath anointed me to preach good tidings unto the meek; he hath sent me to bind up the broken-hearted, to proclaim liberty to the captives, and the opening of the prison to them that are bound; ² To proclaim the acceptable year of the LORD, and the day of vengeance of our God; to comfort all that mourn; ³ To appoint unto them that mourn in Zion, to give unto them beauty for ashes, the oil of joy for mourning, the garment of praise for the spirit of heaviness; that they might be called trees of righteousness, the planting of the LORD, that he might be glorified. ⁴ And they shall build the old wastes, they shall raise up the former desolations, and they shall repair the waste cities, the desolations of many generations. Isaiah 61:1-4

ROOTS

- Self-hatred.
- Self-bitterness.
- Guilt.
- Unforgiveness towards self.
- Envy, Jealousy.

RECOMMENDATIONS	Learn to love and accept yourself.	
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NAME	RIBS
DESCRIPTION	It protects the ribcage like the bars of the heart.
GENERAL	Ribs symbolize family members.
	• Upper fibs (T1-4): Symbolize the ascending parents,
	grandparents, great-grandparents.
	• Central ribs (T5-8): Represents collateral brothers, cousins,
	etc.
	• Lower ribs (T9-12) represents the descendant (children,
	grandchildren)
	Right side: Affective conflict. Mother, family.
	• Left side: Danger, outside work, political family.
	• Sides: Present conflict.
	• Front: Conflict of future, authority and accomplishment.
	Back: Past, feelings, old conflicts.
	 Floating ribs: Hyper-rigidity of ancestors.
	• 1 st rib: Order of things not respected.
	• 2 nd rib: Father.
	• 3 rd rib: Mother.
	• 4 th rib: Collaterals.
	• 5 th rib: Children.
	• 6 th rib: Grandchildren or younger children.
	• 7 th rib: Cousins, nephews, nieces, students, disciples, in-laws.
	• 8 th rib: Loss of twin, symbolic or real.
	• 9 th rib: Adrenal, steering conflict.
	• 10 th rib: Kidney, conflict to existential collapse. Great
	devaluation of errors within the family.
	 Conflict of not being loved enough.
	• Fracture indicates an oppressive situation. The person will
	remove his armour and will not defend himself.
	• Fracture also shows a distressing situation and cracks us open
	to adopt a sincere attitude.
ROOTS	• Loss of protection.
RECOMMENDATIONS	Be flexible and open to new experiences.

NAME	SALPINGITIS (See FALLOPIAN TUBES)
DESCRIPTION	Inflammation of the Fallopian tubes due to a bacterial infection.
	Common causes of salpingitis include sexually transmitted diseases such as gonorrhea and chlamydia. Salpingitis is a

common cause of female infertility because it can damage the
fallopian tube.

NAME	SCHIZOPHRENIA (PARANOIA)
DESCRIPTION	 A disorder that affects the person's ability to think, feel and behave clearly. The cause is a combination of genetics, environment and altered brain functioning.
GENERAL	• Schizo means split or divided and paranoid means split because of fear, delusions and projected delusions.
	Paranoid schizophrenia is the result of a malfunctioning of at least two of the neurotransmitters in the body.
	 It is the result of an over-secretion of norepinephrine and an over-secretion of dopamine. Now there is some evidence suggesting it is also an over-secretion of serotonin.
	(Double mindedness)
	Malfunctioning of neurotransmitters.
	 The person usually has emotionally hurt parents who find it hard to forgive.
	The person is mentally tormented by thoughts and voices.
	• It is an Identity Disorder.
	The person is sad and hurt.
ROOTS	Anxiety, Fear.
	Anger, Resentment,
	Bitterness.
RECOMMENDATIONS	Drive out the Deaf and Dumb spirit.

NAME	SCIATICA
DESCRIPTION	• Pain that occurs in the course of the sciatic nerve (from the sternum to below the knee through the back of the leg). It is
	due to mechanical pressure or nerve inflammation.
GENERAL	Conflict of impotence and devaluation of direction.
	 Anxiety related to a displacement or movement that hinders or forces us.
	• Conflict over having to bow before a person or situation.
	 The function of the sciatic nerve inflammation is to prevent relative information from advancing freely and reaching its destination (the legs), to avoid taking the step, walk or go to someone.

- **Buttocks** (symbolize power, we feel "settled'): We express the pain and fear to lose our power (money, prestige, position, etc) and stop feeling valuable.
- **Right buttock**: Affective conflict.
- Left buttock: Professional or economic conflict.
- **Thigh** (support for projects) and leg (going forward, go to others): We are afraid to deal with a situation that highlights our insecurity (separation, loss of work, money, etc.)
- Legs: Speak of relationship. May be that we felt betrayed or abandoned by family or friends on whom we relied, or nay express some form of guilt for having behaved as a hypocrite with someone in our immediate environment.
- Right leg: Fear of not having money to cope with the financial needs. "I am spending a lot of my savings." A disgruntled emotion. We buy what we need, but inwardly object to making the expense.
- Left leg: Not being able to give everything in the material plane
 to the people we love. "I would love to have more money to
 support my parents/siblings." A disgruntled emotion. On the
 one hand we would like to spend money on loved ones, but at
 the same time we fear to run out of money.
- Vertebrae L5-S1: We are living in a conflict related to our collaterals (siblings, cousins, friends, co-workers, etc), coupled with a topic related to "the sacred" (conception, birth, death, parenthood, etc) "I must pay the funeral of my grandfather."
- Lumbar vertebrae L4-L5: Expresses conflict by rules (the right, normal, usual) with collaterals. "I am not like the others.
- When the nerve is inflamed it may indicate fear to change.
 Fear of going in a new direction. Accustomed to old beliefs or habits, way of living which offered stability.
- Sciatica can also manifest by conflict of sexuality sexuality outside the norm, prohibition of incest.

ROOTS

- Fear of the future and lack of material goods.
- Insecurity of everything yet to come.
- Resentment, repressed anger, rejection.
- It expresses anger, grief, sadness and sense of loss.
- Can get worse if we feel anger towards someone who is humble and we do not want to submit. Would rather give him a good kick, but we repress our aggression and it stays in intention.
- Affects those who have excessive responsibilities and unable to say "no".
- Lack of self-confidence.

	•	Conflict of fear of the future related to lack of money, food, to live quietly. May appear to be prosperous but feel deep fear of not having resources. They generate resentment, aggression and rejection towards themselves and others.
RECOMMENDATIONS	•	Awareness of my material goods without feeling guilty.
	•	The more I give, the more I receive.
	•	Realize that we are secure and safe.
	•	Realize that overload is to compensate for lack of confidence
		and security. Do not fall into it.
	•	Be honest with yourself and others.

NAME	SCLERODERMA (See AUTOIMMUNE DISEASES)
DESCRIPTION	The mummy disease.
	 From Greek "sclerus" – hard and "derma" – skin.
	It thus means hard skin.
	It is an autoimmune disease.
GENERAL	 Living two emotional conflicts at the same time.
	 Conflict of dramatic unsolvable separation, and a devaluation conflict.
	 My mother is dead and I am worthless without her. I feel useless since I am separated from
	Can occur between twins when one dies.
	 Unconsciously I seek self-protection against life.
ROOTS	Deal with the roots of autoimmune sicknesses and skin.
RECOMMENDATIONS	Be relaxed because you are safe.
	I rust life and myself.

NAME	SCOLIOSIS (See SPINE)
DESCRIPTION	• It is a deviation from the curved backbone resulting in an "s"
	or "c" located in the spine.
	It can affect from a new-born to an adult.
GENERAL	The spine is the pillar of the human being and represents
	strength, support. It shows that someone in my immediate
	environment is destroying my self-esteem and security little by
	little.
	The affected vertebrae and corresponding ribs show if the
	conflict is with the father, siblings, etc.
	Lateral twisting of the spine shows unconscious deviation
	between the masculine and feminine poles - between the

- father and mother who are two essential references for the child.
- Direction in which the column deviates, shows the direction of the loss of the affected.
- The person has long suffered a strong deviation by a close person.
- This lack of support and approval comes from the parents and mostly from the father figure.
- "I can lean on only one of my parents. One pulls me up and one drags me down."
- It can also be a sibling who spends a lifetime teasing me or making me feel less and less.
- Can also, rarely, express devaluation from a cousin, school mate, neighbour, etc.
- It can also manifest in children who realize they have grown and can no longer receive all the parent's attention, especially if there is a younger sibling who attracts all the parents' love. "They prefer my brother or sister."
- The child tries to prevent growing up by becoming smaller and shorter.
- The child is forced to be eclipsed before the brother or sister.
- In girls it expresses an imaginary fear of being judged by men for being a woman.
- Sufferers usually had to mature a lot sooner than a normal child. They had to perform responsibilities not fit for their age. Unconsciously they intuit loads that do not belong on their "shoulders". They want to run from them. "I deserve more love and attention."
- Only "garbage children" present scoliosis. It can also be in transgenerational sense. They are born to receive and fix the "dirt" of the family, its faults and secrets. From very young they are ignored, not cared for and fed as it should be. They are often born to families that lack structure based on love.
- In many cases there is a family history o of members who had suffered the same conflicts as the child now. Ex. jealousy suffered by a brother towards his older sister who was preferred by the parents.

ROOTS

- Living with a permanent fear of being judged, criticized and disqualified.
- Fear of making decisions.
- Resentment and hatred towards those who devalue and humiliate me.
- "I am not good enough. I am unworthy. I am not loved. They hate me."

RECOMMENDATIONS	•	Therapy for the whole family and individual recognition of
		each member.
	•	Love and approve yourself.

NAME	SEBACEUS GLANDS
DESCRIPTION	Glands of the dermis that secrete an oily substance called
	sebum to maintain the elasticity of the skin.
GENERAL	It creates a lubricating layer on the hairs and skin to protect it
	and maintain its elasticity.
	Conflict of strain, attack to the integrity in context of aesthetic
	devaluation.
	I must defend myself against an attack.
	"You are horrible."
ROOTS	Unprotected.
RECOMMENDATIONS	Learn to trust in God.

NAME	SENILITY (See DEMENTIA)
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NAME	SEXUAL PERVERSIONS	
DESCRIPTION	Patterns of sexual behaviour where pleasure is found in some	
	activity or orientation other than normal intercourse.	
GENERAL	Through them we can give life or create those things that we	
	lack on a personal or clan level.	
	• Play with urine and faeces: Conflict with the theme of	
	accepting my own shadows (waste). "I accept your waste and	
	you accept mine."	
	Necrophilia (erotic interest in corpses): Vain attempt to learn	
	to love death.	
	Pederasty (sexual relationship between an adult man and a	
	teenage boy): Symptom of sexual immaturity. Problems with	
	the opposite sexual pole. I have not been loved in my	
	childhood. I had no father model. My mother was abused as a	
	child. I am alive because she was raped while still a child. These	
	people was abused as children.	
	Orgies (sex party where guests freely engage in open and	
	unrestrained or group sex): Replace quality with quantity.	
	• Sadomasochism (sex while inflicting physical and	
	psychological pain to yourself or the other person):	
	Punishment for pleasure. The inability to feel pleasure from a	

		prohibition. The only way to enjoy pleasure is to punish myself for it.		
	•	Zoophilia (sex with non-human animals): Regression. Inability		
		to accept conscious sexuality.		
ROOTS	•	Look into the family tree for sexual perversion that is		
		transferred down in the bloodline.		
RECOMMENDATIONS	•	Deal with bloodline curses regarding sexual impurity and		
		commit yourself to God as a living sacrifice.		

NAME	SEXUALLY TRANSMITTED DISEASES
DESCRIPTION	• All these diseases, whether caused by viruses, bacteria or
	fungi, present with the intention to prevent both physically
	and psychologically, the act to perform sexually.
GENERAL	• They express self-punishment by guilt for having sex outside
	recognized standards.
	There may be shame regarding sexuality.
	• Antagonism of wanting to have sex and also wanting to stop.
ROOTS	• Guilt.
	• Self-punishment.
RECOMMENDATIONS	Commit to living a pure and holy lifestyle.

NAME	SHIVERS
DESCRIPTION	Involuntary muscle contractions and relaxations when the body tries to raise its temperature.
GENERAL	 This person is comfortable and quiet and prefer to get away and retreat. Can also say that we feel alone and are missing someone who is no longer there and we miss his/her "heat". "I am missing someone's presence and his love." A situation of change for us, emotional coldness, related to death.
ROOTS	Unlovingness.
RECOMMENDATIONS	Learn to deal with life.

NAME	SHOULDERS
DESCRIPTION	Shoulders is the main axis of the arm and connects it to the trunk. It is an extremely mobile joint that allows making movements in all directions.

They represent our ability to act, our deepest act on someone **GENERAL** or something. They are also related to the ability to carry the responsibility and obligation of life. 'CARRY BURDEN ON THE SHOULDERS". To carry on the shoulders the entire weight of the world. They refer to responsibility as an adult. Either as a parent or as a human being in society. • Shoulder problems tell that we have difficulty expressing ourselves, a resistance to our desire to act, either by a lack of support for an external opposition or a feeling of worthlessness. We believe that the outside world will not let us act. **Left**: Indicate a devaluation conflict as a parent's image of himself. Devaluation in the mother/son relationship or against any other person you want in a son relationship. Identity conflict as a parent or child. o I am a bad parent or a bad mother or I'm a bad son/daughter to my parent. I have not been protected enough. **Right**: Conflict of devaluation of oneself in reference to the partner or one's social position. Conflict of identity as husband/wife or as a worker o I am not a good husband, a good wife, a recognized worker or a good student – it affects the humeral head. o I have not protected my partner or co-worker enough - it affects the capsule. ○ I want more freedom in my job as a human being — I do not want to cling to my family – I want to be myself. **Shoulder blades** – symbols of freedom. I am prevented from flying with my own wings. Carrying a heavy load. **ROOTS** Learn consciousness of freedom that I have within me and let **RECOMMENDATIONS** inner light shine in all situations. • I become aware of the burden and decide to continue taking it voluntarily or get rid of it. When we do something for someone, it must always be for love and not obligation.

NAME	SINUSITIS (See NOSE)
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NAME	SKIN/ICHTYOSIS/ECZEMA (See the area of the body affected)
DESCRIPTION	• The skin body's largest organ. It surrounds us and is the border between us and others.
GENERAL	• The skin separates us from each other and represents our limitations and self-image. It consists of the epidermis, dermis and hypodermis.
	 The skin protects us, keeps us in touch with the world, absorbs oxygen, discard substances we do not need through sweating, regulates temperature, is a sex organ.
	Problems show difficulties with the outside world.
	The person is affected by what others think.
	 The skin tells of the persons psyche. A soft skin indicates a sensitive souls and a rough skin indicates ruggedness of feelings.
	 Problems indicate separation conflict and female impairment.
	• Transpiration:
	 Excessive sweating indicates the shame of unfair
	accusations – washing away the shame, extinguishing
	the fire.
	 It manifests in an insecure person who feels in danger
	when expressing good or bad emotions. This leads to
	transpiration through the hands and armpits.
	 Hands indicate manual labour and neck expresses a
	sense of injustice.
	• Ichthyosis (Dry skin):
	 Someone who are rigid, controls their feelings, has a slightly soft attitude, not wanting to expose their
	vulnerability, not to be hurt.
	o "I am lonely, I need someone, I have no protection."
	Oily skin:Person feels trapped and wants to escape.
	 "I can't stand contact with this person. I do not want
	to be touched."
	Red skin: Indicates excitement.
	Itchy skin: Indicates impatience, anxiety.
	• Epidermis:
	 Always indicates conflict of separation or protection,
	such as calluses.
	 Actual separation – Loss of body contact, loss of a
	family member, etc.
	 Fear of separation. Fear of being alone.
	 Lack of communication.

		o Region of the problem on the body: Mouth – Couple
		has broken contact. Right breast – Sentimental
		separation of the couple. Left breast – Mother/Child
		separation. Knees – Conflict of submission to
		separation.
	•	Dermis:
		 Melanoma or freckles - Conflict of devaluation and
		dishonour.
		 Dissociation of the partner, amputation, divorce.
	•	Hypodermis (Overweight, fluid retention, lipoma):
		o Devaluation conflict of self in relation to a specific
		body part considered ugly.
		 Conflict of aesthetics, peripheral impairment.
	•	Impetigo (Common and highly contagious skin infection
		mainly in infants and children):
		 Separation conflict.
		 Attack on the integrity, deprecation and prohibition of
		something (kissing, smelling, touching, lying).
		 Emotional conflict.
		 Contact conflict that threatens the integrity with a
		notion of separation.
		 "It is not right to do that." "It is ugly to do that."
		 In a child it may appear after being assaulted.
		 Devaluation for failing to develop my gifts (family) next
		to a conflict of feeling separated.
ROOTS	•	Deal with the above roots of the applicable condition.
RECOMMENDATIONS	•	Allow Jesus to heal the wound inflicted due to relationship
		problems.

NAME	SPINE
DESCRIPTION	The spine is made of 33 individual bones stacked one on top of the other. This spinal column provides the main support for your body.
GENERAL	 The spine is the pillar of the being. It represents the desire to incarnate, to become a living being. It is related to the deeper structures, those in which our beliefs and our most intimate set of values are based. It is the symbol of inner strength, righteousness and sincerity. The column is involved in the growth, in the maturation process as a human being. It is what allows us to keep up, to face the circumstances of life, adversity and ultimately to our human condition.

•	Who am I? What will I do with my life? What are my plans, aspirations? We transmit information such as - I do not want, I am not able,
	I cannot, I feel helpless or debased in my life choices, as well as in my aspirations and my values.
	Neck and cervical spine – This part is related to
	communication in general
	 Our own communication with ourselves and the communication we have with others.
	 C1 – Feeling of not being heard. Feeling that our opinions goes unnoticed.
	 C2 – Person do not dare to speak for different reasons.
	o C3 – Devaluation related with the difficulty to be seen.
	 C4 – Difficulty understanding certain things by not having complete information.
	 C5 – Referring to verbal communication itself – conflict
	of injustice. I can never express, say what I think. I am
	afraid to say certain things. Sometimes I say important
	things but they do not listen to me or understand me.
	 C6 – Conflict of injustice and submission – humiliation. Opposition to authority.
	 C7 – Conflict of injustice – opposition to authority.
	 Back and spine – this is where I reside, the physical expression of my own power, my personality.
	 The sense of individual responsibility we have with our
	loved ones are reflected. Who am I in my
	environment?
•	Lower back and lumbar spine: This area reflects the
	relationships we have with our immediate environment,
	human relations, social, professional, emotional family and
	SEX.
	Devaluation conflict regarding collateral, brother/sister,
	cousin, husband/wife, lover, friend, colleagues.
ROOTS •	Deal with the above roots of the applicable vertebrae.
RECOMMENDATIONS •	Focus on ourselves, our inner consciousness, the reality of all,
	security and trust.

NAME	SPLEEN	
DESCRIPTION	 Located at the base of the left lung. It is the energy distribution centre and is important in the immune system. It transforms the blood, destroys red blood cells used and make new ones. 	

GENERAL	On the physical plane the spleen is responsible our defences and spiritually gives us protect and security. The spleen is weakened when we live life in a way, with excessive respect for rules and a greathem. There is no place for pleasure and fun and we need. We live very concerned about the family or condition and material issues. The fear of failure obsesses us greatly, the fear of the occasion. Obsessions, tendency to obsessiond-related conflict. Intense fear of losing express: "My family is undone." "I have failed." and unable to fight." "I lack blood in my veins.	very reasonable at need to adjust lack the joy we bur professional of not living up ss. g blood. It can "I am a coward
ROOTS	Fear of failure.	
RECOMMENDATIONS	Move away obsessions and resolve your problem Allow desires and seek pleasure and joy. Have confidence to make your own decisions natural process of life. Live consciously. You are at present sowing seeds of harvest. Leseed, till the soil, water it, pay attention to we necessary sun and wait The results do not designed.	and trust in the arn to select the eds, receive the

NAME SPRAIN	(See the limb affected)
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NAME	STERNUM	
DESCRIPTION	It is the breastbone, forming the flat middle portion of the chest.	
GENERAL	Conflict of aesthetic impairment related to breasts or the part that is in contact with the sternum. (Clavicles, ribs.)	
ROOTS	Devaluation.	
RECOMMENDATIONS	Accept yourself.	

NAME	STOMACH	
DESCRIPTION	The stomach is an important organ in digestion, the first to	
	receive, through the oesophagus, raw foods that have been	
	prepared by the action of chewing.	

After mixing and dissolving these eaten foods the stomach secretes gastric juices and prepares them for the process of assimilation. Thus, the stomach is the body in charge of the material digestion. **GENERAL** The beginning of the digestion process in the broad sense represents the digestion of reality itself. The stomach is emotionally attached to food, love, affection, survival, reward and the mother. It is related to daily bread – the material aspects of life. Indicates that we are anxious and insecure because we feel we have difficulty in controlling the material world. We are concerned about professionals, school or judicial economic setbacks. Conflict with support in the family – difficulties, irritation or fear of dying for lack of food. **Ulcers** –Indigestible contradictions in the territory. Someone has invaded my territory and has destabilized me. Ulcer on the greater curvature – I am faced with a exterior that is attacking **Stomach Cancer** – Suffer a setback of territorial conflict with a person whom we cannot avoid. Also a dirty play that we could suffer. o Also when we suffer a setback territorial conflict with a person whom we cannot avoid - I cannot digest, I cannot digest the bite imposed on me - I have swallowed, but I cannot digest it. In most case it is related to some dirty play – that we could suffer. **Hiatal Hernia -** Often occurs because the cardia does not work properly and some of the acidic contents of the stomach moves up into the oesophagus. The mucosa is not ready for the acid pH of this gastric liquid and makes the gastroesophageal reflux occur. Sometimes there is also a passage from the stomach into the chest cavity, called a hiatal hernia. o People who have the cardia half-open do hope for more love to their lives. o I have the door open because I am hoping for affection, warmth, tenderness, love from other. I never have enough. o Pain is a warning sign that something is not on track. o Conflict of devaluation, of not being up to the

standard.

	•	It is necessary to take into account the affected part, its function and its symbolism.
ROOTS	•	Cannot digest life.
RECOMMENDATIONS	•	Learn to cope with life by trusting in God and giving your
		burdens to Him.

NAME	STOMATITIS (See MOUTH)	
DESCRIPTION	 Inflammation and redness of the oral mucosa that can lead to pain and difficulty talking, eating, and sleeping. 	to
	 Can affect inner cheeks, inner lips, gums and tongue. 	

NAME	STRABISMUS/DIPLOPIA (See EYES PROBLEMS)
DESCRIPTION	 Crossed eye is an eye condition that usually appears during childhood or adolescence but it can also affect adults. The most prominent symptom is lack of coordination of the eyes. They work independently and go in different directions. It is a muscle problem causing double vision or diplopia. In children, because of sensory adaptation, the brain adapts to the situation, avoiding the deflected eye image, allowing you to be comfortable, but at the cost of reduced vision in one eye (lazy eye) and losing the normal feeling of three-dimensional vision.
GENERAL	 As the eyes point in different direction we have to pay attention to several points. It may be to have several outbreaks of alleged attacks coming from both directions or because there is something we wish to see separately (in a vision). Conflict: Devaluation in the eyes of others. Multiple attacks. I need two eyes to monitor the attacks. Right (affection): I feel undesirable. Left (danger): Something should be seen. Conflict of joining something that is separate – "My father must come back home." Horizontal strabismus: "I want to see everything at once." Convergent strabismus: "I would not see the outside." Imminent danger. Conflict of fear of what will happen to me immediately. We have to control the predator. Walleye: Inverse problem. I need eyes on the sides to monitor the outside world. Conflict monitoring, panoramic view in an emotional climate (the predator can come from anywhere). If

		both eyes are affected it is a double conflict of existential
		collapse. "I do not want to see the present, the here and now."
	•	If a shock occurs in the womb of the mother: "Let my father
		come back home."
	•	Strabismus is the physical reflection of a psychic conflict due
		to a difficulty in communicating with others that makes the
		person live a life of contradictions. The desire to be alone is
		contradictory to the need to be known and admired. The
		pleasure of being silent is thwarted by the need to ask a
		question, etc.
	•	Squint : Someone who looks with only one eye, someone who
		has chosen to look at life from a single angle.
ROOTS	•	Feeling of being attacked.
RECOMMENDATIONS	•	Be more flexible and open to alternatives.
	•	Learn to see yourself and your surroundings more accurately.

NAME	STRESS	
DESCRIPTION	• It is a defence reaction that is sometimes appropriate and sometimes not.	
GENERAL	 Stress is a warning from our body that something is not right, and we must react. If we ignore its intensity will increase and may pose great risks to our health. 	
	Conflict of fight/ flight.	
ROOTS	• STRESS.	
RECOMMENDATIONS	Overcome stress by trusting in God.	

NAME	STROKE	
DESCRIPTION	• Result of clogging of blood vessels so the brain tissue is blood-	
	starved.	
	• This is known as cerebrovascular insufficiency interfering with	
	the function by cutting off a part of its blood supply.	
GENERAL	• Intellectual conflict – "I quit fighting. I do not look for	
	solutions anymore."	
ROOTS	Self-rejection, Self-bitterness and Self-hatred.	
	Anger and rage.	
	• When you do not like yourself, clogging of the arteries is the	
	immediate fruit physiologically.	
	• We kill ourselves in our self-esteem and the body might	
	conform to that image very quickly".	
RECOMMENDATIONS	Learn to love and accept yourself.	

NAME	STULTIFICATION	
DESCRIPTION	The state of a person becoming stupid and foolish.	
	Self-criticism and loss of personal value.	
GENERAL	Cause of devaluation can be found in the transgenerational,	
	sense object, childhood or adolescence.	
	During these periods of development we are structuring all	
	levels. The devaluation is structured in us and becomes part of	
	our way of being in life.	
	The person in all spheres of his existence moves under the	
	conscious or unconscious belief of: "I am not worth it. I am not	
	good enough to do manual activities. I could have done better.	
	I cannot defend myself. I should have tried harder. I am not	
	capable."	
	When people are experiencing a conflict of devaluation with	
	great emotional load they are unaware that it will manifest in	
	different parts of their bodies.	
	• A conflict of devaluation can be experienced as "generalised" (affects the person as a whole) or "located".	
	The location will be determined by the place where self-	
	devaluation is experienced.	
	Slight devaluation: Affects the blood vessels and connective	
	tissue.	
	Moderate devaluation: Affects cartilage and lymph nodes.	
	Severe devaluation: Affects bones and joints.	
ROOTS	Conflict of self-devaluation.	
RECOMMENDATIONS	Give yourself permission to be you.	
	Look for your values within yourself.	
	Give yourself permission to go wrong and show weakness.	

NAME	STUTTERING
DESCRIPTION	Language disorder that usually appears in childhood. The
	tongue does not move fluently.
GENERAL	Emotional or sexual conflict.
	Fear, consciously or unconsciously, with regard to sexuality in
	relation to a person or incident.
	Have lived a childhood of mocking or criticism. Ridiculed when
	they mourned.
	Mother goes too fast. Child is still busy when the mother is
	finished.
	The person is living in constant pressure and need to slow
	down, but cannot.

	•	Manifests when we fear the authority figure (parent). Fear to
		ask something or express feelings.
	•	Devaluation of authority can be dragged into adulthood and
		provoke major problems when I have to express myself to
		authority. Deforming of words for fear of rejection.
	•	Feel judged, controlled, criticized and ridiculed.
	•	My words are worthless. It is dangerous to speak.
	•	There is a family secret I have to protect.
	•	Trying to get something safely, but fails at the last moment. "I
		cannot defend what is mine."
	•	"If I fight for something, they will give it to another."
	•	People around me are very hard, rigid, closed to listen.
	•	Conflict of insecurity.
	•	Inability to express my personality.
ROOTS	•	Fear.
	•	Worthlessness.
RECOMMENDATIONS	•	Look for secrets in the family tree.
	•	Dismiss fear.
	•	Learn to express yourself.

NAME	SUPRARENAL GLANDS
DESCRIPTION	 Two glands located above the kidneys in the upper poles, composed of a cortisol portion that secretes steroid hormones which have an important role in the metabolism of carbohydrates and anti-inflammatory action function and other marrow that produces adrenaline. Adrenaline is a very necessary hormone in emergencies. It alerts the brain, accelerates the heart rate and mobilizes the carbohydrate reserves in order to provide the necessary energy. The crust produces natural cortisone, cortisol.
	 Cortisone is the hormones that project a good management.
GENERAL	 This gland is affected when we feel panic of a wrong direction in life.
	 Competing for choosing a bad direction, being on a bad track which may be real, imaginary or symbolic. Devaluation of not finding a good direction. "Panic of wrong direction in life. What am I doing here? I am lost, outside the flock."
ROOTS	Fear, stress, anxiety.
RECOMMENDATIONS	Overcome the Spirit of Fear.

NAME T	EETH AND MOLARS
DESCRIPTION •	Hard calcified structures in the jaw, used to break down food.
GENERAL •	Teeth represent our ability to express what we think and how we" affirm" or "bite" in life.
•	Biting is an act of aggression, power, takeover.
•	"I cannot say what I have in mind."
•	"I am not able to affirm or someone is stopping me to assert myself."
•	Bad teeth : Sign of aggression contained and low vitality. The sufferer avoids conflicts and lacks the ability to "take a bite" to a problem. "I cannot bite." "I have no right to bite." Devaluation conflict for not being able to bite because I feel
	weak.
•	Other dental problems relate to our difficulties to go forward to make decisions and eliminate the obstacles that prevent us from advancing.
	 Abscess: Due to an infection in a diseased or damaged tooth. The pus expels what prevented us from making a decision. The remains of the battle (infection) for that decision are being eliminated. If we enter the conflict the abscess may persist. A decision we have not taken or have not been able to maintain consistently. Disgruntled conflict that appears with anger and frustration, regarding a decision that corrodes me inside. We have to find the meaning of the tooth in which the problem occurs. Tooth decay: The manifestation of deep inner pain. Something
	not been able to express the words. O When the glazed part is affected we have experienced a situation in which we had the desire to bite someone and we have not done so because "a child well-mannered does not do this kind of thing". O "I have no right to defence or attack." O When it affects the bone, there is a devaluation conflict of not being able to chew because we feel too weak. Thus we block and we cannot act or manifest our desires. "I am nothing, I cannot even deal with others." Cavities: Indicate that we take life too seriously and that we
	prevent ourselves from laughing.
•	Pulp teeth: You are not allowed to feed my aggressiveness.

- Grinding: It expresses an unconscious anger that rises to the surface, a repressed anger is often expressed at night. Gnashing of teeth is the physical expression of sorrow and repressed aggression.. It expresses our tendency to deny ourselves the pleasure in life.
- **Tooth avulsion**: The tooth leaves its habitual position. It may fall or move. The sense is to change the position of the tooth to one that allows us to bite the snack better.
 - Devaluation for not being able to catch the piece or for not being able to express (I do not support my ideas or words).
 - Fear of hurting another.
- Tooth that advances: I want to accelerate.
- Tooth that recedes: I want to brake.
- Plaque: It is an attempt of protection. It is deposited mainly on the gums below because it is the more fragile and vulnerable part. Hypersensitive people. Climate of coldness, fear, anxiety or insecurity.
 - Tartar tries to hide their faults and weaknesses. If tartar is on outside of the gums we are trying to protect from outside attacks (slapping, abuse, humiliation).
 - If tartar is in the interior the person does not feel his weakness or smallness
 - Tartar is generally an adult disease. If it occurs in children it is a sign of hypersensitivity exacerbated against the child that tries to fight and protect himself.
 - Plaque can also manifest after separation of bullying.
 - It gives safety, comfort and protection.
- **Molars**: Their function is to grind the food. The premolars tear and the molars crush.
 - Stability, security, anchor and support.
 - Devaluation conflict not to bite or show teeth (or bark) at others or cannot express my words in the family.
 - First molars are related to stability, security and the ability to take our rightful place in life. They represent the ability to feed ourselves, real and symbolic.
 Preserve the memory of the first six years of life.
 - First upper molars (of the real parents): Represent the place where I was born, the place I occupy in my family , home, and my family stability. Related to food (real or symbolic) we receive from our parents and authority.

- First right upper molars: Express how I react to the authority of my mother, what place she gives me. My reaction to female orders.
- First left upper molars: Expresses how I react to the authority of the father, what place he gives me. My reaction to male authority.
- First upper molars problems: They tell us how we feel about our family situation – if our parents are unjust, overprotective, authoritarian, absent, too many punishments, etc. Molars present damage if I have to face them, if there are fights and arguments.
- First lower molars: Represent our adoptive, symbolic parents and their ability to ensure our materials and emotional security. They reflect my safe haven, a warm and loving atmosphere.
- First right lower molars: Reflect the emotional and economic security provided by the mother.
- First left lower molars: Reflect the emotional and economical security provided by the father.
- First lower molar problems: A deep insecurity, lack, or fear of lack of food, money and affection. There was no home or parents present, physically and emotionally. Where will I live? What if I want to leave?
- Second molars: Related to my place in society, my ability to settle in a job, have a stable relationship and starting a family. My ability to capture the emotional nourishment we receive from the society around us. They carry the memory of our first 12 years.
- Second upper molars (of transgression): They show the support we receive from others, the way our parents raised us to develop like them. They represent the fact that we can trust others, feel supported and backed by others. Always in the labour, professional and social aspect.
- o Second upper right molar: Social loyalty to my mother.
- Second upper left molar: Social loyalty to my father.
- Second molars problems: They express our inability to trust others. They show that we are not in the right place. We do not accepts or we do not integrate ourselves with others. We lived a difficult adolescence.
- Second lower molars (union): Represent our partner in life, who I build a home with. Friend, neighbour who is always willing to lend a hand when we need it. They

RECOMMENDATIONS •	Learn to cope with everyday life.
ROOTS •	Deal with the above roots of the applicable condition.
POOTS A	decided it is time to leave the house and move, break free." O When we extract wisdom teeth because they cause much pain: "I renounce to walk alone, I want to backtrack, be young and remain under the protection of my parents." Deal with the above roots of the applicable condition
	 Wisdom teeth that never go: "I have a visceral fear of dying." When we consciously remove wisdom teeth: "I have
	 Wisdom tooth with a single root: "I dare not take up space." "I have little confidence in myself." Wisdom teeth with several roots: "I have a rich and complex personality." "I possess many talents and resources, I can fulfil myself."
	 Injuries represent that we are immature in all aspects, always joking or not giving importance to life. "My mother must look after the children, I do not have time." "I do not trust what I can achieve, I am too little."
	 It expresses the pain of growing up and not relying on our parents anymore. The greater the pain, the harder maturing, separation from home and stopping being children are.
	 They come out when we have already established the principles instilled by our parents and are perfectly able to lead, feed and keep ourselves. The birth of the wisdom teeth tells us that we are adults and should be prepared to leave home and form our own family.
•	have been betrayed. Deceptions, lied, frauds, deceptions. Wisdom teeth: Represent our mental maturity, our wisdom to make decisions, our autonomy and ability to feed ourselves.
	friendly relations are. Lower right second molar: My wife, my girlfriend, my friend, my neighbour. Lower left second molar: My husband, my boyfriend, my friend, my neighbour. Second mandibular molars problems: Represents I
	reveal how my marriage is going or how my loving and

NAME	TENDONS (See the part of the body affected)
DESCRIPTION	They attach the muscle to the bone.
GENERAL	 Devaluation conflict in the present action. "It is considered that my action is worthless." Devaluation conflict of oneself. "Whatever I do I will not get it."
	 Achilles tendon: The tendon in the back of the leg that attaches the calf and the soleus muscle to the calcaneus (heel) and allows the impulsion of the body. Devaluation conflict in the impulsion of the present. Real or symbolic and sometimes subjective. "I am considering a leap, a change. I am probably already immersed in it. It may escape from me but I dare not face this important change for fear of what I might find or for leaving behind what I know (the parents' house)." "I do not feel able to make the leap.
	 Fear to commit to marry. Fear of being a father. Fear of changing jobs.
ROOTS	• Fear.
RECOMMENDATIONS	Trust more in yourself and in your abilities to fight for what you want in Ife.

NAME	TENSION CEPHALEA	
DESCRIPTION	 Oppressive pain like a helmet on the head, affecting two halves of the head. Unlike migraine, the person is not bothered by sound and light. 	
GENERAL	 Affected person is prone to hide things they do not want to face. Acting as if nothing has happened, as if they have no problems. Their defense system is to deny emotions and negative experiences. They try to leave their troubles aside. Rigid person who tries to prove to everyone that nothing bad/wrong ever happens to them. 	
ROOTS	Stress, fear, anxiety.	
RECOMMENDATIONS	 Become aware of negations. Be aware of stress and accept e motions and internal conflict. 	

NAME	TESTICLES			
DESCRIPTION	They are two glands that produce male hormones and sperm.			
	 I lost my house. Varicocele – drop of blood from the renal vein to the testicle – 			
	conflict of impairment The enlargement of the veins within the loose bag of skin that holds the testicles (scrotum).			

Concern about not being able to perform well the role of a
parent. It's too heavy for me to carry, regarding my children,
my family.
I want to clean the impurities that come from my family not
to pass them on to my children.
Can also be a fear being man enough to satisfy a women.
Guilt after rupture (<i>verbreking</i>) in the relationship with a
woman.
I will not manage to impose as head of this family, to protect
my children.
Do we feel that someone has caught us by the testicles?
Have we stopped dominating someone?
Do we feel that we have lost masculinity?
Fear.
Separation.
Guilt.
Worthlessness.
Take on the issue of masculinity and fertility and understand
their essence.
Express creativity in other directions. Contribute to life,
creation, consciously.
Become aware that you are a valuable person for yourself.
Accept and accommodate your feminine side through
acceptance and confidence in women.

NAME	TETANUS
DESCRIPTION	 Caused by neurotoxins produced by Bacillus Clostridium. It affects the nervous system causing violent muscular contractions.
GENERAL	 The sense of tetanus is to clear the messages (nervous system) of ungrateful orders that produce obligations in the clan. Conflict of separation in which I must go beyond my possibilities. Conflict of blood being stained and dirty. Need to free ourselves from the feeling of anger. Conflict of freedom due to orders that I cannot fulfil within the family.
ROOTS	Anger, separation, fear.
RECOMMENDATIONS	Restore relationships in the family.

NAME	TH	THIGHS	
DESCRIPTION	•	The part of the leg between the hip and the knee.	
	•	They are responsible for holding most of the weight and	
		balance.	
GENERAL	•	Thigh (support for projects) and leg (going forward, go to	
		others) work together.	
	•	We are afraid to deal with a situation that highlights our	
		insecurity (separation, loss of work, money, etc.).	

NAME	THROAT (See PHARYNX)
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NANAE	TUDOSADOCICA
NAME	THROMBOSIS (See the part of the body affected)
DESCRIPTION	 Blood is the symbol of the soul, joy, love and family. It must continuously flow but with thrombosis it thickens, is sealed, coagulates, does not flow normally, and forms a blood clot.
GENERAL	 There is a person in your own family or a situation that is blocking your joy of living. It appears after a serious family conflict which have clogged all roads and relationships in the family with crap. "I feel suffocated in this family. There is no remedy for this family." "Everything is dirty in this family. There are too many things to clean. I get tired of so much filth." There may be conflict of impairment, not being able to take something, recover, carry the load. "I have to pull myself together and eliminate the dirty blood, sediment, problems. I want to clean all this mud." It can also express a desire to join the clan, family. Happens when the person feels ignored or neglected, deprived of love and hindered to express themselves in some way. Coronary thrombosis (when a heart artery crashes due to a
	blood clot): The consequence of having lived a family conflict in which they have felt a deep sense of loneliness and fear. "I am not good for anything, I do not do enough, I will never make is."
ROOTS	• It mainly affects people living steeped in a sense of loneliness and fear , lacking confidence and security and quite disillusioned and disappointed by what life offers.
RECOMMENDATIONS	 Do not get too involved in family matters trying to resolve their differences. It is not your responsibility and wears your energy out.

•	Do not cling to love for fear that it will run out.
•	Life is constantly changing and moving. To be happy we must
	admit the nature of life and accept constant coming and going.
•	Allow change to happen because it causes pain to hold on.

NAME	THYMUS
DESCRIPTION	Endocrine glandular organ of great activity in infancy and
	growth. It is located in the lower part of the neck above the
	anterior mediastinum.
	Greek "thymos" means vital energy.
	• The main gland of the immune system and its function is the
	development and maturation of T lymphocytes.
GENERAL	Conflict of defence within the family.
	• Conflict of refusing to accept growth, refusal to mature.
	 Continuously needs mom's protection to survive.
	Love and hate affect us deeply. This gland grows when we are
	cheerful and shrink when we are stressed and even more
	when we get sick.
ROOTS	Sadness and depression.
RECOMMENDATIONS	Learn to have joy in life.

NAME	THYROID (See AUTOIMMUNE DISEASES)	
DESCRIPTION	A disproportionate number of chemically sensitive individuals seems to have been treated for thyroid hormone deficiency at some time in their lives.	
GENERAL	 Thoughts arising in the cerebral cortex that have strong emotional overtones also can trigger hypothalamic responses and recreate the physical effects associated with intense anger, fear and other feelings. Anxiety disorder - people never leave fight or flight mode. Move into second level - resistance stage. Homeostasis never comes back to normal because the fear of the enemy is always there. That's why you start getting all the various forms of malfunctioning. All the peripheral diseases start to develop. First thing affected in the resistance stage is the THYROID. Results of EMOTIONAL SHOCK or a prolonged period of anxiety. EMOTIONAL CONFLICT - spiritual issue and God is able to resolve it in your life. God is a loving Father and HE is not going to share you with the enemy. 	

	 Hashimoto – Over-secretion of thyroxin (enzymes that the thyroid gland secretes). Hypothyroidism – Under-secretion of thyroxin. The medical community will tell you it is incurable. HASHIMOTO'S DISEASE Hypothyroidism in its advanced stages is called Hashimoto's disease. It is the manifestation of lowered levels of thyroxin being secreted by the thyroid. Thyroid is directly affected by stress causing an undersecretion of thyroxin. When we eliminate FEAR, ANXIETY and STRESS, the thyroid kicks back into balance and begins to secrete thyroxin correctly again.
	GRAVE'S DISEASE
	 Hyperthyroidism, which is an over-secretion of thyroxin is called Graves' disease.
	 It produce goitres and swelling of the eyes as well as palpitations (trilling) and tremors (bewerasie). It is an ANXIETY Disorder.
ROOTS	SELF-HATRED, SELF-REJECTION and GUILT
	• GRAVES' DISEASE - Anxiety, Fear, Self-hatred, Self-rejection and Guilt
RECOMMENDATIONS	The enemy uses FEAR and then creates the illusion of "insecurity, mistrust and great fear"
	"You've been caught and exposed, satan! You are projecting into the future as if it's true and this is equal to occultism! It's an illusion to break down my immune system. You have no right on me and my body or on my immune system. I rebuke you satan! I am breaking the CURSE in Jesus NAME! I have permission to cancel your legal right in Jesus Name. Go right now! You do not have any choice!"

NAME	TICS	
DESCRIPTION	Involuntary twitches.	
GENERAL	Living a situation that distresses the person.	
	The result of many situations of accumulated tension. The person has reached the limit of tension.	
	The person wants to make a move but admonishes it because of fear.	

	•	I am upset because I wanted to move, but was withheld, such
		as in church. Now I move involuntarily because of rebellion.
	•	Eyes: I do not want to see, accept, recognize what distresses
		me.
	•	Face: ID, image damaged.
	•	Wants to draw attention. Nobody cares.
	•	Motor dysfunction linked to a thrill, often from sexual origin.
		Dystonia – forbidden love.
	•	In people with excessive self-control, perfectionists and
		people who repress aggression.
	•	They desire to express emotions, fears, and concerns, but dare
		not, because they feel they are being watched and judged.
	•	FEAR of showing emotion.
ROOTS	•	Fear.
RECOMMENDATIONS	•	Realize that you always have the freedom to express yourself.

NAME	TOES	
DESCRIPTION	Toes symbolize the roots that keep us to the ground. They give us stability.	
GENERAL	 Problems indicate we are not fed, satisfied, and fulfilled with our position. Big toe: Obligation to the MOTHER. Fear to upset or offend the mother. Forced by the MOTHER. Mother feels forced. Big toe crosses over second toe: I must act because I am the oldest. I must take care of the younger ones. Big toe crosses under second toe: I am the youngest but must take care of the others. Second toe: Difficulty to digest some situations regarding material/professional world. Feels obligated towards brothers, cousins, girlfriend. "If I do not call my girlfriend, she will be upset." 	
	 Third toe: Afraid to go forward because of instability and imbalance in relations. Generally, communication problems. "My boyfriend did not say anything about last night." 	
	 Fourth toe: Related to gallbladder. Problems, injustice, resentment, suppressed anger with MOTHER/Collateral. "My friends did not invite me along." 	
	• Little toe : Want to change old habits and replace them with new ones. Territory conflict. Hate self for way I express myself. Self-anger. Guilt.	
ROOTS	Deal with the above roots of the applicable toe.	
RECOMMENDATIO	NS • Learn to cope with life.	

NAME	TONGUE
DESCRIPTION	 Related to the word and language. "Sharp tongue." Indicates the "flavour" in my life.
GENERAL	 Indicates a sense of guilt for what I have eaten (real or symbolic). What toxic "food" have I eaten?
	 Guilt for not saying things discreetly or for what has been said. "Biting the tongue."
	 Guilt for not saying something that was on the "tip of my tongue".
	Reproach for eating.
	Glossitis: Difficulty to savour, enjoy life.
	Sores: Impotence to catch the morsel.
	 Geographical tongue: Separation conflict for not being able to say any longer what I desire. Forced to give it up. E.g. radio announcer who does not present public assistance any longer, but only reads the news.
ROOTS	• Guilt.
RECOMMENDATIONS	 Overcome guilt by forgiving yourself and accepting God's forgiveness.
	 Learn to speak wise and loving words.

NAME	TONSILS (See PHARYNX)
DESCRIPTION	They are like sentries guarding the gates of the throat.
	They are part of the lymphatic system and therefore are
	organs of defence for the body.
	They control what goes in to determine if it is good or bad for
	us.
GENERAL	All cells of the lymphatic system shows anguish devaluation.
	Understanding "bite" as something we are sure that we will
	get (e.g. house, car, land etc.) and we are removed from it at
	the last moment.
	I hope I get it, but it can escape.
	• In infants – anguish from not being able to catch milk, mother,
	and security: My mother, her nipple, escapes from me, I
	cannot catch my mother.
	Adults - Related to my repressed fear, anger, emotions and
	creativity, because they do not allow me to be myself. I am not
	getting my emotional bite
	Inflammation of the tonsils express anger and frustration
	caused by something that is happening to us and we cannot
	swallow.
ROOTS	Anguish.

	•	Fear.
	•	Anger.
RECOMMENDATIONS	•	Create a safe home.

NAME	TC	ORTICOLLIS (See NECK)
DESCRIPTION	•	Neck pain, neck stiffness, muscle spasms.
GENERAL	•	Conflict of contradiction in action, related to what I want to
		see, but cannot or what I want to do, but does not do.
	•	Have to choose between two options.
	•	Devaluation conflict for wanting to make two opposite
		movements at the same time. Wanting to look at something
		but is forbidden. Part of me wants to go forward, but part is
		stuck in the past.
	•	The result of rejection, disagreement, non-acceptance of what
		happens or what others say, but the person does not express
		himself for lack of courage, insufficient capacity, or believing
		that he has no right.
	•	Spasmodic torticollis (Head is bend to one side): Conflict for
		not having felt supported in a clash.
	•	Chronic recurrent torticollis: Conflict of impotence to do what
		I want and having to endure the power of another.
	•	Dystonia : Conflict with forbidden love.
		 Right side: With husband or partner.
		 Left side: With children or men.
ROOTS	•	Deal with the above roots of the applicable condition.
RECOMMENDATIONS	•	Do what makes you happy.

NAME	TRANSPIRATION (See HYPERHIDROSIS)
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NAME	TRANSVERSE MYELITIS (See SPINE)
DESCRIPTION	Transverse myelitis is a neurological disorder caused by inflammation across both sides of one level, or segment, of the spinal cord.
	• The term <i>myelitis</i> refers to inflammation of the spinal cord; <i>transverse</i> simply describes the position of the inflammation, that is, across the width of the spinal cord.
	 Attacks of inflammation can damage or destroy myelin, the fatty insulating substance that covers nerve cell fibres. This damage causes nervous system scars that interrupt

	communications between the nerves in the spinal cord and the rest of the body.
GENERAL	 Symptoms of transverse myelitis include a loss of spinal cord function over several hours to several weeks. What usually begins as a sudden onset of lower back pain, muscle weakness, or abnormal sensations in the toes and feet can rapidly progress to more severe symptoms, including paralysis, urinary retention, and loss of bowel control.
	 Although some patients recover from transverse myelitis with minor or no residual problems, others suffer permanent impairments that affect their ability to perform ordinary tasks of daily living. Most patients will have only one episode of transverse myelitis; a small percentage may have a recurrence. The segment of the spinal cord at which the damage occurs determines which parts of the body are affected.
	 Nerves in the cervical (neck) region control signals to the neck, arms, hands, and muscles of breathing (the diaphragm). Nerves in the thoracic (upper back) region relay signals to the torso and some parts of the arms. Nerves at the lumbar (midback) level control signals to the hips and legs.
	 Finally, sacral nerves, located within the lowest segment of the spinal cord, relay signals to the groin, toes, and some parts of the legs. Damage at one segment will affect function at that segment and segments below it. In patients with transverse myelitis, demyelination usually occurs at the thoracic level, causing
	 problems with leg movement and bowel and bladder control, which require signals from the lower segments of the spinal cord. Transverse myelitis occurs in adults and children, in both genders, and in all races. No familial predisposition is apparent. A peak in incidence rates (the number of new cases per year) appears to occur between 10 and 19 years and 30 and 30 years.
	 Researchers are uncertain of the exact causes of transverse myelitis. The inflammation that causes such extensive damage to nerve fibres of the spinal cord may result from viral infections or abnormal immune reactions.
	 Transverse myelitis also may occur as a complication of syphilis, measles, Lyme disease, and some vaccinations, including those for chickenpox and rabies. Cases in which a cause cannot be identified are called <i>idiopathic</i>.

- Transverse myelitis often develops following viral infections.
 Infectious agents suspected of causing transverse myelitis include varicella zoster (the virus that causes chickenpox and shingles), herpes simplex, cytomegalovirus, Epstein-Barr, influenza, echovirus, human immunodeficiency virus (HIV), hepatitis A, and rubella.
- Bacterial skin infections, middle-ear infections (otitis media), and Mycoplasma pneumonia (bacterial pneumonia) have also been associated with the condition.
- In post-infectious cases of transverse myelitis, immune system mechanisms, rather than active viral or bacterial infections, appear to play an important role in causing damage to spinal nerves.
- Although researchers have not yet identified the precise mechanisms of spinal cord injury in these cases, stimulation of the immune system in response to infection indicates that an autoimmune reaction may be responsible.
- In autoimmune diseases, the immune system, which normally
 protects the body from foreign organisms, mistakenly attacks
 the body's own tissue, causing inflammation and, in some
 cases, damage to myelin within the spinal cord.
- Because some affected individuals also have autoimmune diseases such as systemic lupus erythematosus, Sjogren's syndrome, and sarcoidosis, some scientists suggest that transverse myelitis may also be an autoimmune disorder.
- In addition, some cancers may trigger an abnormal immune response that may lead to transverse myelitis.
- In some people, transverse myelitis represents the first symptom of an underlying demyelinating disease of the central nervous system such as multiple sclerosis (MS) or neuromyelitis optica (NMO).
- A form of transverse myelitis is known as "partial" myelitis because it affects only a portion of the cross-sectional area of the spinal cord which is more characteristic of MS.
- Neuromyelitis Optica typically causes both transverse myelitis and optic neuritis (inflammation of the optic nerve that results in visual loss), but not necessarily at the same time.
- All patients with transverse myelitis should be evaluated for MS or NMO because patients with these diagnoses may require different treatments, especially therapies to prevent future attacks.
- Although only a few studies have examined incidence rates, it
 is estimated that about 1,400 new cases of transverse myelitis
 are diagnosed each year in the United States, and

- approximately 33,000 Americans have some type of disability resulting from the disorder.
- Transverse myelitis may be either acute (developing over hours to several days) or subacute (usually developing over 1 to 4 weeks).
- Initial symptoms usually include localized lower back pain, sudden paresthesias (abnormal sensations such as burning, tickling, pricking, or tingling) in the legs, sensory loss, and paraparesis (partial paralysis of the legs).
- Paraparesis may progress to paraplegia (paralysis of the legs and lower part of the trunk). Urinary bladder and bowel dysfunction is common.
- Many patients also report experiencing muscle spasms, a general feeling of discomfort, headache, fever, and loss of appetite.
- Depending on which segment of the spinal cord is involved, some patients may experience respiratory problems as well.
- From this wide array of symptoms, four classic features of transverse myelitis emerge:
- (1) weakness of the legs and arms,
- (2) pain,
- (3) sensory alteration, and
- (4) bowel and bladder dysfunction.
- Most patients will experience weakness of varying degrees in their legs; some also experience it in their arms. Initially, people with transverse myelitis may notice that they are stumbling or dragging one foot or that their legs seem heavier than normal.
- Coordination of hand and arm movements, as well as arm and hand strength may also be compromised.
- Progression of the disease leads to full paralysis of the legs,
 requiring the patient to use a wheelchair.
- Pain is the primary presenting symptom of transverse myelitis in approximately one-third to one-half of all patients.
- The pain may be localized in the lower back or may consist of sharp, shooting sensations that radiate down the legs or arms or around the torso.
- Patients who experience sensory disturbances often use terms such as *numbness*, *tingling*, *coldness*, or *burning* to describe their symptoms.
- Up to 80 percent of those with transverse myelitis report areas
 of heightened sensitivity to touch, such that clothing or a light
 touch with a finger causes significant discomfort or pain (a
 condition called *allodynia*).

- Many also experience heightened sensitivity to changes in temperature or to extreme heat or cold.
- Bladder and bowel problems may involve increased frequency of the urge to urinate or have bowel movements, incontinence, difficulty voiding, the sensation of incomplete evacuation, and constipation.
- Over the course of the disease, the majority of people with transverse myelitis will experience one or several of these symptoms.
- Physicians diagnose transverse myelitis by taking a medical history and performing a thorough neurological examination.
- Because it is often difficult to distinguish between a patient with an idiopathic form of transverse myelitis and one who has an underlying condition, physicians must first eliminate potentially treatable causes of the condition.
- When a spinal cord problem is suspected, physicians seek first to rule out *structural lesions* (damaged or abnormally functioning areas) that could cause spinal cord compression or otherwise affects its function.
- Such potential lesions include tumours, herniated or slipped discs, stenosis (narrowing of the canal that holds the spinal cord), abscesses, and abnormal collections of blood vessels. To rule out such lesions and check for inflammation of the spinal cord, patients often undergo magnetic resonance imaging (MRI), a procedure that provides a picture of the brain and spinal cord.
- The spinal cord MRI will almost always confirm the presence of a lesion within the spinal cord, whereas the brain MRI may provide clues to other underlying causes, especially MS.
- If an MRI is not possible (for example, if the patient has a pacemaker), physicians may consider other diagnostic tests such as computed tomography (CT) of the spine with or without pyelography, which involves injecting a dye into the sac that surrounds the spinal cord.
- The patient is then tilted up and down to let the dye flow around and outline the spinal cord while X-rays are taken.
- Blood tests may be performed to rule out various disorders such as systemic lupus erythematosus, HIV infection, vitamin B12 deficiency, and many others a blood test for NMO, called NMO-IgG, is also necessary.
- In some patients with transverse myelitis, the cerebrospinal fluid that bathes the spinal cord and brain contains more protein than usual and an increased number of leukocytes (white blood cells). A spinal tap may be performed to obtain

- fluid to study these factors, exclude infections, and to look for markers of diseases such as MS.
- If none of these tests suggests a specific cause, the patient is presumed to have idiopathic transverse myelitis
- Many forms of long-term rehabilitative therapy are available for people who have permanent disabilities resulting from transverse myelitis. Medical social workers, often affiliated with local hospitals or outpatient clinics, are the best sources for information about treatment programs and other resources that exist in a community.
- Rehabilitative therapy teaches people strategies for carrying out activities in new ways in order to overcome, circumvent, or compensate for permanent disabilities. Rehabilitation as yet cannot reverse the physical damage resulting from transverse myelitis or other forms of spinal cord injury.
- But it can help people, even those with severe paralysis, become as functionally independent as possible and thereby attain the best possible quality of life.
- Commonly experienced permanent neurological deficits resulting from transverse myelitis include severe weakness, spasticity (painful muscle stiffness or contractions), or paralysis; incontinence; and chronic pain. Such deficits can substantially interfere with a person's ability to carry out everyday activities such as bathing, dressing, and performing household tasks.
- People living with permanent disability may feel a range of emotions, from fear and sadness to frustration and anger.
- Such feelings are natural responses, but they can sometimes jeopardize health and potential for functional recovery.
- Those with permanent disabilities frequently experience clinical depression. Fortunately, depression is treatable, due to the development of a wide range of medications that can be used with psychotherapeutic treatment.
- Today, most rehabilitation programs attempt to address the emotional dimensions along with the physical problems resulting from permanent disability.
- Patients typically consult with a range of rehabilitation specialists, who may include physiatrists (physicians specializing in physical medicine and rehabilitation), physical therapists, occupational therapists, vocational therapists, and mental health care professionals.
- Physical Therapy: Physiatrists and physical therapists treat disabilities that result from motor and sensory impairments.
 Their aim is to help patients increase their strength and

- endurance, improve coordination, reduce spasticity and muscle wasting in paralyzed limbs, and regain greater control over bladder and bowel function through various exercises.
- Physiatrists and physical therapists teach paralyzed patients techniques for using assistive devices such as wheelchairs, canes, or braces as effectively as possible.
- Paralyzed patients also learn ways to avoid developing painful pressure sores on immobilized parts of the body, which may lead to increased pain or systemic infection. In addition, physiatrists and physical therapists are involved in pain management.
- A wide variety of drugs now exist that can alleviate the pain that results from spinal cord injuries such as those caused by transverse myelitis.
- These include nonsteroidal anti-inflammatory drugs such as ibuprofen or naproxen; antidepressant drugs such as amitriptyline (tricyclic) and sertraline (a selective serotonin reuptake inhibitor); muscle relaxants such as baclofen or tizanidine, and anticonvulsant drugs such as gabapentin, pregabalin, and carbamazepine.
- Occupational Therapy: Occupational therapists help individuals learn new ways to maintain or rebuild their independence by participating in meaningful, self-directed, goal-oriented, everyday tasks (occupations) such as bathing and dressing.
- They teach people how to function at the lightest level possible, by developing compensatory strategies, suggesting changes in their homes to improve safety (such as installing grab bars in bathrooms), changing obstacles in their environment that interfere with normal activity, and instructing on how to use assistive devices.
- Vocational Therapy: In addition to acquainting people with their rights as defined under the Americans with Disabilities Act of 1990 and helping people develop and promote work skills, vocational therapists identify potential employers, assist in job searches, and act as mediators between employees and employers to secure reasonable workplace accommodations.

ROOTS

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RECOMMENDATIONS

- As with many disorders of the spinal cord, no effective cure currently exists for people with transverse myelitis.
- Treatments are designed to reduce spinal cord inflammation and manage and alleviate symptoms.
- Physicians often prescribe anti-inflammatory corticosteroid therapy soon after the diagnosis is made in order to decrease

- inflammation and hopefully improve the chances and speed of neurological recovery.
- Although no clinical trials have investigated whether corticosteroids alter the course of transverse myelitis, these drugs often are prescribed to reduce immune system activity because of the suspected autoimmune mechanisms involved in the disorder.
- Corticosteroid medications that might be prescribed may include intravenous methyl prednisone or dexamethasone (usually for about 5 days; in some cases, oral prednisone is used for a period of time afterwards).
- In severe cases that do not appear to respond to corticosteroid treatment, other therapies such as plasma exchange or drug therapies may be used to try to salvage neurological function.
 General painkillers may be prescribed for any pain the patient may have. And bed rest is often recommended during the initial days and weeks after onset of the disorder.
- Following initial therapy, the most critical part of the treatment for this disorder consists of keeping the patient's body functioning while hoping for either complete or partial spontaneous recovery of the nervous system.
- This may require placing the patient on a respirator in the uncommon scenario where breathing is significantly affected.
- Patients are most often treated in a hospital or in a rehabilitation facility where a specialized medical team can prevent or treat problems that afflict paralyzed patients.
- Often, even before recovery begins, caregivers may be instructed to move patients' limbs manually to help keep the muscles flexible and strong, and to reduce the likelihood of pressure sores developing in immobilized areas.
- Later, if patients begin to recover limb control, physical therapy begins to help improve muscle strength, coordination, and range of motion.

NAME	TRIGLYCERIDES (See CHOLESTEROL)
DESCRIPTION	A type of fat in the blood.

NAME	TUBERCULOSIS (See the organ affected)	
DESCRIPTION	Infectious and contagious disease that affects the lungs. Can also be located in the bones, kidneys, skin or other organs.	

NAME	TWINS	
DESCRIPTION	Two offspring produced by the same pregnancy.	
GENERAL	 Making two children in case one is lost. Often linked to a conflict of loss of children. We recover a lost son or make a reserve for fear of losing a child. Memory of children born dead, loss of children in the family tree, missing children. Conflict linked to the thyroid – wanting to have children quickly. 	
ROOTS	Look into the family tree for child deaths.	

NAME	ULCERS (See the part of body affected)
DESCRIPTION	A sore that develops on the lining of the oesophagus, stomach or small intestine.
GENERAL	 People with ulcers have compromised immune systems. They do not have firepower to defeat bacteria. Gastric: Erosion or loss of substance from the mucosa of the lining of the stomach. The biological meaning of the ulcer is to expand the space (the territory) so that it can fit everything that "I am forced to swallow".
	 Gastric ulcers represent living a truly indigestible, impossible to swallow family situation. We talk about "indigestible contradictions" in the territory. We have to live with unpleasant people out of obligation and within our territory.

	•	It is a struggle to mark the boundaries of our territory to heads of other territories . "Someone has invaded my territory and has destabilized me".
	•	It is people who feel abused by others and do not believe their value.
	•	They are afraid and feel helpless.
ROOTS	•	Do not have peace in heart regarding issues in your life.
	•	Can't digest life.
RECOMMENDATIONS	•	The ulcer patient needs to learn to become aware of his/her
		feelings and confront and resolve conflicts consciously.
	•	Would it help to express what he/she feels and admit his/her
		difficulty in accepting what is happening?
	•	What gnaws me?
	•	They must also admit and acknowledge their desire to be
		protected and their need to be pampered and loved.
	•	Jump from the nest of childhood and become an adult.

NAME	UMBILICAL HERNIA	
DESCRIPTION	• The intestines protrude through the abdominal muscles at the belly button.	
GENERAL	Conflict of not being able to eliminate a toxic bite.	
	Can't get rid of someone or a situation.	
	Can't evacuate dirt from my life.	
	• Conflict related to lack of protection from the MOTHER. "She	
	does not help me to eliminate the problems she creates."	
	• The result of conflict with children – differences, lawsuits,	
	disputes, fed up with them.	
ROOTS	Lack of protection.	
	Desire to escape difficult situations.	
RECOMMENDATIONS	Learn to cope with life.	

NAME	URETHRITIS (See BLADDER)	
DESCRIPTION	•	Urethritis is when the tube that carries pee from the bladder out of the body (urethra) becomes swollen and sore.
	•	It's often caused by a sexually transmitted infection

NAME	URINARY INFECTIONS (See BLADDER)	
DESCRIPTION	An infection in any part of the urinary system, the kidneys, bladder or urethra.	

GENERAL	 Urinary system – Conflicts of territory, specifically in the function to mark territory, like our home, office, family, work,
	projects.
	 Living a situation where she does not feel that she is in her
	territory.
	A relative who makes her feel uncomfortable has arrived to
	her house, or perhaps a new partner has come to her job. A
	feeling that someone steals her space.
	• Like to organize my territory, but someone prevents me to do
	it.
	 Conflict on some clean affair – something very dirty.
	• In adults it is often related to the desire to control everything
	in life .
	Inflexible people.
	• Emotional excess overflows.
	• We tried to mark our territory, but we do not know whether it
	is ours or not.
	We do not know how far we can get.
	Whether it is correct or not.
	We do not know what to expect.
	• We lived or are living a conflict in which we feel indignant
	about something that has happened to us and instead of fixing
	it, we just blame others.
	Angry because someone has overstepped the boundaries of
	his/her territory.
ROOTS	Anger.
	Blame.
RECOMMENDATIONS	I need to learn to speak out.
	Express my doubts and resentments.
	Stop blaming others and undertake my own way.
	I love myself, I approve myself and I respect myself.
	I should stop getting upset by situations beyond my control.
	I love myself as I am.

NAME	URTICARIA/HIVES (See ALLERGIES)	
DESCRIPTION	A skin disease characterized by temporary eruptions of pimples or hives, accompanied by itching and swelling.	
GENERAL	 Separation conflict that threatens my integrity. Possibly involved in a triangular conflict where the person erotically desires someone but there is a rival. "I am disappointed, rejected, feel disowned." 	

	Unhealthy contact, dishonour, attack on my integrity and
	dignity. (Sexual abuse, molestation, etc.)
	Living a situation that surpasses my limits. The person has a
	feeling of being hit, attacked by others. Injustice. The person
	feels that he can do nothing about it.
	These people are often passive in their relationships with
	others.
	They show a strong tendency to fear, which is not well
	tolerated.
	There is a high degree of insecurity in their behaviour.
	They have a tendency to be hurt in love relationships.
	Look for the roots of the affected areas.
ROOTS	Fear, stress, rejection.
RECOMMENDATIONS 4	Allow Jesus to heal wounds from broken relationships.

NAME	UTERINE FIBROIDS (See UTERUS)
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NAME	UTERUS/UTERINE FIBROIDS
DESCRIPTION	The uterus contains the fertilized egg during pregnancy and expels the baby at birth. It symbolizes fertility, gestation, the nest, family, the home, reproduction, the couple, romance.
GENERAL	 Perception that sex is dirty and out of the ordinary. Sexual frustration. Family conflict. Conflict of loss (Grandparents and grandchildren relationships). Grandmother conflict, who does not accept anything regarding the grandchildren, ex misbehaving with her partner, sexual behaviour. Conflict of impairment for not being able to fall pregnant. (After abortion, stillbirth, etc.) Deep sense of shame, guilt, or betrayal. Uterine fibroid: Impotence and devaluation – not able to find the right partner. The fibroid can express "the house is occupied". The fibroid has a contraceptive function. Does not see the partner as the ideal father, or abandoned by the partner and staying home to indicate that she is not looking for a partner and does not want to fall pregnant from another man. There is a void in the family, and I fill it (with a fibroid).

	•	Fibroids : Difference between fibroids and cancer depends on
		the intensity of the conflict lived.
		 Indicates resentment towards the couple.
		 After having experienced a setback as a woman.
		o Bitterness and anger towards the husband for
		misusing him sexually.
		o Regret for the unfulfilled desire to have a child.
		Frustrated creativity after abortion, death.
		 Feels powerless to defend the home.
		 Guilt for failing to create/maintain my idea of good
		and warm home by the absence of a partner or the
		partner is not who I thought he was.
	•	Fibroma may indicate emotional problems after loss of a fetus.
	•	Neck of the uterus/cervix: Usually in young women.
		 Conflict of sexual frustration.
		 Lives a destructive sexual life.
		 Feels unwanted and unattractive.
		 They feel their partners are killing something in them
		and the contact with partner becomes poisonous.
		 Abandonment or separation of the couple.
		 Notion of loss of territory.
	•	Reproduction : Problems indicate difficulties in the physical
		contact between the couple.
		 The relationship is toxic to others.
		 The woman is too passionate about the relationship.
	•	Cancer: Indicates a very deep emotional problem,
		resentment, and guilt.
		 Devaluation conflict for not getting pregnant.
		 Reveals a possible deep aversion to sexual intercourse.
ROOTS	•	Deal with the roots of each condition.
RECOMMENDATIONS	•	Allow Jesus to heal wounds in the bloodline.
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NAME	VAGINAL YEAST INFECTION	
DESCRIPTION	• The fungi feed on dead organic substance and its function is to clean.	
	• In candidiasis, their function is to clean the dead cells from the	
	area.	
GENERAL	• What is what is dead in me and I want to clean?	
	• Have to do with frustration, associated with the notion of	
	sexual frustration.	
	• Excessive sex.	
	• More or less contact is necessary with the man I love.	

	•	Lack of contact after ending a relationship or after the death of the partner or perhaps because he is absent for some time. Sexual relationship that is not a desired. It is important to emphasize that this concept of sexual frustration is not specifically on the physical plane of sex. You can have habitual relationships and be frustrated because the close contract that the woman wants to feel is actually the heart of her partner.
ROOTS	•	Frustration.
RECOMMENDATIONS	•	Give yourself permission to live and enjoy my sexuality. I must express my deepest feelings and thoughts with my sexual partner. I do love and accept myself as I am.

VAGINITIS/VULVITIS/VULVOVAGINITIS
 Vaginitis and vulvovaginitis are inflammation in the vagina and vulva that can cause itching, pain and discharge. Vulvitis is an itchy inflammation of the vulva. Separation conflict related to the female position on her
 Does not enjoy sex and she is pressured by her partner to perform unpleasant actions. Problems indicate sexual frustration. These diseases are a perfect excuse to say NO to the partner.
 The person has pent-up emotions such as anger, bitterness feels misused, manipulated, and not valued sexually. Sexual frustration during sex. It indicates sexual guilt because of beliefs contrary to the enjoyment of sexual pleasure, causing her to have sex only out of obligation or duty.
 Guilt or shame for an illegitimate relationship. The guilt carries a self-imposed punishment to the "area where she has sinned". Ancient fear related to sexuality.
 Vaginal herpes: Guilt and anger over a sexual relationship. Itching: Something is itching in the relationship. Forced sexual intercourse. Feels used and manipulated and not valued sexually. Problems indicate constant meddling relatives in my house or life.

	•	Bartholin's Glands: Refusing penetration punishes the couple.
		Guilt for performing the sexual act.
ROOTS	•	Guilt.
	•	Shame.
RECOMMENDATIONS	•	Being a woman means to enjoy sexuality.
	•	It is okey to be vulnerable.
	•	If you have been sexually assaulted as a child, do not continue
		living in fears of the past.
	•	Forgiveness is the quickest way to get rid of the experiences.

NAME	VARICELLA (See CHICKENPOX)
DESCRIPTION	• Varicella-zoster is a herpes virus that causes chickenpox, a common childhood illness. It is highly contagious. If an adult develops chickenpox, the illness may be more severe. After a person has had chickenpox, the varicella-zoster virus can remain inactive in the body for many years.
GENERAL	 The person is living a conflict in which he feels threatened by someone or something. "I want to get away from the person who hurts me." The person is usually very sensitive and lives with the anxiety that he will be hurt again. The person doubts that lasting happiness is possible and always expects new pain. It may indicate that the person is experiencing a change in life and craves the stage of his former life.
ROOTS	Anxiety.
RECOMMENDATIONS	• Learn to live in the present, be positive and approach every new experience with courage and enthusiasm.

NAME	VARICOCELE (See TESTICLES)
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NAME	VARICOSE ULCER
DESCRIPTION	Ulcers shown on varicose legs on weakened skin. It is usually
	more pigmented or purple.
GENERAL	Usually in lower parts of the legs in inner region of legs and
	ankles. It presents with pain that intensifies with touch and
	movement.
	They indicate that the person is overloaded and overworked.
	They live in a situation that causes disgust and dismay.

	•	It shows the person is living in two conflicts at the same time. Conflict of separation and devaluation. I feel outside of the family because no-one recognizes what I do.
ROOTS	•	Overworked and overloaded.
RECOMMENDATIONS	•	Allow yourself to relax.
	•	Balance work and relaxation.

NAME	VARICOSE VEINS
DESCRIPTION	The tubes forming part of the blood circulation system of the body, carrying in most cases oxygen-depleted blood towards the heart
GENERAL	body, carrying in most cases oxygen-depleted blood towards
	from home". "I'm trapped in a situation". "I want to go home, even though it's too late". "I have been a fool, I should not have left my house or my family for that man (that woman)". "I cannot go home". "I would like to have contact with my family again". "There are too many things to clean in this family". Sexual conflict added to a conflict of not wanting or
	not being able to return to the nest (to the home).

- We are experiencing a sexual conflict with our partner that is not pleasing to us, but we do not have the courage to abandon this dynamic and return home.
- Varicose veins can also manifest in people who, accustomed to living a good life, suddenly lose that level, either because they have gone to live with a humble partner, because they have been disinherited or repudiated by the family.
- Similarly, varicose veins can express that we feel overworked and overworked.
- It is possible that we have the tendency to take charge of everything, that we have many tasks to do (washing, ironing, cooking, cleaning the house, taking care of the grandchildren, etc.) that we find tedious and tedious worry if we do not.
- o To make matters worse, our **husband does not help us**, he treats us badly and we are the ones who must attend him, lest he be angry. We would love to run away from here, but we do not! Added to this is the fact that everything we do, we do for duty, without joy. "I feel drowned in this family". "I never feel at peace, at home". "I'm trapped in a situation". "I am the servant of the house". "I got tired of looking after my grandchildren". "I've had enough of living with my husband".
- With varicose veins we want to express that we need more time for ourselves, that we want more free time, that we want more freedom in our life, because we lack it.

ROOTS

ANGER, RAGE, RESENTMENT

RECOMMENDATIONS

- For the circulation to be restored we need to change our attitude, our thoughts and try to resolve this loss of contact with the family, assuming and accepting that if we have moved away from our home and our family, it has been to live other experiences that have made them learn and grow, even though they were not as we would have liked them to be.
- The right way is the return on oneself to rediscover the spiritual realm: "I am the truth and live and act with joy" "I love you so much I give my place" "Now I know that I must delegate responsibilities

NAME

VEINS (See VARICOSE VEINS)

DESCRIPTION	•	Blood resembles family and love. Blood passes through the body, shares love and returns to the heart with the love it received from others.
GENERAL	•	Difficulty receiving love, life, joy.
	•	Difficulty to accept, manage and face family situations.
	•	I must clean the dirty blood in this family.
ROOTS	•	Unlovingness.
RECOMMENDATIONS	•	Learn to love and be loved.

NAME	VERSICOLOR PITYRIASIS (See SKIN and MYCOSIS)
DESCRIPTION	A common fungal infection.

NAME	VERTEBRAE (See SPINE, SACRUM, COCCYX)
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NAME	VERTIGO	
DESCRIPTION	 A sensation of spinning or moving, described as dizziness. Associated with our physical stability in relation to position and movement. A hallucinatory sense of movement of surrounding objects. A spinning sensation. 	
GENERAL	 It represents a radical change in way the person has led his life. The person refuses to accept the changes. The person is suffering because of the changes, but no-one knows because they are very skilled in lying about their situation. They are unable to show others what they really feel and how much it hurts to go through the changes. "This change hurts me but I will not show it. I will shut up." "I was not ready for this change." Dizziness may also indicate the person is experiencing a situation that makes him look "unstable" to others. It can also be caused by the anguish at the thought of making a decision to face the unknown. The person desires to control everything, but it is not possible and the person becomes unstable and anxious. Fear of the future. "Before me is nothing but I must move!" The situation is evolving too fast. Inner ear: The person cannot stand to hear a thing. Lack of references. I lost my reference (may be the father/authority). 	

		I am not being helped or guided in terms of the direction I have
		to take. Conflict of loss (death) in the family.
	•	Common vertigo: I drastically have to change my life if I do not
		want to die here.
	•	Central vertigo: Conflict of my position together with conflict
		of stain and protection.
	•	Peripheral vertigo: Conflict of fear to the future. Verbal
		conflict and reference points.
	•	All dizziness is due to a lack of consistency between what the
		person feels and lives, and what he says and does.
	•	These people are stubborn and refuse to look at the future
		with optimism. They refuse to see that changes can be good
		and positive.
ROOTS	•	FEAR.
RECOMMENDATIONS	•	Learn to accept and enjoy changes. Consider them as new
		challenges.

NAME	VITILIGO (See AUTOIMMUNE DISEASE)
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DESCRIPTION	A lack of pigmentation in the skin. It is characterized by white
	spots of different sizes.
	• There is no effective symptomatic treatment and affects the
	person's aesthetic value.
	• It is an autoimmune disease.
GENERAL	• The person has a negative self-image, which was created by
	someone else, usually a male or mother who occupies the
	father's role.
	• The sun symbolizes the father. Depigmentation of the skin
	leaves the person unprotected to the violence of the sun.
	• "I want my father to see inside." "I lack the light of the parent
	who supports me." "I have a father, but he has no use for me."
	"I do not exist for my parents." "I am invisible."
	• Vitiligo may appear after conflict of dirt in the family or
	environment. The person unconsciously feels to clean the filth.
	• Stain on family – I must clean the mess.
	• "They are all bad, except me and I can't prove that I am
	innocent."
	• Vitiligo can respond to an unpleasant and abrupt separation
	from a loved one (murder, etc.).
ROOTS	Lack of self-esteem.
RECOMMENDATIONS	Assume that you are not to blame for all the dirt.
	• Stop blaming the person who made you feel responsible.
	Walk away from the filthy person.

NAME	VOCAL CORDS (See LARYNX)	
DESCRIPTION	Two bands of smooth muscle tissue within the larynx (voice	
	box).	
GENERAL	• Conflict related to verbal expression. I want to express	
	something but keep it inside.	
	 Conflict of not being able to express myself. 	
	Fear not to speak.	
	Unable to explain.	
	Mutism. I cannot tell you the secret.	
	• Fear to be laughed at, criticized, rejected or misunderstood.	
ROOTS	Fear to speak.	
RECOMMENDATIONS	• Have confidence to say things as they are. Be true to yourself.	

NAME	WARTS (See the part of the body affected)
DESCRIPTION	A small, hard, benign growth on the skin, caused by a virus.
GENERAL	 Mainly effects self-critical people – very sensitive to reproaches and to any type of aggression and people who believe themselves to be ugly and unworthy of love. Usually appear when there is a conflicting activity related to the father or the paternal function. Reflect a lack of protection by the parent, especially at school, when the child receives a complaint by his/her teacher. May be related to any offense suffered at school, especially if it has been accompanied by humiliating warnings. Warts on the soles of the feet are linked symbolically with the mother or the maternal role – and we talk about a problem of union with the mother, with communication difficulties with disagreements and a permanent desire for recognition.
ROOTS	Lack of protection.
	 Appears to protect us, specifically when we have been disrespected, have the feeling of having been attacked, wounded, criticized, dishonoured, for a rude comment, and insult, a despicable remark, a joke, which has nailed us as a barb, especially if it was done publicly, in front of our professional, family or friendly environment.
RECOMMENDATIONS	Learn to transform your hatred into love.Love yourself.

NAME	WRINKLES	
DESCRIPTION	A slight line or fold in the skin of the face.	

GENERAL	Conflict of contact-protection/separation.
GENERAL	
	Resentment with life manifested through the skin.
	Professional devaluation with suffering. It has bypassed the
	pleasure, joy and ease in life.
	Can appear after a situation of excessive worry, despair, grief and sorrow.
	I want to keep or retain something of the past.
	Likewise, they usually indicate envy, resentment toward life or
	you can express aggression contained to which we are not
	capable of outputting
	• It indicates excessive stress, prone to bouts of irritability,
	impatience and liver problems.
ROOTS	Stress, anxiety.
	Resentment.
	Worry and despair.
	Sorrow.
RECOMMENDATIONS	Learn to live with joy.

NAME	WRISTS	
DESCRIPTION	 They represent movement, flexibility, dexterity, ease and skill, the will and desire to act. The way we handle our experiences, our actions. 	
GENERAL	 It shows devaluation for failing to perform a function or task. The person may believe he is not up to perform a certain task, lack the skill or confidence, for fear of making mistakes. Denying the weight of things in relation to work and gestures. "I will not carry that responsibility at work". Thinking and actions are rigid, not easy or with love. There is a blockage denial or obstruction against the action. It expresses the attitude of the person. The person might not grand permission to himself, or others might prevent him. The person acts by compulsion, fear, and guilt and not from love. Limited from acting. Conflict between what I think and what I am willing to do. Devaluation of my work. Want to take the reins. Order control at work. Scaphoid: Devaluation conflict with actual travel notion (vacation) or symbolic (Travel by drugs, emotional, etc.). Fractures: Conflict of the assimilation of responsibilities. Believing that something is not serious but deep down it is. 	

	•	Carpal Tunnel Syndrome: Can't do what I have in mind.
		Conflict of inconsistency. "I have a conflict but do not want to act to solve problems."
		act to solve problems.
	•	Right: Feminine issues Left: Masculine issues
ROOTS	•	Deal with the above roots of the applicable condition.
RECOMMENDATIONS	•	Learn to value yourself and life.

NAME	ZOSTER (See VARICELLA)
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